Wiledome. Science.

THE WHOLE BOOKE

OF

PSALMES.

Collected into Englisſh meeter, by

Thomas Sternhold, Iohn Hopkins,

and others: conferred with the Hebrew; with apt Notes to ſing them withall.

Set forth and allowed to be ſung in all *Churches, of all the people together, before and after Morning and Euening Prayer, as alſo before and* after Sermons: and moreouer in priuate houſes, for their godly ſolace and comfort, laying apart all vngodly Songs and Ballads, which tend only to the nouriſhing of vice, and corrupting of youth.

IAMES. V.

If any be afflicted, let him pray: and if any be merry, let him ſing Pſalmes.

LONDON,
Printed for the COMPANY of
Stationers. 1615.

CVM PRIVILEGIO.

XX Benton 16.4

Cat. May 2, 1935

A TREATISE MADE BY

Athanasius the great, concerning the vse *and vertue of the Psalmes.*

ALL holy Scripture is certainely the teacher of all vertue and of true Faith: but the Booke of the Psalmes doth expresse after a certain manner, the very state and condition of the Soule. For as he which entendeth to present himselfe to a King, first will compound with himselfe to set in good order both his gesture & his speech least else he might be reputed rude & ignorãt: euen so doth this godly Booke informe all such as be desirous to lead their life in vertue, and to know the life of our Sauiour, which hee led in his conuersation, putting them in mind in the reading therof, of all their affections and passions whereto their soule is inclined.

Moreouer the Psalmes informe and teach euery man with diuers instructions, wherby he may not only espie the affections & state of his Soule, and to winne a good patterne and discipline, how hee may please God; but also with what forme of words he may amend himselfe, and how to giue God due thanks, least if he should speake otherwise then were conuenient, should fall into impiety, by his vnreuerent estimation of God, for we must all make an account to the Iudge, as well of our euill deeds as of our idle words.

IF therefore thou wouldest at any time describe a blessed man, who he is, and what thing maketh him to be so: thou hast the 1. 32. 41. 112. 128. Psalmes.

2 If thou wouldest rebuke the Iewes for their spight they haue to Christ: thou hast the second Psalme.

3 If thine owne familars pursue thée, and if many rise against thée, say the 3. 143. Psalmes

4 If thus in trouble thou hast called on God, and hast tarried vpon his helpe: and wouldest giue him thanks for that he heard thée with his helpe, sing the 4. 40. 116. Psalmes.

5 If that thou séest that euill men lay snares for thée, and therefore desirest Gods eares to heare thy prayer, sing the 5 Psalme.

6 If thou séest Gods dreadfull threats, and séest thy selfe afraid of them, thou mayst say the 6. 38. 88. Psalmes.

7 If any take counsell against thée, as Achitophell did against Dauid, if thou bee admonished thereof, sing the 7. Psalme.

8 If thou in the beholding the grace of our Sauiour spread on euery side, especially for the restoring of mankind to saluation, and wouldest speake thereof in meditation to God: sing the 8. Psalme.

9 If so againe, thou wilt sing in giuing thanks to God for the prosperous gathering of thy fruits, vse the 8. Psalme.

10 If thou wouldest haue thine aduersary kept backe, and the soule saued, trust not in thyself, but in the Sonne of God, singing the 9. Psalme.

11 If thou perceiuest God to be wroth with his people, as though he regarded them nothing, thou hast to pacifie him to complaine thereof, the 10. 60. 74. Psalmes.

12 If any man would put thée in feare, haue thou thy hope in God, and ſing the 11. Pſalme.
13 If thou beholdeſt the pride of any men, and ſeeſt malice to abound, ſo that there is no godlineſſe among men, repaire then to God, and ſay the 12. Pſalme.
14 If thine aduerſary lie long in wayte againſt thée, diſpaire not, as though God had forgotten thée, but call vpon the Lord, and ſing the 13. 22. 61. Pſalmes.
15 If thou hearеſt any to blaſpheme God in his prouidence, be not partaker with them in wickedneſſe, but make haſt to God, and ſay the 14. 55. Pſalmes.
16 If thou deſireſt to know who is a Citizen of heauen, ſing the 15. Pſalme.
17 If thou haſt néed of prayer for ſuch as be againſt thée, & haue cloſed thy ſoule on euery ſide, ſing the 16 17. 86. 141. Pſalmes.
18 If thou haſt eſcaped from thine enemies, and art deliuered from them who purſued thée, ſing thou the 18 89. Pſalmes.
19 If thou doeſt wonder at the order of things created by God, conſidering the grace of thy diuine prouidence, ſing the 19. 24. Pſalmes.
20 If thou ſeeſt a man in aduerſity, comfort him, and pray for him with the 20. Pſalme.
21 If thou perceiueſt thy ſelfe to be defended and fed by God, and to liue proſperouſly, reioyce therein, and ſing the 23. Pſalme.
22 If thine enemies conſpire againſt thée, lift vp thy ſoule to God, and ſay the 24. Pſalme, and thou ſhalt eſpy them to labour but in vaine againſt thée.
23 If thine enemies cluſter againſt thée, and go about with their bloudy hands to deſtroy thée, goe not thou about by mans helpe to reuenge it, for all mans iudgements are not truſty: but deſire God to be Iudge, for he alone is Iudge, and ſay the 26. 35. 43. Pſalmes.
24 If they preſſe more fiercely on thée, though they be in number like an armed hoaſt, feare them not which thus reiect thée, as though thou wert not annoynted and elected of God, but ſing the 27 Pſalme.
25 If they be yet ſo impudent that lay wayt againſt thée, ſo that it is not lawful for thée to haue any vocation by them, regard them not, but ſing to God the 28. Pſalme.
26 If thou wilt exhort and prouoke Kings and Princes to ſubmit their powers to God, and to regard his honour, ſing the 79. 82. Pſalmes.
27 If thou renue and build thine houſe, both of the ſoule, whereto thou receiueſt God to hoſt, and of thy temporall habitation, ſing the 30. 48. 127. Pſalmes.
28 If thou ſeeſt thy ſelfe had in hate for the truths ſake, of thy friends and kinſfolke, leaue not off thy purpoſe, nor feare them which be againſt thée, but think on them which follow, and ſing the 31. pſalme.
29 If thou beholdeſt ſuch as be baptiſed, & ſo deliuered from the corruption of their birth, praiſe thou the bountifull grace of God, and ſing the 32. pſalme.
30 If thou delighteſt to ſing among many, call together righteous men of godly life, and ſing the 31. pſalme.
31 If by chance thou falleſt among thine enemies, and yet haſt fortunately eſcaped them, if therfore thou wilt giue thanks, call together méeke men, and ſing the 31. pſalme.
32 If thou ſeeſt wicked men contend among themſelues to doe miſchiefe, thinke not that their nature doth impell them by neceſſity to worke ſinne againſt their will, as certaine heretickes ſuppoſe, but conſider the 36. pſalme, and thou ſhalt ſée that they be to themſelues their owne occaſion of ſinning.
33 If thou ſeeſt how wicked men do much wickednes, & that yet ſimple folke praiſe ſuch, when thou wilt admoniſh any man not to follow them, nor to be like vnto them, becauſe they ſhall be ſhortly rooted out and deſtroyed, ſpeake to thy ſelfe and to the other the 37. pſalme.
34 If thou haſt decréed to take héed to thy ſelfe, and ſeeſt thine enemies approach nie thée, as to ſuch the aduerſarie is more prouoked to come with aſſault, and therefore wilt prepare thy ſelfe, ſing the 29. pſalme.
35 If thou ſeeſt many poore men to beg, and wilt ſhew pitty to them, thou mayſt both thy ſelfe receiue to mercy, and alſo exhort others to do the ſame, ſaying the 41. pſalme.
36 If thou haſt a deſire to God-ward, & hearеſt thine enemies to vpbraid thée, be not troubled, but conſider what fruit of immortality riſeth to thée for this deſire, comfort thy ſoule with hope to God, and ſo therein relieuing and aſſwaging the heauineſſe of thy life, ſay the 42. pſalme.

37 If

37 If thou wilt remember Gods benefits which he did to their Fathers, both in their out-going from Egypt, and in the deſart, and how good God was vnto them, but they vnthankfull to him. Thou haſt the 44.78.89.102.106.114.117. Pſalmes.

38 If thou haſt made thy refuge to God, & haſt eſcaped ſuch troubles as was prepared againſt thée, if thou wilt giue thanks and ſhew out his kindnes to thée, ſing the 46. Pſalme.

39 If thou wilt know how to giue thanks to God, when thou doſt reſort to him with vnderſtanding ſound, ſing the 47.48. Pſalmes.

40 If thou wilt exhort men to put their truſt in the liuing God, who miniſtreth all things aboundantly to good mens vſe: and blameth the madnes of the world, which ſerueth their God Mammon ſo inordinately, ſing the 49. Pſalme.

41 If thou wouldeſt call vpon the blind world for their wrong confidence of their bruite ſacrifices, and ſhew them what ſacrifice God moſt hath required of them, ſing the 50. Pſalme.

42 If thou haſt ſinned, and art conuerted and moued to doe penance, deſirous to haue mercy, thou haſt words of confeſſion in the 51. Pſalme,

43 If thou haſt ſuffered falſe accuſation before the King, and ſeeſt the diuell to tryumph therof, goe aſide and ſay the 52. Pſalme.

44 If they which perſecute thée with accuſations, would betray thée, as the Phariſies did Ieſus, and as the aliants did Dauid: diſcomfort not thy ſelfe therewith, but ſing in good hope to God the 45.69.57 Pſalmes.

45 If thine aduerſaries which trouble thée, doe vpbraid thée, and that they which ſéeme to be thy freinds, ſpeake moſt againſt thée: wherevpon if in thy meditation thou art ſomewhat grieued thereat, thou mayſt call on God, ſaying the 55. Pſalme.

46 If perſecution come fierce on thée, and vnawares chance to enter into the Caue where thou hideſt thy ſelfe, feare not, for in this ſtraite thou ſhalt haue expedient words both to comfort thée, and put thée in old remembrance with the 57. 142. Pſalmes.

47 If thou wilt confound hypocrites which make glorious ſhewes outwardly, ſpeake their conuerſion with the 58 Pſalme.

48 If thy purſuers command thy houſe to be watched, when thou art eſcaped giue thankes to God, and graue it in the tables of thy heart, for a perpetuall remembrance, and ſay the 59. Pſalme.

49 If thine enemies cruelly aſſault thée, and would catch thy life, offer thy ſubiection to God againſt them, and be of good comfort: for the more they rage, the more ſhall God ſubdue them, and ſay the 62. Pſalme.

50 If thou flyeſt perſecution, and getteſt thée into a wilderneſſe, feare thou not, as though thou were alone, but hauing God nigh vnto thée, riſe to him earely in the morning, ſinging the 63. Pſalme.

51 If thine enemies would put thée in feare, and neuer ceaſe to lay traines for thée, and picke all manner of quarrels againſt thée, though they be very many, giue no place to them, for the darts of babes ſhall be their deſtruction, if thou ſayeſt the 61.68.70.71. Pſalmes.

52 If thou wilt laud God with a Pſalme or Hymne, ſing the 65.66. Pſalmes.

53 If thou aſkeſt mercy of God, ſing the 67. Pſalme.

54 If thou wouldeſt ſing to the Lord, thou haſt what to ſay in the 96.98. Pſalmes.

55 If thou haſt néed to confeſſe God with thanks, ſing the 71.75.92.108.111.118.136.138. 195. Pſalmes.

56 If thou ſéeſt wicked men proſper in peace, be not offended thereat, but ſay the 73. Pſalme.

57 If thine enemies haue beſet the waies whither thou fléeſt, and art thereby in great anguiſh, yet in this trouble deſpaire not, but pray, and if thy prayer be heard, giue God thankes, and ſay the 77. Pſalme.

58 If they perſeuere ſtill, and defile the houſe of God, kill the elect, and caſt their bodies to the fowles of the ayre, feare not their cruelty, but ſhew pitty to them which be in ſuch agony, and ſay the 79. Pſalme.

59 If thou wilt enforme any man with the miſtery of the reſurrection, ſing the 81. Pſalme.

60 If thou wilt ſing to the Lord, call together Gods ſeruants on the feſtiuall day, and ſing the 81.95.134. Pſalmes.

61 If thy aduerſaries flocke together on euery ſide, and threat to deſtroy the houſe of God,

and make their conſpiracies againſt the religion, let not the number and power trouble thée for thou haſt an anker of the words of the 83. Pſalme.

62 If thou caſteſt an eye to Gods houſe and to his eternall tabernacles, and haſt a deſire thereto as the Apoſtle had: ſay thou alſo the 84. Pſalme.

63 If Gods wrath be ceaſed, and the captiuity ended, thou haſt cauſe how to giue thankes to God with Dauid, recounting his goodneſſe to thée and others, with the 76. 85. 116. Pſalmes.

64 If thou wilt rebuke Paynims and Heretikes, for that they haue not the knowledge of God in them, thou mayeſt haue an vnderſtanding to ſing to God the 86, 115. Pſalmes.

65 If thou wilt ſée and know the diſſent that the Catholicke Church hath from Schiſme, and wouldeſt conuert them, or to diſcerne the Church concerning the outward appearance & formes thereof: thou mayeſt ſay the 87. Pſalme.

66 If thou wouldeſt know how Moſes prayed to God, and in his meditation recounting the brittle ſtate of mans life, deſired God to direct ſo his ſhort life that he might follow wiſedome, read the 90. Pſalme.

67 If thou wouldeſt comfort thy ſelfe and others in true Religion, and teach them that hope in God, will neuer ſuffer a ſoule to be confounded, but make it bold without feare, for Gods protection ſing the 91. Pſalme.

68 If thou wilt ſing on the Sabboth day, thou haſt the 92. Pſalme.

69 If thou wilt ſing on the Sunday in meditation of Gods word, deſiring to bé inſtructed therein, whereby thou mayeſt reſt in Gods moſt holy will, and ceaſe from all the workes and doctrines of vaine men, reuolue that notable Pſalme, 119.

70 If thou wilt ſing the ſecond day of the Sabbath, thou haſt the 95. Pſalme.

71 If thou wouldeſt ſing to the Lord, thou haſt what to ſay in the 96. 98. Pſalmes.

72 If thou wilt ſing the fourth day of the Sabbath, ſing the 94. Pſalme, for then when the Lord was betrayed, he began to take vengeance on death, and to triumph ouer it: therfore when thou readeſt the Goſpell, wherein thou heareſt the Iewes to take counſell againſt the Lord, and that he ſtandeth boldly againſt the diuell, then ſing the foreſaid Pſalme.

73 If thou wilt ſing on good Friday, thou haſt a commendation of the Pſalme 93. for then was the houſe of Gods Church builded, and groundly founded, though the enemies went about to hinder it: for which cauſe ſing to God the ſongs of triumphant victory, with the ſaid Pſalme, and with the 98. and 129. Pſalmes.

74 If there be any captiuity wherein thy houſe is laid waſte, and yet builded againe, ſing the 96. Pſalme.

75 If the land be vext with enemies, and after come to any reſt by the power of God, if thou wilt ſing therefore, ſing the 97. Pſame.

76 If thou conſidereſt the prouidence of God in his gouernance ſo ouer all, and wilt inſtruct any with true faith and obedience, when thou haſt firſt perſwaded them to confeſſe themſelues, ſing the 100. 147. Pſalme.

77 If thou doeſt acknowledge in God his iudiciall power, and that in iudgement hee mireth mercy, if thou wilt draw nigh vnto him, thou haſt the words of the Pſalme 101. to the end.

78 If for the imbecility of thy nature, thou art weary with the continuall miſeries and griefes of this life, and wouldeſt comfort thy ſelfe, ſing the 102. Pſalme.

79 If thou wilt giue thankes to God, as it is moſt conuenient and due for all his gifts: when thou wilt ſo do, thou haſt how to reioyce thy ſelfe therevnto with the 103. and 104. Pſalmes.

80 If thou wilt praiſe God, and alſo know how, and for what cauſe, and with what words thou mayſt beſt do it, conſider the 113. 117, 133. 145. 147, 148. 149. 150. Pſalmes.

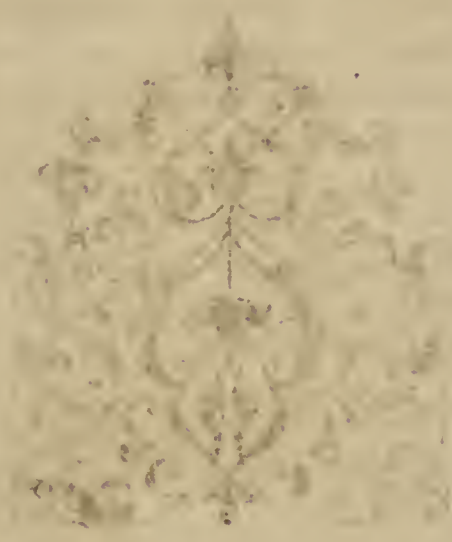
81 If thou haſt faith to ſuch things as God ſpeaketh, and believeſt that which in prayer thou vttereſt: ſay the Pſalme 116. in the end.

82 If thou feeleſt thy ſelfe to riſe vpward in degrées of well working: as though thou ſayeſt with Saint Paul, I forget thoſe things which be behind me, and ſet mine eyes on thoſe things which be before me, thou haſt the 120. Pſalme.

83 If thou beſt holden in thraldome vnder ſtraying and wandering thoughts, and feeleſt thy ſelfe drawne by them, whereof thou art ſorry, then ſtay thy ſelfe from thenceforth, and tarrie where thou haſt found thy ſelfe in fault, ſet thée downe and mourne thou alſo as the Hebrew people did, and ſay with them the 137. Pſalme.

84 If thou perceiueſt that temptations be ſent to proue thee, thou oughteſt after ſuch temptations giue God the thanks, and ſay the 139. Pſalme.
85 If yet thou be in bondage by thine enemies, and wouldeſt faine bee deliuered, ſay the 140. Pſalme.
86 If thou wouldeſt pray and make ſupplication, ſay the 141, 142, 143, Pſalmes.
87 If any tyrannous enemie riſe vp againſt the people, feare thou not no more then Dauid did Goliah, but beleeue like Dauid, and ſing the 144, Pſalme.
88 If thou art elect out of low degree, ſpecially before other to ſome vocation to ſerue thy brethren aduance not thy ſelfe too high againſt them in thine owne power, but giue God his glory, who did chooſe thee, and ſing thou the 145, Pſalme.
89 If thou wilt ſing of obedience, praiſing God with Alleluia, thou haſt the 105, 106, 107, 111, 112, 113, 114, 115, 117, 135, 136, 146, 148, 149, 150. Pſalmes.
90 If thou wilt ſing ſpecially of our Sauiour Chriſt, thou haſt of him in euery Pſalme, but moſt chiefly in the 25, 45, 110, Pſalmes.
91 Such Pſalmes as ſhew his lawfull generation of his Father, and his corporall preſence, be the 11, 69, Pſalmes.
92 Such as do prophecie before of his moſt holy croſſe and paſſion, telling how many deceitfull aſſaults he ſuſtained for vs, and how he ſuffered, be the 2, 119, Pſalmes.
93 Such as expreſſe the malicious enemie of the Jewes, and the betraying of Judas, are the 21, 50, 55, 69, 72, 109, Pſalmes.
94 Such as deſcribe his agony in his paſſion, death, and ſepulture, be the 22, 88, Pſalmes.
95 For his dominion and preſence in the fleſh, read the 116, Pſalme.
96 Such as ſhew his glorious reſurrection of body, be 44, 47, Pſalmes.
97 Such as ſet out his aſcention into heauen, are the 93, 96, 98, 99, Pſalmes.
98 And that he ſitteth at the right hand of his Father, the 110, Pſalme maketh manifeſt.
99 Such as ſhew that he hath authority of his Father to iudge, expreſſing his iudiciall power, both in condemning the deuill, and all wicked nations, are the 56. 72, 82. Pſalmes.

FINIS.



ONe holy Ghost eternall God, proceeding frō
aboue: both from the Father and the Sonne,
the God of peace and loue. Visite our minds,
and into vs thy heauenly grace inspire: that in all truth and godlinesse we
may haue true desire.

Thou art the very Comforter in all woe and distresse:
the heauenly gift of God most hie, which no tongue can expresse.
The fountaine and the liuely spring of ioy celestiall,
the fire so bright, the loue so cleare, and vnction spirituall.

Thou in thy gifts art manifold, whereby Christs Church doth stand:
in faithfull hearts writing thy Law, the finger of Gods hand.
According to thy promise made, thou giuest speech of grace,
that through thy helpe the praise of God may stand in euery place.

O holy ghost into our wits send downe thy heauenly light:
kindle our hearts with feruent loue, to serue God day and night:
Strength and stablish all our weaknes, so feeble and so fraile:
that neither flesh, the world, nor diuell, against vs doe preuaile.

Put backe our enemies farre from vs, and grant vs to obtaine
peace in our hearts with God and man, without grudge or disdaine.
And grant (O Lord) that thou being our leader and our guide,
we may eschew the snares of sinne, and from thee neuer slide.

To vs such plenty of thy grace, good Lord grant we thee pray:
that thou mayst be our comforter at the last dreadfull day.
Of all strife and dissention, O Lord, dissolue the bands:
and make the knots of peace and loue throughout all Christian Lands.

Grant vs (O Lord) through thee to know, the Father most of might,
that of his deare beloued Sonne we may attaine the sight.
And that with perfect faith also we may acknowledge thee,
the spirit of them both alway, one God in persons three.

Laud and praise be to the Father, and to the Sonne equall,
and to the holy Spirit also, one God coeternall.
And pray we that the onely Sonne vouchsafe his Spirit to send
to all that doe professe his name, vnto the worlds end.

Venite exultemus. Pſal. XCV.

O Come let vs now reioyce, and ſing vnto the Lord:
and to our onely Sauiour, alſo with one accord.
O let vs come before his face with inward reuerence,
confeſſing all our former ſinnes, and that with diligence.

To thanke him for his benefits, alway diſtributing:
wherefore to him right ioyfully, in Pſalmes now let vs ſing.
And that becauſe that God alone, is Lord magnificent:
and eke aboue all other Gods, a King omnipotent.

His people doth he not forſake at any time or tide:
and in his hand are all the coaſts of all the world ſo wide.
And with his louing countenance he looketh euery where:
and doth behold the tops of all the mountaines farre and neare.

The ſea and all that is therein are his, for he them made:
and eke his hand hath faſhioned the earth, which doth not fade.
O come therefore and worſhip him, and downe before him fall:
and let vs weepe before the Lord, the which hath made vs all,

He is our God, our Lord and King, and we his people are:
his flocke, and ſheepe of his paſture, on whome he taketh care.
This day if ye will heare his voyce, yet harden not your heart:
as in the bitter murmuring, when ye were in Deſart.

Which thing was of their negligence, committed in the time
of trouble in the wilderneſſe, a great and grieuous crime.
Whereas your fathers tempted me, and tride me euery way:
they proued me, and ſaw my workes, what I could doe or ſay.

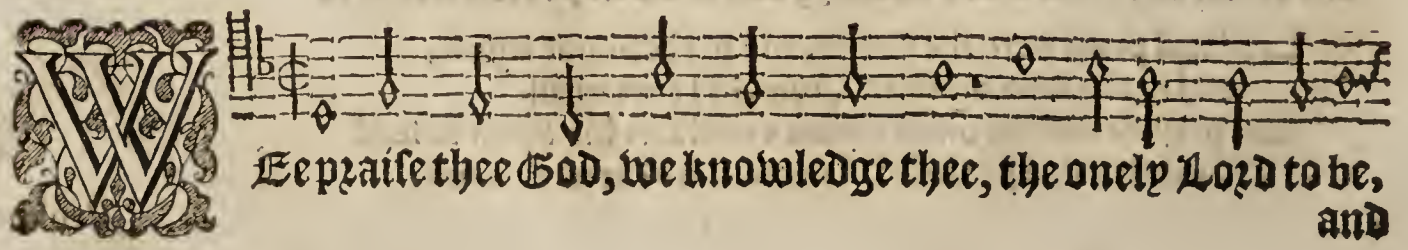
This forty yeares I haue beene grieu'd with all this generation:
and euermore I ſaid they erred in their imagination.
Wherewith their hearts were ſore combred, long time and many dayes:
wherefore I know aſſuredly, they haue not knowne my wayes.

To whome I in mine anger ſwore, that they ſhould not be bleſt:
nor ſee my ioy celeſtiall, nor enter in my reſt.

Gloria Patri.

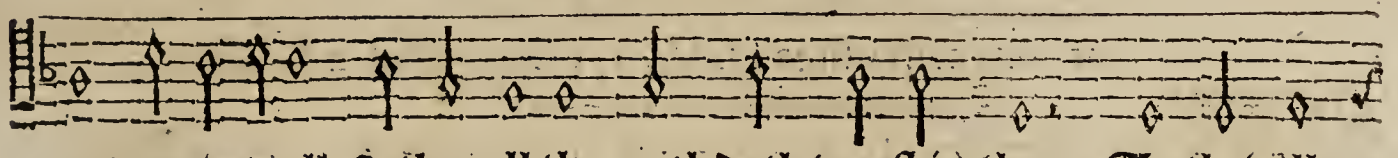
All laud and praiſe be to the Lord, O that of might are moſt:
to God the Father, and the Sonne, and to the holy Ghoſt.
As it in the beginning was, for euer heretofore:
as is now at this preſent time, and ſhall be euermore.

The Song of Saint *Ambroſe*, called *Te Deum.*

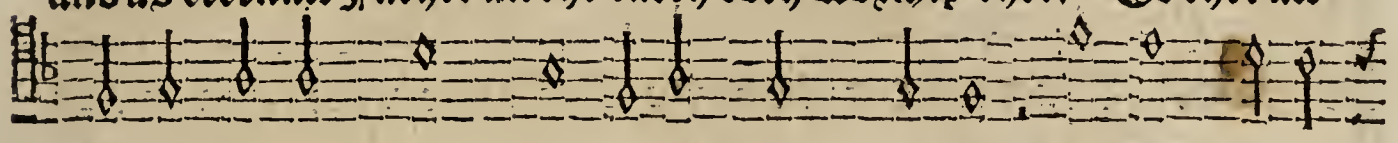


WEe praiſe thee God, we knowledge thee, the onely Lord to be,

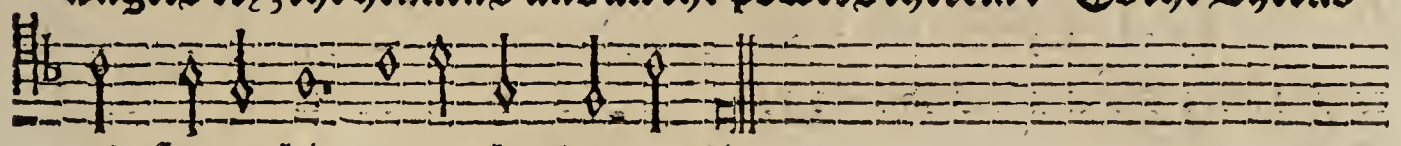
and



and as eternall Father all the earth doth worship thee. To thee all



Angels cry, the heauens and all the powers therein: To the Cherub



and Seraphin, to cry they doe not lin.

O holy, holy, holy Lord, of Saboth Lord the God:
through heauen and earth thy praise is spread, and glory all abroad.
The Apostles glorious company, yeeld praises vnto thee:
the Prophets goodly fellowship, praise thee continually

The noble and victorious hoast of Martyrs sound the praise:
the holie Church throughout the world doth knowledge thee alwaies.
Father of endlesse Maiesty, they doe acknowledge thee:
thy Christ, thine honorable, true, and onely Sonne to be.

The holy Ghost the Comforter, of glorie thou art King:
O Christ, and of the Father art the Sonne euerlasting.
When sinfull mans decay in hand thou tookest to restore,
to be inclosde in Virgins wombe thou diddest not abhorre.

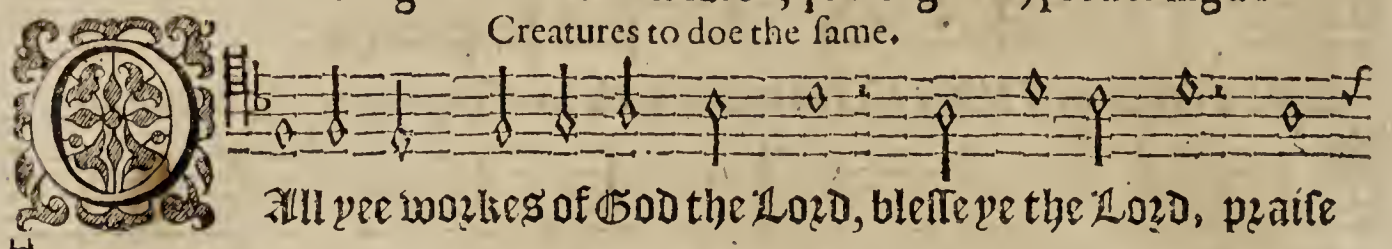
When thou hast ouercome of death the sharpe and cruell might,
thou heauens kingdome didst set ope to each believing wight.
In glorie of the Father thou dost sit on Gods right hand:
we trust that thou shalt come our Judge, our cause to vnderstand.

Lord helpe thy seruants, whom thou hast bought with thy precious blood,
and in eternall glore set them with thy Saints so good.
O Lord doe thou thy people saue, blesse thine inheritance:
Lord gouerne them, and Lord doe thou for euer them aduance.

We magnifie thee day by day, and world withouten end
adore thy holy Name, O Lord, vouchsafe vs to defend
From sinne this day. Haue mercy Lord, haue mercy on vs all:
and on vs as we trust in thee, Lord let thy mercy fall.

O Lord, I haue reposed all my confidence in thee:
put to confounding shame therefore Lord let me neuer be.

The Song of the three Children, praising God, prouoking all Creatures to doe the same.



2 O ye the Angels of the Lord, blesse ye the Lord,
praise him and magnifie him for euer.
3 O ye the starry heauens hie, blesse ye the Lord,
praise him and magnifie him for euer.
4 O ye waters aboue the skie, blesse ye the Lord, &c.
5 O ye the powers of the Lord, blesse ye the Lord &c.
6 O ye the shining Sun and Moone, blesse ye the Lord, &c.
7 O ye the glistring Stars of heauen, blesse ye the Lord, &c.
8 O ye the showers and dropping dew, blesse ye the Lord, &c.
9 O ye the blowing winds of God, blesse ye the Lord, &c.
10 O ye the fire and warming heate, blesse ye the Lord, &c.
11 Ye Winter and Summer tide, blesse ye the Lord, &c.
12 O ye the dews and binding frosts, blesse ye the Lord, &c.
13 O ye the frost and chilling cold, blesse ye the Lord, &c.
14 O ye congeled Ise and Snow, blesse ye the Lord, &c.
15 O ye the nights and lightsome dayes, blesse ye the Lord, &c.
16 O ye the darknesse and the light, blesse ye the Lord, &c.
17 O ye the lightnings and the clouds, blesse ye the Lord, &c.
18 O let the earth eke blesse the Lord, yea blesse the Lord, &c.
19 O ye mountaines and the hils, blesse ye the Lord, &c.
20 O all ye greene things on the earth, blesse ye the Lord, &c.
21 O ye the euer-springing Wels, blesse ye the Lord, &c.
22 O ye the seas, and ye the floods, blesse ye the Lord, &c.
23 Whales and all that in the waters moue, blesse ye the Lord, &c.
24 O all ye flying fowles of the aire, blesse ye the Lord, &c.
25 O all ye beasts and cattell eke, blesse ye the Lord, &c.
26 O ye the children of mankind, blesse ye the Lord, &c.
27 Let Israell eke blesse the Lord, yea blesse the Lord, &c.
28 O ye the priests of God the Lord, blesse ye the Lord, &c.
29 O ye the seruants of the Lord, blesse ye the Lord, &c.
30 Ye spirits and soules of righteous men, blesse ye the Lord, &c.
31 O ye holy and ye meeke of heart, blesse ye the Lord, &c.
32 O Ananias blesse the Lord, blesse thou the Lord,
praise him and magnifie him for euer.
33 O Azarias blesse the Lord, blesse thou the Lord,
praise him and magnifie him for euer.
34 And Misaell blesse thou the lord blesse thou the lord,
praise him and magnifie him for euer.

The

The Song of *Zacharias*, called *Benedictus*.

THe only Lord of Israell be praised euermore: for through his

visitation & mercy kept in store, His people now he hath redeemd, ꝑ long

haue been in thral, & spread abroad his sauing health vpō his seruants al.

In Dauids house his seruant true, according to his mind,
and also his annoynted King, as we in scripture find.
As by his holy Prophets all, oft times he did declare,
the which were since the world began, his waies for to prepare.

That we might be deliuered from those that make debate:
our enemies, and from the hands of all that doe vs hate.
The mercy which he promised our Fathers to fulfill,
and thinke vpon his couenant made according to his will.

And also to performe the oath, which he before had sworne
to Abraham our Father deare, for vs that were forelorne.
That he should giue himselfe for vs, and vs from bondage bring,
out of the hands of all our foes, to serue our heauenly King.

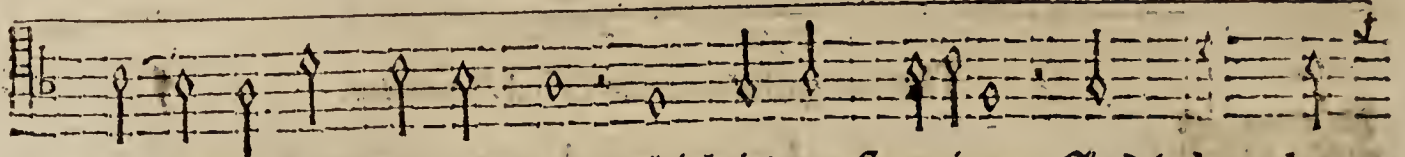
And that without all manner feare, and eke in righteousnesse,
and also for to lead our liues in stedfast holinesse.
And thou O Child which now art borne, and of the Lord elect,
shalt be the Prophet of the highest, his waies for to direct.

For thou shalt goe before his face for to prepare his waies,
and also for to teach his will, and pleasure, all thy dayes.
To giue them knowledge how that their saluation is neere:
and that remission of their sinne is through his mercy meere.

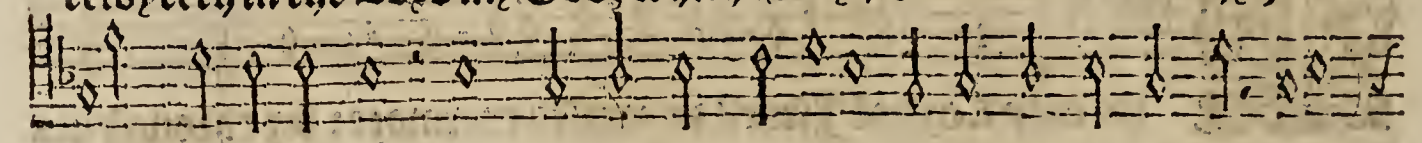
Whereby the Day-spring from on hye, is come vs for to visite:
and those for to illuminate, which doe in darkenesse sit:
To lighten those that shadowed be with death, and eke oppest:
and also for to guide our feet the way to peace and rest.

The Song of blessed *Marie*, called *Magnificat*.

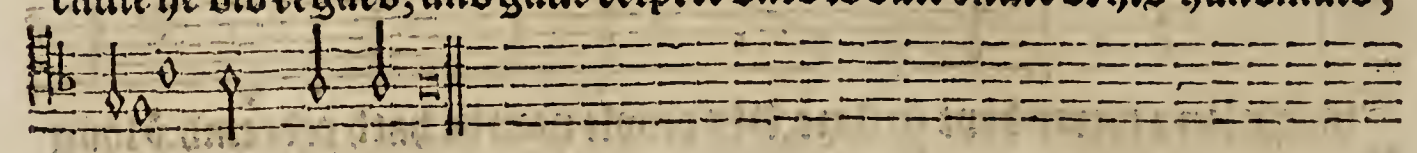
MY soule doth magnifie the Lord, my spirit eke euermore



reioyceth in the Lord my God, which is my Sauiour: And why, be=



cause he did regard, and gaue respect vnto so base estate of his handmaid,



and let the mighty goe.

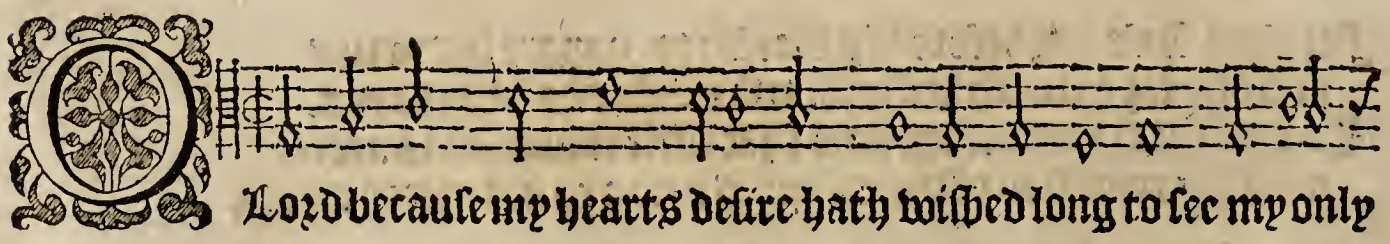
For now behold all nations and generations all,
from this time forth for euermore, shall me right blessed call.
Because he hath me magnified, which is the Lord of might:
whose name be euer sanctified, and praised day and night.

For with his mercy and his grace all men he doth enflame,
throughout all generations, to such as feare his Name.
He shewed strength with his great arme, and made the proud to start,
with all imaginations, that they bate in their heart.

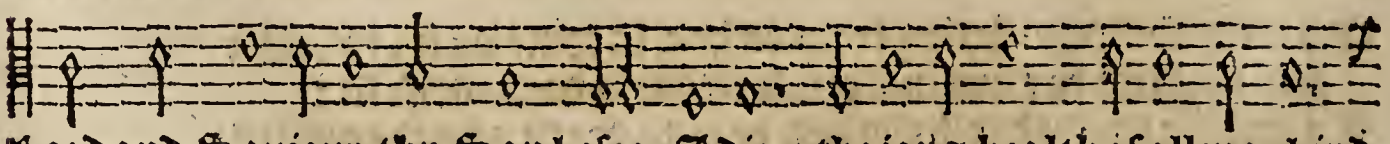
He hath put downe the mighty ones from their supernall seat:
and did exalt the meeke in heart, as he hath thought it meet.
The hungry he replenished with all things that were good:
and through his power, he made the rich oft times to want their food.

And calling to remembrance his mercy euery deale,
hath holpen vp assistantly, his seruant Israell.
According to his promise made to Abraham before,
and to his seed successiuely to stand for euermore.

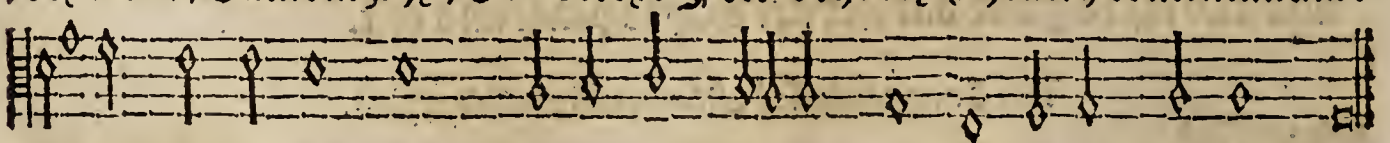
The Song of *Simeon*, called *Nunc dimittis*.



O Lord because my hearts desire hath wished long to see my only



Lord and Sauiour, thy Son before I die: the ioy & health of all mankind



desired long before, which now is come into ỹ world of mercy bringing store

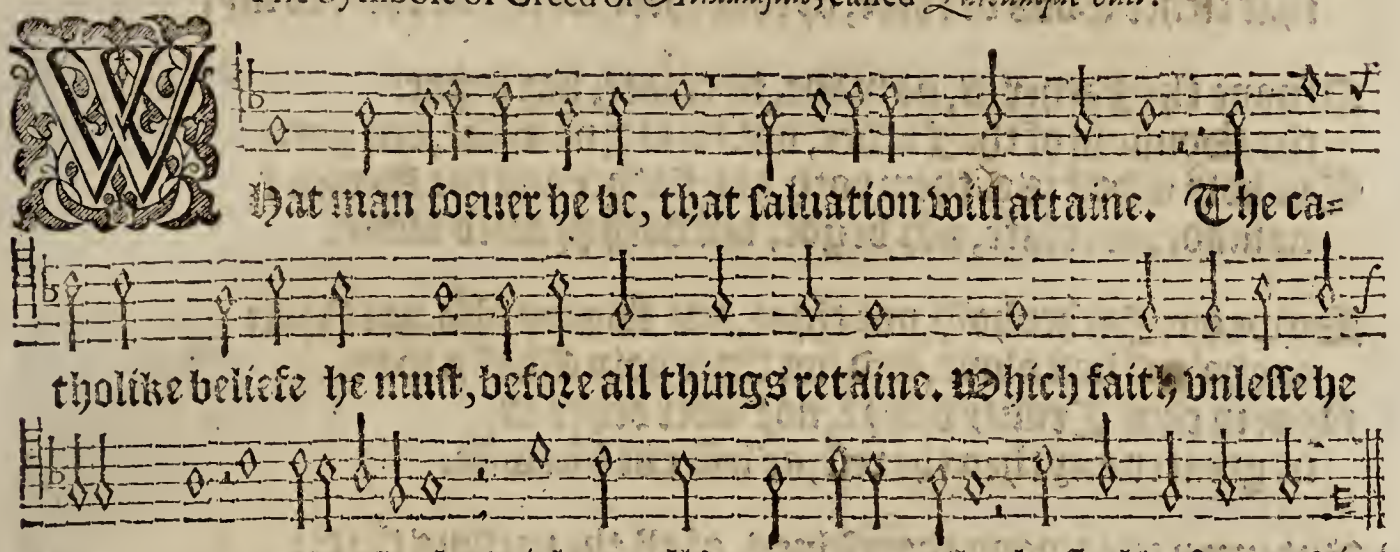
Thou suffrest thy seruant now in peace for to depart:
according to thy holy word, which lighteneth my heart.

Because

Because mine eyes which thou hast made, to giue my body light:
haue now beheld thy sauing health, which is the Lord of might.

Whom thou mercifully hast set, of thine aboundant grace:
in open sight and visible, before all peoples face.
The Gentiles to illuminate, and Sathan ouerquell:
and eke to be the glory of, thy people Israell.

The Symbole or Creed of *Athanasius*, called *Quicunque vult*.



Whatsoeuer he be, that saluation will attaine. The ca-
tholike belieke he must, before all things retaine. Which faith vnlesse he
holy keep, & vndefiledly: without all doubt eternally, he shal be sure to die.

The Catholike belieke is this, that God we worship one
in Trinity, and Trinitie in vnitie alone.
So as we neither doe confound, the persons of the three:
nor yet the substance whole of one, in sunder parted be.

One person of the Father is, another of the Sonne:
another person proper of, the holy Ghost alone.
Of Father, Sonne, and holy Ghost, but one the God-head is:
like glory coeternall eke, the Maiesty likewise.

Such as the Father is, such is the Sonne in each degree:
and such also we do belieue, the holy Ghost to bee.
Uncreate is the Father, and vncreate is the Sonne:
the holy Ghost vncreate, so vncreate is each one.

Incomprehensible Father is, incomprehensible Sonne:
and comprehensible also is, the holy Ghost of none.
The Father is eternall, and the Sonne eternall so:
and in like sort eternall is, the holy Ghost also.

And yet though we belieue, that each of these eternall bee:
yet there but one eternall is, and not eternals three:
As ne incomprehensible, ne yet vncreate three:
but one incomprehensible, one vncreate hold to be.

Almighty so the Father is, the Sonne almighty so:
and in like sort almighty is, the holy Ghost also.
And albeit that euery one of these almightie be:
yet there but one almighty is, and not almighties three.

The Father God is, God the Sonne, God holy Ghost also:
yet are there not three Gods in all, but one God, and no moe.
So likewise Lord the Father is, and Lord also the Sonne:
and Lord the holy Ghost, yet are there not three Lords, but one.

For as we are compel'd to grant, by Christian verity:
each of the persons by himselfe, both God and Lord to be.
So Catholique religion, forbiddeth vs alway:
that either Gods be three, or that there Lords be three to say.

Of none the Father is, ne made, ne create, nor begot:
the Sonne is of the Father, not create, ne made, but got.
The holy Ghost is of them both, the Father and the Sonne:
ne made, ne create, nor begot, but doth proceed alone.

So we one Father hold, not three, one Sonne also, not three:
one holy Ghost alone, and not three holy Ghosts to be.
None in this Trinity before, nor after other is,
ne greater any then the rest, ne lesser be likewise.

But euery one among themselues, of all the persons three:
together coeternall all, and all coequall be.
So vnitie in Trinitie, as sayd it is before:
and Trinitie in vnitie, in all things we adore.

Therefore what man soeuer that saluation will attaine:
this faith touching the Trinitie, of force he must retaine:
And needfull to eternall life, it is that euery wight:
of the incarnating of Christ, our Lord beleeue aright.

For this the right faith is, that we beleeue, and eke doe know,
that Christ our Lord the Sonne of God, is God and man also:
God of his Fathers substance got, before the world began:
and of his Mothers substance borne, in world a very man.

Both perfect God, and perfect man in one, one Jesus Christ:
that doth of reasonable soule, and humaine flesh subsist.
Touching his God-head, equall with his Father God is he:
touching his man-hood, lower then his Father in degree.

Who though he be both very God, and very man also,
yet is he but one Christ alone, and is not persons two.
One not by turning of God-head, into the flesh of man,
but by taking man-hood to God, this being one began.

All one not by confounding of the substance into one:
but onely by the vnity, that is of one person.
For as the reasonable soule, and flesh but one man is:
so in one person God and man, is but one Christ likewise.

Who suffered for to saue vs all, to hell he did descend:

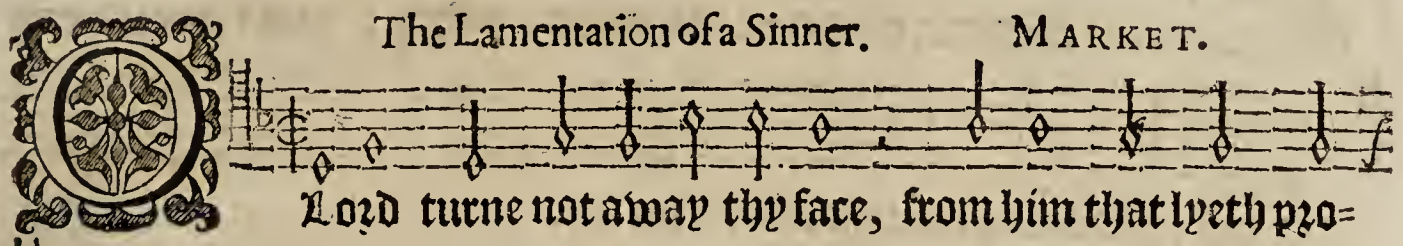
the third day rose againe from death, to heauen he did ascend.
He sits at the right hand of God, the Almighty Father there:
from thence to iudge both quicke and dead, againe he shall retire.

At whose returne all men shall rise with bodies new restorde:
and of their owne works they shall giue account vnto the Lord:
And they into eternall life shall goe that haue done well:
who haue done ill, shall goe into eternall fire to dwell.

This is the Catholike belieke, who doth not faithfully
beliene the same, without all doubt he saued cannot be.

To Father, Sonne, and holy Ghost, all glory be therefore:
As in beginning was, is now, and shall be euermore.

The Lamentation of a Sinner. MARKET.



And call me not to my accounts, how I haue liued here:
for then I know right well O Lord, how vile I shall appeare.
I need not to confesse my life, I am sure thou canst tell
what I haue beene, and what I am, I know thou knowest it well.

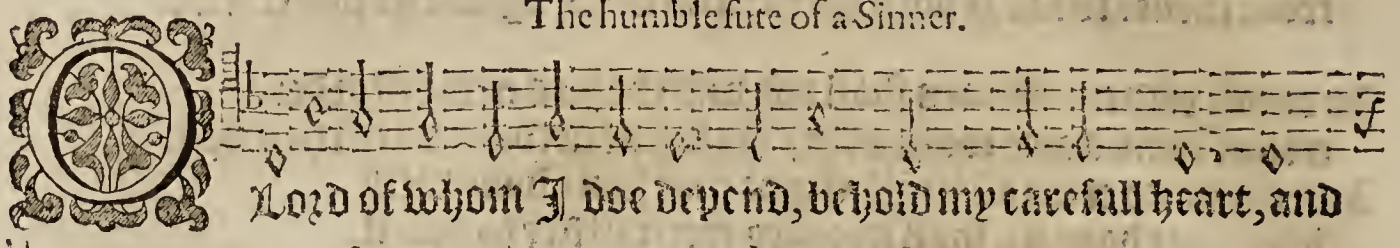
O Lord thou knowest what things be past, and eke the things that be:
thou knowest also what is to come, nothing is hid from thee. (then.
Before the heauens & earth was made, thou knowest what things were
as all things else that haue beene since among the sonnes of men.

And can the things that I haue done be hidden from thee then?
nay, nay, thou knowest them all O Lord, where they were done & when
wherefore with teares I come to thee to beg and to intreat,
euen as the child that hath done euill, and feareth to be beat.

So come I to thy mercy gate, where mercy doth abound,
requiring mercy for my sinne, to heale my deadly wound.
O Lord, I need not to repeat what I doe beg or craue:
thou knowest O Lord before I aske, the thing that I would haue.

Mercy good Lord, mercy I aske, this is the totall summe:
for mercy Lord is all my sute, Lord let thy mercy come.

The humble sute of a Sinner.



O Lord of whom I doe depend, behold my carefull heart, and when thy will and pleasure is, release me of my smart. Thou seest my sorrows what they are, my griefe is knowne to thee: and there is none that can remoone or take the same from me.

But onely thou whose aide I craue, whose mercy still is prest,
to ease all those that come to thee for succour and for rest.
And sith thou seest my restlesse eyes, my teares and grieuous grone,
attend vnto my sute O Lord, marke well my plaint and mone.

For sinne hath so enclosed me, and compast me about:
that I am now remedilesse, if mercie helpe not out.
For mortall man cannot release, or mittigate this paine:
but euen thy Christ, my Lord and God, which for my sinnes was slaine,

Whose bloudy wounds are yet to see, though not with mortall eye:
yet do thy Saints behold them all, and so I trust shall I.
Though sinne doth hinder me a while, when thou shalt see it good,
I shall enioy the sight of him, and see his wounds and bloud.

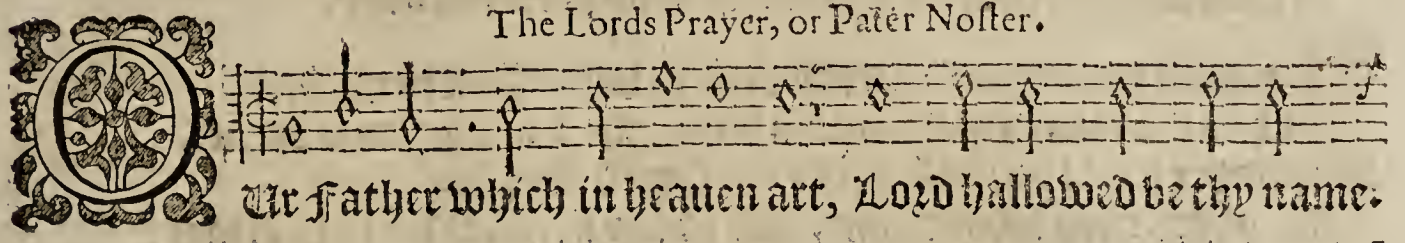
And as thine Angels and thy Saints doe now behold the same:
so trust I to possesse that place, with them to praise thy name.
But whilst I liue here in this vale, where sinners doe frequent:
assist me euer with thy grace, my sinnes still to lament.

Least that I tread in sinners trace, and giue them my consent
to walke with them in wickednesse, whereto nature is bent.
Onely thy grace must be my stay, least that I fall downe flat:
and being downe, then of my selfe cannot recouer that.

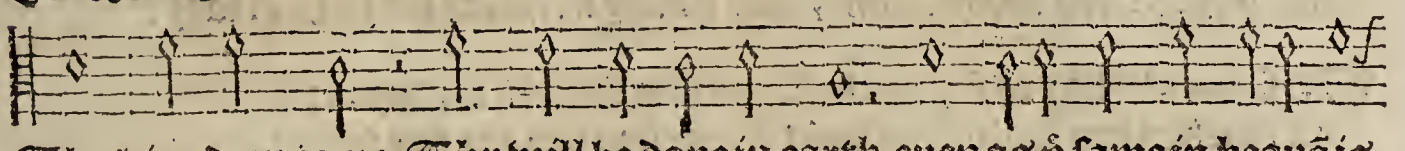
Wherefore this is yet once againe, my sute and my request:
to grant me pardon for my sinne, that I in thee may rest.
Then shall my heart, my tongue, and voyce, be instruments of praise:
and in thy Church and house of Saints, sing Psalmes to thee alwaies.

The

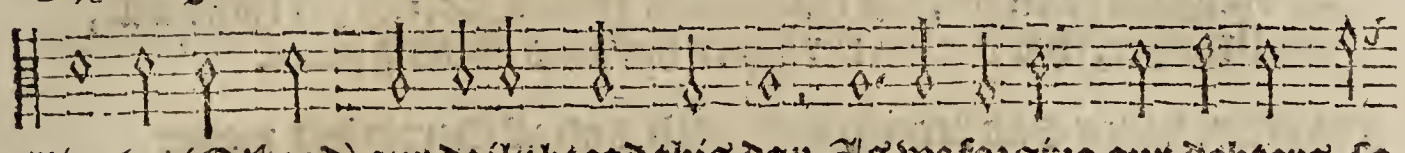
The Lords Prayer, or Pater Noster.



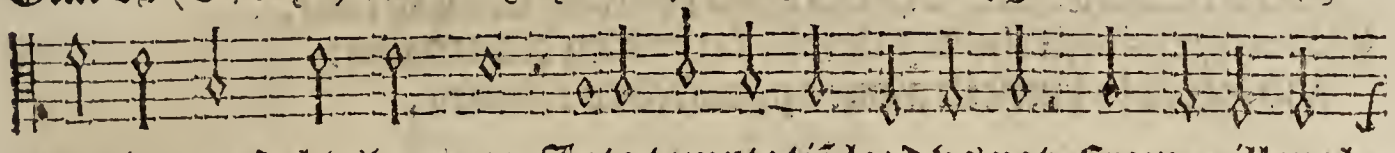
OUr Father which in heauen art, Lord hallowed be thy name.



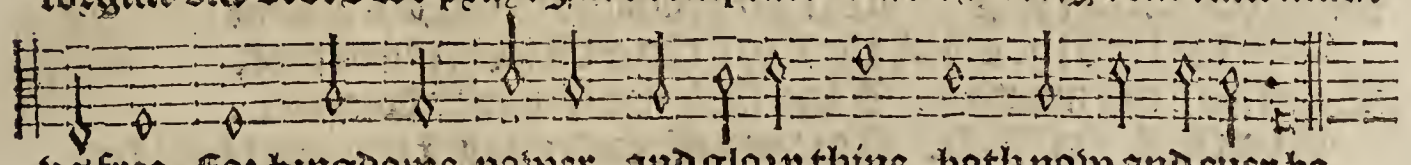
Thy kingdom come. Thy will be done in earth, euen as ỹ same in heauẽ is.



Giue vs (O Lord) our daily bread this day. As we forgiue our debters, so

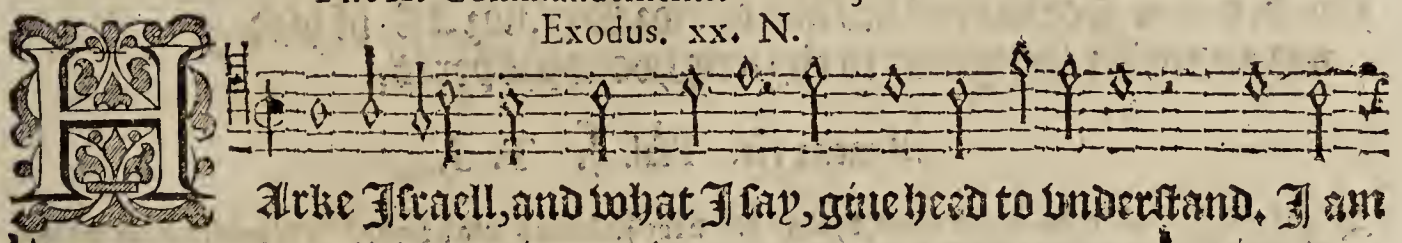


forgiue ours debts we pray. Into temptatiõ lead vs not. From euill make

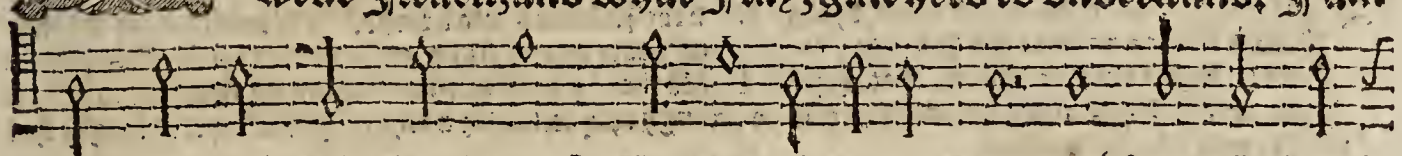


vs free. For kingdome, power, and glory thine, both now and euer be.

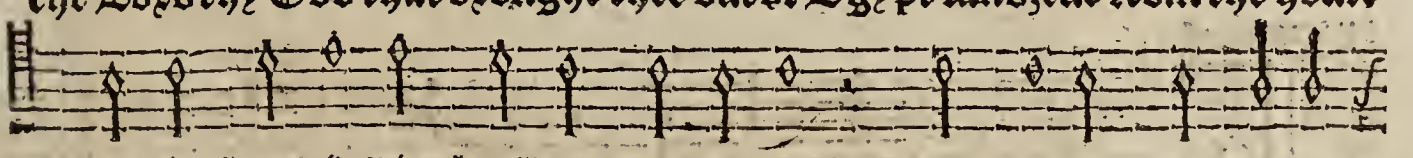
The X. Commandements. *Audi Israel.*
Exodus. xx. N.



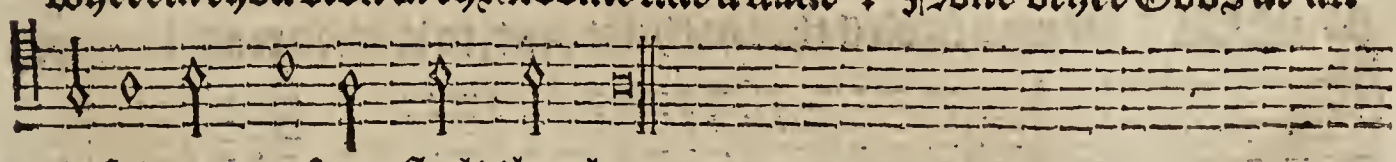
HArke Israell, and what I say, giue heed to vnderstand. I am



the Lord thy God that brought thee out of Egypt land, euẽ from the house



wherein thou didst in thraldome liue a slaue : None other Gods at all



before my presence shalt thou haue.

No manner grauen Image shalt thou make at all to thee:
nor any figure like by thee, shall conterfeited be.
Of any thing in heauen aboue, nor in the earth below:
nor in the waters beneath the earth, to them thou shalt not bow.

Nor shalt them serue. Thy Lord thy God, a iealous God am I:
that punish parents faults vnto the third and fourth degree,

Upon their childzen that me hate, and mercy doe diſplay,
to thouſands of ſuch as me loue, and my pzecepts obay.

The name thou of the Lozd thy God in vaine ſhalt neuer vſe:
foz him that takes his name in vaine, the Lozd ſhall not excuſe.
Remember that thou holy keepe the ſacred Sabboth day:
ſixe dayes thou labour ſhalt, and do thy needfull wozkes alway.

The ſeauenth day is ſet by the Lozd thy God to reſt vpon:
no wozke then ſhalt thou do in it, ne thou noz yet thy ſonne,
Thy daughter, ſeruant, noz handmaid, thine Oxe, noz yet thine Aſſe,
noz ſtranger, that within thy gates hath his abiding place.

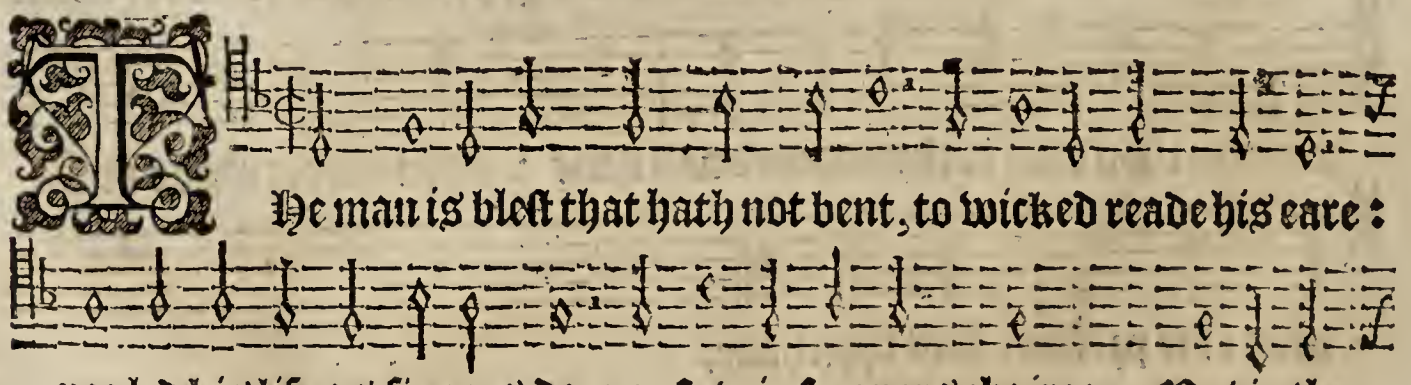
Foz in ſixe dayes God heauen and earth, and all therein did make:
and after thoſe his reſt he did vpon the ſeauenth day take.
Wherefoze he bleſt the day that he foz reſting did ozdaine:
and ſacred to himſelfe alone appointed to remaine.

Yeeld honour to thy Parents, that pzolongd thy dayes may be
vpon the land the which the Lozd thy God hath giuen thee.
Thou ſhalt not murther. Thou ſhalt not commit adulterie.
Thou ſhalt not ſteale. Noz witneſſe falſe againſt thy neighbour be.

Thou ſhalt not couet houſe that to thy neighbour doth belong,
ne couet ſhalt in hauing of his wife to doe him wzong:
Noz his man-ſeruant noz his maide, noz Oxe, noz Aſſe of his:
noz any other thing that to thy neighbour pzoper is.

Beatus vir. Pſal. j. T. S.

Whether it was Eſdzas, oz any other, that gathered the Pſalmes into a booke, it ſeemeth hee did ſet this Pſalme firſt, in manner of a Pzeface, to exhoꝛt all godly men to ſtudy and meditate the heauenly wiſedome: foz the effect hereof is, that they bee bleſſed that giue themſelues wholy all their life to Gods Law, and that the wicked contemners of God, though they ſeeme foz a while foztunate, yet at length ſhal come to miſerable deſtruction.



He shall be like the tree that groweth, fast by the water side:
3 which bringeth forth most pleasant fruit, in her due time and tide.
Whose leafe shall neuer fade nor fall, but flourish still and stand:
euen so all things shall prosper wel, that this man takes in hand.

4 So shall not the vngodly men, they shall be nothing so:
but as the dust which from the earth, the wind driues too and fro.
5 Therefore shall not the wicked men, in iudgement stand vpright:
nor yet the sinners with the iust, shall come in place or sight.

6 For why, the way of godly men, vnto the Lord is knowne:
and eke the way of wicked men, shall quite be ouerthrowen.

Quare fremuerunt gentes? Psal. ij T. S.

Dauid reioyceth that notwithstanding his enemies rage and worldly power, yet God will continue his Kingdome for euer, and aduance it euen to the farmost end of the world. And therefore hee exhorteth Kings and Rulers, that setting vaine glory apart, they would humbly submit themselues vnder Gods yoke. Herein is signified Christ and his Kingdome.

Sing this as the first. Psalme.

WHy did the Gentiles tumults raise, what rage was in their braine
why did the Jewish people muse, seeing all is but vaine?
2 The kings and rulers of the earth, conspire and are all bent:
against the Lord and Christ his sonne, which he among vs sent.

3 Shall we be bound to them say they? let all their bonds be broke:
and of their doctrine and their law, let vs reiect the yoke.
4 But he that in the heauen dwelleth, their doings will deride:
and make them all as mocking stocks, throughout the world so wide.

5 For in his wrath the Lord will say, to them vpon a day:
and in his fury trouble them, and then the Lord will say,
6 I haue annoynted him my King, vpon my holy hill:
I will therefore Lord preach thy lawes, and eke declare thy will.

7 For in this wise the Lord himselfe, did say to me I wot:
thou art my deare and only sonne, this day I thee begot.
8 All people I will giue to thee, as heires at thy request:
the ends and coasts of all the earth, by thee shall be possest.

9 Thou shalt them bruise euen with a mace, as men vnder foot trod:
and as the Potters shards shalt breake them with an yron rod.
10 Now ye O Kings and rulers all, be wise therefore and learnd:
by whom the matters of the world, be iudged and discernd.

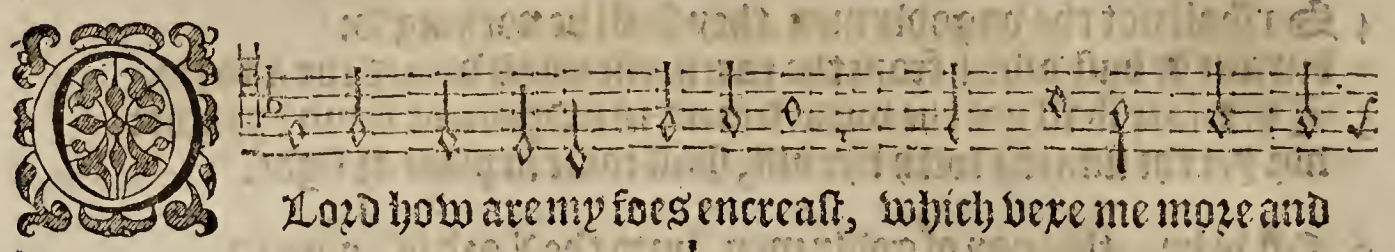
11 See that you serue the Lord aboue, in trembling and in feare:
see that with reuerence ye reioyce, to him in like manner.
12 See that ye kisse and eke embrace, his blessed sonne I say:
least in his wrath ye sodainely perish in the mid way.

13 If once his wrath neuer so small, shall kindle in his breast:
oh then all they that trust in Christ, shall happy be and blest.

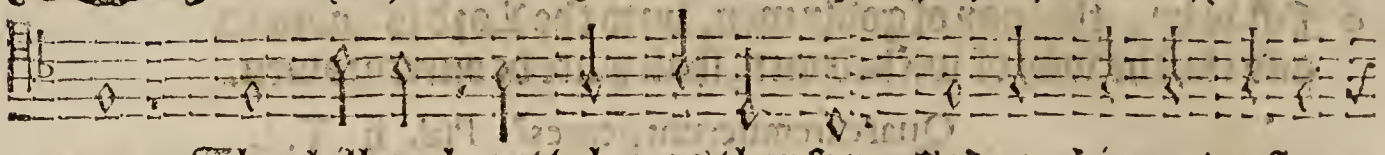
Domine

Domine quid multiplicati? Pſal. iij T. S.

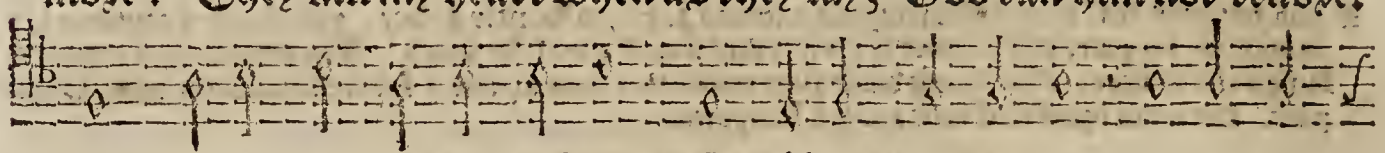
Dauid being perſecuted, and driuen out of his Kingdome by his owne ſonne Abſolon, was greatly tormented in mind for his ſinne againſt God: and therefore calleth vpon God, and waxeth bold through his promiſes againſt the great terrors of his enemies, yea, and againſt death it ſelfe, which he ſaw preſent before his eyes. Finally, he reioyceth for the good ſucceſſe and victory that God gaue him, and all the Church ouer his enemies.



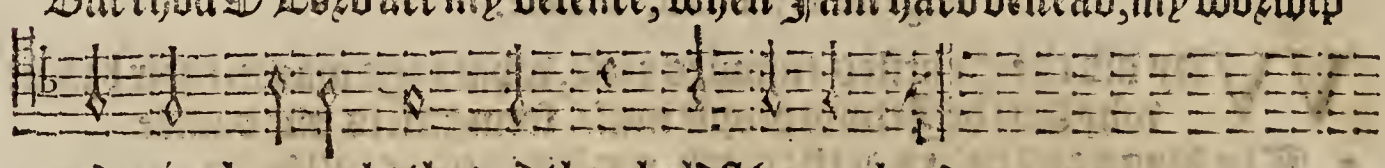
LOrd how are my foes encreaſt, which vexe me more and



more? They kill my heart when as they ſay, God can him not reſtore.



But thou O Lord art my defence, when I am hard beſtead, my worſhip



and mine honour both, and thou holdſt vp my head.

4 Then with my voyce vpon the Lord, I did both call and cry:
and he out of his holy hill, did heare me by and by.
5 I layd me downe and quietly I ſlept and roſe againe:
for why, I know aſſuredly, the Lord will me ſuſtaine.

6 Ften thouſand had hemde me in, I could not be afrayd:
for thou art ſtill my Lord my God, my Sauiour and mine ayd.
7 Riſe vp therefore, ſaue me my God, for now to thee I call:
for thou haſt broke the cheeks and teeth of theſe wicked men all.

8 Saluation onely doth belong, to thee O Lord aboue:
thou doſt beſtow vpon thy folke, thy bleſſing and thy loue.

Cum inuocarem, exaudi. Pſal. iiij T. S.

When Saul perſecuted him, he calleth vpon God, truſting moſt aſſuredly in his promiſe, and therefore boldly reproueth his enemies, who by wilfull malice reſiſteth his dominion. And finally, hee preferreth the fauour of God before all worldly treaſures. Let vs likewiſe learne to truſt in Gods promiſes, when we are afflicted with any kind of croſſe, and ſo we ſhall neither feare our enemies, nor yet bee ouercome with temptations.

Sing this as the 3. Pſalme.

O God that art my righteouſnes, Lord heare me when I call:
thou haſt ſet me at liberty, when I was bound and thrall.
2 Haue mercy Lord therefore on me, and grant me this requeſt:
for vnto thee vnceſſantly, to cry I will not reſt.

3 O mortall men how long will yee, my glory thus deſpiſe?
why wander ye in vanity, and follow after lies?
4 Know ye that good and godly men, the Lord doth take and chuſe:
and when to him I make my plaint, he doth me not refuſe.

5 Sinne

5 Sinne not but ſtand in awe therefore, examine well your heart:
and in your chamber quietly, ſee you your ſelues conuert.
6 Offer to God the ſacrifice of righteouſneſſe I ſay:
and looke that in the liuing Lord you put your truſt alway.

7 The greater ſort craue worldly goods, and riches doe embrace:
but Lord grant me thy countenance, thy fauour and thy grace.
8 For thou thereby ſhalt make my heart more ioyfull and more glad:
then they that of their corne and wine, full great encreaſe haue had.

9 In peace therefore lye downe will I, taking my reſt and ſleepe:
for thou onely wilt me O Lord, alone in ſafty keepe.

Verba mea auribus. Pſal. v. T. S.

Dauid hauing ſuffered great calamities, aſwell by Doeg and Achitophell Saules flatterers, as by other infinite enemies, calleth to God for ſuccour, ſhewing how requiſite it is, that God ſhould puniſh the malicious enuie of his aduerſaries. After being aſſured of proſperous ſucceſſe, he conceiueth comfort, concluding that when God ſhall deliuer him, others alſo ſhall be partakers of the ſame mercies.

Sing this as the 3. Pſalme.

INcline thine eares vnto my words, O Lord my plaint conſider:
2 And heare my voice my King, my God, to thee I make my prayer.
3 Heare me betime, Lord, tarry not, for I will haue reſpect,
my prayer early in the morne to thee for to direct.

4 And I will truſt through patience in thee my God alone:
thou art not pleaſed with wickedneſſe, and ill with thee dwels none.
5 And in thy ſight ſhall neuer ſtand theſe furious fooles O Lord:
vaine workers of iniquity thou haſt alwaies abhord.

6 The lyars and the flatterers thou ſhalt deſtroy them than:
and God will hate the bloud-thirſty, and the deceitfull man.
7 Therefore will I come to thy houſe, truſting vpon thy grace:
and reuerently will worſhip thee, toward thine holy place.

8 Lord lead me in thy righteouſneſſe, for to confound my foes:
and eke the way that I ſhall walke before my face diſcloſe.
9 For in their mouthes there is no truth, their hearts is foule and vaine:
10 Their throat an open ſepulchre, their tongues doe gloſe and faine.

11 Deſtroy their falſe conſpiracies, that they may come to nought:
12 Subuert them in their heaps of ſinne, which haue rebellion wrought.
13 But thoſe that put their truſt in thee, let them be glad alwaies:
and render thanks for thy defence, and giue thy name the praiſe.

14 For thou with fauour wilt encreaſe the iuſt and righteous ſtill:
and with thy grace as with a ſhield defend him from all ill.

Domine ne in furore tuo. Pſal. vj T. S.

When Dauid for his ſinnes had prouoked Gods wrath, and now felt not only his hand againſt him, but alſo conceiueth ẏ horrors of death exceedingly, he deſireth forgiueneſſe, bewailing ẏ if God tooke him away in his indignation, he ſhould lacke occaſion to praiſe him as he was wont to doe whilſt he was amongſt men. Then ſodainely feeling Gods mercy, he ſharply rebuketh his enemies which reioyced in his affliction.

Lord

LOrd in thy wrath reproue me not, though I deſerue thine yre:
Ne yet correct me in thy rage, O Lord I thee deſire. 2. For I am weake,
therefore O Lord of mercy me forbeare, and heale me Lord, for why,
thou knowest my bones do quake for feare.

3 My ſoule is troubled very ſore, and vexed vehemently,
but Lord how long wilt thou delay, to cure my miſery?
4 Lord turne thee to thy wonted grace, my ſilly ſoule vp-take:
oh ſaue me not for my deſerts, but for thy mercies ſake.

5 For why, no man among the dead remembreth thee one whit,
or who ſhall worſhip thee, O Lord, in the infernall pit?
6 So grieuous is my plaint and moane, that I ware wondrous faint,
all the night long I waſh my bed, with teares of my complaint.

7 My ſight is dim and wareth old, with anguiſh of my heart,
for feare of thoſe that be my foes, and would my ſoule ſubuert.
8 But now away from me all yee that worke iniquity:
for why, the Lord hath heard the voice of my complaint and cry.

9 He heard not onely the requeſt, and prayer of my heart,
but it receiued at my hands, and tooke it in good part.
And now my foes that vexed me, the Lord will ſoone defame:
and ſodainly confound them all, to their rebuke and ſhame.

Domine Deus meus in te ſperaui. Pſalme. vij. T.S.

Dauid being falſly accuſed by Chus one of Saules kinſmen, calleth to God to be his defender, to whom he commendeth his innocency: firſt ſhewing that his conſcience did not accuſe him of any euill towards Saul: next, that it touched Gods glory to award ſentence againſt the wicked, and ſo entring into the conſideration of Gods mercies and promiſes, he waxeth bold, and derideth the vaine enterpriſes of his enemies, threatning that that ſhall fall on their owne necks, which they haue purpoſed for others.

Sing this as the 3. Pſalme.

O Lord my God I put my truſt, and confidence in thee:
ſaue me from them that me purſue, and eke deliuer me.
2 Leaſt like a lyon they me teare, and rend in peeces ſmall,
whileſt there is none to ſuccour me, and rid me out of thrall.

3 O Lord my God, if I haue done the thing that is not right:

Or

or elſe if I be found in fault, or guilty in thy ſight.
4 Or to my friend rewarded ill, or left him in diſtreſſe,
which me purſude moſt cruelly, and hated me cauſeleſſe.

5 Then let my foes purſue my ſoule, and eke my life downe thruſt
vnto the earth, and lay mine honour in the duſt.
6 Start vp O Lord, now in thy wrath, and put my foes to paine:
performe thy kingdome promiſed, to me which wrong ſuſtaine.

7 Then ſhall great nations come to thee, and know thee by this thing,
if thou declare for loue of them thy ſelfe as Lord and King.
8 And thou that art of all men Iudge, O Lord now iudge thou mee,
according to my righteouſneſſe, and mine integritie.

The ſecond part.

9 Lord ceaſe the hate of wicked men, and be the iuſt mans guide,
10 By whom the ſecrets of all hearts are ſearched and deſcride.
11 I take my helpe to come of God, in all my griefe and ſmart,
that doth preſerue all thoſe that be of pure and perfect heart.

12 The iuſt man and the wicked both, God iudgeth by this power:
ſo that he feeles his mighty hand, euen euery day and houre.
13 Except he change his mind I dye, for euen as he would ſmite,
he whets his ſword, his bow he bends, ayming where he may hit.

14 And doth prepare his mortall darts, his arrowes keene and ſharpe:
for them that do me perſecute, whiles he doth miſchiefe warpe.
15 But loe though he in trauell be of his diuelliſh fore-caſt:
and of his miſchiefe once conceiu'd, yet brings forth nought at laſt.

16 He digs a ditch and delues it deepe, in hope to hurt his brother:
but he ſhall fall into the pit, that he digd vp for other.
17 Thus wrong returneth to the hurt of him in whom it bred:
and all the miſchiefe that he wrought ſhall fall vpon his head.

18 I will giue thankes to God therefore, that iudgeth righteouſly:
and with a ſong will praiſe the name of him that is moſt hie.

Domine Deus noſter. Pſal. viij. T. S.

The Prophet conſidering the excellent liberality, and fatherly prouidence of God toward man whom hee made as it were a God ouer all his workes, doth not onely giue great thanks, but is aſtonied with the admiration of the ſame, as one nothing able to compaſſe ſuch great mercies, and ſo endeth.

Sing this as the 3. Pſalme.

O God our Lord how wonderfull are thy workes euery where,
whoſe fame ſurmounts in dignity aboue the heauens cleare:
2 Euen by the mouthes of ſucking babes, thou wilt confound thy foes:
for in theſe babes thy might is ſeene, thy graces they diſcloſe.

3 And when I ſee the heauens hie, the workes of thine owne hand:
the Sunne, the Moone and all the Stars in order as they ſtand.
What thing is man Lord thinke I then, that thou doſt him remember:
or what is mans poſterity, that thou doſt him conſider:

5 For thou haſt made him little leſſe then Angels in degree:
and thou haſt crowned him alſo, with glory and dignity.
6 Thou haſt preferd him to be Lord of all thy workes of wonder:
and at his feete haſt ſet all things that he ſhould keepe them vnder.

7 As ſheepe and neat, and all beaſts elſe, that in the fields do feed:
8 Fowles of the ayre, fiſh in the ſea, and all that therein breed.
9 Therefore muſt I ſay once againe, O God that art our Lord:
how famous and how wonderfull are thy workes through the world.

Confitebor tibi Domine. Pſal. ix. T. S.

After he had giuen thanks to God for the ſundry victories that hee ſent him againſt his enemies, and alſo proued by manifold experience, how ready God was at hand in all his troubles, hee being now likewiſe in danger of new enemies, deſireth God to helpe him according to his wont, and deſtroy the malicious arrogancy of his aduerſaries.

Sing this as the 3. Pſalme.

WIth heart and mouth vnto the Lord, will I ſing laud and praiſe:
and ſpeake of all thy wondrous works, and them declare alwaies
2 I will be glad and much reioyce in thee O God moſt hie:
and make my ſongs extoll thy Name aboue the ſtarry skye.

3 For that my foes are driuen backe, and turned vnto flight:
they fall downe flat and are deſtroyd by thy great force and might.
4 Thou haſt reuenged all my wrong, my griefe and all my grudge:
thou doſt with iuſtice heare my cauſe moſt like a righteous Judge.

5 Thou doſt rebuke the heathen folke, and wicked ſo confound:
that afterward the memory of them cannot be found.
6 My foes thou haſt made good diſpatch, and all their townes deſtroyd:
thou haſt their fame with them defac'd through all the world ſo wide.

7 Know thou that he which is aboue for euermore ſhall raigne:
and in the ſeat of equity, true iudgement will maintaine.
8 With iuſtice he will keepe and guide the world and euery wight:
and ſo will yeeld with equity, to euery man his right.

9 He is protector of the poore, what time they be oppreſt:
he is in all aduerſity, their refuge and their reſt.
10 All they that know thy holy name, therefore ſhall truſt in thee:
for thou forſakeſt not their ſute, in their neceſſitie.

11 Sing Pſalmes therefore vnto the Lord, that dwels in Sion hill,
publiſh among all nations his noble acts and will.
12 For he is mindfull of the bloud of thoſe that be oppreſt:
forgetting not th'afflicted heart, that ſeekes to him for reſt.

The ſecond part.

13 Haue mercy Lord on me poore wretch, whoſe enemies ſtill remaine:
which from the gates of hell was wont to raiſe me vp againe:
14 In Sion that I may ſet forth thy praiſe with heart and voyce:
and that in thy ſaluation Lord, my ſoule might ſtill reioyce.

15 The heathen ſticke faſt in the pit, that they themſelues prepарde:
and in the net that they did ſet, their owne feet faſt are ſnarde.

16 God ſhews his iudgements, which were good for euery man to marke:
when as ye ſee the wicked man lye trapt in his owne worke.

17 The wicked and the ſinfull men go downe to hell for euer:
and all the people of the world that will not God remember.
18 But ſure the Lord will not forget the poore mans griefe and paine:
the patient people neuer looke for helpe of God in vaine.

19 O Lord ariſe, leaſt men preuaile, that be of worldly might:
and let the heathen folke receiue their iudgement in thy ſight.
20 Lord ſtrike ſuch terror, feare, and dread into the hearts of them,
that they may know aſſuredly, they be but mortall men.

Vt quid Domine? Pſal. x. T.S.

He complaineth of the fraud, rapine, tyranny, & all kindes of wrong which worldly men vſe, aſſigning the cauſe thereof, which was, that wicked men being as it were drunken with worldly proſperity, & therefore ſetting apart all feare and reuerence toward God, thinke they may do all things without controuling: therefore he calleth vpon God to ſend ſome remedy againſt thoſe deſperate euils. And at length comforteth himſelfe with hope of deliuerance.

Sing this as the 3. Pſalme.

WHat is the cauſe that thou O Lord, art now ſo farre from thine:
and keepeſt cloſe thy countenance from vs this troublous time?
2 The poore doe periſh by the proud, and wicked mens deſire:
let them be taken in the craft, that they themſelues conſpire.

3 For in the luſt of his owne heart, the vngodly doth delight:
ſo doth the wicked praiſe himſelfe, and doth the Lord deſpight.
4 He is ſo proud, that right and wrong he ſetteth all apart:
nay, nay, there is no God ſaith he, for thus he thinks in heart.

5 Becauſe his waies do proſper ſtill, he doth thy lawes neglect:
and with a blaſt doth puffe againſt ſuch as would him correct.
6 Tuſh, tuſh, ſaith he, I haue no dread, leaſt mine eſtate ſhould change:
and why, for all aduerſitie to him is very ſtrange.

7 His mouth is full of curſedneſſe, of fraud, deceit and guile:
vnder his tongue doth miſchiefe ſit, and trauaile all the while.
8 He lyeth hid in waies and holes, to ſlay the innocent:
againſt the poore that paſſe him by, his cruell eyes are bent.

9 And like a Lyon priuilie lyes lurking in his den:
if he may ſnare them in his net, to ſpoile poore ſimple men.
10 And for the nonce full craftily, he croucheth downe I ſay:
11 So are great heapes of poore men made, by his ſtrong power his prey.

12 Tuſh, God forgetteth this ſaith he, therefore may I be bold:
his countenance is caſt aſide, he doth it not behold.
13 Ariſe O Lord, O God, in whom the poore mans hope doth reſt:
lift vp thy hand, forget not Lord, the poore that be oppreſt.

14 What blaſphemie is this to thee, Lord doſt thou not abhorre it:
to heare the wicked in their hearts, ſay tuſh, thou car'ſt not for it.
15 But thou ſeeſt all this wickedneſſe, and well doſt vnderſtand:
16 That friendleſſe and poore fatherleſſe, are left into thy hand.

17 Of wicked and malicious men, then breake the power for euer:
that they with their iniquity, may periſh altogether.
18 The Lord ſhall raigne for euermore, as King and God alone:
and he will chaſe the heathen folke out of the land each one.

19 Thou hear'ſt O Lord the poore mans plaint, their prayers and requeſt:
their hearts thou wilt confirme vntill thine eares to heare be preſt.
20 To iudge the poore and fatherleſſe, and helpe them to their right:
that they may be no more oppreſt, with them of worldly might.

In Domino confido. Pſal. xj. T.S.

This Pſalme containeth two parts. In the firſt, Dauid ſheweth how hard aſſaults of temptations hee ſuſtained, and how great anguiſh of mind he was in when Saul did perſecute him. Then next hee reioyceth that God ſent him ſuccour in his neceſſity, declaring his iuſtice as well in gouerning the good and the wicked men, as the whole world.

Sing this as the 3. Pſalme.

I Truſt in God, how dare you then, ſay thus my ſoule vntill,
flie hence as faſt as any fowle, and hide you in your hill:
2 Behold the wicked bend their bowes, and make their arrowes preſt,
to ſhoot in ſecret, and to hurt the ſound and harmeleſſe breſt.

3 Of worldly hope all ſtaies were ſhrunke, and clearly brought to nought:
alas the iuſt and righteous man, what euill hath he wrought?
4 But he that in his Temple is, moſt holy and moſt hye:
and in the heauens hath his ſeat of royall Maieſty.

The poore and ſimple mans eſtate conſidereth in his mind:
and ſearcheth out full narrowly the manners of mankind.
5 And with a cheerefull countenance the righteous man will vſe:
but in his heart he doth abhore all ſuch as miſchiefe muſe.

6 And on the ſinners caſteth ſnares, as thicke as any raine:
fire and brimſtone, and whirlwinds thicke, appointed for their paine.
7 We ſee then how a righteous God doth righteouſnes embrace:
and to the iuſt and vpright men, ſhewes forth his pleaſant face.

Saluum me fac. Pſal. xij. T.S.

The Prophet learning the miſerable eſtate of the people, and the decay of all good order, deſireth God ſpeedily to ſend ſuccour to his children. Then comforting himſelfe and others with the aſſurance of Gods helpe, he commendeth the conſtant verity that God obſerueth in keeping his promiſe, concluding that when all orders are moſt corrupted, then God will deliuer his.

Sing this as the 3. Pſalme.

HElpe Lord for good and godly men, doe periſh and decay:
and faith and truth from worldly men, is parted cleane away.
2 Who ſo doth with his neighbour talke, his talke is all but vaine:
for euery man bethinketh how to flatter, lye, and faine.

3 But flattering and deceitfull lips, and tongues that be ſo ſtout,
to ſpeake proude words, & make great brags, the Lord ſoon cuts thē out
4 For they ſay ſtill we will preuaile, our tongues ſhall vs extoll:
our tongues are ours, we ought to ſpeake, what Lord ſhall vs controll?

5 But

5 But for the great complaint and cry of poore and men oppreſt:
arise will I now saith the Lord, and them restore to rest.
6 Gods word is like to Siluer pure, that from the earth is tride:
and hath no lesse then seauen times in fire beene purified.

7 Now since thy promise is to helpe, Lord keepe thy promise then:
and saue vs now and euermore from this ill kind of men.
8 For now this wicked world is full of mischiefes manifold:
when vanity with worldly men, so highly is extold.

Vsquequo Domine. Pſal. xiij. T. S.

Dauid as it were ouercome with sundry and new afflictions, flyeth to God, as his onely refuge, and so at length being encourageth through Gods promises, he conceiueth most sure confidence against the extreame horrors of death.

Sing this as the 3. Pſalme.

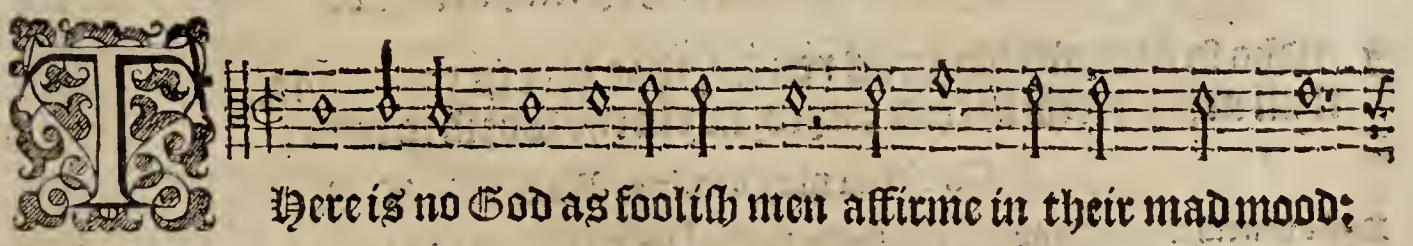
HOw long wilt thou forget me Lord, shall I neuer be remembred?
how long wilt thou thy visage hide, as though thou wert offended?
2 In heart and mind how long shall I with care tormented be?
how long eke shall my deadly foes thus triumph ouer me?

3 Behold me now my Lord my God, and heare me sore oppreſt:
lighten mine eyes least that I sleepe, as one by death possest.
4 Least thus my enemie say to me, behold I doe preuaile:
least they also that hate my soule, reioyce to see me quaile.

5 But for thy mercies and goodnesse, my hope shall neuer start:
in thy relieſe and sauing health, right glad shall bee heart.
6 I will giue thanks vnto the Lord, and praises to him sing:
because he hath heard my request, and granted my wishing.

Dixit insipiens. Pſal. xiiij. T. S.

He describeth the peruerse nature of men, which were so growne to licentiousnes, that God was brought to vtter contempt, for the which thing although he was greatly grieued, yet being perswaded that God would send some present remedy, he comforteth himselfe and others.



3 They went all wide and were corrupt, and truly there was none
that in the world did any good. I ſay there was not one.
4 Is all their iudgement ſo far loſt, that all worke miſchiefe ſtill:
eating my people euen as bread, not one to ſeeke Gods will.

5 When they thus rage, then ſodainly great feare on them ſhall fall:
for God doth loue the righteous men, and will maintaine them all.
6 Ye mocke the doings of the poore, to their reproach and ſhame:
becauſe they put their truſt in God, and call vpon his Name.

7 But who ſhall giue thy people health, and when wilt thou fulfill
the promiſe made to Iſraell from out of Sion hill:
8 Euen when thou ſhalt reſtore againe ſuch as were captiues lad:
then Iacob ſhall therein reioyce, and Iſrael ſhall be glad.

Domine quis habitabit. Pſal. xv. T. S.

This Pſalme teacheth on what condition God did chuſe the Iewes for his peculiar people, and wherefore he placed his Temple among them, which was to the entent, that they liuing vprightly and Godly, might witneſſe that they were his ſpeciall and holy people.

Sing this as the 3. Pſalme.

O Lord within thy Tabernacle, who ſhall inhabite ſtill:
or whom wilt thou receaue to dwell in thy moſt holy hill:
2 The man whoſe life is vncorrupt, whoſe workes are iuſt and ſtrait:
whoſe heart doth ſpeake the very truth, whoſe tongue ſpeakes no deceit.

3 Nor to his neighbour doth none ill in body, goods or name:
nor willingly doth moue falſe tales, which might impaire the ſame.
4 That in his heart regardeth not malitious wicked men:
but thoſe that loue and feare the Lord, he maketh much of them.

5 His oath and all his promiſes that keepeth faithfully:
although he make his couenant ſo, that he doth looſe thereby.
6 That putteth not to vſury his money and his coyne:
ne for to hurt the innocent doth bribe, or elſe purloyne.

7 Who ſo doth all things as you ſee, that here is to be done,
ſhall neuer periſh in this world, nor in the world to come.

Conſerua me Domine. Pſal. xvj. T. S.

Dauid prayeth to God for ſuccour, not for his workes, but for his faiths ſake, proteſting that he hateth all Idolatry, taking God onely for his comfort and felicity, who ſuffreth his to lacke nothing.

Sing this as the 14. Pſalme.

LOrd keepe me for I truſt in thee, and doe confeſſe indeed:
thou art my God, and of my good, O Lord thou haſt no need.
2 I giue my goods vnto thy Saints, that in the world doe dwell,
and namely to the faithfull flocke, in vertue that excell.

3 They ſhall heape ſorrowes on their heads, which run as they were mad,
to offer to the Idol Gods, alas it is too bad.
4 As for the bloudy ſacrifice and offrings of that ſort:
I will not touch, nor yet thereof my lips ſhal make report.

5 For why, the Lord the portion is of mine inheritance:
and thou art he that doſt maintaine, my rent my lot, my chance.
6 The place wherein my lot did fall, in beauty did excell:
mine heritage aſſigned to me, doth pleaſe me wondrous well.

7 I thanke the Lord that cauſed me to vnderſtand the right:
for by his meanes my ſecret thoughts, doe teach me euery night.
8 I ſet the Lord ſtill in my ſight, and truſt him ouer all:
for he doth ſtand on my right hand, therefore I ſhall not fall.

9 Wherefore my heart and tongue alſo, doe both reioyce together:
my fleſh and body reſt in hope, when I this thing conſider.
10 Thou wilt not leaue my ſoule in graue, for Lord thou loueſt me:
nor yet wilt giue thy holy one corruption for to ſee.

11 But wilt teach me the way to life: for all treaſures and ſtore
of perfect ioy are in thy ſight, and power for euermore.

Exaudi Domine iuſtitiam. Pſal. xvij. T.S.

Here he complaineth vnto God of the cruell pride and arrogancy of Saul, and the reſt of his enemies who thus raged without any cauſe giue of his part. Therefore hee deſireth God to reuenge his innocency, and deliuer him. This Pſalme ought diligently to be marked of ſuch as receiue euill for well doing.

Sing this as the 14. Pſalme.

O Lord giue eare to my iuſt cauſe, attend when I complaine:
and heare the prayer that I put forth with lips that doe not faine.
2 And let the iudgements of my cauſe proceed alwaies from thee:
and let thine eyes behold and cleare this my ſimplicitie.

3 Thou haſt well tride me in the night, and yet couldſt nothing find:
that I haue ſpoken with my tongue, that was not in my mind.
4 As for the workes of wicked men, and pathes peruerſe and ill:
for loue of thy moſt holy word, I haue refrained ſtill.

5 Then in the pathes that be moſt ſure, Lord ſtay me and preſerue:
that from the way wherein I walke my ſteps may neuer ſwerue.
6 For I do call to thee O Lord, ſurely thou wilt me aide:
then heare my prayer, and waigh right well the words that I haue ſaid

7 O thou the Sauiour of all them that put their truſt in thee:
declare thy ſtrength on them that ſpurne againſt thy maieſtie.
8 O keepe me Lord, as thou wouldſt keepe the apple of thine eye:
and vnder couert of thy wings defend me ſecretly.

The ſecond part.

9 From wicked men that trouble me, and daily me annoy:
and from my foes that goe about, my ſoule for to deſtroy.
10 Which wallow in their worldly wealth, ſo full and eke ſo fat:
that in their pride they doe not ſpare to ſpeake they care not what.

11 They lye in wait where I ſhould paſſe, with craft mee to confound:
and muſing miſchiefe in their minds, to caſt me to the ground.
12 Much like a Lyon greedily, that would his prey embrace:
or lurking like a Lyons whelpe within ſome ſecret place.

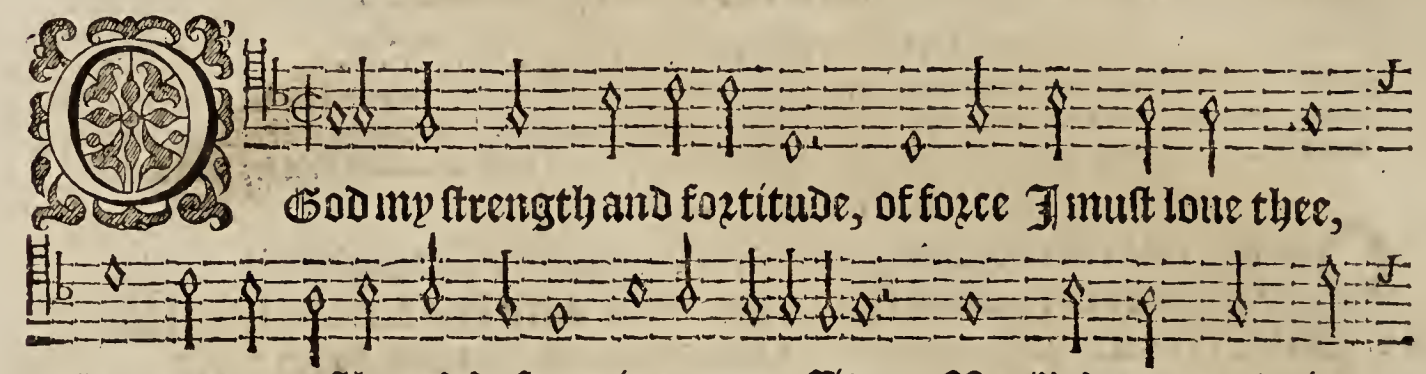
13 Up Lord with hast preuent my foe, and cast him at thy feet:
saue thou my soule from the ill man, and with the sword him smite.
14 Deliuer me Lord by thy power, out of these tyrants hands:
which now so long time raigned haue, and kept vs in their bands.

15 I meane from worldly men to whom all worldlie goods are rife:
that haue no hope nor part of ioy, but in this present life.
Thou of thy store their bellies filst with pleasures to their mind:
their children haue enough, and leaue to theirs the rest behind.

16 But I shall with pure conscience behold thy gracious face:
so when I wake I shall be full with thine Image and grace.

Diligam te Domine. Psal. xviij. T. S.

This Psalme is the first beginning of Dauids saluation and thanksgiuing, at the entring into his kingdome, wherein he extolleth and praiseth most highly the maruailous mercies and graces of God, who hath both preserued and defended him: he setteth forth the Image of Christs kingdome, painted in his kingdome, that the faithfull may be assured, that Christ shall alwaies conquer and ouercome by the vnspeakable power of his Father, though all the whole world should say there-against.



3 When I sing laud vnto the Lord most worthy to be serued:
then from my foes I am right sure that I shall be preserued.
4 The pangs of death did compasse me, and bound me euery where:
the flowing waues of wickednesse, did put me in great feare.
5 The slie and subtle snares of hell were round about me set:
and for my death there was preparde a deadly trapping net.
6 I thus beset with paine and griefe, did pray to God for grace:
and he forthwith did heare my plaint out of his holy place.

7 Such is his power that in his wrath hee made the earth to quake:
yea, the foundation of the mount of Basan for to shake.
8 And from his nosthrils came a smoake, when kindled was his ire:
and from his mouth came kindled coales of hote consuming fire.

9 The Lord descended from aboue, and bowde the heauens hie:
and vnderneath his feet he cast the darkenesse of the skie.

10 On Cherubs and on Cherubins full royally he rode:
and on the wings of all the winds came flying all abroad.

The ſecond part.

11 And like a den moſt darke he made his hid and ſecret place:
with water blacke and ayrie clouds enuironed he was.
12 But when the preſence of his face in brightnes ſhall appeare:
then clouds conſume, and in their ſtead come haile and coales of fire.

13 The fiery darts and thunderbolts, diſperſe them here and there:
and with his often lightenings he puts them in great feare.
14 Lord at thy wrath and threatnings, and at thy chiding cheare,
the ſprings and the foundations of all the world appeare.

15 And from aboue the Lord ſent downe, to fetch me from below:
and pluckt me out of waters great, that would me ouerflow.
16 And me deliuered from my foes, that would haue made me thrall:
yea, from ſuch foes as were too ſtrong for me to deale withall.

17 They did preuent me to oppreſſe, in time of my great griefe:
but yet the Lord was my defence, my ſuccour and releefe.
18 He brought me forth in open place, whereas I might be free:
and kept me ſafe becauſe he had a fauour vnto me.

19 And as I was an innocent, ſo did he me regard,
and to the cleanneſſe of my hands, he gaue me my reward.
20 For that I walked in his wayes, and in his pathes haue trod:
and haue not wauered wickedly againſt my Lord my God.

The third part.

21 But euermore I haue reſpect to his law and decree:
his ſtatutes and commaundements I caſt not out from me.
22 But pure and cleane, and vncorrupt, appear'd before his face:
and did refraine from wickedneſſe, and ſin in any caſe.

23 The Lord therefore will me reward, as I haue done aright:
and to the cleanneſſe of my hands, appearing in his ſight.
24 For Lord with him that holy is, wilt thou be holy too:
and with the good and vertuous men, right vertuouſly wilt doe.

25 And to the louing and elect, thy loue thou wilt reſerue:
and thou wilt vſe the wicked men, as wicked men deſerue.
26 For thou doſt ſaue the ſimple folke in trouble when they lye:
and doſt bring downe the countenance of them that looke full hie.

27 The Lord will light my candle ſo, that it ſhall ſhine full bright:
the Lord my God will make alſo my darkneſſe to be light.
28 For by thy helpe an hoaſt of men, diſcomfit Lord I ſhall:
by thee I ſcale and ouer-leape, the ſtrength of any wall.

29 Unſpotted are the wayes of God, his word is purely tride:
he is a ſure defence to ſuch as in his faith abide.

30 For who is God except the Lord? for other there is none:
or else who is omnipotent, sauing our God alone?

The fourth part.

31 The God that girdeth me with strength is he that I doe meane:
that all the wayes wherein I walke doth euermore keepe cleane.
32 That made my feet like to the Harts, in swiftnesse of my pace:
and for my suerty brought me forth into an open place.

33 He did in order put my hands, to battell and to fight:
to breake in sunder bars of brasse he gaue mine armes the might.
34 Thou teachest me thy sauing health, thy right hand is my tower:
thy loue and familiarity doth still increase my power.

35 And vnder me thou makest plaine the way where I should walke:
so that my feet shall neuer slip, nor stumble at a balke.
36 And fiercely I pursue and take my foes that me annoyd:
and from the field doe not returne, till they be all destroyd.

37 So I suppresse and wound my foes, that they can rise no more:
for at my foot they fall downe flat, I strike them all so sore.
38 For thou dost gird me with thy strength, to warre in such a wise:
that they be all scattred abroad, that vp against me rise.

39 Lord, thou hast put into my hands my mortall enemies yoke:
and all my foes thou dost diuide in sunder with thy stroke.
40 They cald for helpe, but none gaue eare to helpe them with reliefe:
yea, to the Lord they cald for helpe, yet heard he not their greefe.

The fift part.

41 And still like dust before the wind, I driue them vnder feet:
and sweepe them out like filth or clay, that stinketh in the street.
42 Thou keepst me from seditious folke, that still in strife be led:
and thou dost of the heathen folke appoint me to be head.

43 A people strange to me vnknowne, and yet they shall me serue:
and at the first obay my word, whereas mine owne will swerue.
44 I shall be irksome to mine owne, they will not see my light:
but wander wide out of their wayes, and hide them out of sight.

45 But blessed be the liuing Lord, most worthy of all praise:
that is my rocke and sauing health, praised be he alwaies.
46 For God it is that gaue me power, reuenged for to be:
and with his holy word subdude the people vnto mee.

47 And from my foe deliuered me, and set me higher then those,
that cruell and vngodly were, and vp against me rose.
48 And for this cause, O Lord my God, to thee giue thanks I shall:
and sing out praises to thy name, among the Gentiles all.

49 Thou gauest great prosperity vnto the King I say:
to Dauid thine annoynted King, and to his seed for aye.

Coeli

Cœli enarrant, Pſal. xix. T.S.

Hee moueth the faithfull to glorifie God by the Workeman ſhip, proportion and ornaments of the heauens: and by the Law, wherein God is reuealed familiarly to his choſen people.

Sing this as the 14. Pſalme.

THe Heauens and the firmament, do wondrouſly declare
the glory of God omnipotent, his workes, and what they are.
2 The wondrous workes of God appeare, by euery dayes ſucceſſe:
the nights likewiſe which their race runne, the ſelfe ſame thing expreſſe.

3 There is no language, tong, or ſpeech where their ſound is not heard:
in all the earth and coaſts thereof, their knowledge is conferd.
4 In them the Lord made for the Sunne a place of great renowne:
who like a bridegroome ready trimd, doth from his chamber come.

5 And as a valiant Champion, who for to get a prize,
with ioy doth haſt to take in hand, ſome noble enterprize.
6 And all the skie from end to end, he compaſſeth about:
nothing can hide it from his heat, but he will find it out.

7 How perfect is the law of God, how is his couenant ſure?
converting ſoules, and making wiſe the ſimple and obſcure.
8 Juſt are the Lords Commaundements, and glad both heart and mind:
his precepts pure, and giueth light to eyes that be full blind.

9 The feare of God is excellent, and doth endure for euer:
the iudgements of the Lord are true, and righteous altogether.
10 And more to be imbrac'd alwayes then fined gold I ſay:
the hony and the hony-combe are not ſo ſweet as they.

11 By them thy ſeruant is forewarnde, to haue God in regard:
and in performance of the ſame, there ſhall be great reward.
12 But Lord what earthly man doth know the errors of his life?
then cleanſe my ſoule from ſecret ſinnes, which are in me moſt rife.

13 And keepe me that preſumptuous ſinnes preuaile not ouer me:
and then ſhall I be innocent, and great offences flye.
14 Accept my mouth and eke my heart, my words and thoughts eace one:
for my redeemer and my ſtrength, O Lord thou art alone.

Exaudiat te Dominus. Pſal. xx. T. S.

The people pray to God to heare their King, and receiue his ſacrifice which he offred before he went to battell againſt the Ammonites, declaring that the heathen put their truſt in Horſes, but they truſt onely in his Name. Wherefore they ſhall fall, but the King and his people ſhall ſtand.

Sing this as the 14. Pſalme.

IN trouble and aduerſitie, the Lord God heare thee ſtill:
the Maieſtie of Jacobs God defend thee from all ill.
2 And ſend thee from his holy place his helpe at euery need:
and ſo in Syon ſtabliſh thee, and make thee ſtrong indeed.

3 Remembring well the ſacrifice, that now to him is done:
and ſo receiue right thankfully thy burnt offrings each one.

4 Accor-

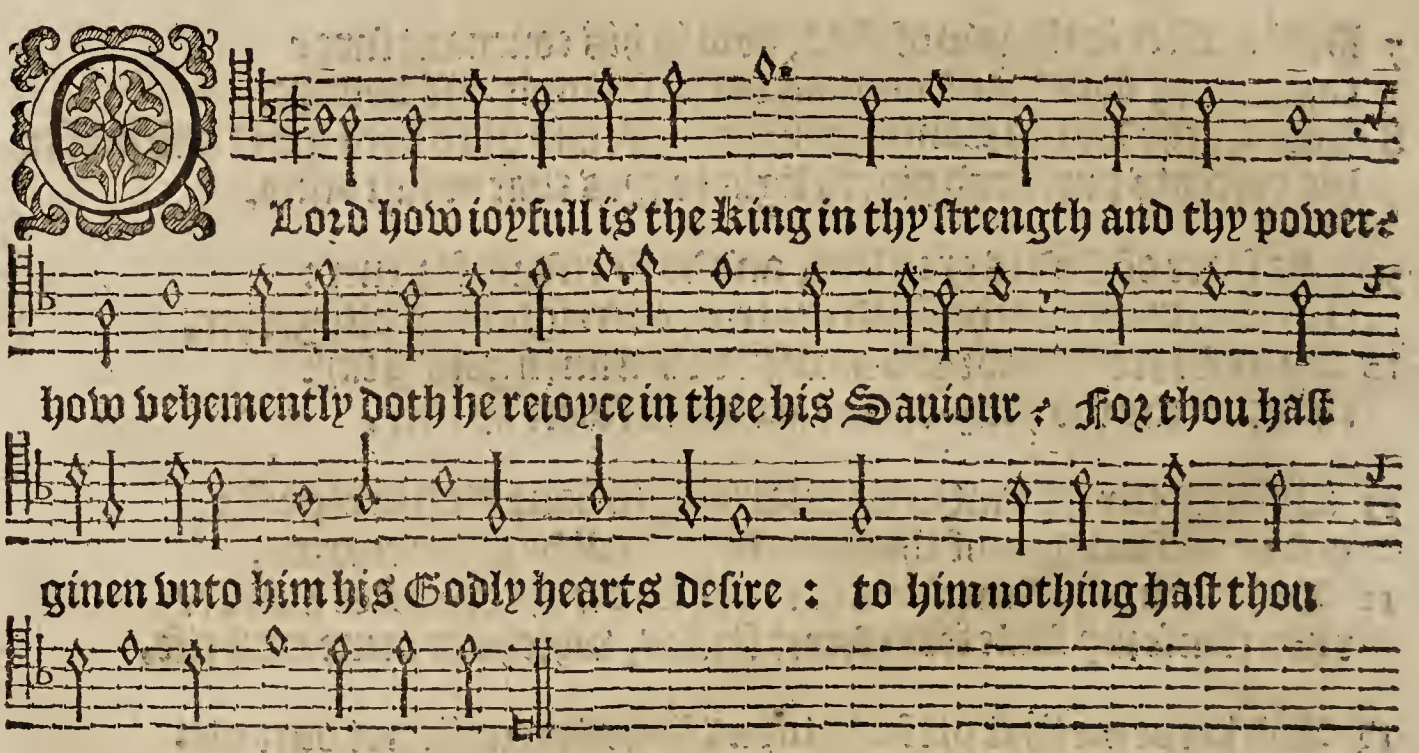
4 According to thy hearts desire, the Lord grant vnto thee:
and all thy counsell and deuise full well performe may he.

5 We shall reioyce when thou vs sauest, and our banners display
vnto the Lord, which thy requests fulfilled hath alway.
6 The Lord will his annoynted saue, I know well by his grace:
and send him health by his right hand, out of his holy place.

7 In Chariots some put confidence, and some in horses trust:
but we remember God our Lord, that keepeth promise iust.
8 They fall downe flat, but we do rise and stand vp stedfastly:
now saue and helpe vs Lord and King, on thee when we do cry.

Domine in virtute. Psal. xxj. T.S.

Dauid in the person of the people praiseth God for the victory giuen him against the Syrians and Ammonites, 1. Sam. 12. wherein he was crowned with the crowne of the King of Ammon, 2. Sam. 12 and endued with the manifold blessings of God.



denide of that hee did require.

Thou didst preuent him with thy gifts, and blessings manifold:
and thou hast set vpon his head a crowne of perfect gold.
4 And when he asked life of thee, thereof thou mad'st him sure
to haue long life, yea such a life as euer shall endure.

5 Great is his glory by thy helpe, thy benefit and ayde:
great worship and great honnour both, thou hast vpon him layd.
6 Thou wilt giue him felicity that neuer shall decay:
and with thy cheerefull countenance wilt comfort him alway.

7 For why, the King doth strongly trust in God for to preuaile:
therefore his goodnesse and his grace will not that he shall quaile.
8 But let thine enemies feele thy force, and those that thee withstand:
find out thy foes, and let them feele the power of thy right hand.

9 And

9 And like an Ouen burne them Lord in fiery flame and fume:
thine anger ſhall deſtroy them all, and fire ſhall them conſume.
10 And thou wilt root out of the earth their fruit that ſhould increaſe:
and from the number of the folke, their ſeed ſhall end and ceaſe.

11 For why, much miſchiefe did they muſe againſt thy holy name:
yet did they faile and had no power for to performe the ſame.
12 But as a marke thou ſhalt them ſet in a moſt open place:
and charge thy bowſtrings readily againſt thine enemies face.

13 Be thou exalted Lord therefore, in thy ſtrength euery houre:
ſo ſhall we ſing right ſolemnly, praiſing thy might and power.

Deus Deus meus. Pſal. xxij. T. S.

Dauid complaineth himſelfe to be brought into ſuch extremities, that he is like a deſperate man, and paſt all hope, after declareth whereof he recouereth himſelefe from the bottomles pit of temptations. And vnder his owne perſon he ſetteth forth the figure of Chriſt, whom he did foreſee in the ſpirit of propheſie. So this Pſalme after two ſorts doth declare that propheſie of Eſay, He was taken forth of priſon and iudgement.

Sing this as the 21. Pſalme.

O God my God, wherefore doſt thou forſake me vtterly:
and helpeſt not when I doe make my great complaint and cry?
2 To thee my God euen all day long I doe both cry and call:
I ceaſe not all the night, and yet thou heareſt not at all.

3 Euen thou that in thy Sanctuary, and holy place doſt dwell:
thou art the comfort and the ioy, and glorie of Iſrael.
4 And he in whom our fathers all had all their hope for euer:
and when they put their truſt in thee, ſo doſt thou them deliuer.

5 They were deliuered euer when they called on thy Name:
and for the faith they had in thee, they were not put to ſhame.
6 But I am now become a worme more like then any man:
an out-caſt whom the people ſcorne, with all the ſpight they can:

7 And me deſpiſe, as they behold me walking on the way:
they grin, they mow, they nod their heads, and on this wiſe they ſay:
8 This man did glory in the Lord, his fauour and his loue,
let him redeeme and helpe him now, his power if he will proue.

9 But Lord out of my mothers wombe I came by thy requeſt:
thou didſt preſerue me ſtill in hope, while I did ſucke her breſt.
10 I was committed from my birth, with thee to haue abode:
ſince I was in my mothers wombe thou haſt beene aye my God.

The ſecond part.

11 Then Lord depart not now from me, in this my preſent griefe:
ſince I haue none to be my helpe, my ſuccour and reliefe.
12 So many buls do compaſſe me, that be full ſtrong of head:
yea, buls ſo fat as though they had in Baſan field beene fed.

13 They gape vpon me greedily, as though they would me ſlay:
much like a Lyon roaring out, and ramping for his prey.

14 But I drop downe like water ſhed, my ioynts in ſunder breake:
my heart doth in my body melt, like waxe againſt the heate.

15 And like a potſheard dries my ſtrength, my tongue it cleaueth faſt
vnto my iawes, and I am brought to duſt of death at laſt.
16 And many dogs doe compaſſe me, and wicked counſell eke
conſpire againſt me curſedly, they pierce my hands and feet.

17 I was tormented ſo that I might all my bones haue told:
yet ſtill vpon me they doe looke, and ſtill they me behold.
18 My garments they diuided eke in parts among them all:
and for my coat they did caſt lots, to whom it might befall.

19 Therefore I pray thee be not farre from me in this great need:
but rather ſith thou art my ſtrength, to helpe me Lord make ſpeed.
20 And from the ſword Lord ſaue my ſoule by thy might and thy power:
and keepe my ſoule thy darling deare, from dogs that would deuour.

21 And from the Lyons mouth that would me all in ſunder ſhiuer:
and from the hornes of Unicornes, Lord ſafely me deliuer.
22 And I ſhall to my brethren all thy Maieſtie record:
and in thy Church ſhall praiſe the name of thee the liuing Lord.

The third part.

23 All ye that feare him praiſe the Lord, thou Jacob honour him:
and all ye ſeed of Iſrael, with reuerence worſhip him.
24 For he deſpiſeth not the poore, he turneth not awry
his countenance when they do call, but granteth to their cry.

25 Among the folke that feare the Lord, I will therefore proclaime
thy praiſe and eke thy promiſe made, for ſetting forth thy name.
26 The poore ſhall eate and be ſuffic'd, and thoſe that doe their deuer
to know the Lord, ſhall praiſe his name, their hearts ſhall liue for euer.

27 All coaſts of earth ſhall praiſe the Lord, and turne to him for grace:
the heathen folke ſhall worſhip him before his bleſſed face.
28 The kingdome of the heathen folke, the Lord ſhall haue therefore:
and he ſhall be their gouernour, and king for euermore.

29 The rich man of his godly gifts ſhall feed and taſt alſo:
and in his preſence worſhip him, and bow their knees full low.
30 And all that ſhall goe downe to duſt, of life by him muſt taſt:
my ſeed ſhall ſerue and praiſe his name, while any world ſhall laſt.

31 My ſeed ſhall plainly ſhew to them, that ſhall be borne hereafter:
his iuſtice and his righteouſneſſe, and all his workes of wonder.

Dominus regit me. Pſal. xxiij. VV. W.

Becauſe the Prophet had prooued the great mercies of God at diuers times, and in ſundry manners, hee gathereth a certaine aſſurance, fully perſwading himſelfe, that God will continue the very ſame goodneſſe towards him for euer.

Sing this as the 21. Pſalme.

THe Lord is onely my ſupport, and he that doth me feed:
How can I then lacke any thing, whereof I ſtand in need?

2 He doth me fold in coats moſt ſafe, the tender graſſe faſt by,
and after driues me to the ſtreames which run moſt pleaſantly.

3 And when I feele my ſelfe neere loſt, then doth he me home take,
conducting me in his right pathes, euen for his owne name ſake.
4 And though I were euen at deaths doze, yet would I feare none ill:
for with thy rod and ſhepheards crooke I am comforted ſtill.

5 Thou haſt my table richly deckt, in deſpight of my foe:
thou haſt my head with balme refreſht, my cup doth ouer-flow.
6 And finally, while breath doth laſt thy grace doth me defend:
and in the houſe of God will I my life for euer ſpend.

Another by *Thomas Sternhold.*

MY ſhepheard is the liuing Lord, nothing therefore I need:
in paſtures faire, with waters calme he ſet me for to feed.
2 He did conuert and glad my ſoule, and brought my mind in frame:
to walke in pathes of righteouſneſſe, for his moſt holy Name.

3 Yea though I walke in vale of death, yet will I feare none ill:
thy rod, thy ſtaffe doth comfort me, and thou art with me ſtill.
4 And in the preſence of my foes, my table thou ſhalt ſpread:
thou ſhalt (O Lord) fillfull my cup, and eke annoynt my head.

5 Through all my life thy fauour is ſo frankly ſhewd to me,
that in thy houſe for euermore, my dwelling place ſhall be.

Domini eſt terra. Pſal. xxiiij. I. H.

Becauſe the grace of God was then to be vttered in the Temple, more glorious then before it had beene in the Tabernacle, Dauid giueth it a moſt glorious title, & with exclamation ſetteth forth the honour therof, ſtirring vs to the conſidering of the eternall manſion prepared for vs in the heauens, whereof this was a ſhaddow and figure.

Sing this as the 21. Pſalme.

THe earth is all the Lords, with all her ſtore and furniture:
yea, his is all the world, and all that therein doe indure.
2 For he hath faſtly founded it, aboue the ſea to ſtand:
and laid alow the liquid flouds, to flow beneath the land.

3 For who is he (O Lord) that ſhall aſcend into thy hill:
or paſſe into thy holy place, there to continue ſtill:
4 Whoſe hands are harmeleſſe, and whoſe heart no ſpot there doth defile:
his ſoule not ſet on vanitie, who hath not ſworne to guile.

5 Him that is ſuch a one the Lord ſhall place in bliſſefull plight:
and God his God and Sauiour ſhall yeeld to him his right.
6 This is the brood of trauellers, in ſeeking of his grace:
as Jacob did the Iſraelites in that time of his race.

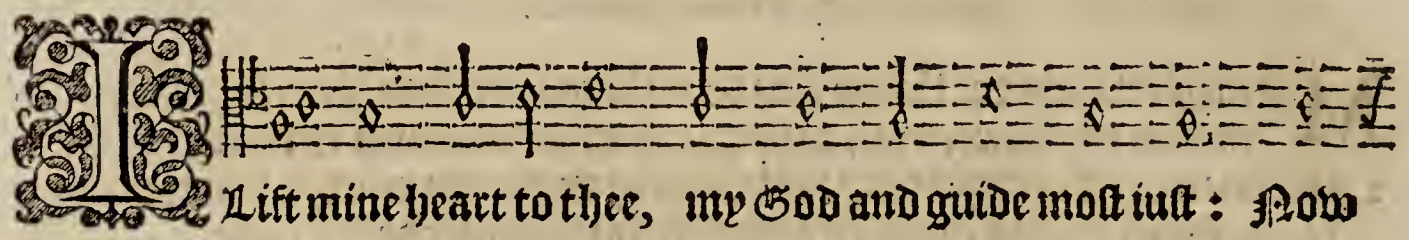
7 Yee Princes open your gates, ſtand open the euerlaſting gate:
for there ſhall enter in thereby, the King of glorious ſtate.

8 What is the King of glorious state? the strong and mighty Lord:
the mighty Lord in battailes stout, and triall of the sword.

9 Ye Princes open your gates, stand open the euerlasting gate:
for there shall enter in thereby, the King of glorious state.
10 What is the King of glorious state? the Lord of hoasts he is:
the kingdome and the royalty, of glorious state is his.

Ad te Domine leuaui. Psal. xxv. T. S.

The Prophet touched with the consideration of his sinnes, and also grieued with the cruell malice of his enemies: prayeth to God most feruently to haue his sinnes forgiuen, especially such as he had committed in his youth. He beginneth euery verse according to the Ebrew Letters, two or three excepted.



LIft mine heart to thee, my God and guide most iust: Now suffer me to take no shame, for in thee do I trust. 2. Let not my foes re-ioyce, nor make a scorne of me: And let them not be ouerthrowne, that put their trust in thee.

3 But shame shall them befall, which harme them wrongfully:
therefore thy pathes and thy right waies, vnto me Lord descry.
4 Direct me in thy truth, and teach me I thee pray:
thou art my God and sauiour, on thee I wait alway.

5 Thy mercies manifold, I pray thee Lord remember:
and eke thy pitie plentifull, for they haue beene for euer.
6 Remember not the faults, and frailty of my youth:
remember not how ignorant, I haue beene of thy truth.

7 Nor after my deserts, let me thy mercie find:
but of thine owne benignitie, Lord haue me in thy mind.
8 His mercy is full sweete, his truth a perfect guide:
therefore the Lord will sinners teach, and such as goe aside.

9 The humble he will teach, his precepts for to keepe:
he will direct in all his waies, the lowly and the meeke.

10 For all the waies of God are truth and mercy both:
to them that keepe his testament, the witnesse of his troth.

The second part.

11 Now for thy holy Name, O Lord I thee intreat:
to graunt me pardon for my sinne, for it is wondrous great.
12 Who so doth feare the Lord, the Lord doth him direct,
to lead his life in such a way as he doth best accept.

13 His soule shall euermore in goodnesse dweil and stand,
his seed and his posteritie inherite shall the Land.
14 All those that feare the Lord, know his secret entent:
and vnto them he doth declare his will and Testament.

15 Mine eies and eke my heart to him I will aduance,
that pluckt my feet out of the snare of sinne and ignorance.
16 With mercy me behold, to thee I make my mone:
for I am poore and desolate, and comfortlesse alone.

17 The troubles of my heart are multiplied indeed:
bring me out of this misery, necessity and need.
18 Behold my pouerty, mine anguish and my paine:
remit my sinne and mine offence, and make me cleane againe.

19 O Lord, behold my foes, how they doe still increase:
pursuing me with deadly hate, that faine would liue in peace.
20 Preserue and keepe my soule, and eke deliuer me:
and let me not be ouer-throwne, because I trust in thee.

21 Let my simple pureneſſe, me from mine enemies shend:
because I looke as one of thine, that thou shouldst me defend.
22 Deliuer Lord thy folke, and send them some relieſe:
I meane thy chosen Israel, from all their paine and grieſe.

Iudica me Domine. Psal. xxvj. T. S.

Dauid iniuriously oppressed and helpeleſſe, yet assured of his integritie to Saul, calleth God to defend him causeleſſy afflicted. Then hee desireth to bee in the Company of the faithfull, in the congregation of God, whence he was banished by Saul, promising godly life, open praises, thanksgiuing and sacrifice for his deliuerance.

Sing this as the 14. Psalme.

LOrd be my Iudge, and thou shalt see, my pathes are right and plaine:
I trust in God, and hope that he will strength me to remaine.
2 Proue me my God I thee desire, my waies to search and try:
as men doe proue their Gold with fire, my reynes and heart espie.

3 Thy goodnesse laid before my face, I durst behold alwaies:
for of thy truth I tread the trace, and will doe all my daies.
4 I doe not lust to haunt or vse with men whose deeds are vaine:
to come in house I doe refuse with the deceitfull traine.

5 I much abhore the wicked ſort, their deeds I doe deſpiſe:
I doe not once to them reſort that hurtfull things deuiſe.
6 My hands I waſh, and doe proceed in workes that walke vpright:
then to thine Altar I make ſpeed, to offer there in ſight.

7 That I may ſpeake and preach the praiſe, that doth belong to thee:
and ſo declare how wondrous waies, thou haſt been good to mee.
8 O Lord thy houſe I loue moſt deare, to me it doth excell:
I haue delight, and would draw neare whereas thy grace doth dwell.

9 O ſhut not vp my ſoule with them, in ſinne that take their fill:
nor yet my life among thoſe men, that ſeeke much bloud to ſpill.
10 Whoſe hands are heapt with craft and guile, their life thereof is full:
and their right hand with wrench and wile, for bribes do pluck and pull.

11 But I in righteouſneſſe entend my time and dayes to ſerue:
haue mercy Lord and me defend, ſo that I doe not ſwerue.
12 My foot is ſtayd for all aſſayes, it ſtandeth well and right:
wherefore to God I will giue praiſe in all the peoples ſight.

Dominus illuminatio. Pſal. xxvij. T. S.

Dauid deliuered from great perils, giueth thanks: wherein wee ſee his conſtant faith againſt the aſſaults of all his enemies, and the end why he deſireth to liue and to be deliuered. Thus he exhorteth to faith, and to attend vpon the Lord.

Sing this as the 18. Pſalme.

THe Lord is both my helpe and light, ſhall men make me diſmaid:
ſith God doth giue me ſtrength and might, why ſhould I be afraid:
2 while that my foes with all their ſtrength begin with me to braule,
and thinke to eate me vp at length, themſelues haue caught the fall.

3 Though they in campe againſt me lye, my heart is not afraid:
in battaile pight if they will try, I truſt in God for aid.
4 One thing of God I doe require, that he would not deny:
for which I pray and will deſire, till he to me apply.

5 That I within his holy place my life throughout may dwell:
to ſee the beauty of his face, and view his Temple well.
6 In time of dread he ſhall me hide within his place moſt pure:
and kepe me ſecret by his ſide, as on a rocke moſt ſure.

7 At length I know the Lords good grace ſhall make me ſtrong and ſtout:
my foes to foile and cleane deface, that compaſſe me about.
8 Therefore within his houſe will I giue ſacrifice and praiſe:
with Pſalmes and ſongs I will apply to laud the Lord alwaies.

The ſecond part.

9 Lord heare the voyce of my requeſt, for which to thee I call:
haue mercy Lord on me oppreſt, and ſend me helpe withall.
10 My heart doth knowledge vnto thee, I ſue to haue thy grace:
then ſeeke my face, ſaiſt thou to me, Lord I will ſeeke thy face.
11 In wrath turne not thy face away, nor ſuffer me to ſlide:

thou

thou art my helpe ſtill to this day, be ſtill my God and guide.
12 My parents both their ſonne forſooke and caſt me off at large:
and then the Lord himſelfe yet tooke of me the cure and charge.

13 Teach me O Lord the way to thee, and lead me on forth right:
for feare of ſuch as watch for me, to trap me if they might.
14 Doe not betake me to the will of them that be my foes:
for they ſurmiſe againſt me ſtill, falſe witneſſe to depoſe.

15 My heart would faint, but that in me this hope is fixed faſt:
the Lord Gods good grace ſhall it ſee, in life that aye ſhall laſt.
16 Truſt ſtill in God whoſe whole thou art, his will abide thou muſt:
and he ſhall eaſe and ſtrength thy heart, if thou in him do truſt.

Ad te Domine clamabo. Pſal. xxviij. T. S.

Being in great feare and penſiuenes to ſee God diſhonored by the wicked men, he deſireth to be rid of them and cryeth for vengeance againſt them, and at length aſſured himſelfe that God hath heard his prayer, to whoſe tuition he commendeth all the faithfull.

Sing this as the 21. Pſalme.

THou art O Lord my ſtrength and ſtay, the ſuccour which I crnae:
neglect me not leaſt I be like to them that goe to graue.
2 The voyce of thy ſuppliant heare, that vnto thee doth cry:
when I lift vp my hands vnto thy holy Arke moſt hie.

3 Repute me not among the ſort of wicked and peruert,
that ſpeake right faire vnto their friends, and thinke full ill in heart.
4 According to their handy worke, as they deſerue indeed:
and after their inuentions, let them receiue their meed.

5 For they regard nothing Gods works, his law, ne yet his lore:
therfore he will them and their ſeed, deſtroy for euermore.
6 To render thanks vnto the Lord, how great a cauſe haue I,
my voice, my prayer, and my complaint, that heard ſo willingly.

7 He is my ſhield and fortitude, my buckler in diſtreſſe:
my hope, my helpe, my hearts relieke, my ſong ſhall him confeſſe.
8 He is our ſtrength and our defence, our enemies to reſiſt:
the health and the ſaluation of his elect by Chriſt.

9 Thy people and thy heritage, Lord bleſſe, guide and peſerue:
increaſe them Lord, and rule their hearts, that they may neuer ſwerue.

Afferte Domino. Pſal. xxix. I. H.

An excellent Pſalme, wherein the Prophet exhorteth the very Princes and Rulers of the world, which otherwiſe for the moſt part thinke there is no God, at the leaſt to feare him for the thunders and tempeſts, for feare whereof all creatures tremble. And though thereby God threatneth ſinners, yet is hee alweies mercifull to his, and moueth them thereby to praiſe his name.

Sing this as the 30. Pſalme.

GIue to the Lord ye Potentates, ye Rulers of the world:
giue ye all praiſe, honour and ſtrength vnto the liuing Lord.
2 Giue honour to his holy name, and honour him alone:
worſhip him in his Maieſtie, within his holy throne.

3 His voyce doth rule the waters all, euen as himſelfe doth plea ſe:
he doth prepare the thunder-claps, and gouernes all the ſeas.
4 The voyce of God is of great force, and wondrous excellent:
it is moſt mighty in effect, and moſt magnificent.

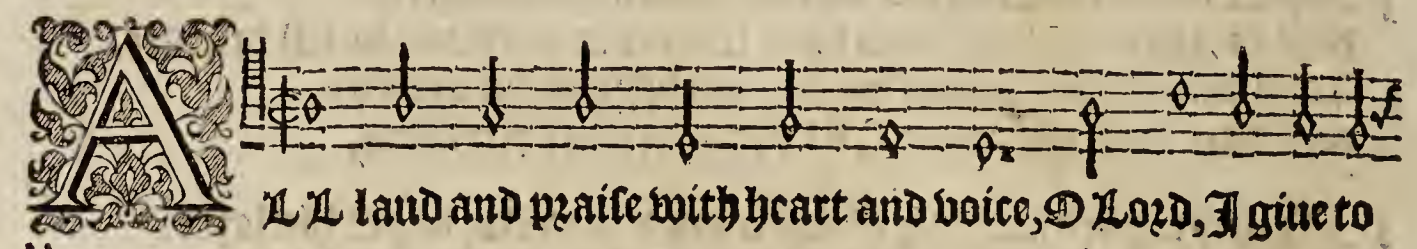
5 The voyce of God doth rend and breake the Cedar trees ſo long:
the Cedar trees of Libanus, which are moſt hie and ſtrong.
6 And makes them leape like as a Calfe, or elſe the Unicorne:
not onely trees, but mountaines great, whereon the trees are borne.

7 His voyce diuideth flames of fier, and ſhakes the wilderneſſe:
8 It makes the Deſart quake for feare that called is Cades.
9 It makes the Hindes for feare to calue, and makes the couert plaine:
then in his Temple euery man his glory doth proclaime.

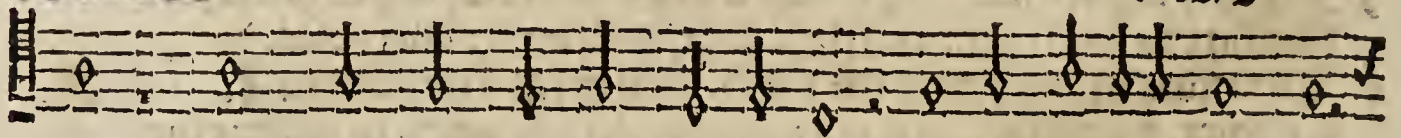
10 The Lord was ſet aboue the flouds, ruling the raging Sea:
ſo ſhall he raigne as Lord and King for euer and for aye.
11 The Lord will giue his people power in vertue to encreaſe:
the Lord will bleſſe his choſen folke with euerlaſting peace.

Exaltabo te Domine. Pſal. xxx. T. S.

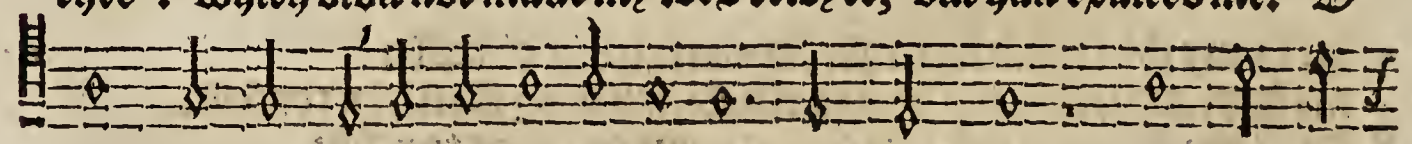
When Dauid ſhould haue dedicated his howſe to the Lord, he fell ſo extreame ſicke, that he was without all hope of life, and therefore after recouery he rendreth thanks to God, exhorting others to the like, and to learne by his example that God is rather merciful then ſeuere & rigorous towards his Children, & alſo that the ſal from proſperity is ſodaine. This done, he returneth to prayer, promiſing to praiſe God for euer.



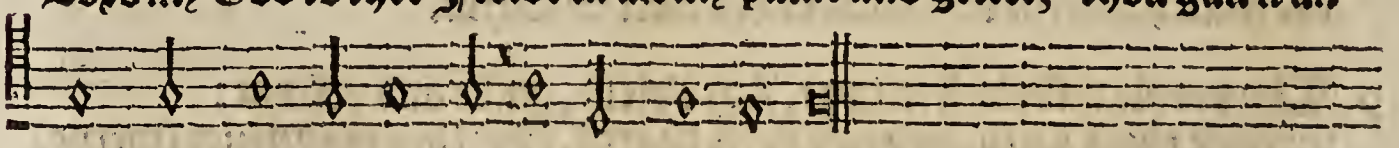
ALL laud and praiſe with heart and voice, O Lord, I giue to



thee : which didſt not make my foes reioyce, but haſt exalted me. O



Lord my God to thee I cride in all my paine and griefe, thou gau'ſt an



eare and didſt prouide to eaſe me with reliefe.

3 Of thy good-will thou haſt cald backe my ſoule from hell to ſaue:
thou didſt reuiue when ſtrength did lacke, and kept me from the graue.
4 Sing praiſe ye Saints that proue and ſee the goodneſſe of the Lord:
in memory of his Maieſtie, reioyce with one accord.

5 For why, his anger but a ſpace doth laſt, and ſlacke againe:
but in his fauour and his grace, alwaies doth life remaine.
6 Though gripes of griefe, and pangs full ſore, ſhall lodge with vs al night

the

the Lord to ioy shall vs restore, before the day be light.

7 When I enioyed the world at will, thus would I boast and say,
tush I am sure to feele none ill, this wealth shall not decay.
8 For thou O Lord of thy good grace, hadst sent me strength and ayde:
but when thou turnd'st away thy face, my mind was sore dismaid.

9 Wherefore againe yet did I cry, to thee O Lord of might:
my God with plaints I did apply, and praid both day and night.
10 What gaine is in my bloud said I, if death destroy my daies:
doth dust declare thy Maiesty, or yet thy truth doth praise:

11 Wherefore my God some pitty take, O Lord I thee desire:
doe not this simple soule forsake, of helpe I thee require.
12 Then didst thou turne my griefe and woe, into a cheerfull voyce:
the mourning weed thou tookst me fro, and mad'st me to reioyce.

13 Wherefore my soule vncessantly, shall sing vnto thy praise:
my Lord, my God, to thee will I giue laud and thanks alwaies.

In te Domine speraui. Psal. xxxj. I. H.

Dauid deliuered from some great danger in the desert of Maon, or elsewhere, first he rehearseth what meditation he had by the power of faith when death was before his eies, his enemies being ready to take him: Then adioyneth the fauour of God alwaies to be ready to those that feare him. Finally he exhorteth all the faithfull to trust in God and to loue him, because he preserueth and strengtheneth them as they may see by his example.

Sing this as the 18. Psalme.

O Lord I put my trust in thee, let nothing worke me shame:
as thou art iust deliuer me, and set me quite from blame.
2 Heare me O Lord and that anon, to helpe me make good speed:
be thou my rocke and house of stone, my fence in time of need.

3 For why, as stones thy strength is tride, thou art my fort and tower:
for thy names sake be thou my guide, and lead me in thy power.
4 Plucke forth my feet out of the snare, which they for me haue laid:
thou art my strength, and all my care, is for thy might and aid.

5 Into thy hands Lord I commit, my spirit which is thy due:
for why, thou hast redeemed it, O Lord my God most true.
6 I hate such folke as will not part, from things that be abhord:
when they on trifles set their heart, my trust is in the Lord.

7 For I will in thy mercy ioy, I see it doth excell:
thou seest when ought would me annoy, and knowest my soule full well.
8 Thou hast not left me in their hand, that would me ouercharge:
but thou hast set me out of band, to walke abroad at large.

The second part.

9 Great griefe (O Lord) doth me assaile, some pittie on me take:
mine eies wax dim, my sight doth faile, my wombe for woe doth ake.
10 My life is worne for griefe and paine, my yeares in woe are past:
my strength is gone, and through disdaine, my bones corrupt and wast.

11 Among

11 Among my foes I am a scorne, my friends are all dismaid:
my neighbours and my kinsmen borne, to see me are afraid.
12 As men once dead are out of mind, so am I now forgot:
as small effect in me they find, as in a broken pot.

13 I heard the brags of all the rout, their threats my mind did fray:
how they conspirde and went about to take my life away.
14 But Lord I trust in thee for aid not to be ouer-trod:
for I confesse, and still haue said, thou art my Lord and God.

15 The length of all my life and age, O Lord is in thy hand:
defend me from the wrath and rage, of them that me withstand.
16 To me thy seruant Lord expresse, and shew thy ioyfull face:
and saue me Lord for thy goodnesse, thy mercy and thy grace.

The third part.

17 Lord let me not be put to blame, for that on thee I call:
but let the wicked beare their shame, and in the graue to fall.
18 O how great good hast thou in store, laid vp full safe for them
that feare and trust in thee therefore, before the sonnes of men.

19 Thy presence shal them fence and guide from all proud brags & wrongs:
within thy place thou shalt them hide from all the strife of tongues.
20 Thanks to the Lord, that hath declarde on me his grace so farre:
me to defend with watch and ward, as in a towne of warre.

21 Thus did I say both day and night, when I was sore oppresst:
loe I was cleane cast out of sight, yet heardst thou my request.
22 Ye Saints loue ye the Lord I say, the faithfull he doth guide,
and to the proud he will repay according to their pride.

23 Be strong and God will stay your heart, behold and haue a lust:
for sure the Lord will take your part, sith ye on him doe trust.

Beati quorum remissa sunt. Psal. xxxij. T. S.

Dauid punished with grieuous sickenesse for his synnes, counteth them happy to whom God doth not impute their transgressions, and after that hee had confessed his sinnes and obtained pardon, hee exhorteth the wicked men to liue godly, and the good to reioyce.

Sing this as the 32. Psalme.

The man is blest whose wickednesse, the Lord hath cleane remitted:
and he whose sinne and wretchednesse is hid and also couered.
2 And blest is he to whom the Lord imputeth not his sinne:
which in his heart hath hid no guile, nor fraud is found therein.

3 For whilst that I kept close my sinne in silence and constraint:
my bones did weare and waste away, with dayly mone and plaint.
4 For night and day thy hand on me, so grieuous was and smart.
that all my bloud and humors moist to drinesse did conuert.

5 I did therefore confesse my fault, and all my sinnes discouer:
then thou (O Lord) didst me forgiue, and all my sinnes passe ouer.
6 The humble man shall pray therefore, and seeke thee in due time:
so that the flouds of waters great, shall haue no power on him.

7 When

7 When trouble and aduerſitie doe compaſſe me about:
thou art my refuge and my ioy, and thou doſt rid me out.
8 Come hither and I ſhall thee teach how thou ſhalt walke aright:
and will thee guide as I my ſelfe haue learnd by proofe and ſight.

9 Be not ſo rude and ignorant, as is the horſe and mule:
whoſe mouth without a reine or bit from harme thou canſt not rule.
10 The wicked man ſhall manifold ſorrows and griefes ſuſtaine:
but vnto him that truſts in God his goodneſſe ſhall remaine.

11 Be merry therefore in the Lord, ye iuſt lift vp your voyce:
and ye of pure and perfect heart, be glad and eke reioyce.

Exultate iuſti in Domino. Pſal. xxxiij. I. H.

He exhorteth good men to praiſe God, for that hee hath not onely created all things, and by his prouidence gouerneth the ſame, but alſo is faithfull in his promiſe: hee vnderſtands mans heart, and ſcatters the counſell of the wicked, ſo that no man can bee preſerued by any creature or mans ſtrength, but they that put their confidence in his mercy ſhall be preſerued from all aduerſitie.

Sing this as the 30. Pſalme.

YEe righteous in the Lord reioyce, it is a ſeemely ſight
that vpright men with thankfull voyce ſhold praiſe the God of might.
2 Praiſe ye the Lord with harp and ſong in Pſalmes and pleaſant things
with Lute and inſtrument among, that ſoundeth with ten ſtrings.

3 Sing to the Lord a ſong moſt new, with courage giue him praiſe:
4 For why, his word is euer true, his workes and all his waies.
5 To iudgement, equitie and right, he hath a great good will:
and with his gifts he doth delight, the earth throughout to fill.

6 For by the word of God alone, the heauens all were wrought:
their hoſts and powers euerychone his breath to paſſe hath brought.
7 The waters great gathered hath he on heapes within the ſhore:
and hid them in the depth to be, as in a houſe of ſtore.

8 All men on earth both leaſt and moſt, feare God and keepe his law,
ye that inhabite in each coaſt, dread him, and ſtand in awe.
9 What he commanded, wrought it was at once with preſent ſpeed:
what he doth will, is brought to paſſe with full effect indeed.

10 The counſell of the nations rude, the Lord doth driue to nought:
he doth defeate the multitude of their deuiſe and thought.
11 But his decrees continue ſtill, they neuer ſlack nor ſwage:
the motions of his mind and will take place in euery age.

The ſecond part.

12 And bleſt are they to whom the Lord as God and guide is knowne,
whom he doth chuſe of meere accord to take them as his owne.
13 The Lord from heauen caſt his ſight on men mortall by birth:
14 Conſidering from his ſeat of might the dwellers on the earth.

15 The Lord I ſay whoſe hand hath wrought mans heart, and did it fraime
for he alone doth know the thought and working of the ſame.

16 A King that trusteth in his hoast, shall nought preuaile at length:
the man that of his might doth boast, shall fall for all his strength.

17 The troopes of horsemen eke shall faile, their sturdy Steeds shall sterue:
the strength of horse shall not preuaile, the rider to preserue.
18 But loe the eies of God intend, and watch to aid the iust,
with such as feare him to offend, and on his goodnesse trust.

19 That he of death and all distresse, may set their soules from dread:
and if that dearth the land oppresse, in hunger them to feed.
20 Wherefore our soule doth still depend, on God our strength and stay,
he is the shield vs to defend, and driue all darts away.

21 Our soule in God hath ioy and game, reioycing in his might:
for why, in his most holy name, we hope and haue delight:
22 Therefore let thy goodnesse O Lord, still present with vs be:
as we alwaies with one accord, doe onely trust in thee.

Benedicam Domino. Psal. xxxiiij. T. S.

After Dauid had escaped Achis, according as it is written in the 1. Sam. 2. 1. whom in this title he calleth Abimelech (which was a generall name to the Kings of the Philistimes) he prayseth God for his deliuerance, prouoking all others by his example to trust in God, to feare and serue him, Who defendeth the Godly with Angels, and vtterly destroyeth the wicked in their sinnes.

Sing this as the 30. Psalme.

I Will giue laud and honour both, vnto the Lord alwaies:
and eke my mouth for euermore shall speake vnto his praise.
2 I doe delight to laud the Lord in soule and eke in voyce:
that humble men and mortified, may heare and so reioyce.

3 Therefore see that ye magnifie with me the liuing Lord:
and let vs now exalt his Name, together with one accord.
4 For I my selfe besought the Lord, he answerd me againe:
and me deliuered incontinent from all my feare and paine.

5 Who so they be that him behold, shall see his light most cleare:
their countenance shall not be dasht, they neede it not to feare.
7 This silly wretch for some relefe vnto the Lord did call:
who did him heare without delay, and rid him out of thrall.

7 The Angell of the Lord doth pitch his tents in euery place:
to saue all such as feare the Lord, that nothing them deface.
8 Taste and consider well therefore, that God is good and iust:
O happy man that maketh him, his onely stay and trust.

9 Feare yee the Lord his holy ones, aboue all earthly thing:
for they that feare the liuing Lord are sure to lack nothing.
10 The Lions shall be hunger-bit, and pinde with famine much:
but as for them that feare the Lord, no lack shall be to such.

The second part.

11 Come neare therefore my children deare, and to my words giue eare:
I shall you teach the perfect way, how you the Lord should feare.

12 Who

12 Who is that man that would liue long and lead a bleſſed life?
13 See thou refraine thy tongue and lips, from all deceit and ſtrife.

14 Turne backe thy face from doing ill, and doe the godly deed:
enquire for peace and quietneſſe, and follow it with ſpeed.
15 For why, the eyes of God aboue vpon the iuſt are bent:
his eares likewiſe doe heare the plaint of the poore innocent.

16 But he doth frowne and bend his browes vpon the wicked traine:
and cut away the memory that ſhould of them remaine.
17 But when the iuſt do call and cry, the Lord doth heare them ſo:
that out of paine and miſery forthwith he lets them goe.

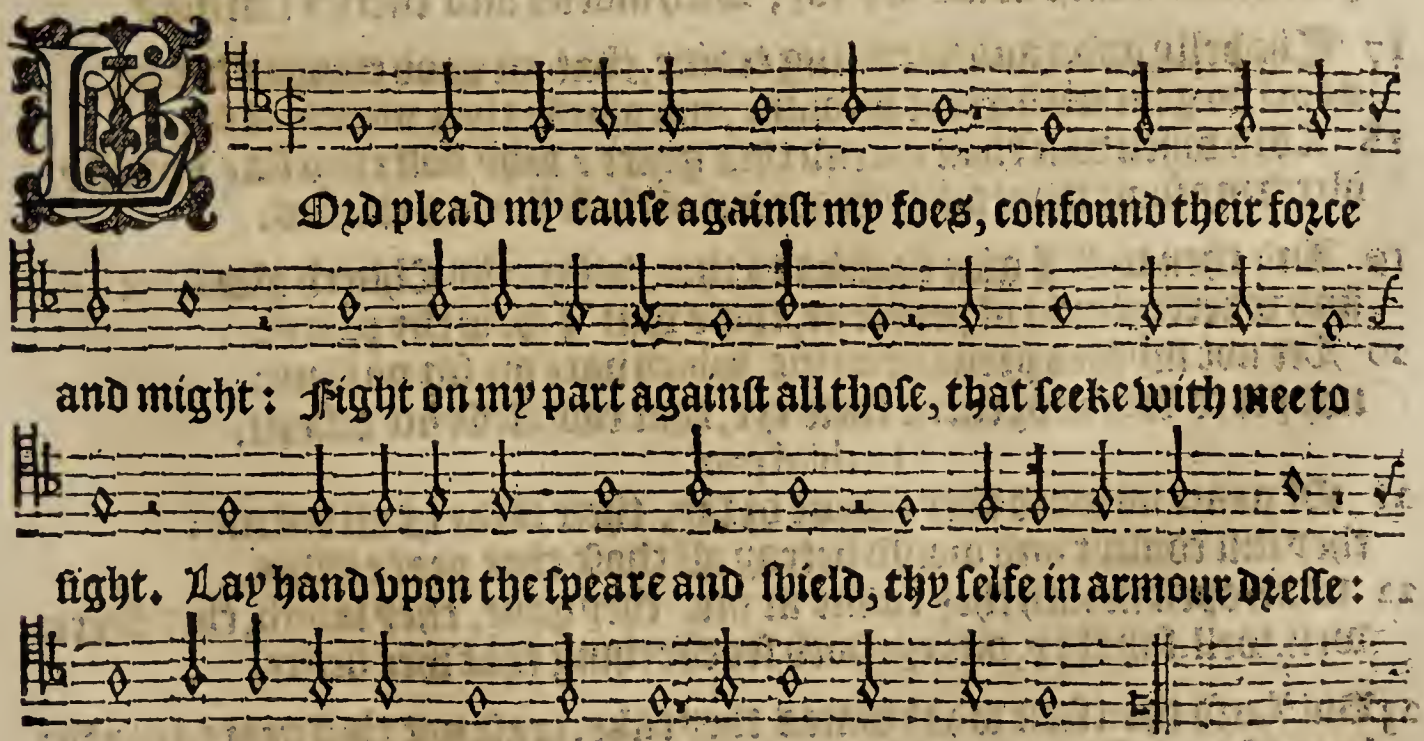
18 The Lord is kind and ſtraight at hand to ſuch as be contrite:
he ſaues alſo the ſorrowfull, the meeke, and poore in ſpyte.
19 Full many be the miſeries that righteous men do ſuffer:
but out of all aduerſities the Lord doth them deliuer.

20 The Lord doth ſo preſerue and keepe, his very bones alway:
that not ſo much as one of them doth periſh or decay.
21 The ſin ſhall ſlay the wicked man, which he himſelfe hath wrought:
and ſuch as hate the righteous man ſhall ſoone be brought to nought.

22 But they that ſerue the liuing Lord, the Lord doth ſaue them ſound:
and who that put their truſt in him, nothing ſhall them confound.

Iudica Domine. Pſal. xxxv. I. H.

So long as Saul was enemy to Dauid, all that had any authority vnder him, to flatter the King, did alſo moſt cruelly perſecute Dauid, againſt whom he prayeth God to plead and reuenge his cauſe; that they may be taken in their nets and ſnares which they laid for him, and his innocency to be declared, and that the innocent which take part with him, may reioyce & praiſe the name of the Lord, that thus deliuereth his ſeruant, and ſo he promiſeth to ſpeake forth the iuſtice of the Lord, and to magnifie his name all the dayes of his life.



3 Gird on thy sword and stop the way, mine enemies to withstand:
that thou vnto my soule dost say, loe I thy helpe at hand.
4 Confound them with rebuke and blame that seeke my soule to spill:
let them turne backe and flie with shame, that thinke to worke me ill.

5 Let them disperse and flie abroad, as wind doth driue the dust:
and that the Angell of the Lord their might away may thrust.
6 Let all their waies be void of light, and slippery like to fall:
and send thine Angell with thy might, to persecute them all.

7 For why, without my fault they haue in secret set their grin:
and for no cause haue digde a caue, to take my soule therein.
8 When they thinke least, and haue no care, O Lord destroy them all:
let them be trapt in their owne snare, and in their mischiefe fall.

9 And let my soule, my heart, and boyce, in God haue ioy and wealth:
that in the Lord I may reioyce, and in his sauing health.
10 And then my bones shall speake and say, my parts shall all agree:
O Lord, though they doe seeme full gay, what man is like to thee?

The second part.

11 Thou dost defend the weake from them that are both stout and strong:
and rid the poore from wicked men, that spoile and doe them wrong.
12 My cruell foes against me rise to witnesse things vntrue:
and to accuse me they deuise of that I neuer knew.

13 Where I to them did owe good will, they quite me with disdaine:
that they should pay my good with ill, my soule doth sore complaine.
14 When they were sicke, I mournde therefore, and clad my selfe in sacke:
with fasting I did faint therefore, to pray I was not slacke.

15 As they had beene my brethren deare, I did my selfe behaue:
as one that maketh wofull cheare about his mother graue.
16 But they at my disease did ioy, and gather on a rout:
yea, abiect slaues at me did toy, with mocks and checks full stout.

17 The belly gods and flattering traine, that all good thinges deride,
at me do grin with great disdaine, and plucke their mouth aside.
18 Lord when wilt thou amend this geare? why dost thou stay & pause?
oh rid my soule mine onely deare out of these Lyons clawes.

19 And then will I giue thanks to thee, before thy Church alwaies:
and whereas most of people be, there will I shew thy praise.
20 Let not my foes preuaile on me, which hate me for no fault:
nor yet to winke or turne their eye, that causelesse me assault.

The third part.

21 Of peace no word they thinke or say, their talke is all vntrue:
they still consult and would betray all those that peace ensue.
22 With open mouth they runne at me, they gape, they laugh, they sneere:
well, well, say they, our eye doth see the thing that wee desire.

23 But Lord thou seest what waies they take, cease not this geare to mēd:
be not farre off, nor mee forsake, as men that faile their friend.

24 Awake, ariſe, and ſtir abroad, defend me in my right:
reuenge my cauſe my Lord my God, and aid me with thy might.

25 According to thy righteouſneſſe, my Lord God ſet me free:
and let them not their pride expreſſe, nor triumph ouer me.
26 Let not their hearts reioyce and cry, there, there, this geare goes trim:
nor giue them cauſe to ſay on hie, wee haue our will on him.

27 Confound them with rebuke and ſhame, that ioy when I doe mourne:
and pay them home with ſpight and blame, that brag at me with ſcorne.
28 Let them be glad and eke reioyce, which loue mine vpright way:
and they all times with heart and voyce ſhall praiſe the Lord, and ſay.

29 Great is the Lord and doth excell, for why, he doth delight,
to ſee his ſeruants proſper well, that is his pleaſant ſight.
30 Wherefore my tongue I will apply, thy righteouſneſſe to praiſe:
vnto the Lord my God will I ſing laud and thanks alwaies.

Dixit iniuſtus. Pſal. xxxvj. I. H.

Dauid grieuouſly vexed by the wicked, doth complaine of their malice and wickednes. Then he turneth to conſider the vnſpeakeable goodneſſe of God towards all creatures, but eſpecially towards his children, that by faith thereof he may be comforted and aſſured of his deliuerance; by the ordinary courſe of Gods worke, who in the end deſtroyeth the wicked, and ſaueth the iuſt.

Sing this as the 35. Pſalme.

THe wicked with his workes vniuſt, doth thus perſwade his heart:
that of the Lord he hath no truſt, his feare is ſet apart.
2 Yet doth he ioy in his eſtate, to walke as he began:
ſo long till he deſerue the hate of God and eke of man.

3 His words are wicked, vile, and nought, his tongue no truth doth tell:
yet at no hand will he be taught, which way he may do well.
4 When he ſhould ſleepe, then doth he muſe his miſchiefe to fulfill:
no wicked wales doth he refuſe, nor nothing that is ill.

5 But Lord thy goodneſſe doth aſcend aboue the heauens hie:
ſo doth thy truth it ſelfe extend vnto the cloudy skie.
6 Much more then hils ſo high and ſteepe thy iuſtice is expreſt:
thy iudgements like to ſeas moſt deepe, thou ſaueſt both man and beaſt.

7 Thy mercy is aboue all things, O God it doth excell:
in truſt whereof as in thy wings, the ſonnes of men ſhall dwell.
8 Within thy houſe they ſhall be fed, with plenty at their will:
of all delights they ſhall be ſped, and take thereof their fill.

9 For why, the well of life ſo pure doth ouer-flow from thee:
and in thy light we are full ſure, the laſting life to ſee.
10 From ſuch as thee deſire to know, let not thy grace depart:
thy righteouſneſſe declare and ſhew to men of vpright heart.

11 Let not the proud on me preuaile, O Lord of thy good grace:
nor let the wicked me aſſaile, to throw me out of place.

12 But they in their deuiſe ſhall fall, that wicked worke s maintaine:
they ſhall be ouerthrowne withall, and neuer riſe againe.

Noli æmulari. Pſal. xxxvij. VV. W.

Becauſe the godly ſhould not wonder to ſee the wicked men proſper in this world, the Prophet ſheweth that all things ſhall be graunted according to their hearts deſire, to them that loue and feare God: But they that do the contrary, although they ſeeme to flouriſh for a time, ſhall at length periſh.

Sing this as the 35. Pſalme.

GRudge not to ſee the wicked men in wealth to flouriſh ſtill:
nor yet enuie ſuch as to ill haue bent and ſet their will.
2 For as greene graſſe and flouriſhing hearbs are cut and wither away:
ſo ſhall their great proſperitie, ſoone paſſe, fade, and decay.

3 Truſt thou therefore in God alone, to doe well giue thy mind:
ſo ſhalt thou haue the land as thine, and there ſure foode ſhalt find.
4 In God ſet all thy hearts delight, and looke what thou wouldſt haue:
or elſe canſt wiſh in all the world, thou needſt it not to craue.

5 Caſt both thy ſelfe and thine affaires on God with perfect truſt,
and thou ſhalt ſee with patience, th'effect both pure and iuſt.
6 Thy perfect life and godly name he will cleare as the light:
ſo that the Sun euen at noone dayes ſhall not ſhine halfe ſo bright.

7 Be ſtill therfore and ſtedfaſtly on God ſee thou wait then:
not ſhrinking for the proſperous ſtate of lewd and wicked men.
8 Shake off deſpight, enuie and hate, at leaſt in any wiſe:
their wicked ſteps auoyd and flie, and follow not their guiſe.

9 For euery wicked man will God deſtroy both more and leſſe:
but ſuch as truſt in God are ſure the land for to poſſeſſe.
10 Watch but a while and thou ſhalt ſee no more the wicked traine:
no not ſo much as houſe or place, where once he did remaine.

The ſecond part.

11 But mercifull and humble men enioy ſhall ſea and land:
in reſt and peace they ſhall reioyce, for nought ſhall them withſtand.
12 The lewd men and malitious againſt the iuſt conſpire:
they gnaſh their teeth at him as men which doe his bane deſire.

13 But while that lewd men thus do think, the Lord laughs thē to ſcorne:
for why, he ſeeeh their terme approch, when they ſhall ſigh and mourne.
14 The wicked haue their ſword out-drawne, their bow eke haue they bēt,
to ouerthrow and kill the poore, as he the right way went.

15 But the ſame ſword ſhall pierce their hearts, which was to kill the iuſt:
likewiſe the bow ſhall breake to ſhiuers, wherein they put their truſt.
16 Doubtleſſe the iuſt mans poore eſtate is better a great deale more,
then all theſe lewd and wicked mens rich pompe and heaped ſtore.

17 For be their power neuer ſo ſtrong, God will it ouerthrow:
where contrary he doth preſerue the humble men and low.
18 He ſeeth by his great prouidence, the good mans trade and way:
and will giue them inheritance, which neuer ſhall decay.

19 They

19 They ſhall not be diſcouraged, when ſome are hard beſted:
when other ſhall be hungerbit, they ſhall be clad and fed.
20 For whoſoeuer wicked is and enemie to the Lord,
ſhall quaile, yea, melt as lambs greaſe, or ſmoake that flies abroad.

The third part.

21 Behold the wicked borroweth much and neuer payes againe:
whereas the iuſt by liberall gifts, makes many glad and faine.
22 For they whom God doth bleſſe ſhall haue the land for heritage:
and they whome he doth curſe likewiſe ſhall periſh in his rage.

23 The Lord the iuſt mans waies doth guide, and giues him good ſucceſſe:
to euery thing he takes in hand, he ſendeth good addreſſe.
24 Though that he fall, yet he is ſure not vtterly to quaile:
becauſe the Lord out ſtretcheth his hand at need, and doth not faile.

25 I haue beene young, and now am old, yet did I neuer ſee
the iuſt man left, nor yet his ſeed to beg for miſery.
26 But giues alwayes moſt liberally, and lends where as is need:
his children and poſteritie receiue of God their meed.

27 Fly vice therefore and wickedneſſe, and vertue do imbrace:
ſo God ſhall graunt thee long to haue in earth a dwelling place.
28 For God that loueth equity, doth ſhew to vs ſuch grace,
that he preſerues them euermore, but ſtroyes the wicked race.

29 Whereas the good and godly men inherite ſhall the land:
hauing as Lords all things therein in their owne power and hand.
30 The iuſt mans mouth doth euer ſpeake of matters wiſe and hie:
his tongue doth talke to edifie, with truth and equitie.

31 For in his heart the law of God his Lord doth ſtill abide:
ſo that where euer he goes or walks, his foot can neuer ſlide.
32 The wicked like a rauening wolfe, the iuſt man doth beſet:
by all meanes ſeeking him to kill, if he fall in his net.

The fourth part.

33 Though he ſhould fall into his hands, yet God would ſuccour ſend:
though men againſt him ſentence giue, God will him yet defend.
34 Wait thou on God and keepe his way, he ſhall preſerue thee then
the earth to rule, and thou ſhalt ſee deſtroyd theſe wicked men.

35 The wicked haue I ſeene moſt ſtrong, and plac'd in high degree:
flowriſhing in all wealth and ſtore, as doth the Lawrell tree.
36 But ſodainly he paſſed away, and loe he was quite gone:
then I him ſought, but could ſcarce find the place where dwelt ſuch one.

37 Marke and behold the perfect man, how God doth him increaſe:
for the iuſt man ſhall haue at length great ioy with reſt and peace.
38 As for trangreſſors woe to them, deſtroyd they ſhall all be:
God will cut off their budding race, and rich poſteritie.

 39 But

39 But the saluation of the iust doth come from God aboue:
who in their trouble sends them aid of his meere grace and loue.
40 God doth them helpe, saue and deliuer, from lewd men and vniust:
and still will saue them, whilst that they in him do put their trust.

Domine ne in furore. Psal. xxxviij. I. H.

Dauid lying sicke of some grieuous disease, acknowledgeth himselfe to be chastised of the Lord for his sinnes, and therefore prayeth God to turne away his wrath, hee vttereth the greatnesse of his griefe by many words and circumstances, as wounded with arrowes of Gods ire, forsaken of his friends, and euill intreated of his enemies, but in the end with firme confidence he commendeth his cause to God, and hopeth for speedy helpe at his hand.

Sing this as the 30. Psalme.

PVt me not to rebuke O Lord in thy prouoked ire:
ne in thy heauie wrath O Lord, correct me I desire.
2 Thine arrowes do sticke fast in me, thy hand doth presse me sore:
and in my flesh no health at all appeareth any more.

3 And all this is by reason of thy wrath that I am in:
nor any rest is in my bones by reason of my sinne.
4 For loe my wicked doings Lord, aboue my head are gone:
a greater load then I can beare, they lye me sore vpon.

5 My wounds stinke and are festred sore, as loathsome is to see:
which all through mine owne foolishnesse, betideth vnto me.
6 And I in carefull wise am brought in trouble and distresse:
that I goe wailing all the day in dolefull heauines.

7 My loynes are fild with sore disease, my flesh hath no whole part:
8 I feeble am and broken sore, I roare for griefe of heart.
9 Thou knowest Lord my desire, my grones are open in thy sight:
10 My heart doth pant, my strẽgth hath faild, mine eies haue lost their light

11 My louer and my wonted friends, stand looking on my woe:
and eke my kinsmen farre away are me departed fro.
12 They that did seeke my life laid snares, and they that sought the way
to do me hurt, spake lyes, and thought on treason all the day.

The second part.

13 But as a deafe man I became, that cannot heare at all:
14 And as one dumbe that opens not his mouth to speake withall.
15 For all my confidence (O Lord) is wholy set on thee:
16 O Lord thou Lord that art my God, thou shalt giue eare to me.

17 This I did craue, that they my foes triumph not ouer me:
for when my foote did slipe then they, did ioy my fall to see.
And truely I poore wretch am set in place a wofull wight:
and eke my dolefull heauinesse is euer in thy sight.

18 For while that I my wickednesse in humble wise confesse,
and while I for my sinfull deeds, my sorrowes doe expresse,
19 My foes do still remaine aliue, an dmighty are also:
and they that hate me wrongfully, in number hugely grow.

20 They

20 They ſtand againſt me that my good with euill do repay:
because that good and honeſt things, I doe enſue alway.
21 Forſake me not O Lord my God, be thou not farre away:
22 Haſt me to helpe my Lord my God, my ſafety and my ſtay.

Dixi cuſtodiam. Pſal. xxxix. I. H.

Dauid vttereth with what griefe and bitterneſſe of mind he was driuen to thoſe outragious complaints of his infirmity, for he confeſſeth that when he had determined ſilence, that he braſt forth yet into words that he would not, through the greatneſſe of his griefe. Then he rehearſeth certaine requeſts, which caſt of infirmity of man, and mixeth them with many prayers, but all to ſhew a mind wonderfully troubled, that it may plainely appeare how he did ſtriue mightily againſt death and deſperation.

Sing this as the 35. Pſalme.

I Said I will looke to my waies for feare I ſhould go wrong:
I will take heed all times that I offend not in my tongue.
2 As with a bit I will keepe faſt my mouth with force and might:
not once to whiſper all the while the wicked are in ſight.

3 I held my tongue and ſpake no word, but kept me cloſe and ſtill:
yea, from good talke I did refraine, but ſore againſt my will.
4 My heart wart hot within my breaſt, with muſing, thought & doubt,
which did encreaſe and ſtirre the fire, at laſt theſe words braſt out:

5 Lord number out my life and dayes, which yet I haue not paſt:
ſo that I may be certified, how long my life ſhall laſt.
6 Lord thou haſt pointed out my life, in length much like a ſpan:
mine age is nothing vnto thee, ſo vaine is euery man.

7 Man walketh like a ſhade, and doth in vaine himſelfe annoy
in getting goods, and cannot tell who ſhall the ſame enioy.
8 Now Lord ſith things this wiſe do frame, what helpe doe I deſire?
of truth my helpe doth hang on thee, I nothing elſe require.

The ſecond part.

9 From all the ſinnes that I haue done, Lord quite me out of hand:
and make me not a ſcorne to fooles that nothing vnderſtand.
10 I was as dumbe, and to complaine no trouble might me moue,
becauſe I know it was thy worke, my patience for to proue.

11 Lord take from me thy ſcourge and plague, I can them notwithſtand:
I faint and pine away for feare of thy moſt heauie hand.
12 When thou for ſinne doſt man rebuke, he waxeth woe and wan:
as doth a cloth that mothes haue fret, ſo vaine a thing is man.

13 Lord heare my ſute and giue good heed, regard my teares that fall:
I ſoiourne like a ſtranger here, as did my fathers all.
14 Oh ſpare a little, giue me ſpace my ſtrength for to reſtore:
before I goe away from hence, and ſhall be ſeene no more.

Expectans expectaui. Pſal. xl. I. H.

Dauid deliuered from great danger, doth magnifie and praiſe the grace of God for his deliuerance, and commendeth his prouidence toward all mankind. Then doth he promiſe to giue himſelfe wholy to gods ſeruice, and ſo declareth how God is truely worſhipped. Afterward giueth thanks and praiſeth God, hauing complained of his enemies, with good courage, he calleth for ayd and ſuccour.

Sing this as the 35. Pſalme.

I Waited long and ſought the Lord and patiently did beare:
at length to me he did accord, my voice and cry to heare.
2 He pluckt me from that lake ſo deepe, out of the mire and clay:
and on a rocke he ſet my feet, and he did guide my way.

3 To me he taught a Pſalme of praiſe, which I muſt ſhew abroad:
and ſing new ſongs of thanks alwaies vnto the Lord our God.
4 When all the folke theſe things ſhall ſee, as people much afraid:
then they vnto the Lord will flie, and truſt vpon his aid.

5 O bleſt is he whoſe hope and heart, doth in the Lord remaine:
that with the proud doth take no part, nor ſuch as lye and faine.
6 For Lord my God thy wondrous deeds, in greatneſſe farre doe paſſe:
thy fauour towards vs exceeds all thing that euer was.

7 When I intend and doe deuiſe thy workes abroad to ſhow:
to ſuch a reckoning they do riſe, thereof no end I know.
8 Burnt offerings thou delights not in, I know thy whole deſire:
with ſacrifice to purge his ſinne, thou doſt no man require.

9 Meat offrings and ſacrifice thou wouldſt not haue at all:
but thou O Lord haſt open made mine eares to heare withall.
10 But then ſaid I, behold and looke I come a meane to be,
for in the volume of thy booke, thus it is ſaid of me.

11 That I O God ſhould do thy mind, which thing doth like me well:
for in my heart thy law I find faſt placed there to dwell.
12 Thy iuſtice and thy righteouſneſſe in great reſorts I tell:
behold my tongue no time doth ceaſe, O Lord thou knoweſt full well.

The ſecond part.

13 I haue not hid within my breaſt thy goodnes as by ſtealth:
but I declare and haue expreſt thy truth and ſauing health.
14 I kepe not cloſe thy louing mind, that no man ſhould it know:
the truſt that in thy truth I find, to all the Church I ſhow.

For I with miſchiefes many one am ſore beſet about:
my ſinnes increaſe and ſo come on, I cannot ſpie them out.
15 For why, in number they exceed the haires vpon my head:
my heart doth faint for very dread, that I am almoſt dead.

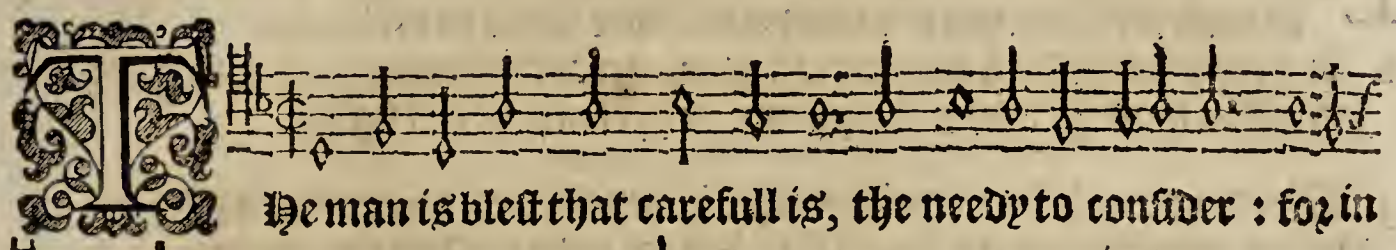
16 With ſpeed ſend helpe, and ſet me free, O Lord I thee require:
make haſt with ſpeed to ſuccour me, O Lord at my deſire.
17 Let them ſuſtaine rebuke and ſhame, that ſeeke my ſoule to ſpill:
driue backe my foes, and them defame that wiſh and would me ill.

18 For their ill feates doe them deſcry, that would deface my name:
alwaies at me they raile and cry, fie on him, fie for ſhame.
19 Let them in thee haue ioy and wealth, that ſeeke to thee alwaies:
that thoſe that loue thy ſauing health, may ſay, to God be praiſe.

20 But as for me I am but poore, oppreſt and brought full low:
yet thou O Lord wilt me reſtore to health full well I know.
21 For why, thou art my hope and truſt, my refuge, helpe and ſtay:
wherefore my God as thou art iuſt, with me no time delay.

Beatus qui intelligit. Pſal. xlj. T. S.

Dauid being grieuouſly afflicted, bleſſeth them that pitty his caſe, and complaineth of the treaſon of his owne friends and familiars, as came to paſſe in Iudas, Ioh. 15. After, he feeling the great mercies of God greatly chaſtiſing him, and not ſuffering his enemies to triumph againſt him; giueth moſt hearty thanks vnto God.



THe man is bleſt that carefull is, the needy to conſider: for in the ſeaſon perillous, the Lord will him deliuer. The Lord will make him ſafe and ſound, and happy in the land: And he will not deliuer him into his enemies hand.

3 And in his bed when he lies ſicke, the Lord will him reſtore:
and thou O Lord wilt turne to health, his ſickneſſe and his ſore.
4 Then in my ſickneſſe thus ſay I, haue mercy Lord on me:
and heale my ſoule which is full woe that I offended thee.

5 Mine enemies wiſht me ill in heart, and thus of me did ſay:
when ſhall he die that all his name may baniſh quite away:
6 And when they come to viſite me, they aſke if I doe well:
but in their hearts miſchiefe they hatch, and to their mates it tell.

7 They bite their lips and whiſper ſo, as though they would me charme:
and caſt their fetches how to trap me with ſome mortall harme.
8 Some grieuous ſinne hath brought him to this ſickneſſe ſay they plaine:
he is ſo low, that without doubt riſe can he not againe.

9 The man alſo that I did truſt, with me did vſe deceit:
who at my table eate my bread, the ſame for me laid wait.
10 Haue mercy Lord on me therefore, and let me be preſerued:
that I may render vnto them the things they haue deſerued.

11 By this I know aſſuredly to be beloued of thee:
when that mine enemies haue no cauſe to triumph ouer me.
12 But in my right thou haſt me kept, and maintained alway:
and in thy preſence place aſſignde, where I ſhall dwell for aye.

13 The

13 The Lord the God of Iſrael, be praiſed euermore:
euen ſo be it Lord will I ſay, euen ſo be it therefore.

Quemadmodum deſiderat. Pſal. xlij. I. H.

The Prophet grieuouſly complaineth that being letted by his perſecutors, he could not be preſent in the congregation of Gods people, proteſting that although hee was ſeparate in body from them, yet his heart was thither affectioned. And laſt of all, he ſheweth that he was not ſo far ouercome with thoſe ſorrowes and thoughts, but that he continually put his confidence in the Lord.

Sing this as the 35. Pſalme.

LIke as the Hart doth breath and bray, the welſprings to obtaine:
ſo doth my ſoule deſire alway with thee Lord to remaine.
2 My ſoule doth thirſt and would draw neere the liuing God of might:
oh when ſhall I come and appeare in preſence of his ſight?

3 The teares all times are my repaſt, which from mine eyes do ſlide:
when wicked men cry out ſo faſt, where now is God thy guide?
4 Alas what griefe is this to thinke, what freedome once I had?
therefore my ſoule as at pits brincke is moſt heauie and ſad.

When I did march in good array, furniſhed with my traine:
vnto the temple was our way, with ſongs and hearts moſt faine.
5 My ſoule why art thou ſad alwaies, and fretſt thus in my breſt?
truſt ſtill in God, for him to praiſe, I hold it alwaies beſt.

By him I haue ſuccour at need, againſt all paine and griefe:
he is my God which with all ſpeed, will haſt to ſend reliefe.
6 And thus my ſoule within me Lord doth faint to thinke vpon
the land of Iordan, and record the little hill Hermon.

The ſecond part.

7 One griefe another in doth call, as clouds burſt out their voyce:
the flouds of euill that doe fall, runne ouer me with noyſe.
8 Yet I by day felt his goodneſſe, and helpe at all aſſayes:
likewiſe by night I did not ceaſe, the liuing God to prayſe.

9 I am perſwaded thus to ſay to him with pure pretence:
O Lord thou art my guide and ſtay, my rocke and my defence.
Why do I then in penſiueneſſe, hanging the head thus walke,
while that mine enemies me oppreſſe, and vexe me with their talke?

10 For why, they vexe my inward parts with pangs to be abhord:
when they cry out with ſtubborne hearts, where is thy God thy Lord?
11 So ſoone why doſt thou faint and quaile, my ſoule with paine oppreſt?
with thoughts why doſt thy ſelfe aſſaile ſo ſore within my breſt?

12 Truſt in the Lord thy God alwaies, and thou the time ſhalt ſee,
to giue him thanks with laud and praiſe, for health reſtord to thee.

Iudica me Deus. Pſal. xliij. T. S.

He prayeth to be deliuered from them which conſpire with Abſolon, to the end he might ioyfully praiſe god in his holy congregation.

Sing this as the 21. Pſalme.

IUdge and reuenge my cauſe O Lord, from them that euill be:
from wicked and deceitfull men, O Lord deliuer me.

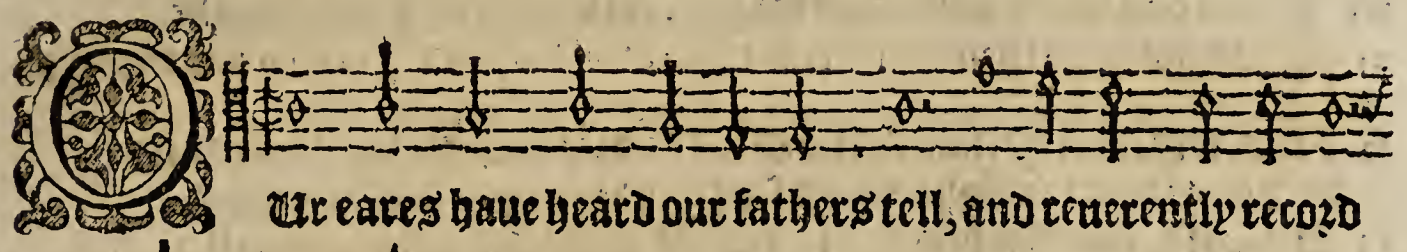
2 For of my ſtrength thou art my God, why putſt thou mee thee fro?
and why walke I ſo heauily, oppreſſed with my foe?

3 Send out thy light and eke thy truth, and lead me with thy grace,
which may conduct me to thy hill, and to thy dwelling place.
4 Then ſhall I to the Altar goe of God my ioy and cheare:
and on my harpe giue thanks to thee, O God, my God moſt deare.

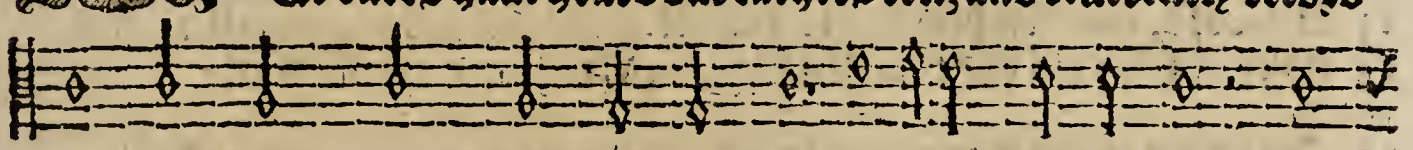
5 Why art thou then ſo ſad my ſoule, and fretſt thus in my breſt?
ſtill truſt in God, for him to praiſe, I hold it alwaies beſt.
By him I haue deliuerance againſt all paine and griefe:
he is my God which doth alwaies at need ſend me relieſe.

Deus auribus noſtris. Pſal. xliiij. T. S.

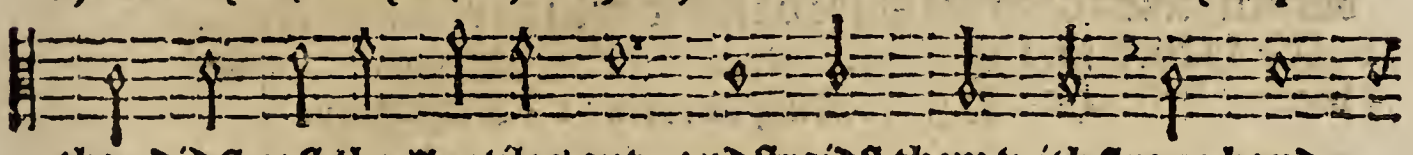
A moſt earneſt prayer made in the name of the faithfull which were afflicted by the enemies for ſuſtaining the quarrell of Gods word, according to the expoſition of Saint Paule, Rom. 8.



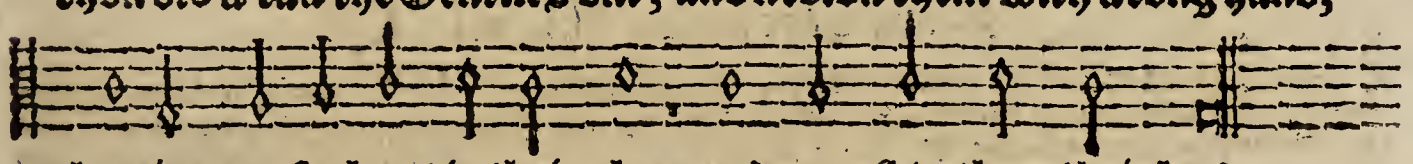
OUr eares haue heard our fathers tell, and reuerently record



the wondrous workes that thou haſt done in alder time O Lord. How



thou did ſt caſt the Gentiles out, and ſtroidſt them with ſtrong hand,



planting our fathers in their place, and gaueſt to them their land.

3 They conquered not by ſword nor ſtrength, the land of thy beheſt:
but by thy hand, thy arme and grace, becauſe thou loueſt them beſt.
4 Thou art my King, O God, that holpe Jacob in ſundry wiſe:
5 Led with thy power we threw downe ſuch, as did againſt vs riſe.

6 I truſted not in bow, ne ſword, they could not ſaue me ſound:
thou keptſt vs from our enemies rage, thou didſt our foes confound.
7 And ſtill we boaſt of thee our God, and praiſe thy holy name:
8 Yet now thou goeſt not with our hoaſt, but leaueſt vs to ſhame.

9 Thou madſt vs flye before our foes, and ſo were ouer-trod:
our enemies robd and ſpoild our goods, when we were ſpeareſt abroad.
10 Thou haſt vs giuen to our foes, as ſheepe for to be ſlaine:
among the Heathen euery where ſcatred we doe remaine.

11 Thy

12 Thy people thou haſt ſold like ſlaues, and as a thing of nought:
for profit none thou haſt thereby, no gaine at all was ſought.
13 And to our enemies thou haſt made of vs a laughing ſtocke:
and thoſe that round about vs dwell, at vs do grin and mocke.

The ſecond part.

14 Thus we ſerue for none other vſe, but for a common talke:
they mocke, they ſcorne, & nod their heads, where euer they go or walke.
15 I am aſhamde continually to heare theſe wicked men:
yea, ſo I bluſh that all my face, with red is couered then.

16 For why, we heare ſuch ſlanderous words, ſuch falſe reports and lies,
that death it was to ſee their wrongs, their threatnings and their cries.
17 For all this wee forget not thee, nor yet thy couenant breake:
18 Wee turne not backe our hearts from thee, nor yet thy pathes forſake.

19 Yet thou haſt trod vs downe to duſt, where dens of Dragons be:
and couered vs with ſhade of death, and great aduerſity.
20 If wee had our Gods name forgot, and helpe of Idols ſought.
21 Would not God then haue tride this out: for he doth know our thought.

22 Nay, nay, for thy name ſake O Lord, alwaies are we ſlaine thus:
as ſheepe vnto the Shambles ſent, right ſo they deale with vs.
23 Vp Lord, why ſleepeſt thou: awake, and leaue vs not for all:
24 Why hideſt thou thy countenance, and doſt forget our thrall:

25 For downe to duſt our ſoule is brought, and we now at laſt caſt:
our belly like as it were glude vnto the ground cleaues faſt.
26 Riſe vp therefore for our defence, and helpe vs Lord at need:
we thee beſeech of thy goodneſſe, to reſcue vs with ſpeed.

Eructauit cor meum. Pſal. xvi. I. H.

The Maieſtie of Salomon, his honour, ſtrength, riches, & power are praiſed, and alſo his Mariage with the Egyptian an Heathen woman is bleſſed, if ſhe can renounce her people & lone of her country, & giue her ſelfe wholy to her husband. Under the which figure the wonderfull Maieſty and the encreaſe of the Kingdome of Chriſt, and the Church his ſpouſe, now taken of the Gentiles, is deſcribed.

Sing this as the 26. Pſalme.

My heart doth take in hand ſome godly ſong to ſing:
the praiſe that I ſhall ſhew therein pertaineth to the King.
2 My tongue ſhall be as quicke his honour to endite,
as is the pen of any Scribe, that vſeth faſt to write.

3 O faireſt of all men, thy ſpeach is pleaſant pure:
for God hath bleſſed thee with gifts, for euer to endure.
4 About thee gird thy ſword, O Prince of might elect:
with honour, glory and renowne, thy perſon pure is deckt.

5 Goe forth with godly ſpeed, in meekneſſe, truth and right:
and thy right hand ſhall thee inſtruct, in workes of dreadfull might.
6 Thine arrowes ſharpe and keene, their hearts ſo ſore ſhall ſting:
that folke ſhall fall and kneele to thee, yea all thy foes O King.

7 Thy

7 Thy royall ſeat O Lord for euer ſhall remaine,
becauſe the ſcepter of thy Realme doth righteouſneſſe maintaine.
8 Becauſe thou loueſt the right, and doſt the ill deteſt:
God euen thy God hath nointed thee with ioy aboue the reſt.

9 With Myrre and ſauours ſweet, thy clothes are all beſpread:
when thou doſt from thy pallace paſſe, therein to make thee glad.
10 Kings daughters doe attend in fine and rich array:
at thy right hand the Queene doth ſtand in gold and garments gay.

The ſecond part.

11 O daughter take good heed, incline and giue good eare:
thou muſt forget thy kindred all, and fathers houſe moſt deare.
12 Then ſhall the King deſire thy beauty faire and trimme:
for why, he is the Lord thy God, and thou muſt worſhip him.

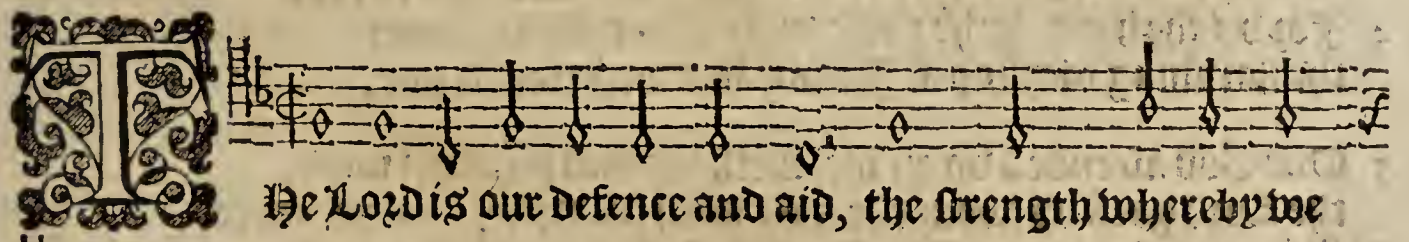
13 The Daughters then of Tyre, with gifts full rich to ſee:
and al the wealthy of the land ſhall make their ſuite to thee.
14 The daughter of the King is glorious to behold,
within her cloſet ſhe doth ſit all deckt in beaten gold.

15 In robes well wrought with needle worke, and many a pleaſant thing:
with Virgins faire on her to wait, ſhe commeth to the King.
16 Thus are they brought with ioy, and mirth on euery ſide,
into the Pallace of the King, and there they doe abide.

17 In ſtead of Parents left, O Queene the caſe ſo ſtands,
thou ſhalt haue ſonnes whom thou maiſt ſet as Princes in all Lands.
18 Wherefore thy holy Name all ages ſhall record:
the people ſhall giue thanks to thee for euermore O Lord.

Deus noſter refugium. Pſal. xlvj. I. H.

A ſong of thankſgiuing for the deliuerance of Jeruſalem after Senacherib with his army was driuen away, or ſome other like ſodaine and marualous deliuerance by the mighty hand of God, whereby the Prophet commending his great benefit, doth exhort the faithfull to giue themſelues wholy into the hands of God, doubting nothing but that vnder his protectiõ they ſhall be ſafe againſt all the aſſaults of their enemies.



3 No though the waues doe ragefull ſore, that all the bancks it ſpils:
and though it ouerflow the ſhore, and beat downe mighty hils.
4 For one faire floud doth ſend abroad his pleaſant ſtreames apace:
to freſh the Cictie of our God, and waſh his holy place.

5 In midſt of her the Lord doth dwell, ſhe can no whit decay:
all things againſt her that rebell the Lord will truly ſtay.
6 The heathen folke, the kingdomes feare, the people make a noyſe:
the earth doth melt and not appeare, when God puts forth his voyce.

7 The Lord of hoſts doth take our part, to vs he hath an eye:
our hope of health with all our heart on Jacobs God doth lie.
8 Come heere and ſee with mind and thought the working of our God,
what wonders he himſelfe hath wrought, throughout the earth abroad.

9 By him all wars are husht and gone, which countries did conſpire:
their bowes he brake and ſpeares each one, their chariots brent with fire
10 Leaue off therefore ſaith he, and know I am a God moſt ſtout:
among the heathen hie and low, and all the earth throughout.

11 The Lord of hoſts doth vs defend, he is our ſtrength and power:
on Jacobs God we doe depend, and on his mighty power.

Omnes gentes. Pſal. xlvij. I. H.

The Prophet exhorteth all people to the worſhip of the true and euerlaſting God, commendeth the mercies of God towards the poſterity of Jacob, & prophecieth of the kingdom of Chriſt in ỹ time of the Goſpell.

Sing this as the 45. Pſalme.

YE people all with one accord, clap hands and eke reioyce:
be glad and ſing vnto the Lord with ſweet and pleaſant voice.
2 For high the Lord and dreadfull is with wonders manifold:
a mighty king he is truely in all the earth extold.

3 The people he ſhall make to be vnto our bondage thrall:
and vnderneath our feet he ſhall the nations make to fall.
4 For vs the heritage he choſe which we poſſeſſe alone:
the flouriſhing worſhip of Jacob, his welbeloued one.

5 Our God aſcended vp on hie, with ioy and pleaſant noiſe,
the Lord goes vp aboue the ſkie with trumphets royall voyce.
6 Sing praiſes to our God, ſing praiſe, ſing praiſes to our king:
for God is king of all the earth, all skilfull praiſes ſing.

7 God on the heathen raignes, and ſits vpon his holy throne:
the Princes of the people haue them ioyned euery one
8 To Abrahams people: for our God, which is exalted hie,
as with a buckler doth defend the earth continually.

Magnus Dominus. Pſal. xlviij. I. H.

A notable deliuerance of Jeruſalem from the hands of many kings is mentioned, for the which, thankes are giuen to God, and the eſtate of that citty is prayſed, for that God is preſent at all times ready to defend them. This Pſalme ſeemeth to be made in the time of Achaz, Joſophat, Aſa, or Ezechia, for in their times chiefly was the citty by Forraine Princes aſſaulted.

Sing

Sing this as the 46. Pſalme.

GReat is the Lord, and with great praiſe to be aduanced ſtill:
within the Cittie of our Lord vpon his holy hill.
2 Mount Sion is a pleaſant place, it gladdeth all the land:
the Citty of the mightie King on her North ſide doth ſtand.

3 Within the Pallaces thereof God is a refuge knowne:
for loe the Kings were gathered, and together eke were gone.
4 But when they did behold it ſo, they wondred, and they were
aſtonied much, and ſodainlie were driuen backe with feare.

5 Great terror there on them did fall, for verie woe they cry,
as doth a woman when ſhe ſhall goe trauell by and by.
6 As thou with Eaſterne wind the ſhips vpon the ſea doſt breake,
ſo were they ſtaid, and euen as we heard our fathers ſpeake.

7 So in the Cittie of the Lord we ſaw as it was told:
yea, in the Cittie which our Lord for euer will vphold.
8 O Lord we wait and do attend on thy good helpe and grace:
for which we doe all times attend within thy holie place.

9 O Lord according to thy name for euer is thy praiſe:
and thy right hand O Lord is full of righteouſneſſe alwaies.
10 Let for thy iudgements Sion hill fulfilled be with ioyes:
and eke of Juda graunt O Lord the daughter to reioyce.

11 Goe walke about all Sion, yea round about her goe:
and tell the towers that therevpon are builded on a row.
12 And marke you well the bulwarks all, behold her towers there:
that ye may tell thereof to them that after ſhall be here.

13 For this God is our God, our God for euermore is he:
yea, and vnto the death alſo our guider ſhall he be.

Audite hæc omnes. Pſal. xlix. I. H.

The holy Ghoſt calleth all men to the conſideration of mans life, ſhewing them not to be moſt happy that are moſt wealthy, and therefore not to be feared: but contrariwiſe he lifteth vp our minds to conſider how all things are ruled by Gods prouidence: who as he iudgeth theſe worldly miſers to euerlaſting torments, ſo doth he preſerue his, and will reward them in the day of the reſurrection. 1. Theſ. 1.

Sing this as the 45. Pſalme.

ALl people hearken and giue eare to that that I ſhall tell:
2 Both high and low, both rich and poore that in the world do dwell.
3 For why, my mouth ſhall make diſcourſe of many things right wiſe:
in vnderſtanding ſhall my heart his ſtudie exerciſe.

4 I will incline mine eares to know thy parables ſo darke,
and open all my doubtfull ſpeech in meeter on my Harpe.
5 Why ſhould I feare afflictions, or any carefull toyle:
or elſe my foes which at my heeles are preſt my life to ſpoile?

6 For as for ſuch as riches haue, wherein their truſt is moſt:
and they which of their treaſures great themſelues do brag and boaſt:

7 There is not one of them that can his brothers death redeeme:
or that can giue a price to God ſufficient for him.

8 It is too great a price to pay, none can thereto attaine:
9 Or that he might his life prolong, or not in graue remaine.
10 They ſee wiſe men as well as fooles ſubiect vnto deaths bands:
and being dead, ſtrangers poſſeſſe their goods, their rents, their lands.

11 Their care is to build howſes faire, and ſo determine ſure,
to make their name right great on earth, for euer to endure.
12 Yet ſhall no man alwaies enioy high honour, wealth and reſt:
but ſhall at length taſt of deaths cup, as well as the brute beaſt.

The ſecond part.

13 And though they try their fooliſh thoughs, to be moſt lewd and vaine:
their children yet approue their talke, and in like ſinne remaine.
14 As ſheepe into the fold are brought, ſo ſhall they into graue:
Death ſhall them eate, and in that day the iuſt ſhall Lord-ſhip haue.

15 Their image and their royall port ſhall fade and quite decay,
when as from houſe to pit they paſſe, with woe and weale-away.
16 But God will ſurely preſerue me from death and endleſſe paine:
becauſe he will of his good grace my ſoule receiue againe.

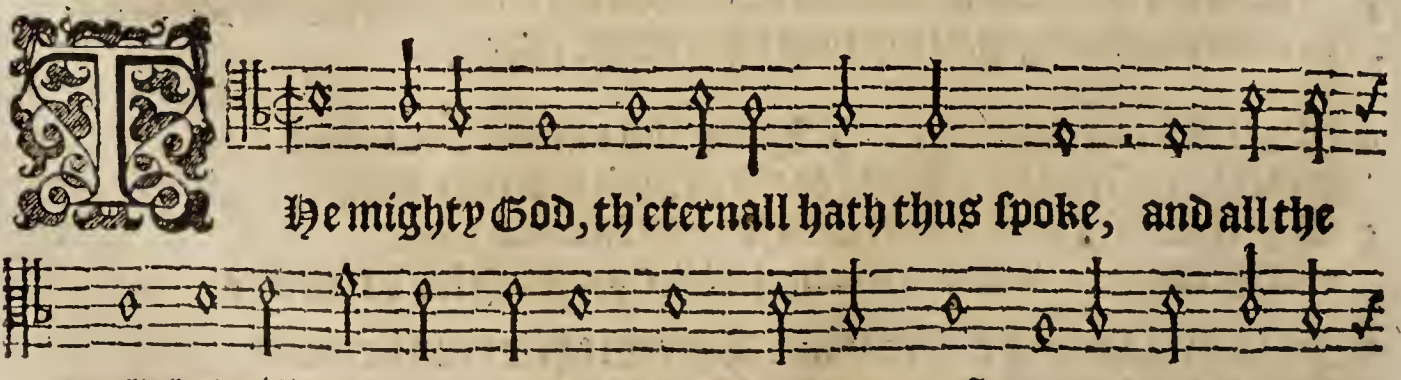
17 If any man wax wondrous rich, feare not I ſay therefore,
although the glory of his houſe encreaſeth more and more.
18 For when he dies, of all theſe things nothing ſhall he receiue:
his glory will not follow him, his pompe will take her leaue.

19 Yet in this life he takes himſelfe the happieſt vnder Sunne:
and others likewiſe flatter him, ſaying all is well done.
20 And preſuppoſe he liue as long as did his fathers old:
yet muſt he needs at length giue place, and be brought to deaths fold.

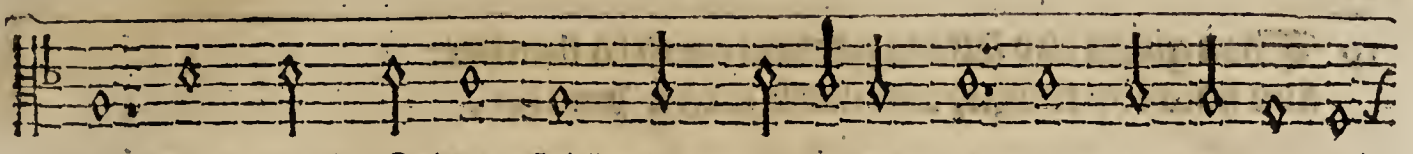
21 Thus man to honour God hath cald, yet doth he not conſider,
but like brute beaſts ſo doth he liue, which turne to duſt and powder.

Deus Deorum. Pſal. L. W. VV.

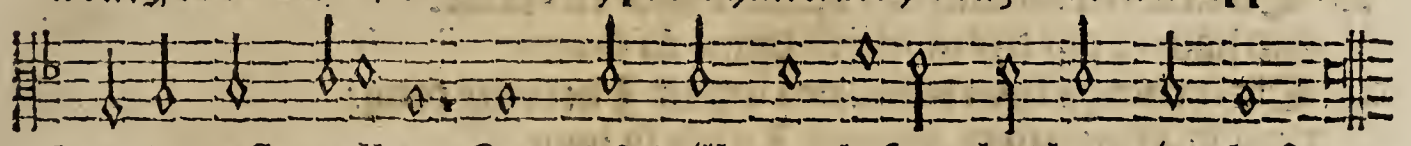
He propheſieth how God will call all nations by the Goſpell, and require no other ſacrifices of his people but confeſſion of his benefits and thankſgiuing, and how he deteſteth all ſuch as ſeeme zealous of ceremonies, and not of the pure Word of God onely.



THe mighty God, th'eternall hath thus ſpoke, and all the
world he will call and prouoke, euen from the Eaſt, and ſo forth to the
weſt



weſt. Frõ toward Sion which place him liketh beſt, God will appeare in



beauty moſt excellent. Our God will come before that long time be ſpent.

3 Deuouring fire ſhall goe before his face,
a great tempeſt ſhall round about him trace:
4 Then ſhall he cal the earth and heauens bright,
to iudge his folke with equity and right:
5 Saying, goe too, and now my Saints aſſemble,
my peace they keepe, their gifts do not diſſemble.

6 The heauens ſhall declare his righteouſneſſe:
for God is iudge of all things more and leſſe.
7 Heare my people, for I will now reueale:
liſt Iſraell, I will the nought conceale:
8 Thy God, thy God am I, and will not blame thee:
for giuing not all manner offrings to mee.

9 I haue no need to take of thee at all,
Goats out of thy fold, or Calfe out of thy ſtall.
10 For all the beaſts are mine within the woods:
on thouſand hils cattell are mine owne goods.
11 I know for mine all birds that are on mountaines:
all beaſts are mine which haunt the fields and fountaines.

12 Hungry if I were, I would it not thee tell:
for all is mine that in the world doe dwell.
13 Eate I the fleſh of great Buls or Bullocks?
or drinke the bloud of Goats or of the flocks?
14 Offer to God praiſe and hearty thankſgiuing,
and pay thy vowes vnto God euer-liuing.

15 Call vpon me when troubled thou ſhalt be:
then will I helpe, and thou ſhalt honour me.
16 To the wicked thus ſaith th'eternall God:
why doſt thou preach my lawes and heſts abroad,
17 Seeing thou haſt them with thy mouth abuſed,
and hat'ſt to be by diſcipline reformed?

My words I ſay thou doſt reiect and hate.
18 If that thou ſeeſt a theefe, as with thy mate:
Thou runſt with him, and ſo your pray doe ſeeke:
thou art all one with bauds and ruffians eke.

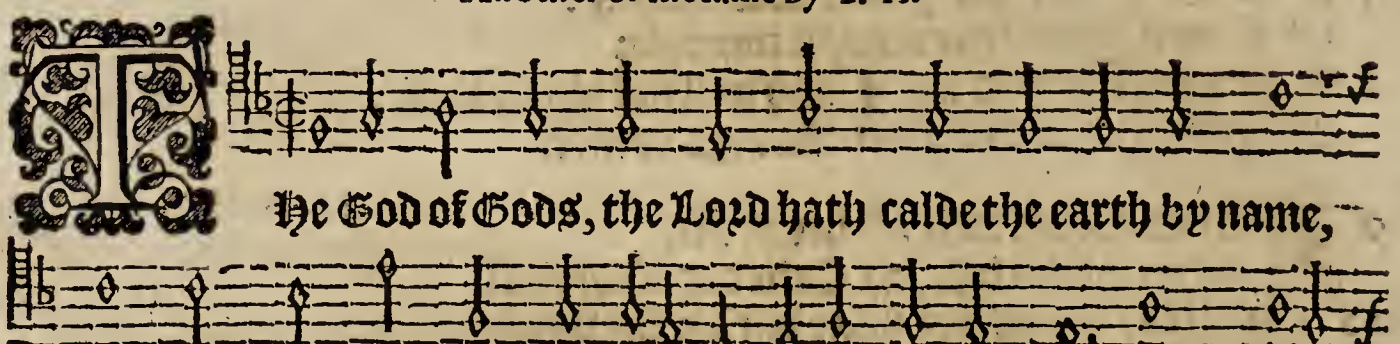
19 Thou giuest thy selfe to backbite and to slander:
and how thy tongue deceiueth, it is a wonder.

20 Thou sittest musing thy brother how to blame:
and how to put thy mothers sonne to shame:
21 These things thou didst, and whilst I held my tong:
thou didst me iudge, because I staid so long.

Like to thy selfe, yet though I keepe long silence,
once shalt thou feele of thy wrongs iust recompence.
22 Consider this ye that forget the Lord,
and feare not when he threatneth with his word:

Least without helpe I spoile you as a prey.
23 But he that thanks offreth, praiseth me aye,
Saith the Lord God: and he that walketh this trace,
I will him teach Gods sauing health to embrace.

Another of the same by I. H.



3 Our God shall come in hast, to speake he shall not doubt:
before him shall the fire wast, the tempest round about.
4 The heauens from on hie, the earth below likewise.
he will call forth to iudge and trie, his folke he doth deuise.

5 Bring forth my Saints (saith he) my faithfull flocke most deare:
which are in bond and league with me, my Law to loue and feare.
6 And when these things are tride, the heauens shall record,
that God is iust, and all must bide the iudgment of the Lord.

7 My people O giue heed, Israel to thee I cry:
I am thy God thy helpe at need, thou canst it not deny.

8 I doe not ſay to thee thy ſacrifice is ſlacke:
thou offreſt daily vnto me much more then I doe lacke.

9 Thinkeſt thou that I doe need thy cattle young or old,
or elſe ſo much deſire to feed on Goats out of thy fold?
10 Nay, all the beaſts are mine in woods that eats their fils:
and thouſands more of neat and kine, that run wild on the hils.

The ſecond part.

11 The birds that build on high, in hils and out of ſight:
and beaſts that in the fields do lie, are ſubiect to my might.
12 Then though I hungred ſore, what need I ought of thine,
ſith that the earth with her great ſtore, and all therin is mine?

13 To Buls fleſh haue I mind, to eat it doſt thou thinke?
or ſuch a ſweetneſſe doe I find, the bloud of Goats to drinke?
14 Giue to the Lord his praiſe, with thankes to him apply:
and ſee thou pay thy vowes alwaies, vnto the God moſt hie.

15 Then ſeeke and call to me when ought would worke thee blame:
and I will ſure deliuer thee, that thou maiſt praiſe my name:
16 But to the wicked traine, which talke of God each day,
and yet their workes are foule and vaine, to them the Lord will ſay,

17 With what a face dar'ſt thou my word once ſpeake or name?
why doth thy talke my law allow, thy deeds denie the ſame?
18 Whereas for to amend thy life thou art ſo ſlacke?
my word the which thou doſt pretend, is caſt behind thy backe.

The third part.

19 When thou a theefe doſt ſee by theft to liue in wealth:
with him thou runſt and doſt agree, likewiſe to thriue by ſtealth.
20 When thou doſt them behold that maids and wiues defile:
thou lik'ſt it well and waxeſt bold, to vſe that like moſt vile.

21 Thy lips thou doſt apply to ſlander and defame:
thy tongue is taught to craft and lie, and ſtill doth vſe the ſame.
22 Thou ſtudieſt to reuile thy friends to thee ſo neere:
with ſlander thou wouldſt needs defile thy mothers ſonne moſt deere.

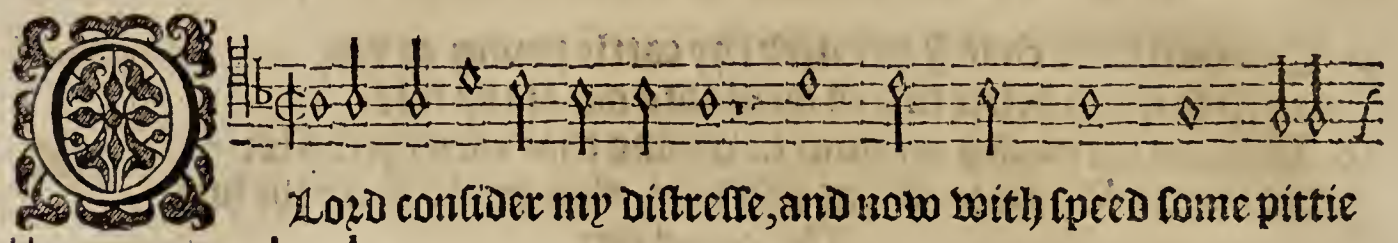
23 Hereat while I doe winke, as though I did not ſee,
thou goeſt on ſtill, and ſo doſt thinke that I am like to thee.
24 But ſure I will not let to ſtrike when I begin:
thy faults in order I will ſet, and open all thy ſinne.

25 Marke this I you require, that haue not God in mind:
leaſt when I plague you in mine ire, your helpe be farre to find.
26 He that doth giue to me the ſacrifice of praiſe:
doth pleaſe me well, and he ſhall ſee to walke in godly waies.

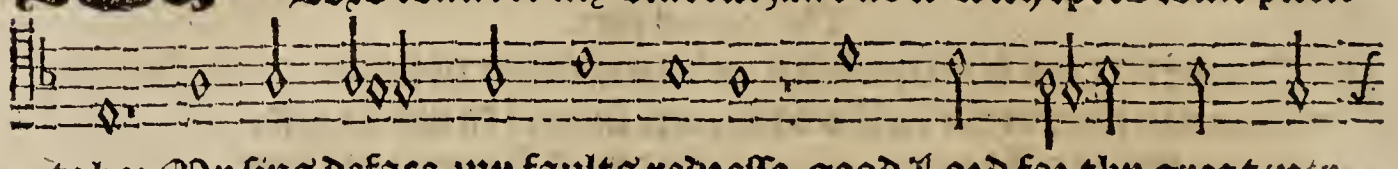
Miſerere mei Deus. Pſal. Lj. W. VV.

When Dauid was rebuked by the Prophet Nathan for his great offences, hee did not onely acknowledge the ſame to GOD, with proteſtation of his naturall corruption and iniquity, but alſo left a memoriall thereof to his poſteritie. Therefore, firſt hee deſireth GOD to forgiue his ſinnes, and to renew in him

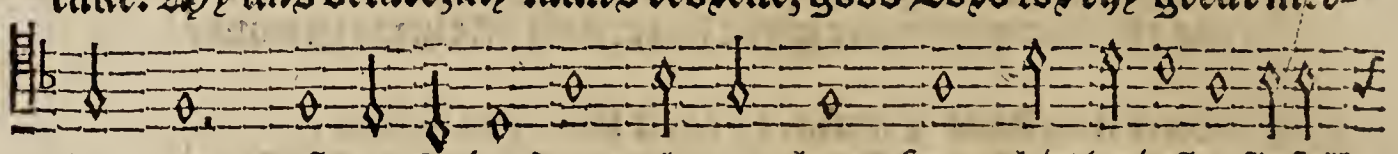
his holy ſpirit, with promiſe that hee will not bee vnmindfull of thoſe great graces. Finally, fearing leaſt God ſhould puniſh the whole Church for his fault, hee requireth that hee would rather increaſe his graces towards the ſame.



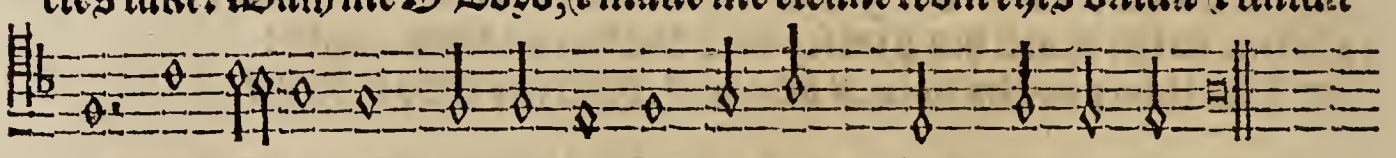
LOrd conſider my diſtreſſe, and now with ſpeed ſome pittie



take: My ſins deface, my faults redreſſe, good Lord for thy great mer-



cies ſake. Waſh me O Lord, & make me cleane from this vniuſt & ſinfull



act: and purifie yet once againe my hainous crime and bloudy fact.

3 Remorſe and ſorrow doe conſtraine me to acknowledge mine exceſſe:
my ſinnes alas do ſtill remaine before my face without releaſe.
4 For thee alone I haue offended, committing euill in thy ſight:
and if I were therefore condemned, yet were thy iudgments iuſt & right.

5 It is too manifeſt alas, that firſt I was conceiued in ſinne:
yea of my mother ſo borne was, and yet vile wretch remaine therin.
6 Alſo behold Lord thou doſt loue the inward truth of a pure heart:
therefore thy wiſedome from aboue thou haſt reueal'd me to conuert.

7 If thou with Iſope purge this blot, I ſhall be clearer then the glaſſe:
and if thou waſh away my ſpot, the ſnow in whitneſſe ſhall I paſſe.
8 Therefore O Lord ſuch ioy me ſend, that inwardly I may find grace:
and ỹ my ſtrẽgth may now amend, which thou haſt ſwag'd for my treſpas

9 Turne back thy face and frowning ire, for I haue felt enough thy hand:
and purge my ſinnes I thee deſire, which doe in number paſſe the ſand.
10 Make new my heart within my breſt, and frame it to thy holy will:
thy conſtant ſpirit in me let reſt, which may theſe raging enemies kill.

The ſecond part.

11 Caſt me not Lord out from thy face, but ſpeedily my torments end:
take not from me thy ſpirit and grace, which may frõ dangers me defend.
12 Reſtore me to thoſe ioyes againe, which I was wont in thee to find:
and let me thy free ſpirit retaine, which vnto thee may ſtirre my mind.

13 Thus when I ſhall thy mercies know, I ſhall inſtruct others therin:
and men likewiſe that are brought low, by mine example ſhall flie ſinne.
14 O God that of my health art Lord, forgiue me this my bloudy vice:
my heart and tongue ſhall then accord to ſing thy mercies and iuſtice.

15 Touch

15 Touch thou my lips, my tongue vnty, O Lord which art the onely key:
and then my mouth shall testifie thy wondrous works & praise alway.
16 And as for outward sacrifice I would haue offred many one:
but thou esteem'st them of no price, and therein pleasure tak'st thou none.

17 The heauie heart, the mind oppresst O Lord thou neuer dost reiect,
and to speake truth it is the best, and of all sacrifice th'effect.
18 Lord vnto Sion turne thy face poure out thy mercies on thy hill,
and on Jerusalem thy grace, build vp thy wals, and loue it still.

19 Thou shalt accept then our offrings of peace & righteousnesse I say,
yea calues and many other things vpon thine Altar will we lay.

Another of the same by I. H.

Sing this as the Lamentation.

HAue mercy on me God after thy great aboundant grace:
after thy mercies multitude doe thou my sinnes deface.
2 Yea, wash me more from mine offence, and clense me from my sinne:
for I doe know my faults, and still my sinnes are in mine eyne.

3 Against thee, thee alone I haue offended in this case,
and euill haue I done before the presence of thy face.
4 That in the things that thou dost say, vpright thou maist be tride:
and eke in iudging that the doome may passe vpon thy side.

5 Behold in wickednesse my kind and shape I did reciue:
and loe my sinfull mother eke, in sinne did me conceiue.
6 But loe the truth of inward parts is pleasant vnto thee:
and secrets of thy wisedome thou reuealed hast to me.

7 With Isope Lord besprinkle me, I shall be cleansed so:
yea, wash thou me, and so I shall be whiter then the snow.
8 Of ioy and gladnesse make thou me to heare the pleasing voice:
that so the bruised bones which thou hast broken may reioyce.

9 From the beholding of my sinnes, Lord turne away thy face,
and all my deeds of wickednesse doe vtterly deface.
10 O Lord create in me a heart vnspotted in thy sight:
and eke within my bowels Lord renue a stabled spirite.

11 Ne cast me from thy sight, nor take thy holy spirit away:
the comfort of thy sauing helpe giue me againe I pray.
12 With thy free spirit establish me, and I will teach therefore
sinners thy wayes, and wicked shall be turned to thy lore.

The second part.

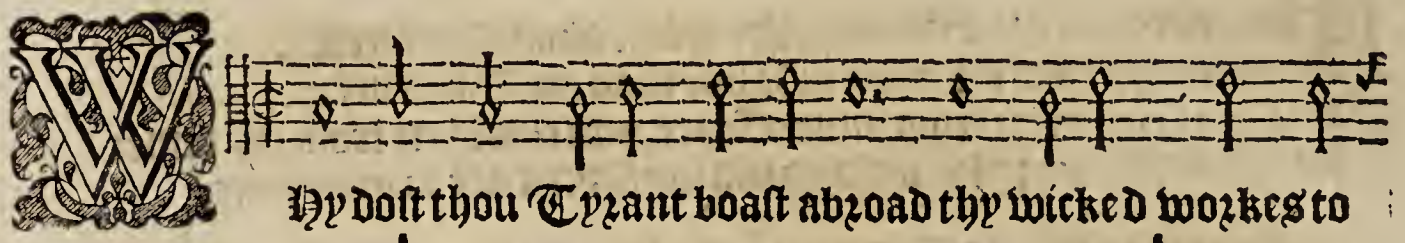
13 O God that art my God of health, from bloud deliuer me,
that praises of thy righteousnesse my tongue may sing to thee.
14 My lips that yet fast closed be, doe thou O Lord vnloose,
the praises of thy Maiesty my mouth shall so disclose.

15 I would haue offred sacrifice, if that had pleased thee:
but pleased with burnt offerings, I know thou wilt not be.
16 A troubled spirit is sacrifice, delightfull in Gods eyes:
a broken and an humble heart, God thou wilt not despise.

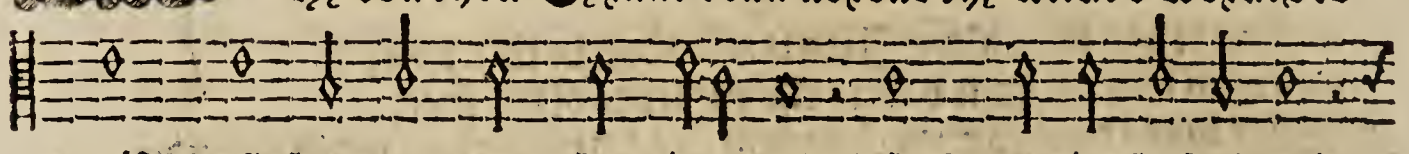
17 In thy good will deale gently Lord to Sion, and withall
grant that of thy Jerusalem, vpreard may be the wall.
18 Burnt offerings, gifts, and sacrifice of iustice in that day
thou shalt accept, and Calues they shall vpon thine Altar lay.

Quid gloriaris. Psal. Lij. I. H.

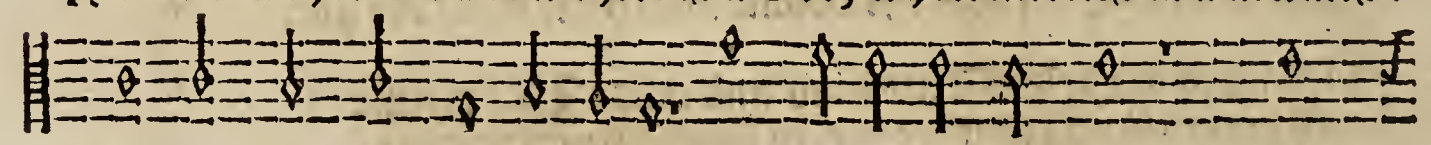
Dauid describeth the arrogant Tyranny of his aduersary Doeg, Sauls chiefe shepheard, who by false surmises caused Abimelech with the rest of the Priests to bee slaine. Dauid prophecieth his destruction, and encourageth the faithfull to put their confidence in God, whose iudgements are most sharpe against his aduersaries And finally hee rendreth thanks to God for his deliuerance. In this Psalme is lively set forth the Kingeome of Antichrist.



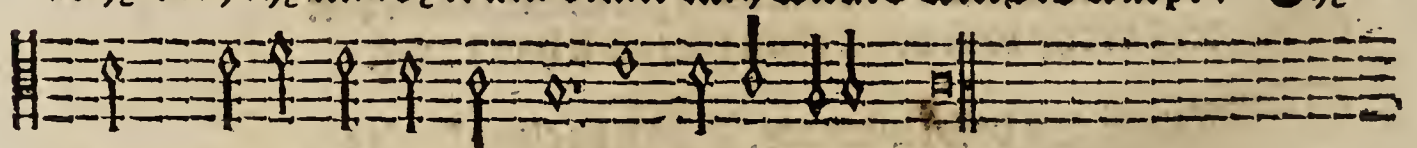
Why dost thou Tyrant boast abroad thy wicked workes to



praise: dost thou not know there is a God, whose mercies la st alwaies:



why doth thy mind yet still deuise such wicked wiles to warpe: Thy



tongue vntrue in forging lyes is like a Razor sharpe.

3 On mischiefe why setst thou thy mind, and wilt not walke vpright:
thou hast more lust false tales to find, then bring the truth to light.
4 Thou doest delight in fraud and guile, in mischiefe, bloud and wrong:
thy lips haue learn'd the flattering stile, O false deceitfull tongue.

5 Therefore shall God for euer confound, and plucke thee from thy place,
thy seed root out from off the ground, and so shall thee deface.
6 The iust when they behold thy fa ll, with feare shall praise the Lord,
and in reproach of thee withall, cry out with one accord,

7 Behold the man that would not take the Lord for his defence,
but of his goods his God did make, and trust his corrupt sense.
8 But I an Oliue fresh and greene will spring and spread abroad:
for why, my trust all times hath been vpon the liuing God.

9 For this therefore will I giue praise to thee with heart and voice:
I will set forth thy Name alwaies, wherein thy Saints reioyce.

Dixit

Dixit insipiens. Psal. Liij. T. N.

The Prophet describeth the crooked nature, the cruelty, and punishment of the wicked, when they looked not for it, and desireth the deliverance of the godly, that they may reioyce together.

Sing this as the 46. Psalme.

THe foolish man in that which he within his heart hath said:
that there is any God at all hath vtterly denaid.
2 They are corrupt, and they also a haynous worke haue wrought:
among them all there is not one of good that worketh ought.

3 The Lord looke downe on sonnes of men from heauen all abroad,
to see if any were that would be wise and seeke for God.
4 They are all gone out of the way, they are corrupted all:
there is not one doth any good, there is not one at all.

5 Doe not all wicked workers know, that they doe feed vpon
my people as they feed on bread, the Lord they call not on.
6 Euen there they were afraid and stood with trembling all dismaid:
whereas there was no cause at all why they should be afraid.

7 For God his bones that thee besiegde hath scattered all abroad:
thou hast confounded them for they reiected are of God.
8 O Lord giue thou thy people health, and thou O Lord fulfill
thy promise made to Israell from out of Sion hill.

9 When God his people shall restore that erst were captiue lad:
Then Jacob shall therein reioyce, and Israel shall be glad.

Deus in nomine. Psal: Liiij. T. N.

Dauid brought into great danger by reason of Ziphims, calleth vpon the name of God to destroy his enemies, promising sacrifice and free offerings for their deliuerance.

Sing this as the 46. Psalme.

GOD saue me for thy holy name, and for thy goodnesse sake:
vnto the strength Lord of the same I doe my cause betake.
2 Regard O Lord and giue an eare to me when I doe pray:
bow downe thy selfe to me and heare the words that I doe say.

3 For strangers vp against me rise, and tyrants vexe me still,
which haue not God before their eies, they seeke my soule to spill.
4 But loe my God doth giue me aid, the Lord is straight at hand:
with them by whom my soule is staid the Lord doth euer stand.

5 With plagues repay againe all those, for me that lie in wait:
and with thy truth destroy my foes, with their owne snare and bait.
6 An offring of free heart and will, then I to thee shall make:
and praise thy Name, for therin still great comfort I doe take.

7 O Lord at length doe set me free from them that craft conspire:
and now mine eyes with ioy doe see on them my hearts desire.

Exaudi Deus. Psal. Lv. T. S.

Dauid being in great heauinesse and distresse, complaineth of the cruelty of Saul, and of the falshood of his familiar

familiar acquaintance, vttering moſt ardent affections to moue the Lord to pitty him. After being aſſured of deliuerance, he ſetteth forth the grace of God, as though he had already obtained his requeſt.

Sing this as the 35. Pſalme.

O God giue eare and doe apply to heare me when I pray:
and when to thee I call and cry, hide not thy face away.
2 Take heed to me, grant my requeſt, and anſwere me againe:
with plaints I pray full ſore oppreſt, great griefe doth me conſtraine.

3 Becauſe my foes with threats and cries oppreſſe me through deſpight:
and ſo the wicked ſort likewiſe, to vexe me haue delight.
4 For they in counſell doe conſpire to charge me with ſome ill:
and in their haſty wrath and ire they doe purſue me ſtill.

5 My heart doth faint for want of breath, it panteth in my breaſt:
the terrors and the dread of death doe worke me much vnreſt.
6 Such dreadfull feare on me doth fall, that I therewith doe quake:
ſuch horror whelmeth me withall, that I no ſhift can make.

7 But I do ſay, who will giue me the ſwift and pleaſant wings
of ſome faire Doue, that I may fly and reſt me from theſe things?
8 Loe then I would goe farre away, to fly I would not ceaſe:
and I would hide my ſelfe and ſtay in ſome great wilderneſſe.

9 I would be gone in all the haſt, and not abide behind,
that I were quite and ouerpaſt theſe blaſts of boyſterous winde.
10 Diuide them Lord, and from them pull their diuelliſh double tongue:
for I haue ſpide their Citties full of rapine, ſtrife, and wrong.

11 Which thinks both nights and daies throughout doe cloſe her as a wal,
in midſt of her is miſchiefe ſtout, and ſorrow eke withall.
12 Her priuie parts are wicked plaine, her deeds are much too vile,
and in her ſtreets there doth remaine all crafty fraud and guile.

The ſecond part.

13 If that my foes did ſeeke my ſhame, I could it well abide:
from open enemies check and blame ſome where I could me hide.
14 But thou it was my fellow deare, which friendſhip didſt pretend:
and didſt my ſecret counſell heare, as my familiar friend.

15 With whom I had delight to talke in ſecret and abroad:
and we together oft did walke within the houſe of God.
16 Let death in haſt vpon them fall, and ſend them quicke to hell:
for miſchiefe raigneth in the hall and parlour where they dwell.

17 But I vnto my God doe crie, to him for helpe I flee:
the Lord doth heare me by and by, and he doth ſuccour me.
18 At morning, noone, and euening tyde, vnto the Lord I pray:
when I ſo inſtantly haue cride, he doth not ſay me nay.

19 To peace he ſhall reſtore me yet, though warre be now at hand:
although the number be full great, that would againſt me ſtand.

20 The

20 The Lord that firſt and laſt doth raigne, both now and euermore,
will heare when I to him complaine, and puniſh them full ſore.

21 For ſure there is no hope that they to turne will once accord:
for why, they will not God obay, nor doe not feare the Lord.
22 Upon their friends they laid their hand, which were in couenant knit.
of friendſhip, to neglect their bands they paſſe or care no whit.

23 While they haue warre within their heart, as butter are their words:
although his words were ſmooth as oyle, they cut as ſharpe as ſwords.
24 Caſt thou thy care vpon the Lord, and he ſhall nouriſh thee:
for in no wiſe will he accord the iuſt in thral to ſee,

25 But God ſhall caſt them deepe in pit, that thirſt for bloud alwaies:
he will no guilefull man permit to liue out halfe his dayes.
26 Though ſuch be quite deſtroy'd and gone, in thee O Lord I truſt:
I ſhall depend thy grace vpon, withall my heart and luſt.

Miſerere mei. Pſal. Lvj. I. H.

Dauid brought to Achis, King of Gath, 2. Sam. 21. 12. complaineth of his enemies, demaunding ſuccour, putteth his truſt in God and his promiſes, and promiſeth to performe his vowes which he had taken vpon him, whereof this was the effect, to praiſe God in his Church.

Sing this as the Lamentation.

HAue mercy Lord on me I pray, for man would me deuoure:
he fighteth with me day by day, and troubleth me each houre.
2 Mine enemies daily enterpriſe to ſwallow me out-right:
to fight againſt me many riſe, O thou moſt high of might.

3 When they would make me moſt afraid with boaſt and brags of pride,
I truſt in thee alone for ayd, by thee I will abide.
4 Gods promiſe I doe mind and praiſe, O Lord I ſticke to thee:
I doe not care at all aſſaies, what fleſh can doe to me.

5 What things I either did or ſpake, they wreſt them at their will:
and all the counſell that they take, is how to worke me ill:
6 They all conſent themſelues to hide, cloſe watch for me to lay:
they ſpie my pathes, and ſnares haue tide, to take my life away.

7 Shall they thus ſcape on miſchiefe ſet: thou God on them wilt frowne:
for in his wrath he doth not let to throw whole kingdomes downe.
8 Thou ſeeſt how oft they make me flye, and on my teares doſt looke:
reſerue them in a glaſſe by thee, and write them in a booke.

9 When I doe call vpon thy Name, my foes away doe ſtart:
I well perceiue it by that ſame, that God doth take my part.
10 I glory in the word of God, to praiſe it I accord:
with ioy will I declare abroad the promiſe of the Lord.

11 I truſt in God, and yet I ſay, as I before began,
the Lord he is my helpe and ſtay, I doe not care for man.
12 I will performe with heart ſo free, to God my vowes alwaies:
and I O Lord all times to thee will offer thanks and praiſe.

13 My ſoule from death thou doſt defend, and keepe my feet vpright:
that I before thee may aſcend, to ſu ch as liue in light.

Miſerere. Pſal. Lvij. I. H.

Dauid being in the deſart of Ziph, where the inhabitants did betray him, and at length in the ſame caue with Saul, calleth moſt earneſtly vnto God, with a full confidence, that he will performe his promiſe, and take his cauſe in hand: alſo that he will ſhew his glorie in the heauens and earth againſt his cruell enemies therefore doth he render laud and praiſe.

Sing this as the 44. Pſalme.

TAke pitty for thy promiſe ſake, haue mercy Lord on me:
for why, my ſoule doth her betake vnto the helpe of thee.
2 Within the ſhaddow of thy wings I ſet my ſelfe full faſt:
till miſchiefe, malice, and like things be gone and ouerpaſt.

3 I call vpon the God moſt high, to whom I ſtick and ſtand:
I meane the God that will ſtand by the cauſe I haue in hand.
4 From heauen he hath ſent his ayd to ſaue me from their ſpight:
that to deuoure me haue aſſaid, his mercy, truth, and might.

5 I lead my life with Lyons fell, all ſet with wrath and ire:
and with ſuch wicked men I dwell, that fret like flames of fire.
6 Their teeth are ſpeares and arrows long, as ſharpe as I haue ſeene:
they wound and cut with their quick tong, like ſwords & weapons keene

7 Set vp and ſhew thy ſelfe O God, aboue the heauens bright:
exalt thy praiſe on earth abroad, thy maieſty and might.
8 They lay their net, and doe prepare a priuie caue and pit:
wherein they thinke my ſoule to ſnare, but they are fallen in it.

9 My heart is ſet to laud the Lord, in him to ioy alwaies:
my heart I ſay doth well accord to ſing his laud and praiſe.
10 Awake my ioy, awake I ſay, my Lute, my Harpe and ſtring:
for I my ſelfe before the day, will riſe, reioyce, and ſing.

11 Among the people I will tell the goodneſſe of my God:
and ſhew his praiſe that doth excell in heathen lands abroad.
12 His mercy doth extend as farre, as heauens all are hie:
his truth as high as any ſtarre that ſtandeth in the ſkie.

11 Set forth and ſhew thy ſelfe O God aboue the heauens bright:
extoll thy praiſe on earth abroad, thy maieſtie and might.

Si verè vtique. Pſal. Lviij. I. H.

Hee deſcribeth the malice of his enemies, the flatterers of Saul, who both ſecretly and openly ſought his deſtruction, from whom he appealed to Gods iudgement, ſhewing that the iuſt ſhall reioyce, when they ſée the puniſhment of the wicked to Gods glory.

Sing this as the 48. Pſalme.

YEe Rulers that are put in truſt to iudge of wrong and right:
be all your iudgments true and iuſt, not knowing meed or might.
2 Nay in your hearts you marke and muſe, in miſchiefe to conſent:
and where you ſhould true iuſtice vſe, your hands to bribes are bent.

3 This wicked ſort from their birth day, haue erred on this wiſe:
and from their mothers wombe alway, haue vſed craft and lies.

4 In them the poyſon of the breath of Serpents doe appeare:
yea, like the Adder that is deafe, and faſt doth ſtop her eare.

5 Becauſe ſhe will not heare the voice of one that charmeth well:
no though he were the chiefe of choiſe, and therein did excell.
6 O God breake thou their teeth at once within their mouths throughout,
the tuskes that in their great iaw-bones like Lyons whelps hang out.

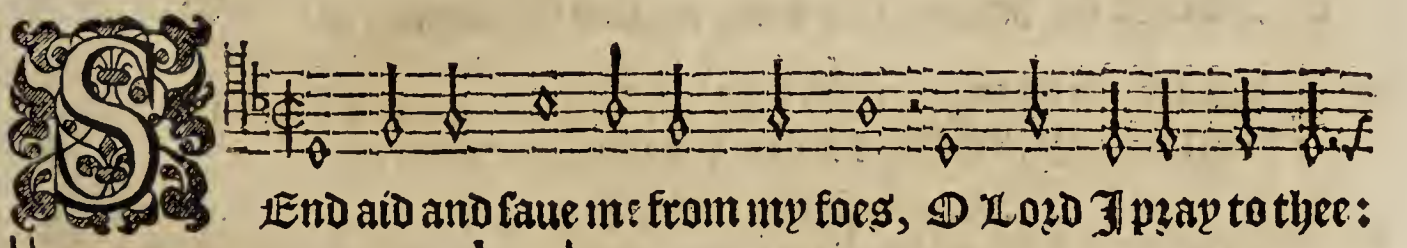
7 Let them conſume away and waſt as water runs forth-right:
the ſhafts that they doe ſhoot in haſt, let them be broke in flight.
8 As Snailes doe waſt within the ſhell, and vnto ſlime doe runne:
as one before his time that fell, and neuer ſaw the Sunne.

9 Before the thornes that now are young, to buſhes big ſhall grow,
the ſtormes of anger waxing ſtrong, ſhall take them ere they know.
10 The iuſt ſhall ioy, it doth them good, that God doth vengeance take
and they ſhall waſh their feet in bloud of them that him forſake.

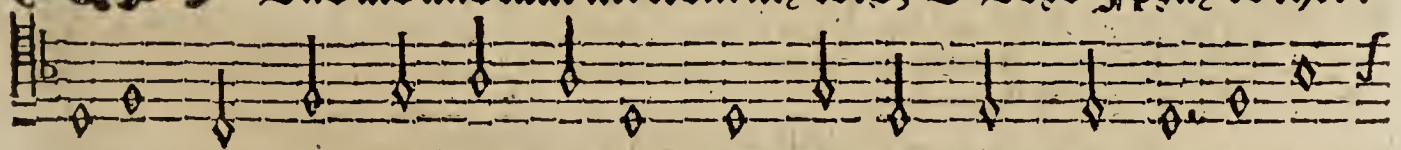
11 Then ſhall the world ſhew forth and tell that good men haue reward:
and that a God on earth doth dwell, that iuſtice doth regard.

Eripe me. Pſal. Lix. I. H.

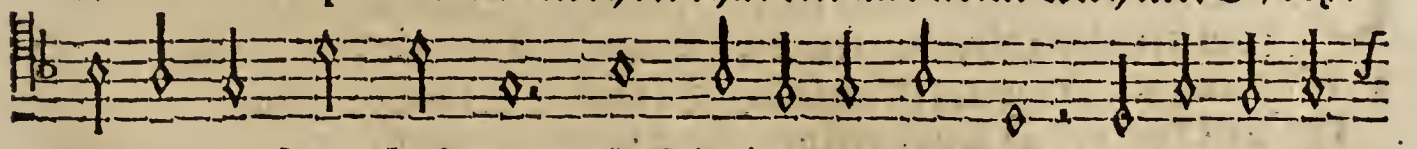
Dauid being in great danger of Saul, who ſent to ſlay him in his bed, prayeth vnto God, declareth his innocency and their fury, deſiring God to deſtroy all thoſe that ſinne of malicious wickednes, whom though he keepe aliue for a time to exerciſe his people, yet in the end hee will conſume them in his wrath that he may be knowne to be the God of Jacob, to the worlds end: for this he ſingeth praiſes to God, aſſured of his mercies.



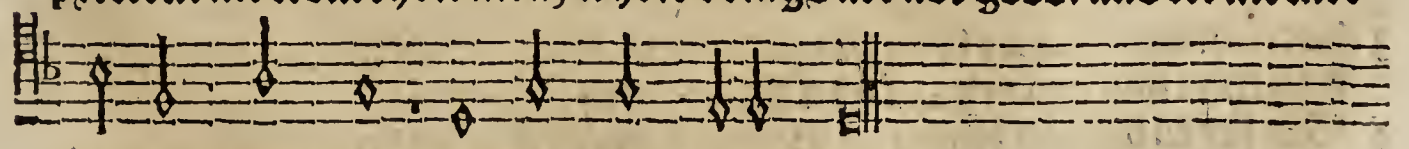
End aid and ſaue me from my foes, O Lord I pray to thee:



defend and keepe me from all thoſe that riſe and ſtriue with me. O Lord



preſerue me from thoſe men, whoſe doings are not good: and ſet me ſure



and ſafe from them, that ſtill thirſt after bloud.

3 For loe they wait my ſoule to take, they rage againſt me ſtill:
yea, for no fault that I did make, I neuer did them ill.
4 They runne and doe themſelues prepare, when I no whit offend:
ariſe and ſaue me from their ſnare, and ſee what they intend.

5 O Lord of hoaſts of Iſrael ariſe and ſtrike all Lands,
and pitty none that doe rebell, and in their miſchiefe ſtands.
6 At night they ſtirre and ſeeke about, as hounds they houle and grin:
and all the Citty cleane throughout, from place to place they run.

7 They ſpeake of me with mouth alway, but in their lips were ſwords:
they greed my death, & then wold ſay, what? none doth heare our words.
8 But Lord thou haſt their waies eſpide, and laught thereat apace:
the heathen folke thou ſhalt deride, and mocke them to their face.

9 The ſtrength that doth my foes withſtand, O Lord doth come of thee:
my God he is my helpe at hand, a fort of fence to me:
10 The Lord to me doth ſhew his grace in great aboundance ſtill:
that I may ſee my foes in caſe ſuch as my heart doth will.

11 Deſtroy them not at once O God, leaſt it from mind do fall:
but with thy ſtrength driue them abroad, and ſo conſume them all.
12 For their ill words and truthleſſe tongue, confound them in their pride:
their wicked oaths with lyes and wrong, let all the world deride.

13 Conſume them in thy wrath O Lord, that nought of them remaine:
that men may know throughout the world, that Jacobs God doth
14 At euening they returne apace, as dogs they grin and cry: (raigne.
throughout the ſtreets in euery place, they run about and ſpie.

15 They ſeeke about for meate I ſay, but let them not be fed,
nor find a houſe wherein they may be bold to put their head.
16 But I will ſhew thy ſtrength abroad, thy goodneſſe I will praiſe:
for thou art my defence and God, at need in all aſſaies.

17 Thou art my ſtrength, thou haſt me ſtaid, O Lord I ſing to thee,
thou art my fort, my fence and aid, a louing God to me.

Deus repuliſti. Pſal. Lx. I. H.

Dauid being King ouer Juda, and hauing had victories, ſhewing by euident ſignes that God elected him King, aſſureth the people that God will proſper them, if they approue the ſame. After hee praieth vnto God to finiſh that he hath begunne.

Sing this as the 59. Pſalme.

O Lord thou didſt vs cleane forſake, and ſcatter vs abroad:
ſuch great diſpleaſure thou didſt take, returne to vs O God.
2 Thy might did moue the land ſo ſore, that it in ſunder brake:
the hurt thereof O Lord reſtore, for it doth bow and quake.

3 With heauie chance thou plagueſt thus, the people that are thine:
and thou haſt giuen vnto vs a drinke of deadly wine.
4 But yet to ſuch as feare thy Name, a token ſhall enſue:
that they may triumph in the ſame, becauſe thy word is true.

5 So that thy might may keepe and ſaue thy folke that fauour thee:
that they thy helpe at hand may haue, O Lord grant this to mee.
6 The Lord did ſpeake from his owne place, this was his ioyfull tale:
I will diuide Sichem by pace, and mete out Succothes vale.

7 Gilead

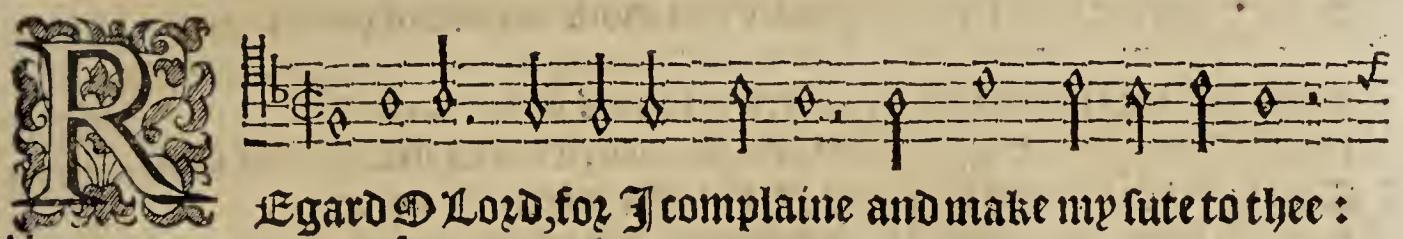
7 Gilead is giuen to my hand, Manaſſes mine beſide:
Ephraim the ſtrengty of all my land, my law doth Juda guide.
8 In Moab I will waſh my feet, ouer Edome throw my ſhoe:
and thou Paleſtine ought'ſt to ſeeke for fauour me vnto.

9 But who ſhall bring me at that tide vnto the Cittie ſtrong?
or who to Edom will me guid, ſo that I goe not wrong?
10 Wilt thou my God which didſt forſake thy folke, their land and coaſts:
our wars in hand thou wouldſt not take, nor walke among our hoaſts.

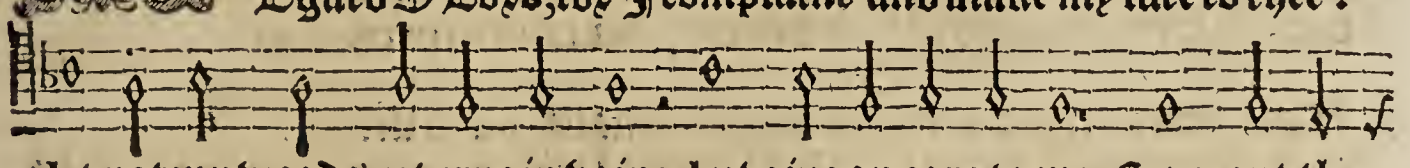
11 Giue aid O Lord, and vs relieue from them that vs diſdaine:
the helpe that hoaſts of men can giue, it is but all in vaine.
12 But through our God we ſhall haue might to take great things in hand
he will tread downe and put to flight all thoſe that vs withſtand.

Exaudi Deus. Pſal. Lxj. I. H

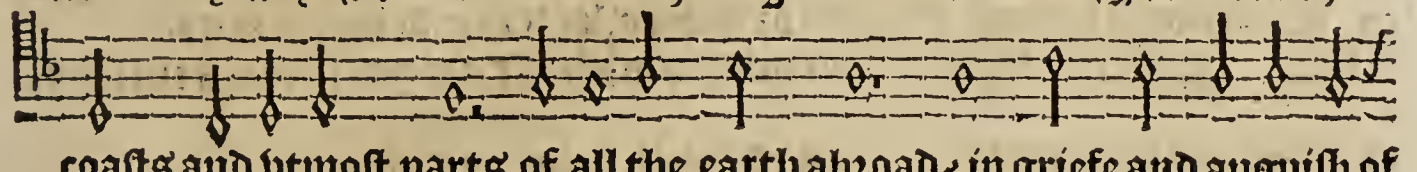
Whether that he were in danger of the Amorites, or being purſued of Abſalon, heere he prayeth to be heard and deliuered, and confirmed in his kingdome, he promiſeth perpetuall prayſes.



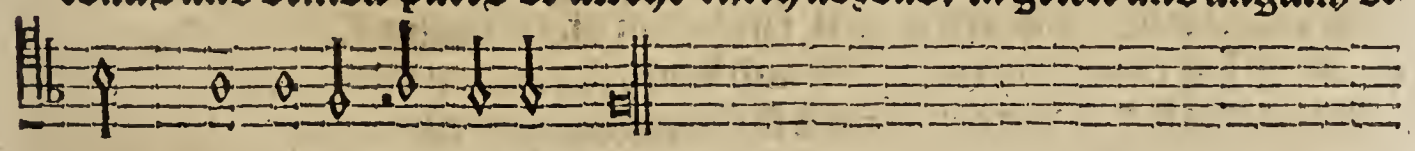
REgard O Lord, for I complaine and make my ſute to thee:



let not my words returne in vaine, but giue an eare to me. From out the



coaſts and vtmoſt parts of all the earth abroad: in griefe and anguiſh of



mine heart I cry to thee O God.

3 Upon the rocke of thy great power, my wofull mind repoſe:
thou art my hope, my fort and tower, my fence againſt my foes.
4 Within thy tent I luſt to dwell for euer to endure:
vnder thy wings I know right well, I ſhall be ſafe and ſure.

5 The Lord doth my deſire regard, and doth fulfill the ſame;
with godly gifts doth he regard all them that feare his Name.
6 The King ſhall he in health maintaine, and ſo prolong his daies:
that he from age to age ſhall raigne for euermore alwaies.

7 That he may haue a dwelling place before the Lord for aye:
O let thy mercy, truth, and grace defend him from decay.
8 Then ſhall I ſing for euer ſtill with praiſe vnto thy name:
that all my vowes I may fulfill, and dayly pay the ſame.

Nonne Deo ſubiecta. Pſal. Lxij I.H.

Dauid declareth by his example, and by the nature of God, that he muſt truſt in God alone, and thereto exhorteth all people, ſeeing that all is vanitie, and without God all goeth to nought: and wee are alwayes taught that God onely is of power to ſaue, and that he rewardeth man according to his workes.

Sing this as the 61. Pſalme.

My ſoule to God ſhall giue good heed, and him alone attend:
for why? my health and hope to ſpeed doth whole on him depend.
2 For he alone is my defence, my rocke, my health, my aid:
he is my ſtay that no pretence ſhall make me much diſmaid.

3 O wicked folke, how long will ye vs crafts? ſure ye muſt fall:
for as a rotten hedge ye be, and like a tottering wall.
4 Whom God doth loue, yee ſeeke alwaies to put him to the worſe:
ye loue to lye, with mouth ye praiſe, and yet your heart doth curſe.

5 Yet ſtill my ſoule doth whole depend on God my chiefe deſire:
from all falſe feates me to defend none but him I require.
6 He is my rocke, my ſtrength, my tower, my health is of his grace:
he doth ſupport me that no power can moue me out of place.

7 God is my glory and my health, my ſoules deſire and luſt:
my fort, my ſtrength, my ſtay, my wealth, God is mine onely truſt.
8 O haue your hope in him alway, ye folke with one accord,
poure out your hearts to him and ſay, our truſt is in the Lord.

9 The ſonnes of men deceitfull are, on ballance but a ſleight:
with things moſt vaine doe them compare, for they can keepe no weight
10 Truſt not in wrong, robbery or ſtealth, let vaine delights begone:
though goods well got flow in with wealth, ſet not your hearts thereon.

11 The Lord long ſince one thing did tell, which here to mind I call:
he ſpake it oft, I heard it well, that God alone doth all.
12 And that thou Lord art good and kind, thy mercy doth exceed:
ſo that all ſorts with thee ſhall find according to their deed.

Deus Deus meus. Pſal. Lxiij. T. S.

Dauid after he had beene in great dauger by Saul in the deſart of Ziph made this Pſalme, wherein he giueth thanks to God for his wonderfull deliuerance, in whoſe mercies he truſted euen in the midſt of his miſeries, propheſying the deſtruction of Gods enemies, and contrariwiſe happineſſe to all them that truſt in the Lord. 1. Sam. 3.

Sing this as the 44. Pſalme.

O Lord my God I watch betime, to come to thee in haſt:
for why? my ſoule and body both, doth thirſt of thee to taſt:
And in this barren wilderneſſe where waters there are none,
my fleſh is parcht for thought of thee, for thee I wiſh alone.

2 That I might ſee yet once againe, thy glory, ſtrength and might:
as I was wont it to behold within thy Temple bright,
3 For why? thy mercies far ſurmount this life and wretched dayes,
my lips therefore ſhall giue to thee due honour, laud, and praiſe.

4 And

4 And whilſt I liue I will not faile to worſhip thee alway:
and in thy Name I ſhall lift vp my hands when I doe pray.
5 My ſoule is filled with marrow, which is both fat and ſweet:
my mouth therefore ſhall ſing ſuch ſongs as are for thee moſt meet.

6 When as in bed I thinke on thee, and eke all the night tide:
7 For vnder couert of thy wings, thou art my ioyfull guide.
8 My ſoule doth ſurely sticke to thee, thy right hand is my power:
9 And thoſe that ſeeke my ſoule to ſtroy, them death ſhall ſoone deuoure.

10 The ſword ſhall them deuoure each one, their carkaſſes ſhall feed
the hungry Foxes which doe runne their pray to ſeeke at need.
11 The King and all men ſhall reioyce, that doe profeſſe Gods word:
for lyars mouths ſhall then be ſtopt, which haue the truth diſturbde.

Exaudi Deus vocem meam. Pſal. Lxiiij. I. H.

Dauid prayeth againſt the falſe reporters & ſlaunderers, he declareth their puniſhment and deſtruction, to the comfort of the iuſt, and the glory of God.

Sing this as the 30. Pſalme.

O Lord vnto my voice giue eare, with plaint when I doe pray:
and rid my life and ſoule from feare of foes that threat to ſlay.
2 Defend me from that ſort of men, which in deceits do lurke:
and from the frowning face of them, that all ill feats doe worke.

3 Who whet their tongues as we haue ſeen men whet & sharp their ſwords
they ſhoot abroad their arrowes keene, I meane moſt bitter words.
4 With priuie ſleight ſhoot they their ſhaft, the vpright man to hit:
the iuſt vnware to ſtrike by craft, they care or feare no whit.

5 A wicked worke haue they decreed, in counſell thus they cry:
to vſe deceit let vs not dread, what, who can it eſpie?
6 What waies to hurt they talke and muſe all times within their heart:
they all conſult what feats to vſe, each doth inuent his part.

7 But yet all this ſhall not preuaile, when they thinke leaſt vpon,
God with his dart ſhall ſure aſſaile and wound them euery one.
8 Their crafts, & their ill tongs withal, ſhal work themſelues ſuch blame.
that they which then behold their fall, ſhall wonder at the ſame.

9 Then all that ſee ſhal know right wel, that God the thing hath wrought:
and praiſe his witty works and tell what he to paſſe hath brought:
10 Yet ſhall the iuſt in God reioyce, ſtill truſting in his might:
ſo ſhall they ioy with mind and voice, whoſe heart is pure and right.

Te decet hymnus .Pſal. Lxv. I. H.

A praiſe and thankſgiuing vnto God by the faithfull, who are ſignified by Sion and Jeruſalem for the chuſing, preſeruation, and gouernance of them, and for the plentifull bleſſings poured forth vpon all the earth.

Sing this as the 30. Pſalme.

Thy praiſe alone O Lord doth raigne in Sion thine owne hill:
their vowes to thee they doe maintaine, and their beheſts fulfill.

2 For that thou doſt their prayers heare, and doſt thereto agree:
thy people all both farre and neere, with truth ſhall come to the.

3 Our wicked life ſo farre exceeds, that we ſhould fall therein:
but Lord forgiue our great miſdeeds, and purge vs from our ſinne.
4 The man is bleſt whom thou doſt chuſe within thy court to dwell:
thy houſe and temple he ſhall vſe, with pleaſures that excell.

5 Of thy great iuſtice heare vs God, our health of thee doth riſe:
the hope of all the earth abroad, and the ſea coaſt likewiſe.
6 With ſtrength thou art beſet about, and compaſt with thy power:
thou mak'ſt the mountaines ſtrong and ſtout, to ſtand in euery ſhower.

7 The ſwelling ſeas thou doſt aſſwage, & mak'ſt their ſtreames full ſtill:
thou doſt reſtraine the peoples rage, and ruleſt them at thy will.
8 The folke that dwell full far on earth, ſhall dread thy ſignes to ſee,
which morne and euening in great mirth doth paſſe with praiſe to thee.

9 When that the earth is chapt and dry, and thirſteth more and more:
then with thy drops thou doſt apply, and much increaſe her ſtore.
10 The flood of God doth ouerflow, and ſo doth cauſe to ſpring:
the ſeed and corne which men doe ſow, for he doth giue the thing.

11 With wet thou doſt her furrowes fill, whereby her clods doe fall:
thy drops to her thou doeſt diſtill, and bleſſe her fruit withall.
12 Thou deckſt the earth with thy good grace, with faire & pleaſant crop
the clouds diſtill the dew apace, great plenty they do drop.

13 Whereby the deſert ſhall begin, full great encreaſe to bring,
the little hils ſhall ioy therein much fruit in them ſhall ſpring.
14 In places plaine the flocks ſhall feed, and couer all the earth:
the vallies with corne ſhall ſo exceed, that men ſhall ſing for mirth.

Iubilate Deo omnes. Pſal. Lxvj. I. H.

He prouoketh all men to praiſe the Lord, and to conſider his works, rehearſing two thinges moſt wonderfull. He ſetteth forth the power of God, to affray the rebels, and ſheweth how God hath deliuered Iſrael from great bondage and afflictions, hee promiſeth to giue ſacrifice, and prouoketh all men to heare what God hath done for him, and to praiſe his Name.

Sing this as the 68. Pſalme.

YEe men on earth in God reioyce, with praiſe ſet forth his Name:
extoll his might with heart and voice, giue glory to the ſame.
2 How wonderfull O Lord ſay ye, in all thy works thou art:
thy foes for feare doe ſeeke to thee, full ſore againſt their heart.

3 All men that dwell the earth throughout do praiſe the Name of God:
the laud thereof the world about is ſhew'd and ſet abroad.
4 All folke come forth, behold & ſee what things the Lord hath wrought:
marke well the wondrous workes that he for man to paſſe hath brought.

5 He layd the Sea like heapes on hie, therein a way they had
on foot to paſſe both faire and dry, whereof their hearts were glad.
6 His might doth rule the world alway, his eyes all things behold,
all ſuch as would him diſobay, by him ſhall be controld.

7 Yea

7 Yee people giue vnto our God due laud and thanks alwaies:
with ioyfull voice declare abroad, and ſing vnto his praiſe.
8 Which doth endue our ſoule with life, and it preſerue withall,
and ſtayes our feet, ſo that no ſtrife can make vs ſlip or fall.

9 The Lord doth proue our deeds with fire, if that they will abide,
as workmen doe when they deſire to haue their mettals tride.
10 Although thou ſuffer vs ſo long in priſon to be caſt,
and there with chaines and fetters ſtrong to lye in bondage feſt.

The ſecond part.

11 Although I ſay thou ſuffer men on vs to ride and raigne,
though we through fire and water runne for very griefe and paine:
12 Yet ſure thou doſt of thy good grace diſpoſe it to the beſt,
and bring vs out into a place to liue in wealth and reſt.

13 Unto thy houſe reſort will I to offer and to pray:
and there I will my ſelfe apply my vowes to thee to pay.
14 The vowes that with my mouth I ſpake in all my griefe and ſmart,
the vowes I ſay which I did make in dolour of my heart.

15 Burnt offrings I will giue to thee, of Oxen fat and Rams:
no other ſacrifice ſhall be of Bullocks, Goats, and Lambs.
16 Come forth and harken here full ſoone, all ye that feare the Lord,
what he for my poore ſoule hath done, to you I will record.

17 Full oft I call vpon thy grace, this mouth to him doth cry:
and thou my tongue make ſpeed apace, to praiſe him by and by.
18 But if I feele my heart within in wicked workes reioyce:
or if I haue delight to ſinne, God will not heare my voice.

19 But ſurely God my voice hath heard, and what I do require:
my prayer he doth well regard, and graunteth my deſire.
20 All praiſe to him that hath not put, nor caſt me out of mind:
nor yet his mercy from me ſhut, which I doe euer find.

Deus miſereatur noſtri. Pſal. Lxvij. I. H.

A ſweet prayer for all the faithfull to obtaine the fauour of God, and to bee enlightened with his countenance, to the end that his way and iudgements may be knowne throughout the earth. A reioycing that God is the gouernor of all nations.

Sing this as the 30. Pſalme.

HAue mercy on vs Lord, and grant to vs thy grace:
to ſhew to vs doe thou accord the brightneſſe of thy face.
2 That all the earth may know, the way to godly wealth:
and all the Nations on a row, may ſee thy ſauing health.

3 Let all the world O God, giue praiſe vnto thy Name.
O let the people all abroad, extoll and laud the ſame.
4 Throughout the world ſo wide, let all reioyce with mirth:
for thou with truth and right doſt guide the Nations of the Earth.

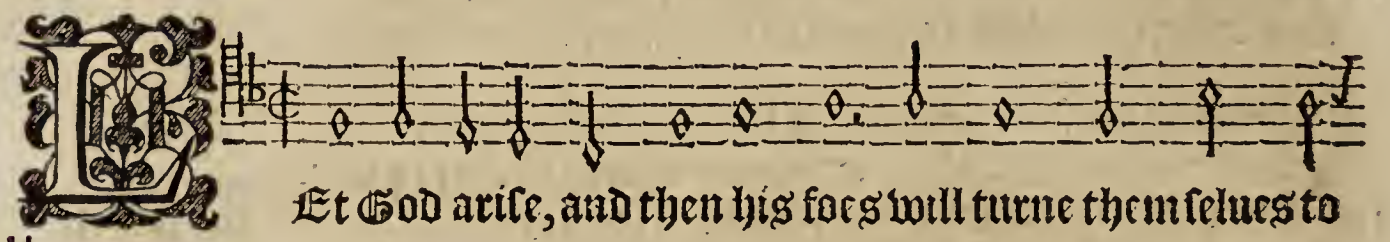
5 Let all the world O God, giue praiſe vnto thy Name.

O Let the people all abroad, extoll and laud the ſame.
6 Then ſhall the earth encreaſe, great ſtore of fruit ſhall fall,
and then our God, the God of peace, ſhall bleſſe vs eke withall.

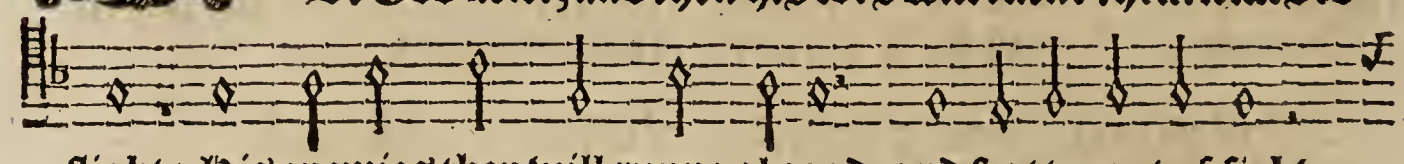
7 God ſhall vs bleſſe I ſay, and then both farre and neare,
the folke throughout the earth alway of him ſhall ſtand in feare.

Exurgat Deus. Pſal. Lxviij.

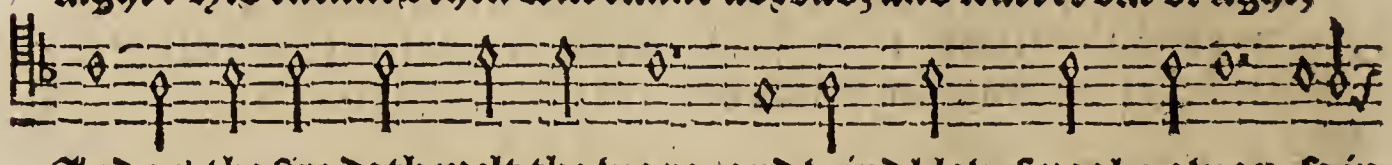
In this Pſalme Dauid ſetteth forth in a glaſſe the wonderfull mercies of God towards his people, who by all meanes and moſt ſtrange ſorts declareth himſelfe to them. And therefore Gods Church by reaſon of his promiſes, graces, and victories, doth excell without compariſon all worldly things, he exhorteth therefore all men to praiſe God for euer.



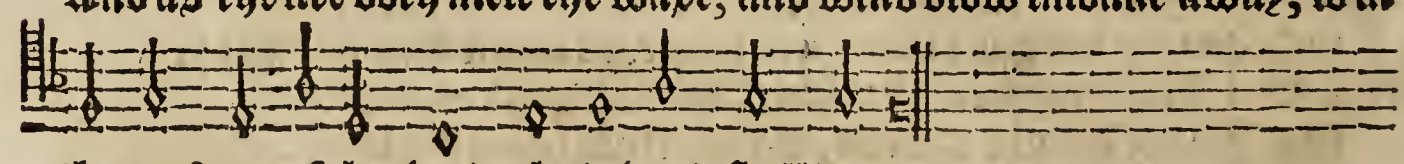
LEt God ariſe, and then his foes will turne themſelues to



flight: His enemies then will runne abroad, and ſcatter out of ſight,



And as the fire doth melt the waxe, and wind blow ſmoake away, ſo in



the preſence of the Lord, the wicked ſhall decay.

3 But righteous men before the Lord ſhall hartily reioyce:
they ſhall be glad and merry all, and chearefull in their voice.
4 Sing praiſe, ſing praiſe vnto the Lord who rideth on the skie:
extoll this name of Iah our God, and him doe magnifie.

5 That ſame is he that is aboue within his holy place:
that father is of fatherleſſe, and iudge of widdowes caſe.
6 Houſes he giues and iſſue both vnto the comfortleſſe:
he bringeth bondmen out of thrall, and rebels to diſtreſſe.

7 When thou didſt march before thy folke the Egyptians from among,
and brought thē through the wildernes, which was both wide and long:
8 The earth did quake, ỹ rain pourd down, heard were great claps of thun-
the mount Sinai ſhooke in ſuch ſort, as it would cleaue aſunder. (der:

9 Thine heritage with drops of raine aboundantly was waſht:
and if ſo be it barren wart, by thee it was refreſht:
10 Thy choſen flocke doth there remaine, thou haſt prepar'd that place:
and for the poore thou doſt prouide of thine eſpeciall grace.

The

The ſecond part.

11 God will giue women cauſes iuſt to magnifie his Name,
when as his people triumphs make, and purchaſe byute and fame.
12 For puiſſant kings for all their power ſhall flie and take the foile:
and women which remaine at home ſhall helpe to part the ſpoile.

13 And though ye were as blacke as pots, your hue ſhall paſſe the Doue,
whoſe wings and feathers ſeemie to haue ſiluer and gold aboue.
14 When in this land God ſhall triumph on kings both hie and low,
then ſhall it be like Salmon hill as white as any ſnow.

15 Though Baſan be a fruitfull hill, and in height others paſſe:
yet Sion Gods moſt holy hill doth farre exceed in grace.
16 Why brag ye thus ye hils moſt hie, and leape for pride together:
the hill of Sion God doth loue, and there will dwell for euer.

17 Gods armie is two millions of warriours good and ſtrong,
the Lord alſo in Sinai is preſent them among.
18 Thou didſt O Lord aſcend on high, and captiues led them all,
which in times paſt thy choſen folke in priſon kept and thrall.

Thou mad'ſt them tribute for to pay, and ſuch as did repine,
thou didſt ſubdue that they might dwell in thy temple diuine.
19 Now praiſed be the Lord for that he powers on vs ſuch grace,
from day to day he is the God of our healthy and ſolace.

The third part.

20 God is the God from whom alone ſaluation commeth plaine:
he is the God by whom we ſcape all danger, death, and paine.
21 Thus God will wound his enemies head, and breake the hairie ſcalpe
of thoſe that in their wickedneſſe, continually doe walke.

22 From Baſan will I bring (ſaid he) my people and my ſheepe,
and all mine owne as I haue done, from danger of the deepe.
23 And make them dip their feet in bloud of thoſe that hate my Name,
and dogs ſhall haue their tongues imbrude, with licking of the ſame.

24 All men may ſee how thou O God, thine enemies doſt deface:
and how thou goeſt as God and King into thy holy place.
25 The ſingers goe before with ioy, the minſtrels follow after:
and in the midſt the Damſels play, with Timbrell and with Tabet.

26 Now in the congregations O Iſraell praiſe the Lord:
and Jacobs whole poſteritie giue thanks with one accord.
27 Their chiefe was little Beniamin, but Iuda made their hoaſt,
with Zabulon and Nepthalim, which dwelt about their coaſt.

28 As God hath giuen power to thee, ſo Lord make firme and ſure
the thing that thou haſt wrought in vs for euer to endure.
29 And in thy temple gifts will wee giue vnto thee O Lord:
for thine vnto Jeruſalem ſure promiſe made by word.

The

The fourth part.

30 Yea, and strange Kings to vs subdude, shall doe like in those dayes:
I meane to thee they shall present their gifts of laud and praise.
He shall destroy the speare-mens ranks, their Calues and Buls of might:
and cause them tribute pay, and daunt all such as loue to fight.

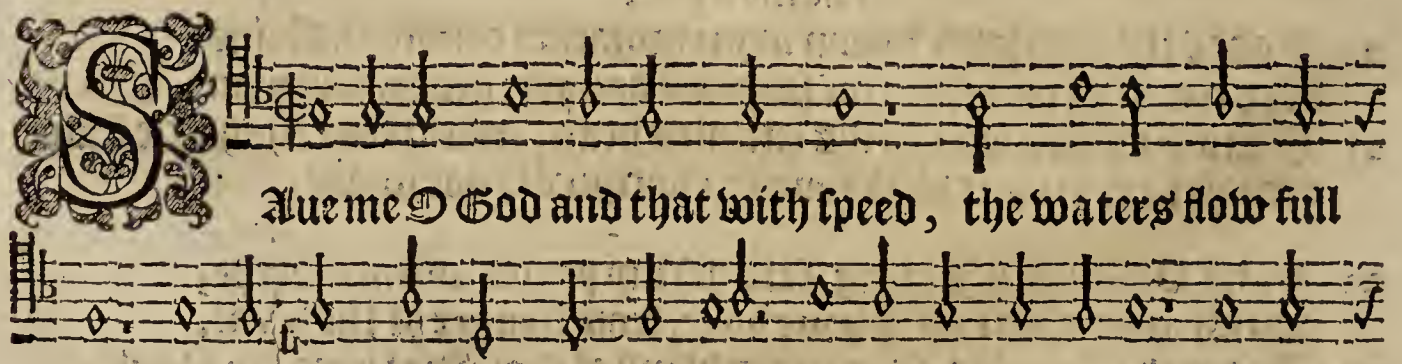
31 Then shall the Lords of Egipt come, and presents with them bring:
the Moores most blacke shall stretch their hand vnto their Lord & king.
32 Therefore ye kingdomes of the earth, giue praise vnto the Lord,
sing Psalmes to God with one consent, thereto let all accord.

33 Who though he ride and euer hath aboue the heauens bright:
yet by his fearefull thunderclaps men may well know his might.
34 Therefore the strength of Israell, ascribe to God on hie,
whose might and power doth farre extend aboue the cloudy skie.

35 O God thy holinesse and power, is dread for euermore:
the God of Israel giues vs strength, praised be God therefore.

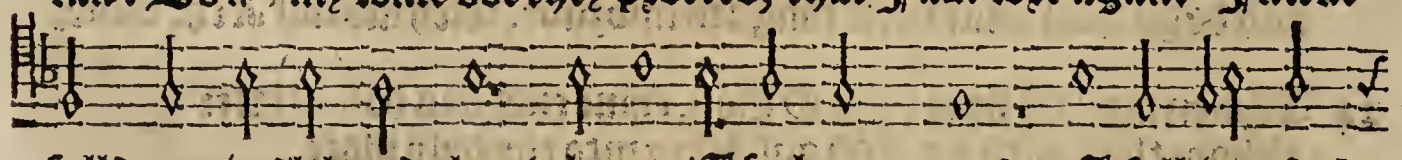
Saluum me fac. Psal. Lxix. I. H.

The complaints, prayers, feruent zeale, and great anguish of Dauid is set forth as a figure of Christ & his members: the maiicious cruelty of their enemies, and their punishment also, where Judas and such traitors are accursed. Then gathereth he courage in his affliction, and offereth praises vnto God, which are more acceptable then all sacrifices, whereof all the afflicted may take comfort. Finally, hee doth prouoke all creatures to praises, prophecying of the kingdome of Christ and the building of Juda, where all the faithfull and their seed shall dwell for euer.

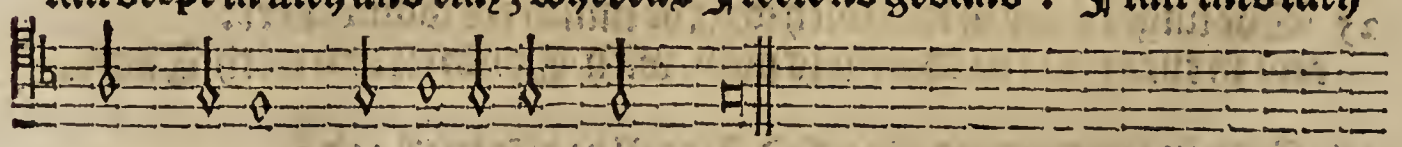


Saue me O God and that with speed, the waters flow full

fast: So in my soule doe they proceed, that I am sore agast. I sticke



full deepe in filth and clay, whereas I feele no ground: I fall into such



flouds (I say) that I am like be drowned.

3 With crying oft I faint and quaile, my throat is hoarse and dry:
with looking vp my sight doth faile for helpe to God on hie.
4 My foes that guiltlesse doe oppresse my soule, with hate are led:
in number sure they are no lesse, then haires are on my head.

5 Though for no cause they vexe me sore, they prosper and are glad:
they doe compell me to restore the things I neuer had.

6 What

6 What I haue done for want of wit, thou Lord all times canst tell:
and all the sinne that I commit to thee is knowne full well.

7 O God of hostes defend and stay all those that trust in thee:
let no man doubt or shrinke away for ought that chanceth me.
8 It is for thee and for thy sake that I doe beare this blame:
in spight of thee they would me make to hide my face for shame.

9 My mothers sonnes my brothers all forsake me on a row,
and as a stranger they me call, my face they will not know.
10 Unto thy house such zeale I beare that it doth pine me much:
their checks and taunts at thee to heare my very heart doth grutch.

The second part.

11 Though I doe fast my flesh to chast, yea if I weepe and mone,
yet in my teeth this geere is cast, they passe not thereupon.
12 If I for griefe and paine of heart in sackcloath vse to walke
then they anon will it peruert, thereof they iest and talke.

13 Both hie and low and all the throng that sit within the gate,
they haue me euer in their tongue, of me they talke and prate.
14 The drunkards which in wine delight, it is their chiefe pastime
to seeke which way to worke me spight, of me they sing and rime.

15 But thee the while O Lord I pray, that when it pleaseth thee
for thy great truth thou wilt alway send downe thine ayde to me.
16 Pluck thou my foot out of the mire, from drowning doe me keepe:
from such as owe me wrath and ire, and from the waters deepe.

17 Least in the waues I should be drownd, and depth my soule deuour,
and that the pit should me confound, and shut me in her power.
18 O Lord of hoasts to me giue eare, as thou art good and kinde,
and as thy mercy is most deare, Lord haue me in thy minde.

19 And doe not from thy seruant hide, nor turne thy face away:
I am oppressed on euery side, in hast giue eare I say.
20 O Lord vnto my sonle draw nie, the same with ayd repose:
because of their great tyranny, acquit me from my foes.

The third part.

21 That I abide rebuke and shame thou knowest and thou canst tell:
for those that seeke and worke the same thou seest them all full well.
22 When they with brags doe breake my heart, I seeke for helpe anon,
but finde no friends to ease my smart, to comfort me not one.

23 But in my meate they gaue me gall, too cruell for to thinke,
and gaue me in my thirst withall strong vineger to drinke.
24 Lord turne their table to a snare to take themselues therein:
and when they thinke full well to fare, then trap them in their gin.

25 And let their eyes be darke and blinde that they may nothing see:
bow downe their backe and doe them binde in thraldome for to be.
26 Poure out thy wrath as hot as fire that it may on them fall:
let thy displeasure in thine ire, take hold vpon them all.

27 As Delart dry their house disgrace, their off-spring eke expell
that none thereof possesse their place, nor in their tents do dwell:
28 If thou dost strike the man to tame, on him they lye full sore:
and if that thou doe wound the same, they seeke to hurt him more.

29 Then let them heape vp mischiefe still, sith they are all peruert,
that of thy fauour and good will they neuer haue no part.
30 And dash them cleane out of the booke of life, of hope, of trust:
that for their names they neuer looke in number of the iust.

The fourth part.

31 Though I O Lord, with woe and griefe haue beene full sore oppress:
thy help shall giue me such releefe, that all shall be redress.
32 That I may giue thy Name the praise, and shew it with a song:
I will extoll the same alwaies, with hearty thankes among.

33 Which is more pleasant vnto thee (such mind thy grace hath borne)
then either Oxe or Calfe can be, that hath both hoofe and horne.
34 When simple folke do this behold, it shall reioyce them sure:
all ye that seeke the Lord, behold, your life for aye shall dure.

35 For why? the Lord of hoasts doth heare the poore when they complaine:
his prisoners are to him full deare, he doth them not disdaine.
36 Wherefore the sky and earth below, the sea with floud and streame,
his praise they shall declare and shew, with all that liue in them.

37 For sure our God will Sion saue, and Judaes Cittie build:
much folke possession there shall haue, her streets shall all be fild.
38 His seruants seed shall keep the same, all ages out of mind:
and there all they that loue his Name, a dwelling place shall find.

Deus in adiutorium. Psal. Lxx. I. H.

He prayeth to be right speedily deliuered, as in the xl. Psalme. Then he desireth the shame of his enemies, and the ioyfull comfort of all those that seeke the Lord.

Sing this as the 30. Psalme.

O God to me take heed, of help I thee desire:
O Lord of hoasts with hast make speed, help, help I thee require.
2 With shame confound them all that seeke my soule to spill:
rebuke them backe with blame to fall that thinke and wish me ill.

3 Confound them that apply, and seeke to worke me shame:
and at my harme do laugh and cry, so, so, there goeth the game.
4 But let them ioyfull be in thee with ioy and wealth:
which onely trust and seeke to thee, and to thy sauing health.

5 That they may say alwaies, in mirth and one accord:
all glory, honour, laud and praise, be giuen to thee O Lord.
6 But I am weake and poore, come Lord, thine aide I lacke:
thou art my stay and helpe, therefore make speed and be not slacke.

In

In te Domine ſperaui. Pſal. Lxxj. I. H.

He prayeth in faith eſtabliſhed by the word of promiſe, and confirmed by the worke of God, from his youth: he deſireth now to be deliuered from the euill and wicked man(meaning his Sonne Abſolon and his confederacy) and he promiſeth to be mindfull for the ſame.

Sing this as the 69. Pſalme.

MY Lord my God in all diſtreſſe, my hope is whole in thee:
then let no ſhame my ſoule oppreſſe, nor once take hold on me.
2 As thou art iuſt defend me Lord, and rid me out of dread:
giue eare and to my ſute accord, and ſend me helpe at need.

3 Be thou my rocke to whom I may for aid all times reſort:
thy promiſe is to helpe alway, thou art my fence and fort.
4 Saue me my God from wicked men, & from their ſtrength and power:
from folke vniuſt, and eke from them that cruelly deuoure.

5 Thou art the ſtay wherein I truſt, thou Lord of hoaſts art he:
yea, from my youth I had a luſt ſtill to depend on thee.
6 Thou haſt me kept euen from my birth, and I through thee was borne:
wherfore I will thee praiſe with mirth both euening and at morne.

7 As to a monſter ſeldome ſeene, much folke about me throng:
but thou art now, and ſtill haſt beene, my fence and aid ſo ſtrong.
8 Wherefore my mouth no time ſhall lacke thy glory and thy praiſe:
and eke my tongue ſhall not be ſlacke to honour thee alwaies.

9 Refuſe me not O Lord I ſay, when age my limbs doth take:
and when my ſtrength doth waſt away, doe not my ſoule forſake.
10 Among themſelues my foes enquire to take me through deceit:
and they againſt me do conſpire, that for my ſoule laid wait.

The ſecond part.

11 Lay hand and take him now they ſaid, for God from him is gone:
diſpach him quite, for to his aid I wis there commeth none.
12 Doe not abſent thy ſelfe away, O Lord when need ſhall be:
but that in time of griefe thou may in haſt giue helpe to me.

13 With ſhame confound and ouerthrow all thoſe that ſeeke my life:
oppreſſe them with rebukes alſo, that faine would worke me ſtrife.
14 But I will patiently abide thy helpe at all aſſaies:
ſtill more and more each time and tide, I will ſet forth thy praiſe.

15 My mouth thy iuſtice ſhall record that daily helpe doth ſend:
but of thy benefits O Lord, I know no count nor end.
16 Yet will I goe and ſeeke forth one, with thy good helpe O God,
the ſauing health of thee alone to ſhew and ſet abroad.

17 For of my youth thou took'ſt the care, and doſt inſtruct me ſtill:
therefore thy wonders to declare, I haue great mind and will.
18 And as in youth from wanton rage thou diſt me keepe and ſtay:
forſake me not vnto mine age, and till my head be gray.

The third part.

19 That I thy ſtrength and might may ſhow to them that now be here:
and that our ſeed thy power may know heereafter many a yeare.
20 O Lord thy goodneſſe doth exceed thy doings all may ſee:
thy works are wonderfull indeed, oh, who is like to thee?

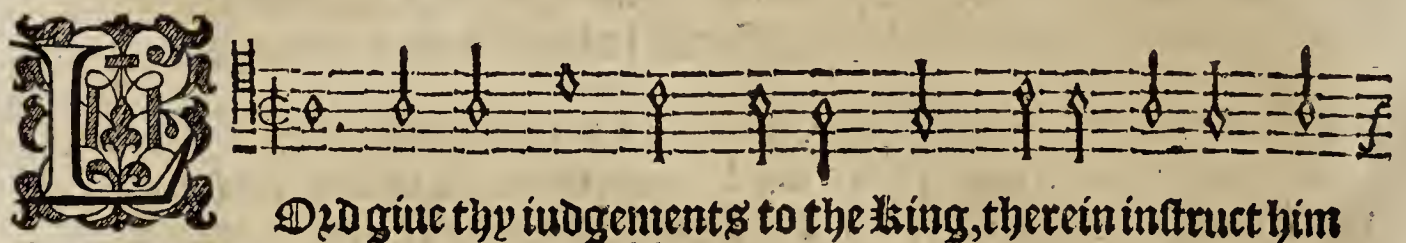
21 Thou mad'ſt me feele afflictions ſore, and yet thou didſt me ſaue:
yea, thou didſt helpe and me reſtore, and tookſt me from the graue.
22 And thou mine honour doſt encreaſe, my dignity maintaine:
yea, thou doſt make all griefe to ceaſe, and comfort'ſt me againe.

23 Therefore thy faithfulneſſe to praiſe, I will with Violl ſing:
my Harpe ſhall ſound thy laud alwaies, O Iſrals holy King.
24 My mouth will ioy with pleaſant voice, when I ſhall ſing to thee:
and eke my ſoule will much reioyce, for thou haſt made me free.

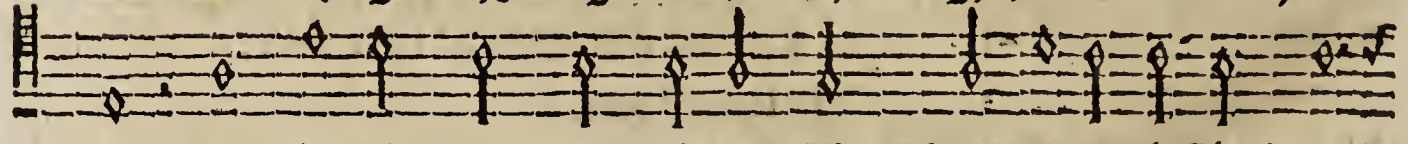
25 My tongue thy vprightneſſe ſhall ſound, and ſpeake it daily ſtill:
for griefe and ſhame do them confound, that ſought to worke me ill.

Deus iudicium tuum. Pſal. Lxxij. I. H.

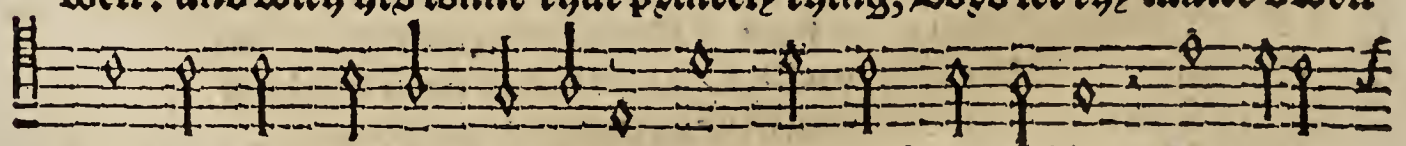
Hee prayeth that the kingdome of God by Chriſt may come vnder the perſon of Salomon, vnder whoſe ſhall be righteouſneſſe, peace, and felicity, vnto whom all Kings and Nations ſhall doe Homage, whoſe name and power ſhall endure for euer.



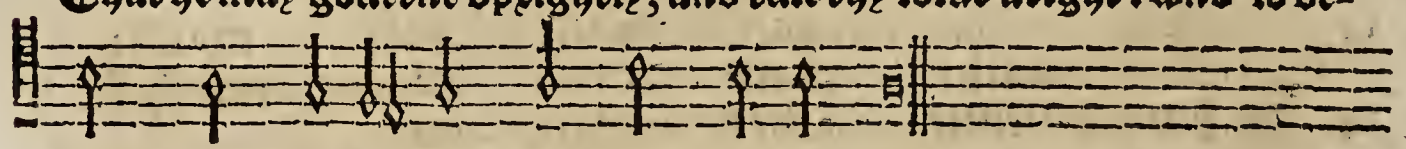
GOd giue thy iudgements to the King, therein inſtruct him



well: and with his ſonne that princely thing, Lord let thy iuſtice dwell



That he may gouerne vprightly, and rule thy folke aright: And ſo de-



fend through equity the poore that haue no might.

3 And let the mountaines that are hie vnto thy folke giue place,
and eke let little hils apply in iuſtice to encreaſe.
4 That he may helpe the weake and poore with aid, & make them ſtrong,
and eke deſtroy for euermore all thoſe that doe him wrong.

5 And then from age ſhall they, regard and feare thy might,
ſo long as Sunne doth ſhine by day, or elſe the Moone by night.
6 Lord make the King vnto the iuſt like raine to fields new mowne:
and like to drops that lay the duſt, and freſh the land vnſowne.

7 The

7 The iuſt ſhall floriſh in his time, and all ſhall be at peace:
vntill the Moone ſhall leaue to prime, waſt, change, and to encreaſe.
8 He ſhall be Lord of ſea and land, from ſhore to ſhore throughout:
and from the flouds within the land, through all the earth about.

9 The people that in deſart dwell, ſhall kneele to him full thicke:
and all his enemies that rebell, the earth and duſt ſhall licke.
10 The Lords of all the Iſles thereby, great gifts to him ſhall bring:
the Kings of Saba and Arabie, giue many a coſtly thing.

The ſecond part.

11 All Kings ſhall ſeeke with one accord in his good grace to ſtand:
and all the people of the world ſhall ſerue him at his hand.
12 For he the needy ſort doth ſaue that vnto him doth call:
and eke the ſimple folke that haue no helpe of man at all.

13 He taketh pitty on the poore, that are with need oppreſt:
he doth preſerue them enermore, and bring their ſoules to reſt.
14 He ſhall redeeme their life from dread, from fraud, from wrõg, frõ might.
and eke the blood that they ſhall bleed is precious in his ſight.

15 But he ſhall liue, and they ſhall bring to him of Sabaes gold:
he ſhall be honoured as a King and dayly be extold.
16 The mighty mountaines of his land, of corne ſhall beare ſuch throng,
that it like Cedar trees ſhall ſtand in Libanus full long.

17 Their Citties eke full well ſhall ſpeed, the fruits therof ſhall paſſe:
in plenty it ſhall farre exceed, and ſpring as greene as graſſe.
18 For euer they ſhall praiſe his Name, while that the Sun is light:
and thinke them haphy through the ſame, all folke ſhall bleſſe his might

19 Praiſe ye the Lord of hoaſts and ſing to Iſraels God each one:
for he doth euery wondrous thing, yea he himſelfe alone.
20 And bleſſe be his holy Name, all times eternally,
that all the earth may praiſe the ſame, Amen, Amen, ſay I.

Quàm bonus Deus. Pſal. Lxxiij. T. S.

The Prophet teacheth by his example that neither the worldly proſperity of the vngodly, nor yet the affliction of the good, ought to diſcourage Gods children, but rather ought to moue vs to conſider our Fathers prouidence, & to cauſe vs to reuerence gods iudgements: for ſmuch as the wicked vaniſh away like ſmoke, & the godly enter into life euerlaſting, in hope whereof he reſigneth himſelfe into gods hãds.

Sing this as the 44. Pſalme.

HOw euer it be, yet God is good, and kind to Iſraell:
and to all ſuch as ſafely keepe their conſcience pure and well.
2 Yet like a foole I almoſt ſlipt, my feet began to slide:
and ere I wiſt, euen at a pinch my ſteps awry gan glide.

3 For when I ſaw ſuch fooliſh men I grudgde and did diſdaine,
that wicked men all things ſhould haue without turmoile or paine.
4 They neuer ſuffer pangs nor grife as if death ſhould them ſmite,
their bodies are both ſtout and ſtrong, and euer in good plight.

5 And free from all aduerſity when other men be ſhent:
and with the reſt they take no part of plague or puniſhment.
6 Therefore preſumption doth embrace their necke as doth a chaine:
and are euen wrapt as in a robe, with rapine and diſdaine.

7 They are ſo fed, that euen for fat their eyes oft-times out ſtart:
and as for worldly goods they haue more then can wiſh their heart.
8 Their life is moſt licencious, boaſting much of the wrong
which they haue done to ſimple men, and euer pride among.

9 The heauens and the liuing Lord, they ſpare not to blaſpheme:
and prate they doe of worldly things, no wight they do eſteeme.
10 The people of God oft-times turne backe, to ſee their proſperous ſtate,
and almoſt drinke the ſelfe ſame cup, and follow the ſame rate.

The ſecond part.

11 How can it be that God ſay they, ſhould know or vnderſtand
theſe worldly things, ſince wicked men be Lords of ſea and land?
12 For we may ſe how wicked men in riches ſtill encreaſe,
rewarded well with worldly goods, and liue in reſt and peace.

13 Then why doe I from wickedneſſe my fantaſie refraine:
and waſh my hands with innocents, and cleanſe my heart in vaine?
14 And ſuffer ſcourges euery day, as ſubiect to all blame,
and euery morning from my youth, ſuſtaine rebuke and ſhame.

15 And I had almoſt ſaid as they, miſliking mine eſtate:
but that I ſhould thy children iudge as folke vnfortunate.
16 Then I bethought me how I might this matter vnderſtand:
but yet the labour was too great for me to take in hand.

17 Until the time I went into thy holy place, and then
I vnderſtood right perfectly the end of all theſe men:
18 And namely, how thou ſetteſt them vpon a ſlippery place,
and at thy pleaſure and thy will, thou doſt them all deface.

19 Then all men muſe at that ſtrange ſight, to ſee how ſo dainly
they are deſtoyd, deſpacht, conſumde, and dead ſo horribly.
20 Much like a dreame when one awakes ſo ſhall their wealth decay:
their famous Name in all mens ſight ſhall ebbe and paſſe away.

The third part.

21 Yet thus my heart was grieued then, my mind was much oppreſt,
22 So fond was I and ignorant, and in this point a beaſt.
23 Yet neuertheleſſe by thy right hand thou holdſt me alwaies faſt:
24 And with thy counſell doſt me guide to glory at the laſt.

25 What thing is there that I can wiſh, but thee in heauen aboue?
and in the earth there is nothing like thee that I can loue.
26 My fleſh and eke my heart doth faile, but God doth faile me neuer:
for of my heart God is the ſtrength, my portion eke for euer.

27 And

27 And loe all ſuch as thee forſake, thou ſhalt deſtroy each one,
and thoſe that truſt in any thing, ſauing in thee alone.
28 Therefore will I draw neere to God, and euer with him dwell:
in him alone I put my truſt, his wonders will I tell.

Vt quid Deus. Pſal. Lxxiiij. I. H.

The faithfull complaine of the deſtruction of the Church and true Religion vnder the name of Sion and the Altars deſtroyed. And truſting in the might and free mercies of God, by his couenant they require helpe and ſuccour for the glory of Gods holy name, the ſaluation of his poore afflicted ſeruants, and the confuſion of his proud enemies.

Sing this as the 72. Pſalme.

WHy art thou Lord ſo long from vs in all this danger deepe?
why doth thine anger kindle thus at thine owne paſture ſheepe?
1 Lord call thy people to thy thought, which haue beene thine ſo long:
the which thou haſt redeemde and brought from bondage ſore & ſtrong.

3 Haue mind I ſay and thinke vpon, remember it full well:
thy pleaſant place thy mount Sion, where thou waſt wont to dwell.
4 Lift vp thy foot and come in haſt and all thy foes deface:
which now at pleaſure rob and waſt within thy holy place.

5 Amid thy congregations all thine enemies roare O God:
they ſet as ſignes on euery wall their banners ſplaid abroad.
6 As men with axes hew downe trees, that on the hils do grow:
ſo ſhine the bils and ſwords of theſe within thy temple now.

7 The ſeeling ſawde, the carued bords, the goodly graue n ſtones,
with axes, hammers, bils, & ſwords, they beat them down at once.
8 Thy places they conſume with flame, and eke in all his toyle.
the houſe appointed to thy Name, they raze downe to the ſoile.

9 And thus they ſaid within their heart, diſpatch them out of hand:
then burne they vp in euery place Gods houſes through the land.
10 Yet thou no ſigne of helpe doſt ſhew, our Prophets all are gone:
to tell when this our plague ſhall end, among vs there is none.

11 When wilt thou Lord once end this ſhame, & ceaſe thine enemies ſtrong
ſhall they alway blaſpheme thy Name, and raile on thee ſo long?
12 Why doſt with-draw thy hand aback, and hide it in thy lap?
O plucke it out and be not ſlacke, to giue thy foes a rap.

The ſecond part.

13 O God thou art my King and Lord, and euermore haſt beene:
yea thy good grace throughout the world, for our good helpe hath ſeen.
14 The Seas that are ſo deepe and dead, thy might did make them dry:
and thou didſt breake the ſerpents head, that he therin did die.

15 Yea thou didſt breake the head ſo great of Whales that are ſo fell:
and gaueſt them to the folke to eate, that in the Deſart dwell.
16 Thou mad'ſt a ſpring with ſtreames to riſe from rocks both hard & hie
and eke thy hand hath made likewiſe deepe Riuers to be dry.

17 Both

17 Both day and eke the night are thine, by thee they were begun:
thou ſetſt to ſerue vs with their ſhine, the light and eke the Sun.
18 Thou doſt appoint the ends and coaſts of all the earth throughout:
both Summer heats, and winter froſts, thy hand hath found them out.

19 Thinke on O Lord, no time forget thy foes that thee defame:
and how the fooliſh folke are ſet to rayle vpon thy Name.
20 O let no cruell beaſt deuoure thy Turtle that is true:
forget not alwaies in thy power the poore that much doe rue.

21 Regard thy Couenant, and behold, thy foes poſſeſſe the Land:
all ſad and darke, forworne and old, our Realme as now doth ſtand.
22 Let not the ſimple goe away with diſappointed ſhame:
but let the poore and needy aye giue praiſe vnto thy Name.

23 Riſe Lord, let be by thee maintayned the cauſe that is thine owne:
remember how that thou blaſphemde art by the fooliſh one.
24 The voyce forget not of thy foes, for the preſuming hie,
is more and more encreaſt of thoſe that hate thee ſpightfully.

Confitebor tibi Deus. Pſal. Lxxv. N.

The faithfull doe praiſe the name of the Lord, which ſhall come to iudge at the time appointed, when the wicked ſhall be put to confuſion, and drink the cup of his wrath, their pride ſhall be abated, and the righteous ſhall be exalted to honour.

Sing this as the 44. Pſalme.

VNto thee God we will giue thankes, we will giue thankes to thee:
ſith thy Name is ſo neare, declare thy wondrous workes will we.
2 I will vprightly iudge, when get conuenient time I may:
the earth is weake, and all therein, but I her pillars ſtay.

3 I did to the mad people ſay, deale not ſo furiouſly:
and vnto the vngodly ones, ſet not your hornes on hie.
4 I ſaid vnto them, ſet not vp your raiſed hornes on hie:
and ſee that you doe with ſtiffe necke not ſpeake preſumptuouſly.

5 For neither from the Eaſterne part, nor from the Weſterne ſide:
nor from forſaken Wilderneſſe protection doth proceed:
6 For why, the Lord our God he is, the righteous Iudge alone:
he putteth downe the one, and ſets another in the throne.

7 For why, a cup of mighty wine is in the hands of God:
and all the mighty wine therein himſelfe doth poure abroad.
8 As for the lees and filthy dregs that do remaine of it,
the wicked of the earth ſhall drinke, and ſucke them euery whit.

9 But I will talke of God I ſay, of Iacobs God therefore:
and will not ceaſe to celebrate his praiſe for euermore.
10 In ſunder breake the hornes of all vngodly men will I,
but then the hornes of righteous men ſhall be exalted hie.

Gloria Patri.

To Father, Sonne, and holy Ghoſt, all glory be therefore,
As in beginning was, is now, and ſhall be euermore.

In Iudea. Pſal. Lxxvj. I. H.

This Pſalme ſetteth forth the power of God, and care for the defence of his people in Ieruſalem, in the deſtruction of the army of Senacherib, and exhorteth the faithfull to be thankfull for the ſame.

Sing this as the 66. Pſalme.

TO all that now in Iurie dwell, the Lord is clearely knowne:
his Name is great in Iſrael, a people of his owne.
2 At Salem he his tents hath pight, to tarry there a ſpace:
in Sion eke he hath delight to make his dwelling place.

3 And there he brake both ſhaft and bow, the ſword, the ſpeare & ſhield:
and brake the ray to ouerthrow in battell on the field.
4 Thou art more worthy honour Lord, more might on thee doth lie,
then in the ſtrongeſt of the world that rob on mountaines hie.

5 But now the proud are ſpoild through thee, and they are fallen on ſleepe;
through men of warre no helpe can be, themſelues they could not keepe.
6 At thy rebuke O Iacobs God, when thou doſt them reproue:
as halfe aſleepe their chariots ſtood, no horſeman once did moue.

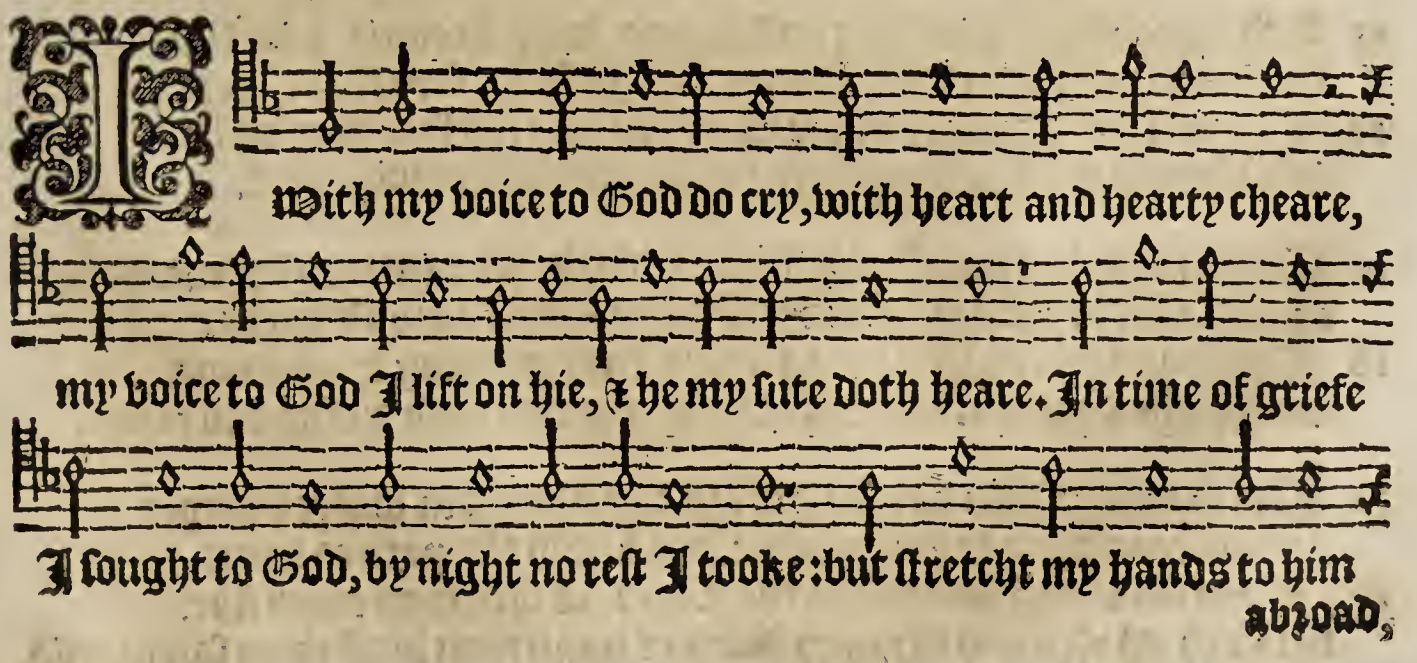
7 For thou art fearefull Lord indeed, what man the courage hath
to bide thy ſight, and doth not dread when thou art in thy wrath?
8 When thou doſt make thy iudgements heard frō heauen through ỹ ground:
then all the earth full ſore affraid, in ſilence ſhall be found.

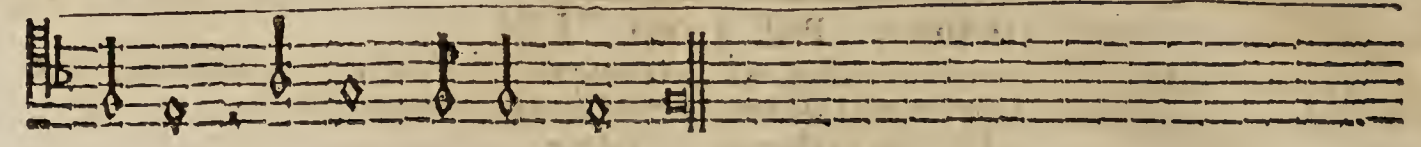
9 And that when thou O God doſt ſtand in iudgement for to ſpeake:
to ſaue th'afflicted of the land, on earth that are full weake.
10 The furie that in man doth raigne ſhall turne vnto thy praiſe:
hereafter Lord thou doſt reſtraine, their wrath and threats alwaies.

11 Make vowes and pay them to your God, ye folke that nigh him be:
bring gifts all ye that dwell abroad, for dreadfull ſure is he.
12 For he doth take both life and might, from Princes great of birth:
and full of terror is his ſight, to all the kings on earth.

Voce mea ad Dominum. Pſal. Lxxvij. T. S.

The Prophet in the name of the Church rehearſeth the greatnes of his affliction, & his grieuous temptation, where he was driuen to this end, to conſider his former converſation, and the continuall courſe of Gods works in the preſeruation of his ſeruants, & ſo he confirmeth his faith againſt theſe temptations.





abroad, my ſoule comfort forſooke.

3 When I to thinke on God entend, my trouble then is more:
I ſpake but could not make and end, my breath was ſtopt ſo ſore.
4 Thou holdſt mine eies alwaies from reſt, that I alwaies awake:
with feare I am ſo ſore oppreſt, my ſpeech doth me forſake.

5 The daies of old in mind I caſt, and oft did thinke vpon
the times and ages that are paſt full many yeeres agone.
6 By night my ſongs I call to mind, once made thy praiſe to ſhow:
and with my heart much talke I find, my ſpirits do ſearch and know.

7 Will God ſayd I at once for all caſt off his people thus:
ſo that hence forth no time he ſhall be friendly vnto vs:
8 What, is his goodneſſe cleane decaid for euer and a day:
or is his promiſe now delaid, and doth his truth decay:

9 And will the Lord our God forget, his mercies manifold:
or ſhall his wrath encreaſe ſo hote, his mercies to with-hold:
10 At laſt I ſayd, my weakneſſe is the cauſe of this miſtruſt:
Gods mighty hand can helpe all this, and change it when he luſt.

The ſecond part.

11 I will regard and thinke vpon, the working of the Lord,
of all his wonders paſt and gone, I gladly will record:
12 Yea all his works I will declare, and what he did deuiſe:
to tell his facts I will not ſpare, and eke his counſell wiſe.

13 Thy workes O Lord are all vpright, and holy all abroad:
what one hath ſtrength to match the might of thee, O God our Lord,
14 Thou art a God that oft doſt ſhew, thy wonders euery houre:
and ſo doſt make the people know, thy vertue and thy power.

15 And thine owne folke thou doſt defend, with ſtrength & ſtretched arme:
the ſonnes of Jacob that deſcend, and Joſephs ſeed from harme.
16 The waters Lord perceiued thee, the waters ſaw thee well:
and they for feare away did fly, the depths on trembling fell.

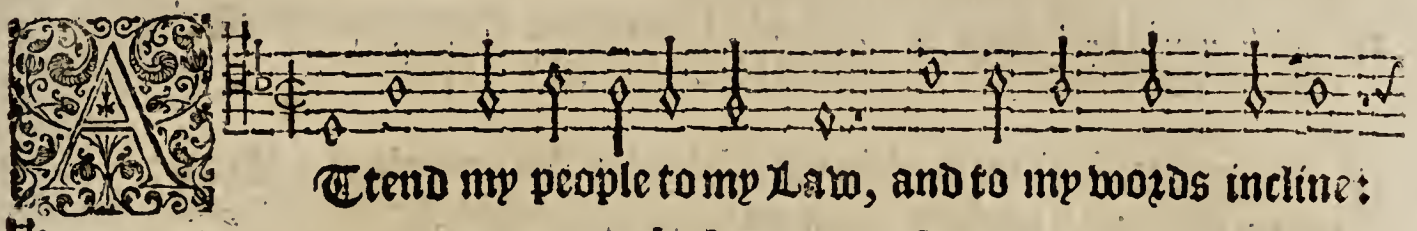
17 The clouds that were both thicke & black, did raine moſt plenteouſly:
the thunder in the ayre did cracke, their ſhafts abroad did fly.
18 Thy thunder in the ayre was heard, the lightning from aboue:
with flaſhes great made men afeard, the earth did quake and moue.

19 Thy wayes within the ſea doe lye, thy pathes in waters deepe:
yet none can there thy ſteps eſpie, nor know thy path to keepe.
20 Thou leadſt thy folke vpon the Land, as ſheepe on euery ſide:
through Moſes and through Aarons hand thou didſt them ſafely guid.

Audite

Attendite populi. Pſal. Lxxviij. T. S.

He ſheweth how God of his mercy choſe his Church of the poſterity of Abraham, caſting in their teeth the ſtubborne rebellion of their Fathers, that their Children might not onely vnderſtand that God of his free mercies made his Couenant with their Anceſtors, but alſo ſeeing them malicious and peruerſe, might be aſhamed, and ſo turne wholy to God. In this Pſalme the holy Ghoſt hath comprehended, as it were, the ſumme of all Gods benefits, to the intent the ignorant and groſſe people might ſee in few words the effect of the whole Hiſtories.



ATtend my people to my Law, and to my words incline:
My mouth ſhall ſpeake ſtrange parables, and ſentences diuine. which
we our ſelues haue heard and learnd euen of our Fathers old, and which
for our inſtruction, our Fathers haue vs told.

4 Becauſe we ſhould not keepe it cloſe from them that ſhould come after,
who ſhould Gods power to their race praiſe, and all his works of wonder.
5 To Jacob he commaundement gaue how Iſrael ſhould liue:
willing our Fathers ſhould the ſame vnto their children giue.

6 That they and their poſterity, that were not ſprung vp tho:
ſhould haue the knowledge of thy Law, and teach their ſeed alſo.
7 That they may haue the better hope in God that is aboue:
and not forget to keepe his lawes, and his precepts in loue.

8 Nor being as their Fathers were rebelling in Gods ſight:
and would not frame their wicked hearts to know their God aright.
9 How went the people of Ephraim, their neighbours for to ſpoile:
ſhooting their darts the day of warre, and yet they tooke the foile?

10 For why? they did not keepe with God the Couenant that was made:
nor yet would walke or lead their liues according to his trade.
11 But put into oblition his counſell and his will:
and all his works moſt magnifique, which he declareth ſtill.

The ſecond part.

12 What wonders to our fore-fathers did he himſelfe diſcloſe,
in Egypt Land within the field that cald is Thanos?
13 He did diuide and cut the ſea, that they might paſſe at once:
and made the waters ſtand as ſtill as doth an heape of ſtones.

14 He led them ſecret in a cloud by day when it was bright:
and in the night when darke it was with fire he gaue them light.
15 He brake the rocks in wilderneſſe, and gaue the people drinke
as plentifull as when the deepes doe flow vp to the brinke.

16 He drew out riuers out of rocks, that were both dry and hard:
of ſuch abundance that no flouds to them might be compar'd,
17 Yet for all this againſt the Lord their ſinne they did encreaſe:
and ſtirred him that is moſt hie to wrath in wilderneſſe.

18 They tempted him within their heartes, like people of miſtruſt:
requiring ſuch a kinde of meat as ſerued to their luſt:
19 Saying with murmuration in their vnfaithfulneſſe
what? can this God prepare for vs a feaſt in wilderneſſe?

20 Behold he ſtrake the ſtony rock, and flouds forthwith did flow:
but can he now giue to his folke both bread and fleſh alſo?
21 When God heard this, he waxed wrath with Jacob and his ſeed:
ſo did his indignation on Iſraell proceed.

The ſecond part.

22 Becauſe they did not faithfully belieue and hope that he
could alwaies helpe and ſuccour them in their neceſſity.
23 Wherefore he did command the clouds, forthwith they brake in ſunder,
24 And raind downe Manna for them to eat, a food of mickle wonder.

25 When earthly men with Angells food were fed at their requeſt.
26 He bad the Eaſt winde blow away, and brought in the South weſt.
27 And raind downe fleſh as thick as duſt, and fowle as thicke as ſand:
28 Which he did caſt amidſt the place where all their tentes did ſtand.

29 Then did they eat exceedingly, and all men had their fills:
yet more and more they did deſire to ſerue their luſt and wills.
30 But as the meat was in their mouthes his wrath vpon them fell,
31 And ſlew the flower of all their youth, and choiſe of Iſraell.

32 Yet fell they to their wonted ſinne, and ſtill they did him grieue:
for all the wonders that he wrought they did him not belieue.
33 Their dayes therefore he ſhortened, and made their honour vaine:
their yeares did waſt and paſſe away with terror and with paine.

34 But euer when he plagued them they ſought him by and by:
35 Remembring that he was their ſtrength, their helpe, and God moſt hie.
36 Though in their mouthes they did but gloſe, and flatter with the Lord:
and with their tongues and in their heartes diſſembled euery word.

The third part.

37 For why? their hearts were nothing bent to him nor to his trade:
nor yet to keepe or to performe the couenant that was made.
38 Yet was he ſtill ſo mercifull when they deſerud to dye,
that he forgaue them their miſdeeds, and would not them deſtroy.

39 Yea,

Yea many a time he turnd his wrath, and did himselfe deuise,
and would not suffer all his whole displeasure to arise.
39 Considering that they were but flesh, and euen as a winde
that passeth away, and cannot well returne by his owne kinde.

40 How oftentimes in wildernesse did they the Lord prouoke?
how did they moue and stir the Lord, to plague them with his stroke?
41 Yet did they turne againe to sinne, and tempted God eft-soone:
prescribing to the holy Lord, what things they would haue done.

42 Not thinking of his hand and power, nor of the day when he
deliuered them out of the hands of the fierce enemie.
43 Nor how he wrought his miracles, as they themselues beheld
in Egypt, and the wonders that he did in Zoan field.

44 Nor how he turned by his power the waters into bloud,
that no man might receiue his drinke at riuer nor at floud.
45 Nor how he sent them swarmes of flies, which did them sore annoy:
and fild their Countries full of frogs, which would their land destroy.

The fift part.

46 Nor how he did commit their fruits vnto the Caterpiller,
and all the labour of their hands he gaue to the Grashopper.
47 With hailestones he destroyd the Vines, so that they were all lost:
and not so much as wilde Figge-trees, but he consumde with frost.

48 And yet with hailestones once againe the Lord their cattell smote:
and all their flockes and heards likewise with thunder-bolts full hot
49 He cast vpon them in his ire, and in his fury strong
displeasure, wrath, and euill spirits to trouble them among.

50 Then to his wrath he made a way, and spared not the least,
but gaue vnto the pestilence the man and eke the beast:
51 He strake also the first-borne all, that vp in Egipt came:
and all the chiefe of men and beasts within the tents of Ham.

52 But as for all his owne deere folke he did preserue and keepe,
and carried them through wildernesse, euen like a flocke of sheepe.
53 Without all feare both safe and sound he brought them out of thrall:
where all their foes with rage of sea, were ouer-whelmed all.

54 And brought them out into the coasts of his owne holy Land,
euen to the Mount which he had got with his strong arme and hand.
55 And there cast out the Heathen folke, and did their Land diuide:
and in their tents he set the tribes of Israel to abide.

56 Yet for all this their God most hye, they tirid and tempted still,
and would not keepe his Testament, nor yet obey his will.
57 But as their Fathers turned backe, euen so they went astray,
much like a bow that would not bend, but slip and start away.

The sixt part.

58 And grieude him with their hill altars, with offerings, and with fire:
and with their Idols vehemently prouoked him to ire:
59 Therewith his wrath began againe to kindle in his breast,
the naughtinesse of Israel he did so much detest.

60 Then he forsooke the Tabernacle of Silo where he was
right conuersant with earthly men, euen as his dwelling place.
61 Then suffered he his might and power in bondage for to stand:
and gaue the honour of his Arke into his enemies hand.

62 And did commit them to the sword (wroth with his heritage,)
63 The youngmen were deuourd with fire, Maids had no marriage:
64 And with the sword the Priests also did perish euery one,
and not a Widdow left aliue, their death for to bemone.

65 And then the Lord began to wake, as one that slept a time,
and as a valiant man of warre, refreshed after wine.
66 With Emrods in the hinder parts he strake his enemies all:
and put them then vnto a shame that was perpetuall.

67 Then he the Tents and Tabernacle of Joseph did refuse,
as for the Tribe of Ephraim, he would in no wise chuse:
68 But chose the Tribe of Jehuda, whereas he thought to dwell,
euen the noble Mount Sion, which he did loue so well.

69 Whereas he did his Temple build both sumptuously and sure,
like as the earth which he hath made for euer to endure.
70 Then chose he Dauid him to serue, his people for to keepe:
which he tooke vp and brought away, euen from the folds of sheepe.

71 As he did follow the Ewes with young, the Lord did him aduance:
to feed his people Israel and his inheritance.
72 Thus Dauid with a faithfull heart his flocke and charge did feede:
and prudently with all his power did gouerne them indeed.

Deus, venerunt Gentes. Psal. Lxxix. I. H.

The Israelites complaine to God for the great calamity and oppression that they suffered when Antiochus destroyed their Temple and Cittie Jerusalem, desiring Gods aide against his raging tyranny, least Gods Name and Religion should be contemned among the Heathen, which should see them thus forsaken and perish.

Sing this as the 77. Psalme.

O Lord the Gentiles do inuade thy heritage to spoile:
Jerusalem an heap is made, thy Temple they defoile.
2 The bodies of thy Saints most deare, abroad to birds they cast:
the flesh of them that doe thee feare, the beasts deuoure and wast.

3 Their blood throughout Jerusalem, as water spilt they haue,
so that there is not one of them, to lay their dead in graue.
4 Thus are we made a laughing stocke, almost the world throughout:
the enemies at vs iest and mocke, which dwell our coasts about.

5 Wilt

5 Wilt thou O Lord thus in thine ire againſt vs euer fume,
and ſhew thy wrath as hot as fire, thy folke for to conſume?
6 Upon thoſe people poure the ſame, which did thee neuer know:
all Realmes which call not on thy Name conſume and ouerthrow.

7 For they haue got the vpper hand, and Jacobs ſeed deſtroyd:
his habitation and his Land, they haue left waſte and void.
8 Beare not in mind our former faults, with ſpeed ſome pitty ſhow,
and aid vs Lord at all aſſaies, for we are brought full low.

The ſecond part.

9 O God that giueſt all health and grace, on vs declare the ſame:
weigh not our works, our ſinnes deface for honour of thy Name.
10 Why ſhall the wicked ſtill alway to vs a people dumbe,
in thy reproach reioyce and ſay, where is their God become?

Require O Lord, as thou ſeeſt good, before our eies in ſight,
of all theſe folke thy ſeruants blood, which they ſpilt in deſpight.
11 Receiue into thy hands in haſt, the clamors, griefe, and wrong
of ſuch as are in priſon caſt ſuſtaining Irons ſtrong.

Thy force and ſtrength to celebrate Lord bring them out of band,
which vnto death are deſtinate, and in their enemies hand.
12 The Nations which haue beene ſo bold as to blaſpheme thy Name,
into their laps with ſeauen fold repay againe the ſame.

13 So we thy folke and paſture ſheepe, will praiſe thee euermore:
and teach all ages for to keepe for thee like praiſe in ſtore.

Qui regis Iſrael. Pſal. Lxxx. I. H.

A lamentable Prayer to God to help the miſeries of the Church, deſiring him to conſider their firſt eſtate, when his fauour ſhined towards them, to the intent that he may finiſh that worke that he had begun.

Sing this as the 68. Pſalme.

THou Heard that Iſrael doſt keep, giue eare and take good heed:
which leadeſt Joſeph like a ſheep, and doſt him watch and feed.
2 Thou Lord I ſay, whoſe ſeat is ſet on Cherubins ſo bright:
ſhew forth thy ſelfe, and do not let, ſend downe thy beames of light.

3 Before Ephraim and Beniamin, Manaſſes eke likewiſe,
to ſhew thy power do thou begin, come help vs Lord ariſe:
4 Direct our hearts vnto thy grace, conuert vs Lord to thee,
ſhew vs the brightneſſe of thy face, and then full ſafe are we.

5 Lord God of hoaſts of Iſrael, how long wilt thou, I ſay
againſt thy folke in anger ſwell, and wilt not heare them pray?
6 Thou doſt them feed with ſorrowes deep, their bread with teares they eat:
and drinke the teares that they do weep, in meaſure full and great.

7 Thou hast vs made a very strife to those that dwell about:
and that our foes do loue alike, they laugh and iest it out.
8 O take vs Lord vnto thy grace, conuert our minds to thee:
shew forth to vs thy ioyfull face, and we full safe shall be.

9 From Egypt where it grew not well, thou brought'st a Vine full deare,
the Heathen folke thou didst expell, and then didst plant it there.
10 Thou didst prepare for it a place, and set her roots full fast:
that it did grow and spring apace, and fild the land at last.

11 The hils were couered round about with shade that from it came:
and eke the Cedars high and stout, with branches of the same.
12 Why then dost thou her wals destroy: her hedge pluckt vp thou hast,
that all the folke that passe thereby, thy Vine may spoile and wast.

The second part.

13 The Boze out of the wood so wilde, doth dig and root it out:
the furious beasts out of the field deuoure it all about.
13 O Lord of hoasts returne againe, from heauen looke betime:
behold, and with thy help sustaine this poore vine-yard of thine.

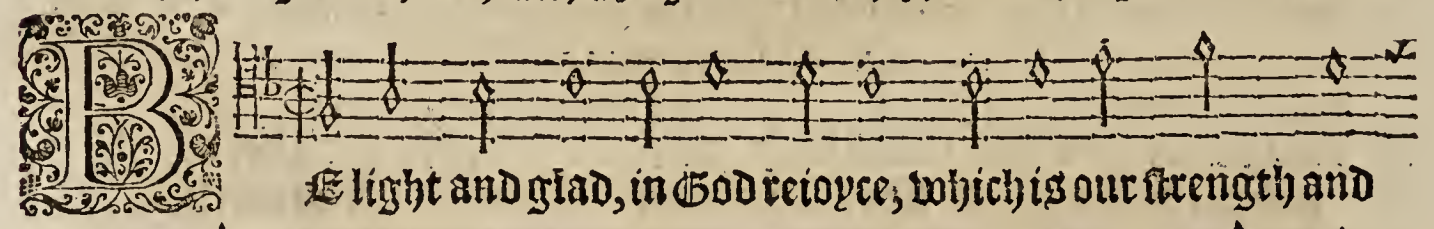
15 Thy plant I say, thine Israel, whom thy right hand hath set,
the same which thou didst loue so well, O Lord do not forget.
16 They lop and cut it downe apace, they burne it eke with fire:
and through the frowning of thy face, we perish in thine ire.

17 Let thy right hand be with them now, whom thou hast kept so long:
and with the sonne of man whom thou to thee hast made so strong.
18 And so when thou hast set vs free, and saued vs from shame:
then will we neuer fall from thee, but call vpon thy Name.

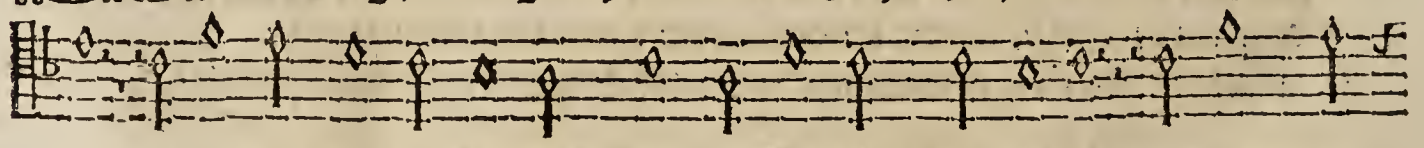
19 O Lord of hoasts through thy good grace conuert vs vnto thee:
behold vs with thy pleasant face, and then full safe are we.

Exultate Deo. Psal. Lxxxj. I. H.

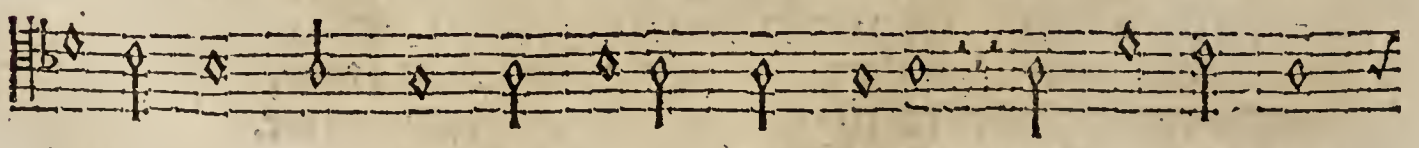
An exhortation to praise God both in heart and voice for his benefits, and to worship him duly. God condemneth their ingratitude, and sheweth what great benefits they haue lost through their owne malice.



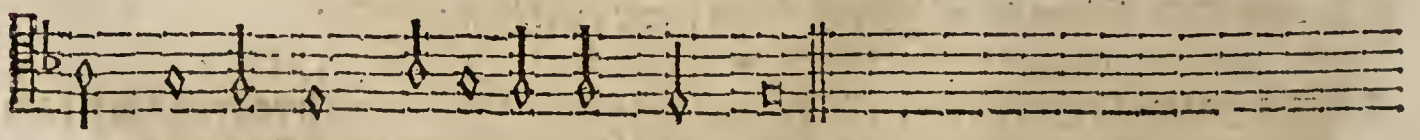
Be light and glad, in God reioyce, which is our strength and



stay: be ioyfull and lift vp your voyce to Jacobs God I say: prepare your



instruments most meet, some ioyfull Psalme to sing, strike vp with Harp



and Lute so sweet, on euery pleasant string.

3 Blow as it were in the new Moone, with trumpets of the best,
as it is vsed to be done, at any solemne feast.
4 For this is vnto Israell a statute and a trade,
a Law that must be kept full well, which Jacobs God hath made.

5 This clause with Joseph was decreed when he from Egypt came:
that as a witnesse all his seed should still obserue the same.
6 When God I say had so prepard to bring him from the land
whereas the speach which he had heard he did not vnderstand.

7 I from his shoulders tooke saith he, the burthen cleane away:
and from the furnace quite him free from burning bricke of clay.
8 When thou in griefe didst crie and call, I holpe thee by and by,
and I did answere thee withall in thunder secretly.

9 Yea, at the waters of discord I did thee tempt and proue
whereas the goodnesse of the Lord with muttering thou didst moue.
10 Heare O my folke, O Israel, and I assure it thee:
regard and marke my words full well, if thou wilt cleaue to me.

The second part.

11 Thou shalt no Gods in thee reserue of any land abroad,
nor in no wise to bowe or serue a strange or forraine God.
12 I am the Lord thy God and I from Egypt set thee free:
then aske of me abundantly, and I will giue it thee.

13 And yet my people would not heare my voyce when that I spake:
nor Israel would not obey, but did me quite forsake.
14 Then did I leaue them to their will in hardnesse of their heart:
to walke in their owne counsels still, themselues they might peruert.

15 O that my people would haue heard the words that I did say:
and eke that Israel would regard to walke within my way.
16 How soone would I confound their foes, and bring them downe full low
and turne my hand vpon all those, that would them ouerthrow.

17 And they that at the Lord doe rage, as slaues shall seeke him till:
but of his folke the time and age shall flourish euer still.
18 I would haue fed them with the crop and finest of the wheat:
and make the rocke with hony drop, that they their fils should eate.

Deus stetit in Synagoga. Psal. Lxxxii. I. H.

The Prophet declaring God to be present among the Judges and Magistrates, reproueth their partialitie, and vnrighteousnesse, and exhorteth to doe iustice, but seeing no amendment, hee desireth God to vndertake the matter, and execute iustice himselfe.

Sing this as the 77. psalme.

AMid the preasse and men of might, the Lord himselfe did stand
to plead the cause of truth and right, with Judges of the land,
2 How long said he will ye proceed false iudgement to award,
and haue respect for loue of meed, the wicked to regard?

3 Whereas of due you ſhould defend the fatherleſſe and weake:
and when the poore man doth contend, in iudgement iuſtly ſpeak.
4 If ye be wiſe defend the cauſe of poore men in their right:
and rid the needy from the clawes of tyrants force and might.

5 But nothing will they know or learne, in vaine to them I talke:
they will not ſee or ought diſcerne, but ſtill in darkneſſe walke.
For loe euen now the time is come, that all things fall to nought:
and likewiſe lawes both all and ſome, for gaine are ſold and bought.

6 I had decreed it in my ſight as Gods to take you all:
and children to the moſt of might, for loue I did you call.
7 But notwithſtanding ye ſhall dye as men and ſo decay:
O tyrants I ſhall you deſtroy, and plucke you quite away.

8 Up Lord and let thy ſtrength be knowne, and iudge the world with might:
for why? all nations are thine owne, to take them as thy right.

Deus quis ſimilis. Pſal. Lxxxiii. I. H.

The people of Iſrael pray vnto the Lord to deliuer them from their enemies both at home and farre off, which imagined nothing but their deſtruction, and they deſire that all ſuch wicked people may according as God was accuſtomed, be ſtriken with the ſtormy tempeſts of Gods wrath, that they may know that the Lord is moſt hie vpon earth.

Sing this as the 77. Pſalme.

DOe not O God refraine thy tongue, in ſilence doe not ſtay:
with-hold not Lord thy ſelfe ſo long, nor make no more delay.
2 For why? behold thy foes, and ſee how they doe rage and crie:
and thoſe that beare an hate to thee, hold vp their heads on hie.

3 Againſt thy folke they vſe deceit, and craftily enquire:
for thine elect to lie in waite, their counſell doth conſpire.
4 Come on ſay they, let vs expell, and plucke theſe folke away:
ſo that the name of Iſrael may vtterly decay.

5 They all conſpire within their heart, how they may thee withſtand:
againſt the Lord to take a part, they are in league and band.
6 The tents of all the Edomites, the Iſmaelites alſo:
the Hagarens and Moabites, with diuers other moe.

7 Geball with Ammon, and likewiſe doth Amalech conſpire:
the Philiſtines againſt thee riſe, with them that dwell at Tyre.
8 And Aſſur eke is well apaid, with them in league to be:
and doth become a fence and aid to Lots poſteritie.

9 As thou didſt to the Madianites, ſo ſerue them Lord each one:
as to Siſar and to Jabin beſide the brooke Kiſon.
10 Whom thou in Endor didſt deſtroy, and waſte them through thy might,
that they like dung on earth did lie, and that in open ſight.

The ſecond part.

11 Make them now and their Lords appeare, like Zeb and Oreb then,
as Zeba and Zalmana were, the kings of Madian.

12 which

12 Which said let vs throughout the land, in all the coasts abroad:
possesse and take into our hand the faire houses of God.

13 Turne them O God with stormes as fast as wheeles that haue no stay:
or like the chaffe which men doe cast, with windes to flye away.
14 Like as the fire with rage and fume, the mighty forrests spils,
and as the flame doth quite consume the mountaines and the hils,

15 So let the tempest of thy wrath vpon their necke be laid:
and of thy stormy winde and shower, Lord make them all afraid.
16 Lord bring them all I thee desire, to such rebuke and shame:
that it may cause them to enquire, and learne to seeke thy Name.

17 And let them euermore daily to shame and slander fall:
and in rebuke and obloquie, to perish eke withall.
18 That they may know and feele full well, that thou art called Lord:
and that alone thou dost excell and raigne throughout the world.

Quam dilecta. Psal. Lxxxiiii. I. H.

Dauid driuen forth of his Countrey, desireth most ardently to come againe to the Tabernacle of the Lord, and the assembly of the Saints to praise God, pronouncing them blessed that may so doe. Then hee praiseth the courage of the people that passe through the wildernesse to assemble themselues in Sion. Finally with praise of this matter and confidence of Gods goodnes he endeth the Psalme.

Sing this as the 67. psalme.

HOw pleasant is thy dwelling place, O Lord of hoastes to me:
the tabernacles of thy grace, how pleasant Lord they be:
2 My soule doth longfull fore to goe into thy courts abroad:
my heart doth lust, my flesh also in thee the liuing God.

3 The Sparrowes finde a roome to rest, and saue themselues from wrong:
and eke the Swallow hath a nest, wherein to keepe her young.
4 These birds full nigh thine Altar may haue place to sit and sing:
O Lord of hoasts thou art I say, my God and eke my King.

5 O they be blessed that may dwell, within thy house alwaies,
for they all times thy facts doe tell, and euer giue thee praise.
6 Yea happy sure likewise are they, whose stay & strength thou art,
which to thy house doe minde the way, and seeke it in their heart.

7 As they goe through the vale of teares, they dig vp fountaines still,
that as a spring it all appeares, and thou their pits dost fill.
8 From strength to strength they walke full fast, no faintnesse there shall be:
and so the God of gods at last in Sion they doe see.

9 O Lord of hoastes to me giue heed, and heare when I doe pray:
and let it through thine eares proceed, O Jacobs God I say.
10 O Lord our shield of thy good grace, regard and so draw neare:
regard I say, behold the face of thine annointed deare.

11 For why: within thy courts one day is better to abide,
then other where to keepe or stay, a thousand dayes beside.

12 Much rather would I keep a dooze within the houſe of God,
then in the tents of wickedneſſe to ſettle mine abode.

13 Foz God the Lozd light and defence, will grace and wozſhip giue,
and no good thing will he with-hold, from them that purely liue.
14 O Lozd of hoaſts that man is bleſt, and happy ſure is he
that is perſwaded in his bzeaſt all times to truſt in thee.

Bene dixiſti Domine. Pſal. Lxxxv. I. H.

Becauſe God withdzew not his rods from his Church after the return from Babilon, firſt, they put him in mind of their deliuerance, to the intent that he ſhould not leaue the wozke of his grace vnperfect: next they complaine of their long affliction: and thirdly, they reioyce in hope of felicity pzomiſed: foz their deliuerance was a figure of Chriſts kingdome, vnder which ſhould be perfect felicity.

Sing this as the 67. Pſalme.

THou haſt beene mercifull indeed O Lozd vnto thy Land:
foz thou reſtozedſt Jacobs ſeed from thzaldome out of band.
2 The wicked waies that they were in thou didſt them cleane remit,
and thou didſt hide thy peoples ſinne, ful cloſe thou couered'ſt it.

3 Thine anger eke thou didſt aſſwage, that all thy wzath was gone:
and ſo didſt turne thee from the rage with them to be at one.
4 O God our health do now conuert thy people vnto thee:
put all thy wzath from vs apart, and angry ceaſe to be.

5 Why ſhall thine anger neuer ceaſe, but ſtill pzoceed on vs?
and ſhall thy wzath it ſelfe extend vpon all ages thus?
6 Wilt thou not rather turne therefoze, and quicken vs that we
and all thy folke may euermoze be glad and ioy in thee?

7 O Lozd on vs do thou declare thy goodneſſe to our wealth:
ſhew fozth to vs and do not ſpare thine aid and ſauing health.
8 I will hearke what God ſaith, foz he ſpeakes to his people peace,
and to his Saints that neuer they returne to fooliſhneſſe.

9 Foz why? his health is ſtill at hand to ſuch as do him feare:
whereby great glozy in our Land ſhall dwell and flouriſh there.
10 Foz truth and mercy there ſhal meet, in one to take their place:
and peace ſhall iuſtice with kiſſe greet, and there they ſhall embzace.

11 As truth from earth ſhall ſpzing apace, and flouriſh pleaſantly:
ſo righteouſneſſe ſhall ſhew her face, and looke from heauen hie.
12 Yea God himſelfe ſhall take in hand, to giue vs each good thing:
and thzough the coaſts of all the Land, the earth her fruit ſhall bzing.

13 Befoze his face ſhall iuſtice goe, much like a guide oz ſtay:
he ſhall direct his ſteps alſo, and keepe them in the way.

Inclina Domine aurem Pſal. Lxxxvj. I. H.

Dauid ſoze afflicted and foꝛſaken of all, pzayeth feruently foz deliuerance, ſometimes rehearſing his miſeries, ſometimes the mercies receiued, deſiring alſo to be inſtructed of the Lozd, that he may feare him alſo, & gloziſie his Name: he complaineth alſo of his aduerſaries, & requireth to be deliuered from them.

Sing

Sing this as the 81. Pſalme.

LOrd bow thine eare to my requeſt, and heare me by and by:
with grieuous paine and griefe oppreſt, full poore and weake am I.
2 Preſerue my ſoule becauſe my way and doings holy be:
and ſaue thy ſeruant O my Lord, that puts his truſt in thee.

3 Thy mercy Lord on me expreſſe, defend me eke withall:
for through the day I do not ceaſe, on thee to cry and call.
4 Comfort O Lord thy ſeruants ſoule, that now with paine is pinde:
for vnto thee Lord I extoll, and lift my ſoule and minde.

5 For thou art good and bountifull, thy gifts of grace are free:
and eke thy mercy plentifull, to all that call on thee.
6 O Lord likewiſe when I do pray, regard and giue an eare:
marke well the words that I doe ſay, and all my prayers heare.

7 In time when trouble doth me moue, to thee I do complaine:
for why? I know and well do proue, thou anſwereſt me againe.
8 Among the Gods O Lord is none with thee to be compar'd,
and none can do as thou alone, the like hath not beene heard.

9 The Gentiles and the people all, which thou didſt make and frame
before thy face on knees will fall, and glorifie thy Name.
10 For why? thou art ſo much of might, all power is thine owne:
thou worke ſt wonders ſtill in ſight, for thou art God alone.

11 O teach me Lord the way, and I ſhall in thy truth proceed:
O ioyne my heart to thee ſo nie, that it thy Name may dread.
12 To thee my God will I giue praiſe, with all my heart O Lord:
and glorifie thy Name alwaies, for euer through the world.

13 For why? thy mercy ſhew'd to me, is great and doth excell:
thou ſetſt my ſoule at libertie out from the lower hell.
14 O Lord the proud againſt me riſe, and heaps of men of might,
that ſeeke my ſoule, and in no wiſe will haue me in their ſight.

15 Thou Lord art mercifull and meek, and ſlacke and ſlow to wrath:
thy goodneſſe is full great, and eke thy truth no meaſure hath.
16 O turne me Lord and mercy grant, thy ſtrength to me apply:
O help and ſaue thy ſeruaut now, thy hand-maids ſonne am I.

17 On me ſome ſigne of fauour ſhew, that all my foes may ſee,
and be aſham'd, becauſe Lord thou doſt help and ſuccour me.

Fundamenta eius. Pſal. Lxxxvii.

The holy Ghoſt promiſeth that the condition of the Church, which was in miſerie after the captiuity of Babilon, ſhould be reſtored to great excellency, ſo that there ſhould be nothing more comfortable then to be numbred among the members thereof.

Sing this as the 81. Pſalme.

THat Citty ſhall full well endure, her ground-worke ſtill doth ſtay
vpon the holy hils full ſure, it can no time decay.

God loues the gates of Sion beſt, his grace doth there abide,
he loues them more then all the reſt of Jacobs tentes beſide.

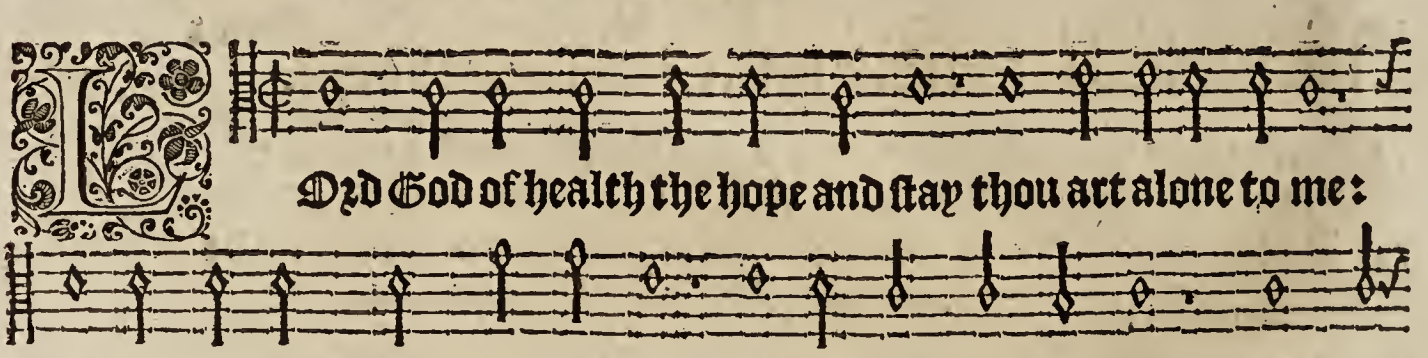
3 Full glorious things reported be in Sion and abroad,
great things I ſay are ſaid of thee thou Citie of our God.
4 On Rahab I will caſt an eye, and beare in mind the ſame:
and Babilon ſhall eke apply, and learne to know my name.

5 Loe Paleſtine and Tyre alſo, with Ethiope likewiſe:
a people old full long agoe were borne and there did riſe.
6 Of Sion they ſhall ſay abroad, that diuers men of fame
haue there ſprung vp, and the high God hath founded faſt the ſame.

7 In their records to them it ſhall through Gods deuiſe appeare
of Sion that the chiefe of all had his beginning there.
8 The Trumpetters with ſuch as ſing, therein great plenty be:
my fountaines and my pleaſant ſprings are compaſt all in thee.

Domine Deus ſalutis. Pſal. Lxxxviij I. H.

A grieuous complaint of the faithfull ſore afflicted by ſickneſſe, perſecution and aduerſity, being as it were left of God without any conſolation, yet he calleth vpon God by faith, and ſtriueth againſt deſperation, complaining himſelfe to be forſaken of all earthly helpe.



LOrd God of health the hope and ſtay thou art alone to me:
I call and cry throughout the day, and all the night to thee. O let
my prayers ſoone aſcend vnto thy ſight on hie: Encline thine eares, O
Lord, entend and hearken to my cry.

3 For why? my ſoule with woe is fild, and doth in trouble dwell:
my life and breath almoſt doth yeild, and draweth nie to hell.
4 I am eſteemde as one of them that in the pit doe fall,
and made as one among thoſe men that haue no ſtrength at all.

5 As one among the dead, and free from things that there remaine,
it were more eaſe for me to be with them the which are ſlaine.
6 As thoſe that lye in graue I ſay whom thou haſt cleane forgot:
the which thy hand hath cut away, and thou regard'ſt them not.

7 Yea,

7 Yea, like to one ſhut vp full ſure within the lower pit,
in places darke, and all obſcure, and in the depth of it.
8 Thine anger and thy wrath likewiſe full ſore on me doth lie:
and all thy ſtormes againſt me riſe, my ſoule to vexe and trie.

9 Thou putſt my friends far off from me, and mak'ſt them hate me ſore:
I am ſhut vp in priſon faſt, and can come forth no more.
10 My ſight doth faile through and woe, I call to thee O God
throughout the day, my hands alſo, to thee I ſtretch abroad.

The ſecond part.

11 Doſt thou vnto the dead declare thy wondrous workes of fame?
ſhall dead to life againe repaire and praiſe thee for the ſame?
12 Or ſhall thy louing kindneſſe Lord, be preached in the graue?
or ſhall with them that are deſtroid thy truth her honour haue?

13 Shall they that lye in darke full lowe of all thy wonders wot?
or there ſhall they thy iuſtice know, where all things are forgot?
14 But I O Lord to thee alway doe crie and call apace:
my prayer eke ere it be day ſhall come before thy face.

15 Why doſt thou Lord abhorre my ſoule in griefe that ſeeketh thee?
and now O Lord why doſt thou hide thy face away from me?
16 I am afflict as dying ſtill, from youth this many a yeare:
thy terrors which doe vexe me ill with troubled minde I beare.

17 The furies of thy wrathfull rage full ſore vpon me fall:
thy terrors eke may not aſſwage, but me oppreſſe withall.
18 All day they compaſſe me about as water at the tide,
and all at once with ſtreames full ſtout, beſet me on each ſide.

19 Thou ſetteſt far from me my friends and louers euery one:
yea and mine old acquaintance all out of my ſight are gone.

Miſericordias Domini. Pſal. Lxxxix. I. H.

With many words doth the Prophet praiſe the name of God for his teſtament and couenant that he made betweene him and his elect by Jeſu Chriſt the Sonne of Dauid. Then doth he complaine of the great ruine and deſolation of the Kingdome of Dauid, ſo that to the outward appearance the promiſe was broken. Finally he prayeth to be deliuered from his afflictions, making mention of the ſhortneſſe of mans life, and confirming himſelfe by Gods promiſes.

Sing this as the 67. pſalme.

TO ſing the mercies of the Lord my tongue ſhall neuer ſpare:
and with my mouth from age to age, thy truth I will declare.
2 For I haue ſaid that mercy ſhall for euermore remaine:
in that thou doſt the heauens ſtay thy truth appeareth plaine.

3 To mine elect (ſaith God) I made a couenant and beheſt,
my ſeruant Dauid to perſwade, I ſwore and did proteſt.
4 Thy ſeed for euer I will ſtay, and ſtabliſh it full faſt:
and ſtill vphold thy throne alway from age to age to laſt.

5 The

5 The heauens shew with ioy and mirth thy wondrous workes O Lord,
thy Saints within thy Church on earth, thy faith and truth record.
6 Who with the Lord is equall then in all the clouds abroad:
among the sonnes of all the Gods what one is like our God:

7 God in assembly of the Saints, is greatly to be dread:
and ouer all that dwell about in terror to be had.
8 Lord God of health in all the world, what one is like to thee:
on euery side most mightie Lord, thy truth is seene to be.

9 The raging Sea by thine aduise thou rulest at thy will:
and when the waues thereof arise thou makst them calme and still.
10 And Egypt Lord thou hast subdude, and thou hast it destroyd:
yea thou thy foes with mighty arme hast scattred all abroad.

The second part.

11 The heauens are thine and still haue beene, likewise the earth and land,
the world with all that is therein, thou foundest with thy hand.
12 Both North and South, with East & West thy selfe didst make & frame:
both Tabor Mount, and eke Hermon, reioyce and praise thy Name.

13 Thy arme is strong and full of power, all might therein doth lye:
the strength of thy right hand each houre thou liftest vp on hye.
14 In righteousnesse and equitie, thou hast thy seat and place:
mercy and truth are still with thee, and goe before thy face.

15 That folke is blest that knowes aright thy present power O God:
for in the fauour of thy sight they walke full safe abroad.
16 For in thy name throughout the day they ioy and much reioyce:
and through thy righteousnesse haue they a pleasant fame and noise.

17 For why: their glory, strength, and aide, in thee alone doth lie:
thy goodnesse eke that hath vs staid, shall lift our horne on hie.
18 Our strength that doth defend vs well, the Lord to vs doth bring:
the holy one of Israel, he is our guide and king.

19 Sometime thy will vnto thy Saints in visions thou dost show:
and thus then didst thou say to them, thy mind to make them know.
20 A man of might I will erect your king and guide to be:
and set vp him whom I elect among the folke to me.

The third part.

21 My seruant Dauid I appoint, whom I haue searched out,
and with my holy oyle annoint him king of all the rout.
22 For why: my hand is ready still with him for to remaine:
and with my arme also I will him strengthen and sustaine.

23 The enemies shall not him oppresse, they shall not him deuoure:
ne yet the sonne of wickednesse of him shall haue no power.
24 His foes likewise I will destroy before his face in sight:
and those that hate him I will plague, and strike them with my might.

25 My

25 My truth and mercy eke withall, ſhall ſtill vpon him lie:
and in my name his horne eke ſhall, be lifted vp on hie.
26 His kingdome I will ſet to be, vpon the ſea and land:
and eke the running flouds ſhall he, embrace with his right hand.

27 He ſhall depend with all his heart on me, and thus ſhall ſay:
my Father and my God thou art, my rocke of health and ſtay.
28 As one firſt borne I will him take, of all on earth that ſpringe:
his might and honour I ſhall make, aboue all earthly kings.

29 My mercy ſhall be with him ſtill, as I my ſelfe haue told:
my faithfull couenant to fulfill, my mercy I will hold:
30 And eke his ſeed I will ſuſtaine, for euer ſtrong and ſure:
ſo that his ſeat ſhall ſtill remaine, while heauen doth endure.

The fourth part.

31 If that his ſonnes forſake my law, and ſo begin to ſwerue,
and of my iudgements haue no awe, nor will not them obſerue:
32 Or if they will not vſe aright, my ſtatutes to them made:
and ſet all my commaundements light, and will not keep my trade.

33 Then with a rod I will begin, their doings to amend:
and ſo with ſcourging for their ſinne, when they that do offend.
34 My mercy yet and my goodneſſe, I will not take him fro,
nor handle him with craftineſſe, and ſo my truth forgo.

35 But ſure my couenrnt I will hold, with all that I haue ſpoke,
no word the which my lips haue told, ſhall alter or be broke.
36 Once ſware I by my holineſſe, and that performe will I:
with Dauid I will keepe promiſe, to him I will not lie.

37 His ſeed for euermore ſhall raigne, and eke his throne of might:
as doth the Sunne it ſhall remaine, for euer in my ſight.
38 And as the Moone within the ſky, for euer ſtandeth faſt:
as faithfull witneſſe from on hie, ſo ſhall his kingdome laſt.

39 But now O Lord thou doſt reiect, and now thou changeſt cheare:
yea, thou art wroth with thine elect, thine owne annointed deare.
40 The couenant which thy ſeruant made, Lord thou haſt quite vndone:
and downe vpon the ground alſo haſt caſt his royall crowne.

The fift parr.

41 Thou pluck'ſt his hedges vp with might, his wals thou doſt confound:
thou beateſt eke his bulwarkes downe, and break'ſt them to the ground.
42 That he is ſore deſtroyd and torne, of commers by throughout:
and ſo is made a mocke and ſcorne, to all that dwell about.

43 Thou their right hand haſt lifted vp, that him ſo ſore annoy:
and all his foes that him deuour, loe thou haſt made to ioy.
44 His ſwords edge thou didſt take away, that ſhould his foes withſtand:
to him in warre no victorie, thou giueſt, nor vpper hand.

45 His glory thou doſt alſo waſte, his throne, his ioy, and mirth,
by thee is ouerthrowne and caſt, full low vpon the earth.

46 Thou hast cut off and made full short, his youth and lusty daies:
and raisde of him an ill report, with shame and great dispraise.

47 How long away from me O Lord, for euer wilt thou turne?
and shall thine anger still away, as fire consume and burne?
48 O call to mind, remember then, my time consumeth fast:
why hast thou made the sonnes of men, as things in vaine to wast?

49 What man is he that liueth here, and death shall neuer see?
or from the hand of hell his soule, shall he deliuer free?
50 Where is O Lord thine old goodnesse, so oft declard before:
which by thy truth and vprightnesse, to Dauid thou hast sworne?

51 The great rebukes to mind I call, that on thy seruants lie:
the rayling of the people all, borne in my breast haue I.
52 Wherewith O Lord thine enemies, blasphemed haue thy name:
the steps of thine annointed one, they cease not to defame.

53 All praise to thee O Lord of hostes, both now and eke for aye:
through sky and earth and all the coasts, Amen, Amen, I say.

Domine refugium. Psal. XC. I. H.

Moses in his prayer setteth before vs the eternall fauour of God towards his, who are neither admonished by the breuity of their life, nor by plagues to be thankfull. Therefore Moses prayeth God to turne their hearts, and continue his mercy towards them and their posterity for euer.

Sing this as the 78. Psalme.

THou Lord hast beene our sure defence, our place of ease and rest:
in all times past, yea so long since, as cannot be exprest.
2 Ere there was made mountaine or hill, the earth or world abroad:
from age to age, and alwaies still, for euer thou art God.

3 Thou grindest man through greefe and paine, to dust, or clay, and then:
and then thou saiest againe returne, againe ye sonnes of men.
4 The lasting of a thousand yeare, what is it in thy sight?
as yesterday it doth appeare, or as a watch by night.

5 So soone as thou dost scatter them, then is their life and trade,
all as a sleep, and like the grasse, whose beauty soone doth fade.
6 Which in the morning shines full bright, but fadeth by and by:
and is cut downe ere it be night, all withered, dead, and dry.

7 For through thine anger we consume, our might is much decaid:
and of thy feruent wrath and fume, we are full sore afraid.
8 The wicked workes that we haue wrought, thou set'st before thine eye:
our priuy faults, yea eke our thoughts, thy countenance doth spy.

9 For through thy wrath our daies do waste, thereof doth naught remaine:
our yeares consume as words or blasts, and are not cald againe.
10 Our time is threescore yeares and ten, that we do liue on mold:
if one see fourescore, surely then, we count him wondrous old.

The

The second part.

11 Yet of this time the strength and chiefe, the which we count vpon:
is nothing else but painefull griefe, and we as blastes are gone,
12 Who once doth know what strength is there, what might thine anger
or in his heart who doth thee feare, according to thy wrath. (hath:

13 Instruct vs Lord to know and trie, how long our daies remaine:
and that we may our hearts applie, true wisedome to attaine.
14 Returne O Lord, how long wilt thou, forth on in wrath proceede:
shew fauour to thy seruants now, and help them at their neede.

15 Refresh vs with thy mercie soone, and then our ioy shall be:
all times so long as life doth last, in heart reioyce shall we.
16 As thou hast plagued vs before, now also make vs glad:
and for the yeares wherein full sore, affliction we haue had.

17 O let thy worke and power appeare, and on thy seruants light:
and shew vnto thy children deare, thy glory and thy might.
18 Lord let thy grace and glory stand, on vs thy seruants thus:
confirme the workes we take in hand, Lord prosper them to vs.

Qui habitat. Psal. xci. I. H.

Heere is described in what assurance he liueth that putteth his whole trust in God, and committeth himselfe wholy to his protection. A promise of God to those that loue him, know him, and trust in him, to deliuer them, and giue them immortall glory.

Sing this as the 99. psalme.

HE that within the secret place, of God most high doth dwell:
in shadow of the mightiest grace, at rest shall keepe him well.
2 Thou art my hope and my strong hold, I to the Lord will say:
my God is he in him will I, my whole affiance stay.

3 He shall defend thee from the snare, the which the hunter laid:
and from the deadly plague and care, whereof thou art afraid.
4 And with his winges shall couer thee, and keepe thee safely there,
his faith and truth thy fence shall be, as sure as shield and speare.

5 So that thou shalt not need I say, to feare or be affright:
of all the shastes that flie by day, nor terrors of the night.
6 Nor of the plague that priuily, doth walke in darke so fast,
nor yet of that which doth destroy, and at noone day doth wast.

7 Yea at thy side as thou dost stand, a thousand dead shall be:
ten thousand eke at thy right hand, and yet thou shalt be free.
8 But thou shalt see it for thy part, thine eyes shall well regard:
that euen like to their desart, the wicked haue reward.

9 For why: O Lord I onely lust, to stay my hope on thee:
and in the highest I put my trust, my sure defence is he.
10 Thou shalt not need none ill to feare, with it shall not mell.
nor yet the plague shall once come neare, the house where thou dost dwell.

11 For why: vnto his Angels all, with charge commandeth he:
that still in all thy wayes they shall preserue and prosper thee.
12 And in their hands shall thee beare vp, still waiting thee vpon:
so that thy foot shall neuer chance, to spurne at any stone.

13 Upon the Lyon thou shalt goe, the Adder fell and long:
and treade vpon the Lyons young, with Dragons stout and strong.
14 For he that trusteth vnto me, I will dispatch him quite:
and him defend, because that he, doth know my name aright.

15 When he for health on me doth crie, an answere I will giue:
and from his griefe take him will I, in glory for to liue.
16 With length of yeares and daies of wealth, I will fulfill his time:
the goodnesse of my sauing health, I will declare to him.

Bonum est Confiteri. Psal. xcij. I. H.

This Psalme was made to be sung on the Sabboth, to stirre vp the people to acknowledge God, and to praise him in his workes. The prophet reioyceth therein, but the wicked is not able to consider, that the vngodly when he is most flourishing, shall most speedily perish. In the end is described the felicitie of the iust planted in the house of God to praise the Lord.

Sing this as the 88. Psalme.

IT is a thing both good and meete, to praise the highest Lord:
and to thy name O thou most hie, to sing with one accord.
2 To shew the kindnesse of the Lord, betime ere day be light:
and eke declare his truth abroad, when it doth draw to night.

3 Upon ten stringed instruments, on Lute and Harpe so sweete:
with all the mirth you can inuent, on instruments most meete.
4 For thou hast made me to reioyce, in things so wrought by thee:
and I haue ioy in heart and voyce, thy handy workes to see.

5 O Lord how glorious and how great, are all thy workes so stout:
so deepely are thy counsels set, that none can trie them out.
6 The man vnwise hath not the wit, this geare to passe to bring:
and all such fooles are nothing fit, to vnderstand this thing.

7 When so the wicked at their will, as grasse doe spring full fast:
they when they flourish in their ill, for euer shall be wast.
8 But thou art mighty Lord most hie, yea thou dost raigne therfore,
in euery time eternally, both now and euermore.

9 For why: O Lord behold and see, behold thy foes I say,
how all that worke iniquitie, shall perish and decay.
10 But thou like as an Unicorne, shalt lift my horne on hie,
with fresh and new prepared oyle, thine oynted King am I.

11 And of my foes before mine eies, shall see the fall and shame:
of all that vp against me rise, mine eares shall heare the same.
12 The iust shall flourish vpon hie, as Date trees bud and blow:
and as the Cedars multiplie, in Libanus that grow.

13 For they are planted in the place, and dwelling of our God:
within his courts they ſpring apace, and flouriſh all abroad.
14 And in their age much fruit ſhall bring, both fat and well be ſeene:
and pleaſantly both bud and ſpring, with boughes and branches greene.

15 To ſhew that God is good and iuſt, and vpright in his will:
he is my rocke, my hope and truſt, in him there is none ill.

Dominus regnauit. Pſal. xciij. I. H.

He prayſeth the power of God in the creation of the world, and beateth downe all people which lift them vp againſt his Maieſtie, and prouoketh to conſider his promiſes.

Sing this as the 77. pſalme.

THe Lord as king aloft doth raigne, in glory goodly dight:
and he to ſhew his ſtrength and maine, hath girt himſelfe with might.
2 The Lord likewiſe the earth hath made, and ſhaped it ſo ſure:
no might can make it moue or fade, at ſtay it doth endure.

3 Ere that the world was made or wrought, thy ſeate was ſet before:
beyond all time that can be thought, thou haſt beene euermore.
4 The flouds O Lord, the flouds doe riſe, they roare and make a noyſe:
the flouds I ſay did enterpriſe, and lifted vp their voyce.

5 Yea though the ſtormes ariſe in ſight, though ſeas do rage and ſwell:
the Lord is ſtrong and more of might, for he on hie doth dwell.
6 And looke what promiſe he doth make, his houſhold to defend:
for iuſt and true they ſhall it take, all times withouten end.

Deus vltionum. pſal. xciiii. I.H.

He prayeth vnto God againſt the violence and arrogancy of Tyrants. Then doth he comfort the afflicted by the good iſſue of their afflictions, as he felt in himſelfe, and did ſee in others, and by the ruyne of the wicked, whom the Lord will deſtroy.

Sing this as the 78. pſalme.

O Lord thou doſt reuenge all wrong, that office longs to thee:
ſith vengeance doth to thee belong, declare that all may ſee.
2 Set forth thy ſelfe for thou of right, the earth doſt iudge & guide:
reward the proud and men of might, according to their pride.

3 How long ſhall wicked men beare ſway, with lifting vp their voyce:
how long ſhall wicked men I ſay, thus tryumph and reioyce:
4 How long ſhall they with brags burſt out, and proudly prate their fill:
ſhall they reioyce that be ſo ſtout, whoſe workes are euer ill:

5 Thy flocke O Lord, thine heritage, they ſpoile and vexe full ſore:
againſt thy people they do rage, ſtill dayly more and more.
6 The widowes which are comfortleſſe, and ſtrangers they deſtroy:
they ſlay the Children fatherleſſe, and none do put them by.

7 And when they take theſe things in hand, this talke they haue of thee:
can Iacobs God this vnderſtand: tuſh, no he cannot ſee.
8 O folke vnwiſe, and people rude, ſome knowledge now diſcerne:
ye fooles among the multitude, at length begin to learne.

9 The Lord which made the eare of man, he needs of right must heare:
he made the eyne, all things must then, before his sight appeare.
10 The Lord doth all the world correct, and makes them vnderstand:
shall he not then your deeds detect, how can ye scape his hand?

The second part.

11 The Lord doth know the thoughts of man, his hart he seeth full plaine:
the Lord I say, mens thoughts doth scan, and findeth them but vaine.
12 But Lord, that man is happy sure, whom thou dost keepe in awe:
and through correction dost procure to teach him in thy lawe.

13 Whereby he shall in quiet rest, in time of trouble sit:
when wicked men shall be suppresst, and fall into the pit.
14 For sure the Lord will not refuse, his people for to take:
his heritage whom he did chuse, he will no time forsake:

15 Untill that iudgement be decreed, to iustice to conuert:
that all may follow her with speed, that are of vpright heart.
16 But who vpon my part shall stand, against the cursed traine?
or who shall rid me from their hand, that wicked workes maintaine?

17 Except the Lord had beene mine ayd, mine enemies to repell:
my soule and life had now been laid, almost as low as hell.
18 When I did say my foot doth slide, I now am like to fall:
thy goodnesse Lord did so prouide, to stay me vp withall.

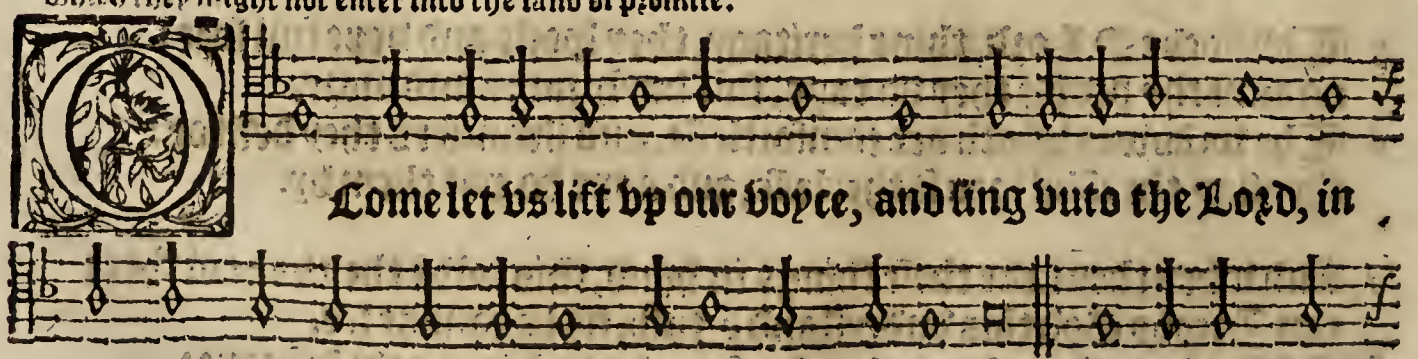
19 When with my selfe I mused much, and could no comfort finde:
then Lord thy goodnesse did me touch, and that did ease my minde.
20 Wilt thou inhaunt thy selfe, and draw with wicked men to sit:
which with pretence in stead of law, much mischiefe do commit?

21 For they consult against the life of righteous men and good:
and in their counsels they are rife, to shed the guiltlesse bloud.
22 But yet the Lord he is to me, a strong defence or locke:
he is my God to him I flee, he is my strength and rocke.

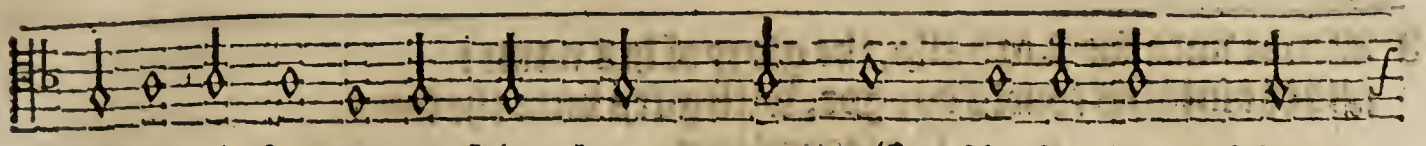
23 And he shall cause their mischiefes all, themselues for to annoy:
and in their malice they shall fall, our God shall them destroy.

Venite exultemus. Psal. XCv.

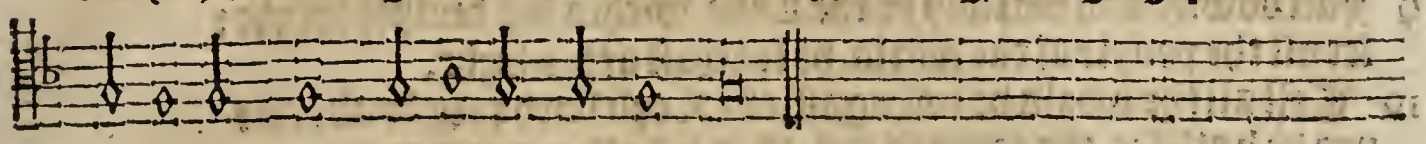
An earnest exhortation to praise God for the gouernment of the world, and the election of his Church. An admonition not to follow the rebellion of the old fathers, that tempted God in the wildernesse, for the which they might not enter into the land of promise.



him our rocke of health reioyce, let vs with one accord. Yea let vs come before



before his face to giue him thankes and praise: In singing Psalmes



vnto his grace, let vs be glad alwaies.

3 For why? the Lord he is no doubt, a great and mighty God:
a King aboue all Gods throughout, in all the world abroad.
4 The secrets of the earth so deepe, and corners of the land,
the tops of hils that are so steepe, he hath them in his hand.

5 The sea and waters all are his, for he the same hath wrought:
the earth and all that therein is, his hand hath made of nought.
6 Come let vs bow and praise the Lord, before him let vs fall:
and kneele to him with one accord, the which hath made vs all.

7 For why? he is the Lord our God, for vs he doth prouide,
we are his flocke he doth vs feed, his sheepe, and he our guide.
8 To day if ye his voyce will heare, then harden not your hart:
as ye with grudging many a yeare, prouokt me in desart.

9 Whereas your fathers tempted me, my power for to proue,
my wondrous workes when they did see, yet still they would me moue.
10 Twise twenty yeares they did me griene, and I to them did say:
they erre in heart and not belieue, they haue not knowne my way.

11 Wherefore I sware, when that my wrath was kindled in my brest:
that they should neuer treade the path, to enter in my rest.

Cantate Domino. psal. XCvi. I. H.

An exhortation both to the Iewes and Gentiles, to praise God for his mercy. And this specially ought to be referred to the kingdome of Christ.

Sing this as the 77. psalme.

SIng ye with praise vnto the Lord, new songs of ioy and mirth:
sing vnto him with one accord, all people on the earth.
2 Yea sing vnto the Lord I say, praise ye his holie name:
declare and shew from day to day, saluation by the same.

3 Among the heathen eke declare, his honour round about:
to shew his wonders do not spare, in all the world throughout.
4 For why? the Lord is much of might, and worthy praise alway:
and he is to be dread of right, aboue all Gods I say.

5 For all the Gods of heathen folke, are Idols that will fade:
but yet our God he is the Lord, that hath the heauens made.
6 All praise and honour eke doe dwell, for aye before his face:
both power and might likewise excell, within his holy place.

7 Ascribe vnto the Lord alway, ye people of the world:
all might and worship eke I say, ascribe vnto the Lord.

8 Aſcribe vnto the Lord alſo, the glory of his name:
and eke into his courts doe goe, with gifts vnto the ſame.

The ſecond part.

9 Fall downe and worſhip ye the Lord, within his temple bright:
let all the people of the world, be fearfull at his ſight.
10 Tell all the world be not agaſt, the Lord doth raigne aboue:
yea he hath ſet the earth ſo faſt, that it doth neuer moue.

11 And that it is the Lord alone, that rules with princely might,
to iudge the nations euery one, with equitie and right.
12 The heauens ſhall great ioy begin, the earth ſhall eke reioyce,
the ſea with all that is therein, ſhall ſhout and make a noyſe.

13 The field ſhall ioy and euery thing, that ſpringeth on the earth:
the wood and euery tree ſhall ſing, with gladneſſe and with mirth.
14 Before the preſence of the Lord, and comming of his might:
when he ſhall iuſtly iudge the world, and rule his folke with right.

Dominus regnauit. Pſal. xcvii. I. H.

The Prophet exhorteth all to reioyce for the comming of the kingdome of Chriſt, dreadfull to the rebels, and Idolaters, and ioyfull to the iuſt, whom he exhorteth to innocency, reioycing and thankſ-giuing.

Sing this as the 95. Pſalme.

THe Lord doth raigne whereat the earth, may ioy with pleaſant voyce,
and eke the Iles with ioyfull mirth, may triumph and reioyce.
2 Both cloudes and darkenes eke doe ſwell, and round about him beate:
yea right and iuſtice euer dwell, and bide about his ſeate.

3 Yea fire and heate at once doe run, and goe before his face:
which ſhall his foes and enemies burne, abroad in euery place.
4 His lightnings eke full bright did blaze, and to the world appeare:
whereat the earth did looke and gaze, with dread and deadly feare.

5 The hils like waxe did melt in ſight, and preſence of the Lord:
they fled before that rulers might, which guideth all the world.
6 The heauens eke declare and ſhew, his iuſtice forth abroad:
that all the world may ſee ond know, the glory of our God.

7 Confuſion ſure ſhall come to ſuch, as worſhip Idols vaine,
and eke to thoſe that glory much, dumbe pictures to maintaine.
8 For all the Idols of the world, which they as Gods doe call,
ſhall feele the power of the Lord, and downe to him ſhall fall.

9 With ioy ſhall Sion heare this thing, and Iuda ſhall reioyce,
for at thy iudgements they ſhall ſing, and make a pleaſant noyſe.
10 That thou O Lord art ſet on hie, in all the earth abroad,
and art exalted wondrouſly, aboue each other God.

11 All ye that loue the Lord doe this, hate all things that are ill:
for he doth keepe the ſoules of his, from ſuch as would them ſpill.
12 And light doth ſpring vp to the iuſt, with pleaſure for his part:
great ioy with gladnes, mirth and luſt, to them of vpright heart.

13 Ye

13 Ye righteous in the Lord reioyce, his holineſſe proclaime:
be thankfull eke with heart and voyce, and mindfull of the ſame.

Cantate Domino. pſal. xcviii. I.H.

An earneſt exhortation to all creatures to praiſe the Lord for his power, mercy, and fidelity, in the promiſe by Chriſt, by whom he hath communicated his ſaluation to all nations.

O Sing ye now vnto the Lord a new and pleaſant ſong:
for he hath wrought throughout the world, his wonders great & ſtrong.
2 With his righe handfull worthily, he doth his foes deuoure:
and gets himſelfe the victorie, with his owne arme and power.

3 The Lord doth make the people know, his ſauing health and might:
the Lord doth eke his iuſtice ſhew, in all the heathens ſight.
4 His grace and truth to Iſrael, he doth in minde record:
that all the earth hath ſeene right well, the goodnes of the Lord.

5 Be glad in him with ioyfull voyce, all people of the earth:
giue thanks to God, ſing and reioyce to him with ioy and mirth.
6 Upon the Harpe vnto him ſing, giue thanks to him with pſalmes:
reioyce before the Lord our king, with trumpets and with ſhalmes.

7 Yea let the ſea with all therein, with ioy both roare and ſwell:
the earth likewiſe let it begin, with all that therein dwell.
8 And let the flouds reioyce their fils, and clap their hands apace:
and eke the mountaines and the hils, before the Lord his face.

9 For he ſhall come to iudge and trie, the world and euery wight:
and rule the people mightilie, with iuſtice and with right.

Dominus regnauit. Pſal. xcix. I. H.

He commandeth the power, equity and excellencie of the kingdome of God by Chriſt, ouer the Iewes and Gentiles, and prouoketh them to magnifie the ſame, and to ſerue the Lord, following the example of the ancient Fathers, Moyſes, Aaron and Samuel, who calling vpon God, were heard in their praiers.

Sing this as the 95. pſalme.

THe Lord doth raigne, although at it, the people rage full ſore:
yea he on Cherubins doth ſit, though all the world do roare.
2 The Lord that doth in Sion dwell, is hie and wondrous great:
aboue all folke he doth excell, and he aloft is ſet.

3 Let all men praiſe thy mightie name, for it is fearefull ſure:
and let them magnifie the ſame, that holy is and pure.
4 The Princely power of our king, doth loue iudgement and right:
thou rightly ruleſt euery thing, in Jacob through thy might.

5 To praiſe the Lord our God deuiſe, all honour to him doe:
his footeſtoole worſhip him before, for he is holy too.
6 Moſes, Aaron, and Samuel, as prieſts on him did call:
when they did pray, he heard them well, and gaue them anſwere all.

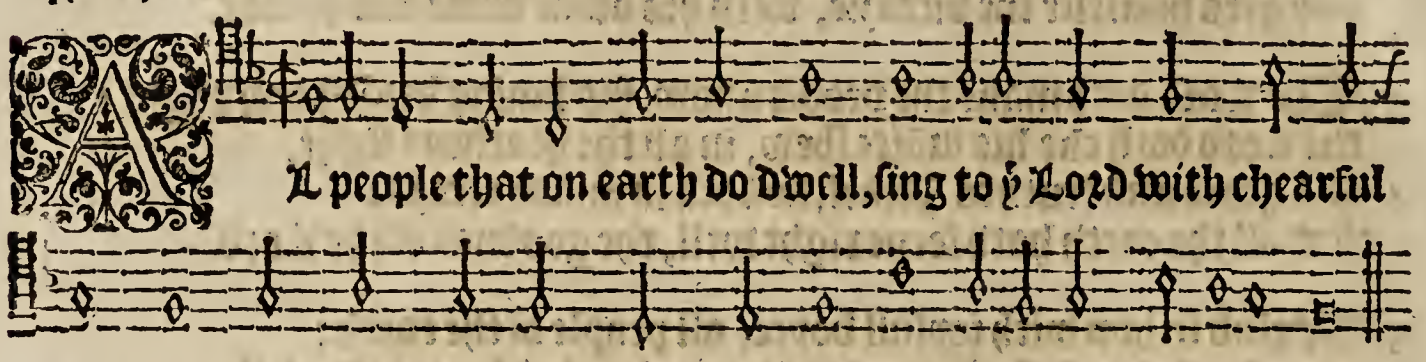
7 within

7 Within the cloud to them he spake, then did they labour still:
to keepe such lawes as he did make, and pointed them vntill.
8 O Lord our God thou didst them heare, and answeredst them againe:
9 Thy mercy did on them appeare, their deedes didst not maintaine.

10 O laud and praise our God and Lord, within his holy hill:
for why? our God throughout the world, is holie euer still.

2. Iubilate Deo omnis. Psal. C.

He exhorteth all men to serue the Lord who hath made vs, and to enter into his courts and assemblies to praise his name.



voice: him serue with feare, his praise forth tel, come ye before him & reioyce.

3 The Lord ye know is God indeed, without our aid he did vs make:
we are his flocke, he doth vs feed, and for his sheepe he doth vs take.
4 O enter then his gates with praise, approach with ioye his courts vnto:
praise, laud, and blesse his name alwaies, for it is seemely so to do.

5 For why? the Lord our God is good, his mercy is for euer sure:
his truth at all times firmely stood, and shall from age to age endure.

Another of the same.

Sing this as the 68 Psalme.

IN God the Lord be glad and light, praise him throughout the earth:
serue him and come before his sight, with singing and with mirth.
2 Know that the Lord our God he is, he did vs make and keepe:
not we our selues, for we are his owne flocke and pasture sheepe.

3 O goe vnto his gates alwaies, giue thankes within the same:
within his courts set forth his praise, and laud his holie name.
4 For why? the goodnes of the Lord, for euermore doth raigne:
from age to age throughout the world, his truth still doth remaine.

Misericordiam iudicium. psal. Ci. N.

Dauid describeth what gouernment hee will obserue in his house and kingdome: Hee will punish and correct by rooting out the wicked, and cherishing the godly persons.

Sing this as the 81. psalme.

I Mercy will and iudgement sing, O Lord God vnto thee:
and wisely doe in perfect way, vntill thou come to me:
2 And in the midst of my house walke, in pureness of my spirite:
and I no kinde of wicked thing, will set before my sight.

3 I hate their workes that fall away, it shall not cleaue to me:
4 From me shall part the froward hart, none euill will I see.

5 Him will I ſtroy that ſlandereth his neighbour priuily:
the lofty heart I cannot beare, nor him that looketh hie.

6 Mine eies ſhall be on them within the land that faithfull be:
in perfect way who walketh, ſhall be ſeruant vnto me.
7 I will no guilefull perſon haue within my houſe to dwell:
and in my preſence he ſhall not remaine, that lies doth tell.

8 Betimes I will deſtroy euen all the wicked of the land:
that I may from Gods Citty cut, the wicked workers hand.

Domine exaudi. Pſal. Cij. I. H.

It ſeemeth that this prayer was appointed to the faithfull to pray in the Captiuity of Babylon. A conſolation for the building of the Church: whereof followeth the praiſe of God, to be publiſhed vnto all poſteritities. The conuerſion of the Gentiles, and the ſtability of the Church.

Sing this as the 67. Pſalme.

O Heare my Prayer Lord, and let my cry come vnto thee:
2 In time of trouble do not hide, thy face away from me.
Incline thine eares to me, make haſt to heare me when I call:
3 For as the ſmoake do to fade, ſo do my daies conſume and fall.

4 And as a harth my bones are burnt, my heart is ſmitten dead:
and withers as the graſſe, that I forget to eate my bread.
5 By reaſon of my groning voyce, my bones cleaue to my ſkin:
6 As Pellican in wilderneſſe, ſuch eaſe now am I in.

And as an Owle in deſert is, loe I am ſuch a one:
7 I watch and as a ſparrow, on the houſe top am alone.
8 Loe daily in reproachfull wiſe, mine enemies do me ſcorne:
and they that do againſt me rage, againſt me they haue ſworne.

9 Surely with aſhes as with bread, my hunger I haue fild:
and mingled haue my drinke with teares, that from mine eyes haue ſtild.
10 Becauſe of thy diſpleaſure Lord, thy wrath and thy diſdaine:
for thou haſt lifted me aloft, and caſt me downe againe.

11 The dayes wherein I paſſe my life, are like the fleeting ſhade:
and I am withered like the graſſe, that ſoone away doth fade.
12 But thou O Lord for euer doſt, remaine in ſteady place:
and thy remembrance euer doth, abide from race to race.

The ſecond part.

13 Thou wilt ariſe and mercy thou to Sion wilt extend:
the time of mercy, now the time fore ſet is come to end.
14 For euen in the ſtones thereof, thy ſeruants do delight:
and in the duſt thereof they haue, compaſſion in their ſpite.

15 Then ſhall the heathen people feare, the Lords moſt holy name:
and all the Kings on earth ſhall dread, thy glory and thy fame.
16 Then when the Lord the mighty God, againe ſhall Sion reare,
and then when he moſt nobly, in his glory ſhall appeare.

17 To prayer of the desolate, when he himselfe shall bend:
when he shall not disdaine vnto, their prayers to attend.
18 This shall be written for the age, that after shall succeed:
the people yet vncreated, the Lords renowne shall spread.

19 For he from his high sanctuary hath looked downe below:
and out of heauen hath the Lord, beheld the earth also.
20 That of the mourning captiue he, might heare the wofull cry:
and that he might deliuer those, that damned are to dye.

21 That they in Sion may declare, the Lords most holy name:
and in Jerusalem set forth, the praises of the same.
22 When when the people of the land, and kingdomes with accord:
shall be assembled for to do, their seruice to the Lord.

The third part.

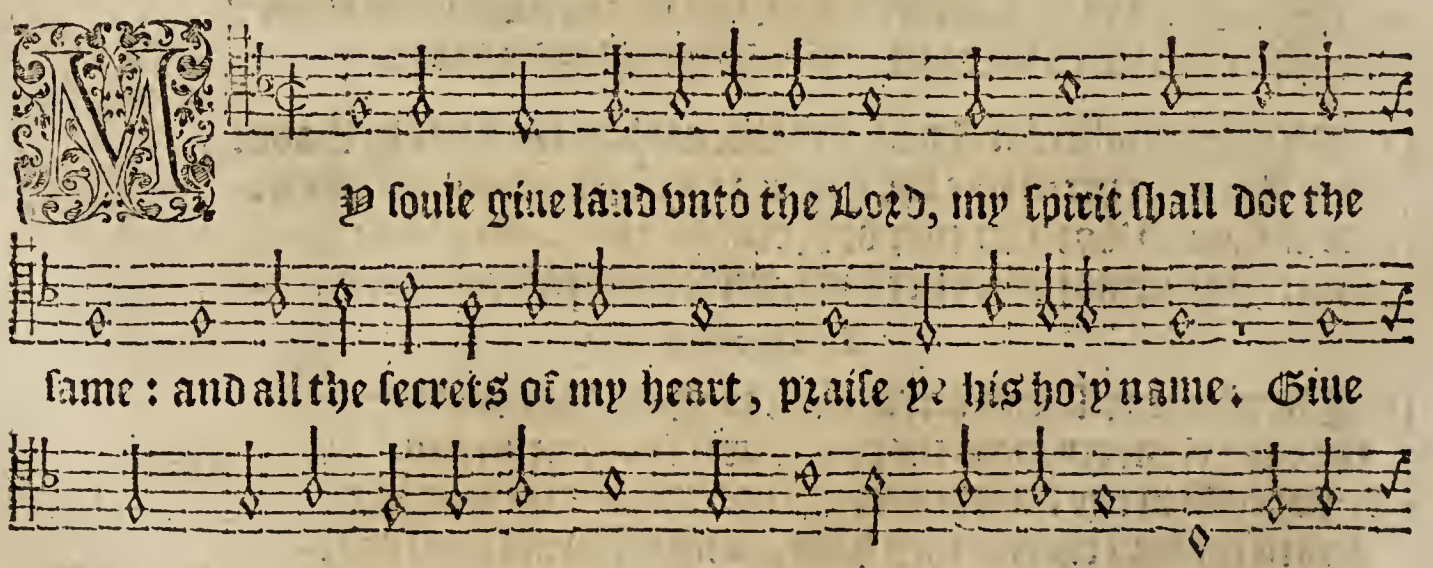
23 My former force of strength he hath, abated in the way:
and shorter he doth cut my daies, thus I therefore did say.
24 My God in midst of all my daies, now take me not away:
thy yeares endure eternally, from age to age for aye.

25 Thou the foundation of the earth, before all times hast laid:
and Lord the heauens are the worke which thine owne hands haue made.
26 Yea, they shall perish and decay, but thou shalt tarry still:
and they shall all in time waxe old, euen as a garment will.

27 Thou as a garment shalt them change, and changed shall they be:
But thou dost still abide the same, thy yeares do neuer flee.
28 The children of thy seruants shall, continually endure:
and in thy sight their happy seed, for euer shall stand sure.

Benedic anima mea. Psal. Ciii. T. S.

This is a Psalme most excellent, wherein the Prophet doth exhort men and Angels, and all Creatures to praise the Lord for his fatherly mercies, and deliuerance of this people from all euils, for his prouidence ouer all things, and the preseruation of the faithfull.



3 That gaue thee pardon for thy faults, and thee restorde againe:
for all thy weake and fraile disease, and heald thee of thy paine.
4 That did redeeme thy life from death, from which thou couldst not flee:
his mercy and compassion both, he did extend to thee.

5 That fild with goodnes thy desire, and did prolong thy youth:
like as the Eagle cast'th her bill, whereby her age renueth:
6 The Lord with iustice doth repay, all such as be oppressed:
so that their sufferings and their wrongs, are turned to the best.

7 His waies and his commaundements, to Moses he did show:
his counsels and his valiant acts, the Israelites did know.
8 The Lord is kinde and mercifull, when sinners do him grieue:
the slowest to conceiue a wrath, and readiest to forgiue.

9 He chides not vs continually, though we be full of strife:
nor keepeth our faults in memory, for all our sinfull life.
10 Nor yet according to our sinnes, the Lord doth vs regard:
nor after our iniquities he doth vs not reward.

11 But as the space is wondrous great, twixt earth and heauen aboue:
so is his goodnes much more large, to them that do him loue.
12 God doth remoue our sinnes from vs, and our offences all:
as farre as is the Sunne rysing, full distant from the fall.

The second part.

13 And looke what pitty parents deare, vnto their children beare:
like pitty beareth the Lord to such, as worship him in feare.
14 The Lord that made vs knoweth our shape, our mould and fashion iust:
how weake and fraile our nature is, and how we be but dust.

15 And how the time of mortall men, is like the withering hay:
or like the flower right faire in field, that fades full soone away.
16 Whose glosse and beauty stormy windes, doe vtterly disgrace:
and make that after their assaults, such blossomes haue no place.

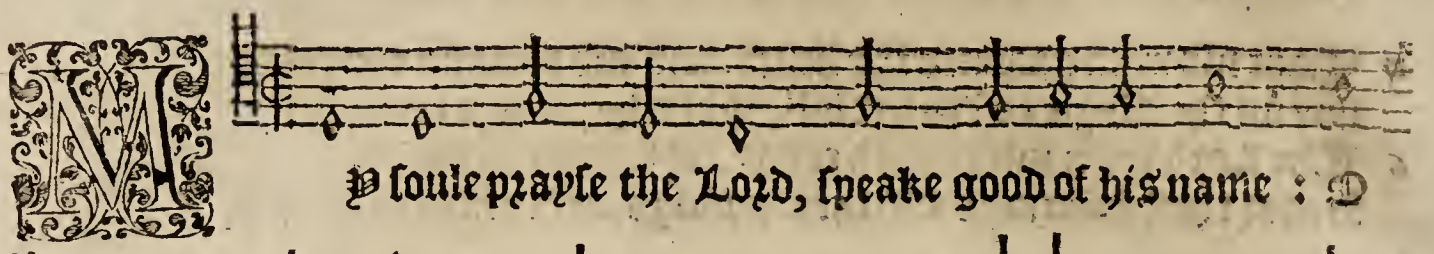
17 But yet the goodnes of the Lord, with his shall euer stand:
their childrens children to receiue, his righteousnes at hand.
18 I meane which keepe his couenant, with all their whole desire,
and not forget to doe the thing, that he doth them require.

19 The heauens hie are made the seat, and footstoole of the Lord:
and by his power imperiall, he gouernes all the world.
20 Ye Angels which are great in power, prayse ye and blesse the Lord,
which to obey and doe his will, immediately accord.

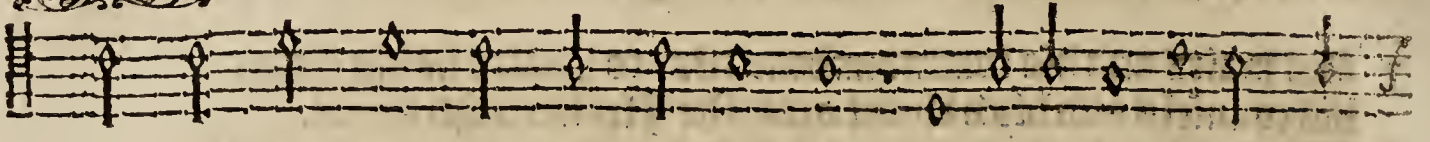
21 Ye noble hostes and ministers, cease not to laud him still:
which ready are to execute his iustice and his will.
22 Yea all his workes in euery place, praise ye his holy name:
my heart, my minde, and eke my soule, praise ye also the same.

Benedic anima mea. Psalme Ciiii. W.K.

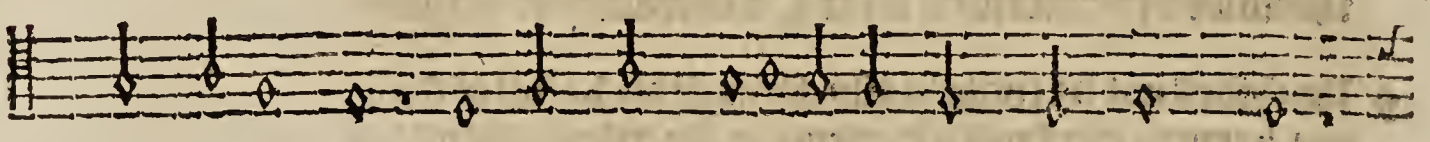
An excellent psalme to praise God for the creation of the world, and the gouernance of the same, by his maruailous prouidence, wherein the Prophet prayeth against the wicked, who are occasions that God deminisheth his blessings.



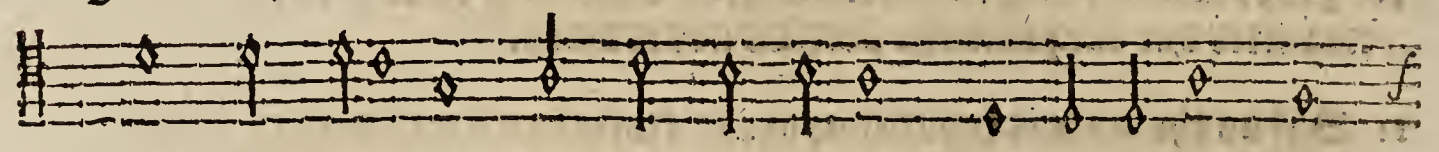
My soule prayse the Lord, speake good of his name : O



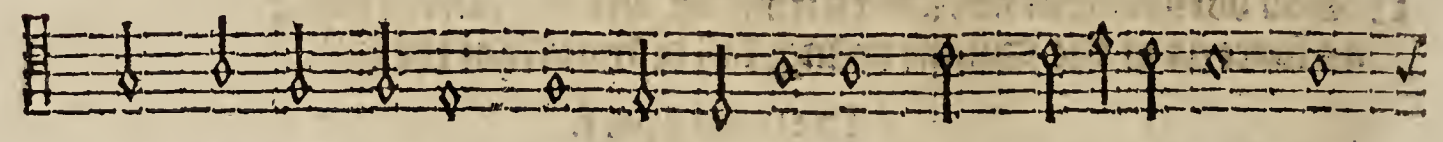
Lord our great God, how dost thou appeare : so passing in glory, that



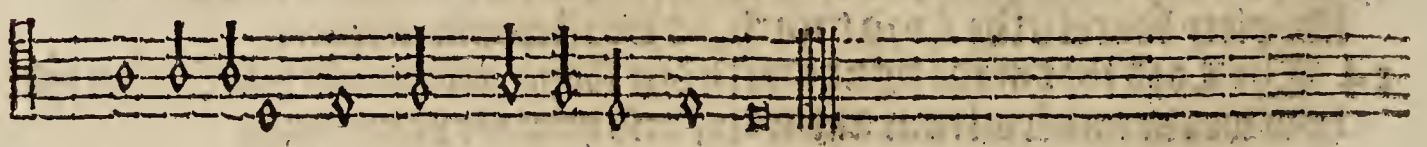
great is thy fame, Honour and Maiestie in thee shine most cleare:



With light as a robe thou hast thee beclad, whereby all the earth



thy greatnes may see: the Heauens in such sorte thou also hast spread,



that it to a Curtaine compared may be.

3 His chamber beames lie, in the cloudes full sure,
which as his chariot, are made him to beare:
And there with much swiftnes, his course doth endure:
vpon the winges ryding, of windes in the aire.
4 He makes his spirits, as Heralds to goe,
and lightnings to serue we see also prest:
His will to accomplish, they run too and fro
to saue and consume things, as seemeth him best.

He groundeth the earth so firmely and fast
that it once to moue none shall haue such power:
6 The deepe a faire couering for it made thou hast,
which by his owne nature the hills would deuour.
7 But at thy rebuke the waters doe fly,
and so giue due place thy word to obay:
At thy voyce of thunder so fearefull they be
that in their great raging they hast soone away.

8 The

8 The Mountaines full high, they then vpaſcend,
if thou do but ſpeake, thy wozd they fulfill:
So likewiſe the vallies, moſt quickly deſcend,
where thou them appointeſt, remaine they do ſtill.
9 Their bounds thou haſt ſet, how farre they ſhall runne,
ſo as in their rage, not that paſſe they can:
Foz God hath appointed, they ſhall not returne,
the earth to deſtroy moze, which made was foz man.

The ſecond part.

10 He ſendeth the ſpzings to ſtrong ſtreames and lakes,
which run do full ſwift, among the huge hils:
11 Where both the wilde Aſſes, their thirſt oft-times ſlakes,
and beaſts of the Mountaines, thereof dzinke their fils.
12 By theſe pleaſant ſpzings oz fountaines full faire,
the Foules of the ayze, abide and ſhall dwell:
Who moued by nature, to hop here and there,
among the greene bzanches, their ſongs ſhall excell.

13 The Mountaines to moiſt the clouds, he doth vſe
the earth with his wozks, is wholly repleat,
14 So as the bzute cattell, he doth not refuſe,
but graſſe doth pzouide them, and hearb foz mans meat.
15 Yea bzead, wine, and oyle, he made foz mans ſake,
his face to refreſh, and heart to make ſtrong:
16 The Cedars of Liban this great Lozd did make,
which trees he doth nouriſh, that grow vp ſo long.

17 In thoſe may birds build, and make there their neſt,
in Firre-trees the Stozkes, remaine and abide:
18 The high hils are ſuccours, foz wilde Goats to reſt,
and eke the Rocks ſtony, foz Conies to hide.
19 The Moone then is ſet, her ſeaſons to runne:
the daies from the nights thereby to diſcerne,
And by the deſcending alſo of the Sunne,
the cold from heat alway, thereby we do learne.

20 When darkneſſe doth come by Gods will and power,
then creepe fozth do all, the beaſts of the wood:
21 The Lions range roaring, their pzey to deuoure,
but yet it is thou Lozd, which giueſt them food.
22 As ſoone as the Sunne is vp, they retire,
to couch in their dens, then are they full faine,
23 That man to his wozke, as right doth require,
till night come and call him, to take reſt againe.

The third part.

24 How ſundzy O Lozd, are all thy wozkes found,
with wiſedome full great, they are indeed wzought:

25 So that the whole world, of thy praiſe doth ſound,
and as for thy riches, they paſſe all mens thought,
So is the great Sea, which large is and broad,
where things that creep ſwarme, and beaſts of each ſort.
26 There both mighty ſhips ſaile, and ſome lie at road:
the Whale huge and monſtrous, there alſo doth ſport.

27 All things on thee waite, thou doſt them relieue:
and thou in due time full well doſt them feed:
28 Now when it doth pleaſe thee, the ſame ſo to giue,
they gather full gladly, thoſe things that they need.
Thou openeſt thy hand, and they find ſuch grace,
that they with good things are filled we ſee:
29 But ſore are they troubled, if thou turne thy face,
for if thou their breath take, vile duſt then they be.

30 Againe, when thy ſpirit from thee doth proceed
all things to appoint, and what ſhall enſue:
Then are they created, as thou haſt decreed,
and doſt by thy goodneſſe the dry earth renue.
31 The praiſe of the Lord for euer ſhall laſt,
who may in his workes by right well reioyce:
32 His looke can the earth make to tremble full faſt,
and likewiſe the Mountaines to ſmoake at his voyce.

33 To this Lord and God ſing will I alwaies,
ſo long as I liue my God praiſe will I:
34 Then am I moſt certaine, my words ſhall him pleaſe,
I will reioyce in him, to him will I cry.
35 The ſinners O Lord, conſume in thine ire,
and eke the peruerſe, them root out with ſhame:
But as for my ſoule now, let it ſtill deſire,
and ſay with the faithfull, praiſe ye the Lords name.

Confitemini Domino. Pſal. Cv. N.

He praiſeth the ſingular goodneſſe of God, who hath of all the people of the world, choſen a peculiar people to himſelfe, and hauing choſen them, neuer ceaſeth to do them good, euen for his promiſe ſake.

Sing this as the 59. Pſalme.

GIue praiſes vnto God the Lord, and call vpon his name:
among the people eke declare, his workes to ſpread his fame.
2 Sing ye vnto the Lord I ſay, and ſing vnto him praiſe:
and talke of all his wondrous workes that he hath wrought alwaies.

3 In honour of his holy name, reioyce with one accord:
and let the heart alſo reioyce, of them that ſeeke the Lord.
4 Seeke ye the Lord, and ſeeke the ſtrength of his eternall might:
and ſeeke his face continually, and preſence of his light.

5 The

5 The wondrous workes that he hath done, keepe ſtill in mindfull heart:
ne let the iudgements of his mouth, out of your mind depart.
6 Ye that of faithfull Abraham, his ſeruant are the ſeed:
yea his elect, the children that of Jacob doth proceed.

7 For he, he only is I ſay, the mighty Lord our God:
and his moſt righteous iudgements are, through all the earth abroad.
8 His promiſe and his couenant, which he hath made to his:
he hath remembred euermore, to thouſands of degrees.

The ſecond part.

9 The couenant which he hath made, with Abraham long ago,
and faithfull oath which he hath ſworne, to Iſaac alſo.
10 And did confirme the ſame for law, that Jacob ſhould obey:
and for eternall couenant, to Iſrael for aye.

11 When thus he ſaid, loe I to you, all Canaan land will giue,
the lot of your inheritance, wherein your ſeed ſhall liue.
12 Although their number at that time, did very ſmall appeare:
yea, very ſmall and in the land, they then but ſtrangers were.

13 While yet they walkt from land to land, without a ſure abode:
and while from ſundry kingdomes they, did wander all abroad.
14 And wrong at none oppreſſors hand, he ſuffered them to take:
but euen the great and mighty Kings, reproued for their ſake.

15 And thus he ſaid, touch none of thoſe that mine annointed be:
ne do the Prophets any harme, that do pertaine to me.
16 He cald a dearth vpon the Land, of bread he ſtroid the ſtore:
but he againſt their time of need, had ſent a man before.

The third part.

17 Euen Joſeph which had once beene ſold, to liue a ſlaue in woe,
18 Whoſe feet they hurt in ſtockes, whoſe ſoule the yron pierſt alſo.
19 Untill the time came when his cauſe, was knowne apparantly,
the mighty word of God the Lord, his faultleſſe truth did try.

20 The King ſent and deliuered him, from priſon where he was,
the Ruler of the people then, did freely let him paſſe.
21 And ouer all his houſe he made, him Lord to beare the ſway,
and of his ſubſtance made him haue the rule and all the ſtay.

22 That he might to his will inſtruct, the Princes of the land:
and wiſedomes lore his ancient men, might teach to vnderſtand.
23 Then into the Egyptian land, came Iſrael alſo:
and Jacob in the land of Ham, did liue a ſtranger tho.

24 His people he exceedingly, in number made to flow:
and ouer all their enemies, in ſtrength he made them grow.
25 Whoſe heart he turnd, that they with hate, his people did intreat:
and did his ſeruants wrongfully, abuſe with falſe deceit.

The fourth part.

26 His faithfull seruant Moses then, and Aaron whom he chose:
he did commaund to goe to them, his message to disclose.
27 The wondrous message of his signes, among them they did show:
and wonders in the land of Ham, then did they worke also.

28 Darknesse he sent and made it darke, in stead of brighter day:
and vnto his commission, they did not disobay.
29 He turnd their waters into bloud, he did their fishes slay: (lay.
30 Their land brought frogs, euen in the place where their King Pharao

31 He spake, and at his voice there came, great swarmes of noysome flies:
and all the quarters of their Land, were fild with crawling lice.
32 He gaue them cold and stony haile, in stead of milder raine:
and fiery flames within their land, he sent vnto their paine.

33 He smote their vines, and all their trees, whereon their figs did grow,
and all the trees within their coasts, downe did he ouerthrow.
34 He spake, then Caterpillers did, and Grashoppers abound:
35 which eate the grasse in all their land and fruit of all their ground.

The fift part.

36 The first begotten in their land, eke deadly did he smite,
yea, the beginning and first fruit, of all their strength and might.
37 With gold and siluer he them brought, from Egypt land to passe:
and in the number of the Tribes, no feeble one there was.

38 Egypt was glad and ioyfull then, when they did thence depart:
for terror and the feare of them, was fallen vpon their heart.
39 To shrowd them from the parching heat, a cloud he did display:
and fire he sent to giue them light, when night had hid the day.

40 They asked and he caused Quales, to raine at their request:
And fully with the bread of heauen, their hunger he repressed.
41 He opened then the stony rocke, and water gushed out:
and in the dry and parched grounds, like riuers ranne about.

42 For of his holy couenant ay mindfull was he tho:
which to his seruant Abraham, he plighted long ago.
43 He brought his people forth with mirth, and his elect with ioy:
out of the cruell land, where they had liued in great annoy.

44 And of the heathen men he gaue, to them the fruitfull lands:
the labours of the people eke, they tooke into their hands.
45 That they his holy statutes might, obserue for euermore:
and faithfully obey his lawes, praise ye the Lord therefore.

Confitemini Domino. Psal. Cvi.

The people dispersed vnder Antiochus, do magnifie the goodnes of God, among the iust and repentant. Desiring to be brought againe into the Land by Gods mercifull visitation, and after the manifold marueils of God wrought in their deliuerance forth of Egipt, and the great ingratitude of the people rehearsed, they do pray and desire to be gathered from among the Heathen, to the intent they may praise the name of the God of Israel.

Sing

Sing this as the 59. Pſalme.

PRaiſe ye the Lord, for he is good, his mercy dures for aye:
2 Who can expreſſe his noble acts, or all his praiſe diſplay?
3 They bleſſed are that iudgement keep and iuſtly do alway:
4 With fauour of thy people Lord, remember me I pray.

And with thy ſauing health O Lord, vouchſafe to viſit me:
5 That I the great felicity of thine elect may ſee.
And with the people ioy I may, a ioyfull mind poſſeſſe:
and may with thine inheritance, a glorying heart expreſſe.

6 Both we and eke our Fathers all, haue ſinned euery one:
we haue committed wickedneſſe, and lewdly we haue done.
7 The wonders great which thou O Lord, haſt done in Egypt land,
our Fathers though they ſaw them all, yet did not vnderſtand.

Nor yet thy mercies multitude, did keepe in thankfull mind:
but at the ſea, yea the red ſea, rebelled moſt vnkind.
8 Neuertheleſſe he ſaued them, for honor of his name,
that he might make his power knowne, and ſpread abroad his fame.

9 The red ſea he did then rebuke, and forthwith it was dride:
and as in wilderneſſe, ſo through the deep he did them guide.
10 He ſau'd them from the cruell hand, of their deſpightfull foe,
and from the enemies hand he did deliuer them alſo.

The ſecond part.

11 The waters their oppreſſors whelm'd, not one was left aliue:
12 Then they beleeud his words, and praiſe in ſong they did him giue.
13 But by and by vnthankfully, his workes they cleane forgat,
and for his counſell and his will, they did neglect to waite.

14 But luſted in the wilderneſſe, with fond and greedy luſt:
and in the deſert tempted God, the ſtay of all their truſt.
15 And then their wanton minds deſire, he ſuffered them to haue,
but waſting leanneſſe therewithall, into their ſoule he gaue.

16 Then when they lodged in their tents, at Moſes they did grutch
Aaron the holy of the Lord, ſo did they enuy much.
17 Therefore the earth did open wide, and Dathan did deuoure:
and all Abirams company, did couer in that houre.

18 In their aſſembly kindled was the hot conſuming fire:
and waſting flame did then burne vp, the wicked in his ire.
19 Vpon the hill of Horeb they, an Idoll Calfe did frame:
and there the molten Image they, did worſhip of the ſame.

Into the likeneſſe of a Calfe, that feedeth on the graſſe:
20 Thus they their glorie turnd, and all their honor did deface.
21 And God their onely Sauiour, vnkindly they forgot:
which many great and mighty things, in Egypt land had wrought.

The third part.

22 And in the Land of Ham for them, most wondrous workes had done,
and by the red sea dreadfull thyngs, performed long agone.
23 Therefore for their so shewing them, forgetfull and vnkind:
to bring destruction on them all, he purpolde in his mind.

Had not his seruant Moses stood, before them in the breake:
to turne his wrath, least he on them with slaughter should him wreake.
24 They did despise the pleasant land, that he behight to giue:
yea and the words that he had spoke, they did no whit belieue.

25 But in their tents with grudging hearts, they wickedly repinde:
nor to the voyce of God the Lord, they gaue an hearkning minde.
26 Therefore against them lifted he, his strong reuenging hand:
them to destroy in wilderneſſe, ere they should see the land.

27 And to destroy their seed among, the Nations with his rod:
and through the countries of the world, to scatter them abroad.
28 To Baal Peor then they did adioyne themselues vnto,
and eate the offerings of the dead, so they forsooke him tho.

29 Thus with their owne inuentions, his wrath they did prouoke:
and in his so inkindled wrath, the plague vpon them broke.
30 But Phinees stood vp with zeale, the sinners vile to slay:
and iudgement he did execute, and then the plague did stay.

The fourth part.

31 It was imputed vnto him, for righteousnes that day,
and from thence-forth so counted is, from race to race for aye.
32 At waters eke of Meribath, they did him angry make:
yea so farre forth that Moses was, then punisht for their sake.

33 Because they vext his spirit so sore, that in impatient heart,
his lips spake vnaduisedly, his feruor was so great.
34 Nor as the Lord commaunded them, they slew the people tho:
35 But were among the Heathen mixt, and learnd their workes also.

36 And did their Idols serue which were, their ruine and decay:
37 To fiends their sonnes and daughters they, did offer vp and slay.
38 Yea with vnkindly murdering knife, the guiltlesse blood they spilt,
yea their owne sonnes and daughters bloud, without all cause of guilt.

Whom they to Canaan Idols then, offered with wicked hand:
and so with blood of Innocents, defiled was the land.
39 Thus were they stained with the workes, of their owne filthy way,
and with their owne inuentions, a whoring they did stray.

40 Therefore against his people was, the Lords wrath kindled sore:
and euen his owne inheritance, therefore he did abhorre.
41 Into the hands of heathen men, he gaue them for a prey,
and made their foes their Lords, whom they were forced to obey.

The

The fift part.

42 Yea and their hatefull enemies, oppreſt them in the Land,
and they were humbly made to ſtoope, as ſubiect to their hand,
43 Full oftentimes from thrall had he, deliuered them before:
but with their counſels they to wrath, prouokt him euermore.

44 Therefore they by their wickedneſſe, were brought full low to lie:
Yet when he ſaw them in diſtreſſe, he harkened to their crie.
45 He cald to minde his couenant, which he to them had ſwore:
and by his mercies multitude, repented him therefore.

46 And fauour he them made to finde, before the ſight of thoſe,
that led them captiues from their land, when erſt they were their foes.
47 Saue vs O Lord that art our God, ſaue vs O Lord we pray:
and from among the Heathen folke, Lord gather vs away.

That we may ſpread the noble praiſe of thy moſt holy name:
that we may glory in thy praiſe, and ſounding of thy fame.
48 The Lord the God of Iſrael, be bleſt for euermore:
let all the people ſay Amen, praiſe ye the Lord therefore.

Confitemini Dom. Pſal. Cvii. W. K.

Dauid exhorteth all that are redeemed by the Lord, and gathered vnto him, to giue thanks therefore, who by ſending proſperity and aduerſity, bringeth men vnto him. Therefore as the righteous thereat reioyce, ſo ſhall the wicked haue their mouths ſtopped.

Sing this as the 96. Pſalme.

GIue thankes vnto the Lord our God, for gracious is hee:
and that his mercy hath no end, all mortall men may ſee.
2 Such as the Lord redeemed hath, with thankes ſhould praiſe his name:
and ſhew how they from foes were freed, and how he wrought the ſame.

3 He gathered them forth of the Lands, that lay ſo farre about:
from Eaſt to Weſt, from North to South, his hand did find them out.
4 They wandred in the wilderneſſe, and ſtrayed from the way:
and found no Citty where to dwell, that ſerue might for their ſtay.

5 Whoſe thirſt and hunger was ſo great, in theſe deſerts ſo voide:
that faintneſſe did them ſore annoy, and eke their ſoules annoide.
6 Then did they cry in their diſtreſſe, vnto the Lord for aide:
who did remoue their troublous ſtate, according as they praide.

7 And by that way which was ſo right, he led them like a guide:
that they might to a Citty go, and there alſo abide.
8 Let them therefore before the Lord, confeſſe his kindneſſe then:
and ſhew the wonders that he doth, before the ſonnes of men.

9 For he the empty ſoule ſuſtaind, whom thirſt had made to faint:
the hungry ſoule with goodneſſe fed, and did them eke acquaint.
10 Such as do dwell in darkneſſe deep, where they on death do waite,
faſt bound to taſte ſuch troublous ſtormes, as yron chaines do threat.

The

The ſecond part.

11 For that againſt the Lords owne words, they ſought ſo to rebell:
eſteeming light his counſels hie, which do ſo farre excell.
12 But when he humbled them full low, they then fell downe with griefe:
and none was found ſo much to help, whereby to get reliefe.

13 Then did they cry in their diſtreſſe, vnto the Lord for aide:
who did remoue their troublous eſtate, according as they praide.
14 For he from darknes out them brought, and from deaths dreadfull ſhade,
burſting with force the yron bands, which he before them laide.

15 Let them therefore before the Lord, confeſſe his kindneſſe then:
and ſhew the wonders that he doth, before the ſonnes of men.
16 For he threw downe the gates of braſſe, & brake them with ſtrong hand:
the yron bars he ſmote in two, nothing could him withſtand.

17 The fooliſh folke great plagues do feele, and cannot from them wend:
but heap on more to thoſe they haue, becauſe they do offend.
18 Their ſoules ſo much did loath all meat, that none they could abide:
whereby death had them almoſt caught, as they full truly tride.

19 Then did they cry in their diſtreſſe, vnto the Lord for aide:
who did remoue their troublous ſtate, according as they praide.
20 For he then ſent to them his word, which health did ſoone reſtore,
and brought them from thoſe dangers deep, wherein they were before.

The third part.

21 Let them therefore before the Lord, confeſſe his kindneſſe then:
and ſhew the wonders that he doth before the ſonnes of men.
22 And let them euer ſacrifice, with thanks and alſo feare:
and ſpeake of all his wondrous works, with glad and ioyfull cheare.

23 Such as in ſhips, or brittle barkes, into the ſeas deſcend,
their marchandiſe through fearefull flouds, to compaſſe and to end:
24 Thoſe men are forced to behold, the Lords works what they be:
and in the dangerous deep the ſame, moſt maruailous they ſee.

25 For at his word the ſtormy wind ariſeth in a rage:
and ſtirreth vp the ſurges ſo, as naught can them aſſwage.
26 Then are they lifted vp ſo hie, the clouds they ſeeme to gaine:
and plunging downe the depth vntill, their ſoules conſume with paine.

27 And like a drunkard too and fro, now here, now there they reele,
as men with feare of wit bereft, or had of ſence no feele.
28 Then did they cry in their diſtreſſe, vnto the Lord for aide:
who did remoue their troublous ſtate, according as they praide.

29 For with his word the Lord doth make, the ſturdy ſtormes to ceaſe:
ſo that the great waues from their rage, are brought to reſt and peace.
30 Then are men glad when reſt is come, which they ſo much do craue:
and are by him in hauen brought, which they ſo faine would haue.

The

The fourth part.

31 Let men therefore before the Lord, confesse his kindnes then:
and shew the wonders that he doth, before the sonnes of men.
32 Let them in presence of the folke, with praise extoll his name:
and where the Elders doe conuent, there let them doe the same.

33 For running flouds to drie desertes, he doth oft change and turne:
and drieth vp as it were dust, the springing Well and bourne.
34 A fruitfull land with pleasures deckt, full barren he doth make:
when on their sins that dwell therein, he doth iust vengeance take.

35 Againe, the wildernes full rude, he maketh fruit to beare:
with pleasant springs of waters cleare, though none before were there.
36 Wherein such hungry soules are set, as he doth freely chuse:
that they a Citty may them build, to dwell in for their vse.

37 That they may sowe their pleasant land, and vineyardes also plant:
to yeilde them fruit of such increase, as none may seeme to want.
38 They multiply exceedingly, the Lord doth blesse them so:
who doth also their brute beastes make, by numbers great to growe.

39 But when the faithfull are lowe brought, by the oppressors stout,
and minish doe through many plagues, that compasse them about,
40 Then doth he Princes bring to shame, which did them sore oppresse:
and likewise caused them to erre, within the wildernes.

41 But yet the poore he raiseth vp, out of his troubles deepe:
and oft times doth his traine augment, much like a flock of sheepe.
42 The righteous shall behold this sight, and also much reioyce:
whereas the wicked and peruerse, with griefe shall stop their voyce.

43 But who is wise that now full well, he may these things record:
for certainly such shall perceiue, the kindnesse of the Lord.

Paratum cor meum. Psal. Cviii. N.

Dauid with heart and voyce prayseth the Lord, and assureth himselfe of the promise of God, concerning the kingdome ouer Israel, and his power against other nations, who though he seeme to forsake vs for a time, yet he alone in the end will cast downe our enemies.

Sing this as the 95. psalme.

O God my heart prepared is, and eke my tongue is so:
I will aduance my voyce in song, and giuing prayse also.
2 Awake my violl and my harpe, sweete melodie to make:
and in the morning I my selfe, right earely will awake.
3 By me among the people Lord, still praised shalt thou be:
and I among the heathen folke, will sing O Lord to thee.
4 Because thy mercy Lord is great, aboue the heauens hie:
and eke thy truth doth reach the cloudes, within the lofty skie.
5 Aboue the starry heauens hie, exalt thy selfe O God:
and Lord display vpon the earth, thy glory all abroad.

amid thy mortall foes be thou, the ruler in their ſight.

3 And in the day on which thy raigne, and power they ſhall ſee:
then hereby free will offrings ſhall, thy people offer thee.
Yea with an holy worſhipping, then ſhall they offer all:
thy birthꝭ dew is the dew that doth, from womb of morning fall.

4 The Lord hath ſworne, and neuer will repent what he doth ſay:
by the order of Melchiſedech, thou art a Prieſt for aye.
5 The Lord thy God on thy right hand, that ſtandeth for thy ſtay:
ſhall wound for thee the ſtately Kings, vpon his wrathfull day.

6 The Heathen he ſhall iudge and fill, the place with bodies dead,
and ouer diuers Countries ſhall, in ſunder ſmite the head.
7 And he ſhall drinke out of the brooke, that runneth in the way:
therefore he ſhall lift vp on hie, his royall head that day.

Confitebor tibi. Pſal. Cxi. N.

He giueth thankes to the Lord for his mercifull workes towards his Church, and declareth wherein true wiſedome and right knowledge conſiſteth.

Sing this as the 120. Pſalme.

WIth heart I do accord, to praiſe and laud the Lord,
In preſence of the iuſt: for great his workes are found,
To ſearch them ſuch are bound, as do him loue and truſt.
3 His workes are glorious, alſo his righteouſnes,
It doth endure for euer, 4. his wondrous worꝛks he would,
we ſtill remember ſhould, his mercy faileth neuer.

5 Such as to him loue beare, a portion full faire,
He hath vp for them laid: for this they ſhall well finde,
he will them haue in mind, and keepe them as he ſaid.
6 For he did not diſdaine, his workes to ſhew them plaine,
By lightning and by thunders, when he the heathen land,
did giue into their hand, where they beheld his wonders.

7 Of all his workes enſueth, both iudgement, right, and truth,
8 Whereto his ſtatutes tend: they are decreed ſure,
for euer to endure, which equity doth end.
Redemption he gaue, his people for to ſaue:
9 And hath alſo required, his promiſe not to faile,
But alwaies to preuaile, his holy name he feared.

10 Who ſo with heart full faine, true wiſedome would attaine,
The Lord feare and obey: ſuch as his lawes do keepe,
Shall knowledge haue full deep, his praiſe ſhall laſt for aye.

Beatus vir. Pſal. Cxij. W. K.

He praiſeth the felicity of them that feare God, and condemneth the curſed ſtate of the contemners of God.

Sing this as the Pater noſter.

THe man is bleſt that God doth feare, and that his lawes doth loue indeed:
His ſeed on earth, God will vpreare, and bleſſe ſuch as from him proceed.
3 His houſe with good he will fulfill, his righteouſneſſe endure ſhall ſtill.
4 Unto the righteous doth ariſe, in trouble ioy, in darkneſſe light:
Compaſſion is in his eies, and mercy alwaies in his ſight.
5 Yea pitty moueth ſuch to lend, he doth by iudgement, things expend.

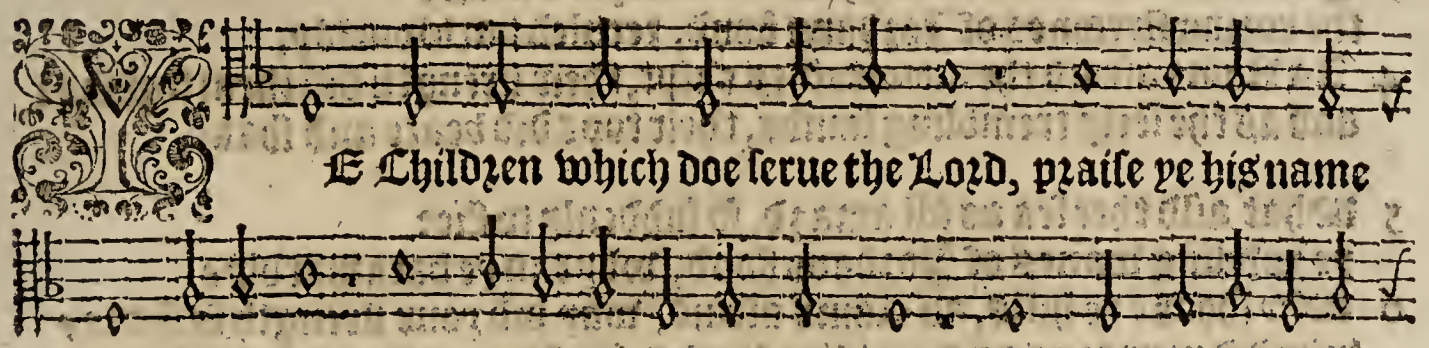
6 And

6 And ſurely ſuch will neuer faile,
For in remembrance had is he:
7 No tidings ill can make him quaile,
Who in the Lord ſure hope doth ſee.
8 His hart is firme, his feare is paſt,
For he ſhall ſee his foes downe caſt.

9 He did well for the poore prouide,
His righteouſnes ſhall ſtill remaine:
And his eſtate with praiſe abide,
Though that the wicked man diſdaine
10 Yea gnaſh his teeth thereat ſhall he,
And ſo conſume his ſtate to ſee.

Laudate pueri. Pſal. Cxiii. W. K.

An exhortation to praiſe the Lord for his prouidence, in that, that contrary to the courſe of nature he worketh in his Church.



3 He doth abaſe himſelfe we know,
Things to behold both here below,
And alſo in heauen aboue:
4 The needy out of duſt to draw,
And eke the poore which helpe none ſaw,
His onely mercy did him moue.

8 And so him set in hie degree,
with Princes of great dignity:
That rule his people with great fame,
9 The barren he doth make to beare,
And with great ioy her fruit to reare:
Therefore praise ye his holy name.

In Ixitu Israel. psal. Cxiiii. W. W.

Israels deliuery out of Egypt, putteth vs in remembrance of Gods great mercy towards his children, and of our thankfulnes for the same.

Sing this as the 95 Psalme.

WHen Israel by Gods addresse, from Pharaohs land was bent:
and Iacobs house the strangers left, and in the same trane went,
2 In Iuda God his glory shewed, his holynes most bright:
so did the Israelites declare, his kingdome, power and might.

3 The sea it saw and suddenly, as all amazde did flie:
the roring streames of Iordans floud, reculed backwardly.
4 As Rams afraid the mountaines skipt, their strength did them forsake:
and as the seely trembling lambs, their tops did beate and shake.

5 What aild thee sea as all amazd, so suddenly to flie:
ye rowling waues of Iordans floud, why ran ye backwardly?
6 Why shooke ye hills, as Rams afraid, why did your strength so shake?
why did your tops as trembling lambs, for feare quiuer and quake?

7 O earth confesse thy Soueraigne Lord, and dread his mighty hand:
before the face of Iacobs God, feare ye both sea and land.
8 I meane the God which from hard rocks, doth cause maine flouds appeare
and from the stony flint doth make, gush out the fountaines cleare.

Non nobis Domine. psal. Cxv. N.

The faithfull oppressed by idolatrous tyrants, promise that they will be mindfull of so great a benefit, if it would please God to heare their prayer, and deliuer them by his omnipotent power.

Sing this as the 98. psalme.

NOt vnto vs Lord, not to vs, but to thy name giue praise:
both for thy mercy and thy truth, that are in thee alwaies.
2 Why shall the heathen scorners say, where is their God become?
3 Our God in heauen is, and what he will, that hath he done.

4 Their Idols siluer are and gold, worke of mens hands they be:
5 They haue a mouth and do not speake, and eyes and do not see.
6 And they haue eares ioynd to their heads, and do not heare at all:
and noses eke they formed haue, and do not smell withall.

7 And hands they haue and handle not, and feete and doe not goe:
a throat they haue, yet through the same, they make no sound to blow.
8 Those that make them, are like to them, and those whose trust they be:
9 O Israel trust in the Lord, their helpe and shield is he.

10 O Aarons houſe truſt in the Lord, their help and ſhield is he:
11 Truſt ye the Lord that feare the Lord, their help and ſhield is he.
12 The Lord hath mindfull beene of vs, and will vs bleſſe alſo:
on Iſraels and on Aarons houſe, his bleſſings he will ſhow.

13 Them that be fearers of the Lord, the Lord doth bleſſe them all:
euen he will bleſſe them euery one, the great and eke the ſmall.
14 To you I ſay the liuing Lord, will multiply his grace:
to you and to the children that, ſhall follow of your race.

15 Ye are the bleſſed of the Lord, euen of the Lord I ſay:
which both the heauen and the earth, haue made and ſet in ſtay.
16 The heauens, yea the heauens high, belong vnto the Lord:
the earth vnto the ſonnes of men, he gaue of free accord.

17 They that be dead do not with praiſe, ſet forth the Lords renowne:
nor any that into the place, of ſilence do go downe.
18 But we will praiſe the Lord our God, from henceforth and for aye:
ſound ye the praiſes of the Lord, praiſe ye the Lord I ſay.

Dilexi quoniam. Pſal. Cxvi. N.

Dauid being in great danger of Saul in the deſert of Maon, perceiuing the great and inestimable loue of God toward him, magnifieth ſuch great mercies, and proteſteth he will be thankfull for the ſame.

Sing this as the 95. Pſalme.

I Loue the Lord becauſe my voice, and prayer heard hath he:
2 when in my daies I cald on him, he bowed his eare to me.
3 Euen when the ſnares of cruell death, about beſet me round:
when paines of hell me caught, and when, I woe and ſorrow found.

4 Vpon the Name of God my Lord, then did I call and ſay:
deliuer thou my ſoule O Lord, I do thee humbly pray.
5 The Lord is very mercifull, and iuſt is he alſo:
and in our God compaſſion, doth plentifully flow.

6 The Lord in ſafety doth preſerue, all thoſe that ſimple be:
I was in wofull miſerie, and he releeued me.
7 And now my ſoule ſith thou art ſafe, returne vnto thy reſt:
for largely loe the Lord to thee, his bounty hath expreſt.

8 Becauſe thou haſt deliuered, my ſoule from deadly thrall:
my moiſted eyes from mournefull teares, my fliding feet from fall.
9 Before the Lord I in the Land, of life will walke therefore:
10 I did beleeue, therefore I ſpake, for I was troubled ſore.

The ſecond part.

11 I ſaid in my diſtreſſe and feare, that all men lyers be:
12 What ſhall I pay the Lord, for all his benefits to me?
13 The wholeſome cup of ſauing health, I thankfully take:
and on the Lords name I will call, when I my prayer make.

14 I to the Lord will pay the vowes, that I to him behight:
yea euen at this preſent time, in all the peoples ſight.
15 Right deare and precious in his ſight, the Lord doth aye eſteeme:
the death of all his holy ones, what euer men do deeme.

16 Thy ſeruant Lord thy ſeruant loe, I do my ſelfe confeſſe:
ſonne of thy handmaid, thou haſt broke the bonds of my diſtreſſe.
17 And I will offer vp to thee, a ſacrifice of praiſe:
and I will call vpon the name of God the Lord alwaies.

18 I to the Lord will pay the vowes, that I haue him behight:
yea euen at this preſent time, in all the peoples ſight.
19 Yea in the Courts of Gods owne houſe, and in the midſt of thee:
O thou Jeruſalem I ſay, wherefore the Lord praiſe yee.

Laudate Dominum. Pſal. Cxvii. N.

He exhorteth the Gentiles to praiſe God, becauſe he hath accompliſhed as well to them as to the Jewes, the promiſe of life euerlaſting by Jeſus Chriſt.

Sing this as the 99. Pſalme.

O All ye nations of the world, praiſe ye the Lord alwaies:
and all ye people euery where, ſet forth his noble praiſe.
2 For great his kindneſſe is to vs, his truth endures for aye:
wherefore praiſe ye the Lord our God, praiſe ye the Lord I ſay.

Confitemini Domino. Pſal. Cxviij. N.

Dauid reiected of Saul and of the people, at the time appointed, obtained the kingdome, for which he bid-deth all that feare the Lord to be thankfull, vnder whoſe perſon Chriſt is liuely ſet forth, who ſhould be of all his people reiected.

Sing this as the 84. Pſalme.

O Giue thankes vnto the Lord, for gracious is he:
becauſe his mercy doth endure, for euer towards thee.
2 Let Iſrael confeſſe and ſay, his mercie dures for aye:
3 Now let the houſe of Aaron ſay, his mercy dures for aye.

4 Let all that feare the Lord our God, euen now confeſſe and ſay,
the mercy of the Lord our God, endureth ſtill for aye.
5 In trouble and in heauineſſe, vnto the Lord I cride:
which louingly heard me at large, my ſute was not denide.

6 The Lord himſelfe is on my ſide, I will not ſtand in doubt:
nor feare what man can do to me, when God ſtands me about.
7 The Lord doth take my part with them, that help to ſuccour me:
therefore I ſhall ſee my deſire, vpon mine enemy.

8 Better it is to truſt in God, then in mans mortall ſeed,
9 Or to put confidence in kings, or Princes in our need.
10 All Nations haue encloſed me, and compaſſed me round:
but in the name of God ſhall I, mine enemies confound.

11 They kept me in on euery ſide, they kept me in I ſay,
but through the Lords moſt mighty name, I ſhall worke their decay.

12 They

12 They came about me all like Bees, but yet in the Lords name:
I quencht their thornes that were on fire, and will destroy the same.

The second part.

13 Thou hast with force thrust sore at me, that I indeed might fall:
but through the Lord I found such help, that they were vanquisht all.
14 The Lord is my defence and strength, my ioy, my mirth, and song:
he is become for me indeed a Sauiour most strong.

15 The right hand of the Lord our God, doth bring to passe great things,
he causeth voice of ioy and wealth, in righteous mens dwellings.
16 The right hand of the Lord doth bring, most mighty things to passe:
his hand hath the preheminence, his force is as it was.

17 I will not die but euer liue, to vtter and declare:
the Lord his might and wondrous power, his works and what they are.
18 The Lord him selfe hath chastened, and hath corrected me,
but hath not giuen me ouer yet, to death as ye may see.

19 Set open vnto me the gates, of truth and righteousnesse,
that I may enter into them, the Lords praise to confesse.
20 This is the gate euen of the Lord, which shall not so be shut:
but good and righteous men alway, shall enter into it.

The third part.

21 I will giue thankes to thee O Lord, because thou hast heard me:
and art become most louingly, a Sauiour vnto me.
22 The stone which ere this time, among the builders was refused:
is now become the corner-stone, and chiefly to be vsed.

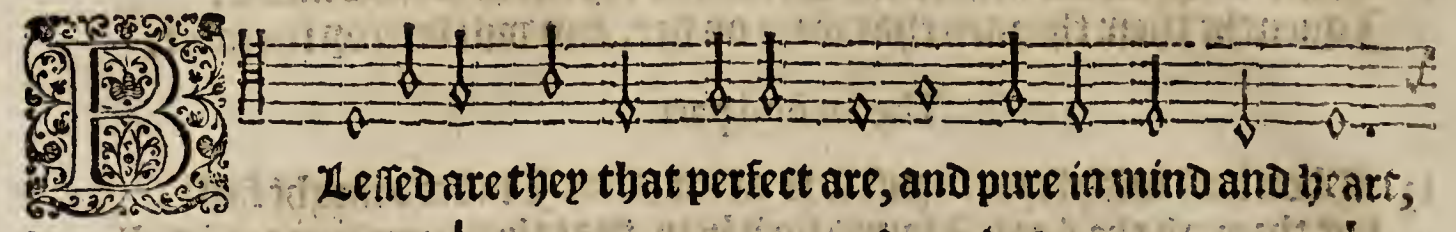
23 This was the mighty worke of God, this was the Lords owne fact:
and it is marueilous to behold, with eyes that noble act.
24 This is the ioyfull day indeed, which God himselfe hath wrought:
let vs be glad and ioy therein, in heart, in mind, in thought.

25 Now help vs Lord and prosper vs, we wish with one accord:
blessed is he that comes to vs, in the name of the Lord.
26 God is the Lord that sheweth vs light, binde ye therefore with cord
your sacrifice to the Altar, and giue thankes to the Lord.

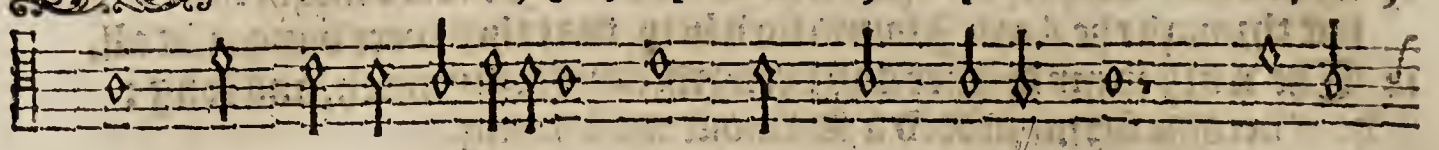
27 Thou art my God I will confesse, and render thankes to thee:
thou art my God and I will praise, thy mercies towards me.
28 O giue ye thanks vnto the Lord, for gracious is he:
because his mercy doth endure, for euer towards me.

Beati immaculati. Psal. Cxix. W. W.

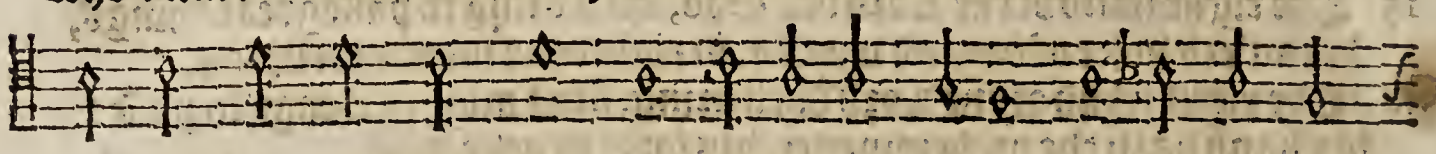
In this psalme is contained an exquisite art, and a wonderfull vehemency in setting foorth the prayses of Gods law, wherein the Prophet cannot satisfie himselfe, nor sufficiently expresse the affections which he beareth thereunto: adding moreouer many notable complaints and consolations, wherefore it is meete that all the faithfull haue it alway both in heart and mouth. And in the Hebrew euery eight verses begin with one letter of the Alphabet.



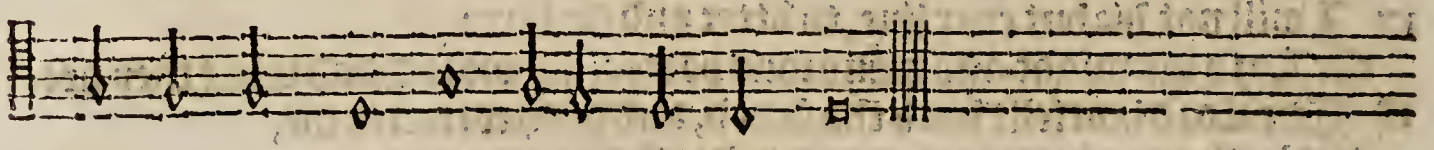
BLessed are they that perfect are, and pure in mind and heart,



whose liues and conuersation, from Gods lawes neuer start. 2 Blessed



are they that giue themselues, his statutes to obserue, seeking the Lord



with all their heart, and neuer from him swerue.

3 Doubtlesse such men go not astray, nor do no wicked thing:
which stedfastly walke in his paths, without any wandring.
4 It is thy will and commaundement, that with attentiue heed:
thy noble and diuine precepts, we learne and keepe indeed.

5 O would to God it might thee please, my waies so to addresse:
that I might both in heart and voyce, thy lawes keepe and confesse.
6 So should no shame my life attaint, whilst I thus set mine eyes,
and bend my mind alwaies to muse, on thy sacred decrees.

7 Then will I praise with vpright heart, and magnifie thy name,
when I shall learne thy iudgements iust, and likewise proue the same.
8 And wholly will I giue my selfe, to keepe my lawes most right:
forsake me not for euer Lord, but shew thy grace and might.

BETH The second part.

BY what meanes may a young man best, his life learne to amend:
if that he marke and keepe thy word, and therein his time spend.
10 Unfamedly I haue thee sought, and thus seeking abide:
O neuer suffer me O Lord, from thy precepts to slide.

11 Within my heart and secret thoughts, thy words I haue hid still:
that I might not at any time, offend thy holy will.
12 We magnifie thy name O Lord, and praise thee euermore:
thy statutes of most worthy fame, O Lord teach me therefore.

13 My lips haue neuer ceasd to preach, and publish day and night:
thy iudgements all which did proceed, from thy mouth full of might.
14 Thy testimonies and thy waies, please me no lesse indeed:
then all the treasures of the earth, which worldlings make their meed.

15 Of thy precepts I will still muse, and thereof frame my talke:
as at a marke so will I aime, thy wayes how I may walke.
16 My onely ioy shall be so fixt, and on thy lawes so set:
that nothing can me so farre blinde, that I thy words forget.

GIMEL. The third part.

GRant to thy seruant now such grace, as may my life prolong:
17 Thy holy word then will I keepe, both in my hart and tong.
18 Mine eyes which were dim and shut vp, so open and make bright:
that of thy law and meruailous workes, I may haue the cleere sight.

19 I am a stranger in this earth, wandring now heere now there:
thy word therefore to me disclose, my footsteps for to cleare.
20 My soule is rauisht with desire, and neuer is at rest:
but seekes to know thy iudgements hie, and what may please thee best.

21 The proud men and malitious, thou hast destroyd each one:
and cursed are such as doe not, thy hestes attend vpon.
22 Lord turne from me rebuke and shame, which wicked men conspire:
for I haue kept thy couenants, with zeale as hot as fire.

23 The Princes great in counsell sate, and did against me speake:
but then thy seruant thought how he, thy statutes might not breake.
24 For why, thy couenants are my ioy, and my great hearts solace:
they serue in stead of counsellors my matters for to passe.

DALETH. The fourth part.

I Am alas as brought to graue, and almost turnd to dust:
restore therefore my life againe, as thy promise is iust.
26 My waies when I acknowledged, with mercy thou didst heare:
heare now eftsoones, and me instruct, thy lawes to loue and feare.

27 Teach me once throughly for to know, thy precepts and thy lore:
thy workes then will I meditate, and lay them vp in store.
28 My soule I feele so sore oppresst, that it melteth for griefe:
according to thy word therefore, hast Lord to send relefe.

29 From lying and deceitfull lips, let thy grace me defend:
and that I may learne thee to loue, thy holy law me send.
30 The way of truth both straight and sure, I haue chosen and found:
I set thy iudgments me before, which keepe me safe and sound.

31 Since then O Lord I forced my selfe, thy couenants to embrace:
let me therefore haue no rebuke, nor checke in any case.
32 Then will I run with ioyfull cheare, where thy word doth me call:
when thou hast set my heart at large, and rid me out of thrall.

HE. The fift part.

INstruct me Lord in the right trade, of thy statutes diuine:
and it to keepe euen to the end, my heart will I encline.

4 Grant

34 Grant me the knowledge of thy law, and I shall it obay:
with heart and minde and all my might, I will it keepe I say.

35 In the right path of thy precepts, guide me Lord I require:
none other pleasure doe I wish, nor greater thing desire.
36 Incline my heart thy lawes to keepe, and couenants to embrace:
and from all filthy auarice, Lord shield me with thy grace.

37 From vaine desires and worldly lusts, turne backe mine eyes and sight:
giue me the spirit of life and power, to walke thy lawes aright.
38 Confirme thy gratious promise Lord, which thou hast made to me:
which am thy seruant and doe loue, and feare nothing but thee.

39 Reproch and shame which I doe feare, from me O Lord expell:
for thou dost iudge with equitie, and therein dost excell.
40 Behold my hearts desire is bent, thy lawes to keepe for aye:
Lord strengthen me so with thy grace, that it performe I may.

VAV. The 6. part.

Thy mercies great and manifold, let me obtaine O Lord:
thy sauing health let me enioy, according to thy word.
42 So shall I stop the slanderous mouthes, of lewde men and vniust:
for in thy faithfull promises, stands my comfort and trust.

43 The word of truth within my mouth, let euer still be prest:
for in thy iudgements wonderfull, my hope doth stand and rest.
44 And whilst that breath within my brest, doth naturall life preserue:
yea till this life shall be dissolud, thy law will I obserue.

45 So walke will I as set at large, and made free from all dread:
because I sought how for to keepe, thy precepts and thy reade.
46 Thy noble acts I will describe, as things of most great fame:
euen before Kings I will them blaze, and shrinke no whit for shame.

47 I will reioyce then to obey, thy worthy hests and will:
which euermore I haue loued best, and so will loue them still.
48 My hand I will lift to thy lawes, which I haue dearely sought:
and practise thy commaundements, in will, in deede and thought,

ZAIN. The 7. part.

Thy promise which thou madest to me, thy seruant Lord remember:
for therein haue I put my trust, and confidence for euer.
50 It was my comfort and my ioy, when troubles me assaile:
for were my life not by thy word, my life would soone me faile.

51 The proud and such as God contemne, still made of me a scorne;
yet would I not thy law forsake, as he that were forlorne.
52 But cald to minde Lord thy great workes, shewed to our fathers old:
whereby I felt thy ioy surmount, my griefe an hundred fold.

53 But

53 But yet alas for feare I quake, ſeeing how wicked men
thy law forſooke and did procure, thy iudgements who know when:
54 And as for me I framde my ſongs, thy ſtatutes to exalt,
when I among the ſtrangers dwelt, and thoughts gan me aſſault.

55 I thought vpon thy name O Lord, by night when others ſleepe:
as for thy law alſo I kept, and euer will it keepe.
56 This grace I did obtaine, becauſe, thy couenants ſweet and deare
I did embrace and alſo keepe, with reuerence and with feare.

HETH The 8. part.

O God which art my part and lot, my comfort and my ſtay:
I haue decreed and promiſed, thy lawes to keepe alway.
58 Mine earneſt heart hid humbly ſue, in preſence of thy face:
as thou therefore haſt promiſed, Lord grant me of thy grace.

59 My life I haue examined, and tride my ſecret heart,
which to thy ſtatutes cauſed me, my feet ſtraight to conuert.
60 I did not ſtay, nor linger long, as they that ſlothfull are:
but haſtily thy lawes to keepe, I did my ſelfe prepare.

61 The cruell bands of wicked men, haue made of me their prey:
yet would I not thy lawes forget, nor from thee go aſtray.
62 Thy righteous iudgements vnto me, ſo great is and ſo hie:
that euen at midnight will I riſe, thy name to magnifie.

63 Companion am I to all them, which feare thee in their heart:
and neither will for loue nor dread, from thy commandements ſtart.
64 Thy mercies Lord moſt plentiouſly, do all the world fulfill:
O teach me how I may obey, thy ſtatutes and thy will.

TETH The 9. part.

ACcording to thy promiſe Lord, ſo haſt thou with me dealt:
for of thy grace in ſundry ſorts haue I thy ſeruant felt.
66 Teach me to iudge alwaies aright, and giue me knowledge ſure:
for certainely beliue I doe, that thy precepts are pure.

67 Ere thou didſt touch me with thy rod, I erred and went aſtray:
but now I keepe thy holy word, and make it all my ſtay.
68 Thou art both good and gracious, and giueſt moſt liberally,
thine ordinances how to keepe, therefore O Lord teach me.

69 The proud and wicked men haue forged, againſt me many a lie,
yet thy commaundements ſtill obſerue with all my heart will I.
70 Their hearts are ſwolne with worldly wealth, as greaſe ſo are they fat:
but in thy law I do delight, and nothing ſeeke but that.

71 O happy time I may well ſay, when thou didſt me correct,
for as a guide to learne thy lawes, thy rod did me direct.
72 So that to me thy word and law, is dearer manifold,
then thouſands great of ſiluer and gold, or ought that can be told.

IOD

IOD The 10. part.

73 SEing thy hands haue made me Lord, to be thy creature:
grant knowledge likewise how to learne, to put thy lawes in vre.
74 So they that feare thee shall reioyce, when euer they me see,
because I haue learnd by thy word, to put my trust in thee.

75 When with thy rods the world is plagude, I know the cause is iust:
so when thou dost correct me Lord the cause iust needs be must.
76 Now of thy goodnesse I thee pray, some comfort to me send:
as thou to me thy seruant hetst, so from all ill me shend.

77 Thy tender mercies poure on me, and I shall surely liue:
for ioy and consolation both, thy lawes to me doth giue.
78 Confound the proud whose false pretence, is me for to destroy:
but as for me thy hestes to know, I will my selfe imploy.

79 Who so with reuerence doe thee feare, to me let them retire,
and such as do thy couenants know, and them alone desire.
80 My heart without all wauering, let on thy lawes be bent:
that no confusion come to me, whereby I should be shent.

CAPH The 11. part.

81 MY soule doth faint and ceaseth not, thy sauing health to craue:
and for thy words sake still I trust, my hearts desire to haue.
82 Mine eies do faile with looking for thy word, and thus I say:
Oh when wilt thou me comfort Lord, why dost thou thus delay?

83 As a skin bottle in the smoake, so am I parcht and dride:
yet will I not out of my heart, let thy commaundements slide.
84 Alas how long shall I yet liue, before I see the houre:
that an my foes which me torment, thy vengeance thou wilt poure?

85 Presumptuous men haue digged pits, thinking to make me sure:
thus contrary against thy law my hurt they doe procure.
86 But thy commandements are all true, and causelesse they me grieue:
to thee therefore I do complaine, that thou mightst me relieue.

87 Almost they had me cleane destroid, and brought me quite to ground:
yet by thy statutes I abode, and therein succour found.
88 Restore me Lord againe to life, for thy mercies do excell:
and so shall I thy couenants keepe, till death my life expell.

LAMED The 12. part.

89 IN heauen Lord where thou dost dwell, thy word is stablisht sure:
and shall for all eternity, fast grauen there endure.
90 From age to age thy truth abides, as doth the earth witnesse:
whose ground-worke thou hast laid so sure, as no tongue can expresse.

91 Euen to this day we may well see, how all things perseuere:
according to thy ordinance, for all things thee reuere.
92 Had it not beene that in thy law, my soule had comfort sought:
long time ere now in my distresse, I had beene brought to nought.

93 There

93 Therefore will I thy precepts aye, in memory keepe faſt:
by them thou haſt my life reſtord, when I was at laſt caſt.
94 No wight to me can title make, for I am onely thine:
ſaue me therefore for to thy lawes, mine eares and heart incline.

95 The wicked men do ſeeke my bane, and therein lie in waite,
but I the while conſidered, thy noble workes and great.
96 I ſee nothing in this wide world, at length which hath not end:
but thy commandements and thy word, beyond all end extend.

MEM The 13. part.

WHat great deſire and feruent loue, do I beare to thy law?
all the day long my whole deuiſe, is onely on thy law.
98 Thy word hath taught me, farre to paſſe my foes in policy:
for ſtill I keepe it as a thing, of moſt excellency.

99 My teachers which did me inſtruct, in knowledge I excell,
becauſe I do thy couenants keepe, and them to others tell.
100 In wiſedome I do paſſe alſo, the ancient men indeed:
and all becauſe to keepe thy lawes, I held it aye beſt reed.

101 My feete I haue refrained eke, from euery euill way:
becauſe that I continually, thy word might keep I ſay.
102 I haue not ſwaru'd from thy iudgements, nor yet ſhronke any dell,
for why? thou haſt me taught thereby, to liue godly and well.

103 O Lord how ſweet vnto my taſt, find I thy words alway:
Doubtleſſe no honey in my mouth, feele ought ſo ſweet I may.
104 Thy lawes haue me ſuch wiſdome learnd, that vtterly I hate
all wicked and vngodly waies, in euery kinde or rate.

NVN The 14. part.

EVen as a Lanthorne to my feete, ſo doth thy word ſhine bright:
and to my pathes where euer I goe, it is a flaming light.
106 I haue both ſworne and will performe, moſt certainly doubtleſſe:
that I will keepe thy iudgements iuſt, and them in life expreſſe.

107 Affliction hath me ſore oppreſt, and brought me to deaths dore:
O Lord as thou haſt promiſed, ſo me to life reſtore.
108 The offerings which with heart and voice, moſt frankly I thee giue:
accept and teach me how I may, after thy iudgements liue.

109 My ſoule is aye ſo in my hand, that dangers it aſſaile:
yet doe I not thy law forget, nor it to keepe will faile.
110 Although the wicked laid their nets, to catch me at a bay:
yet did I not from thy precepts, once ſwerue or go aſtray.

111 Thy law I haue ſo claimd alway, as mine owne heritage:
and why? for therein I delight, and ſet my whole courage.
112 For euermore I haue beene bent, thy ſtatutes to fulfill:
euen ſo likewiſe vnto the end, I will continue ſtill.

SAMECH. The 15. part.

THe crafty thoughts and double hearts, I do alwaies detest:
but as for thy lawes and precepts, I loued them euer best.
114 Thou art my hid and secret place, my shield of strong defence:
therefore haue I thy promises, lookt for with patience.

115 Goe to therefore ye wicked men, depart from me anone:
for the commaundements will I keepe, of God my Lord alone.
116 As thou hast promised so performe, that death me not assaile:
nor let my hope abuse me so, that through distrust I quaile.

117 Uphold me and I shall be safe, for ought that they doe say:
and in thy statutes pleasure take, will I both night and day.
118 Thou hast trode such vnder thy feet, as doe thy statutes breake:
for nought auailes their subtilty, their counsell is but weake.

119 Like drosse thou castest the wicked out, where euer they goe or dwell:
therefore can I as thy statutes, loue nothing halfe so well.
120 My flesh alas is taken with feare, as though it were benumbd:
for when I see thy iudgements straight, I am as one astond.

AIN. The 16. part.

I Doe the thing that lawfull is, and giue to all men right:
resigne me not to them that would, oppresse me with their might
122 But for thy seruant suertie be, in that thing that is good:
that proud men giue me not the foyle, which rage as they were wood.

123 Mine eyes with waiting are now blinde, thy health so much I craue:
and eke thy righteous promise Lord, whereby thou wilt me saue.
124 Intreat thy seruant louingly, and fauour to him shew:
thy statutes of most excellency, teach me also to know.

125 Thy humble seruant Lord I am, grant me to vnderstand:
how by thy statutes I may know, best what to take in hand.
126 It is now time for to begin, for truth is quight decayd:
thy law likewise they haue transgrest, & none against them laid.

127 This is the cause wherefore I loue, thy lawes better then gold:
or iewells fine which are esteemd, more costly to be sold,
128 I thought thy precepts all most iust, and so them laid in store:
all crafty and malitious waies, I doe abhorre therefore.

PE. The 17. part.

THy couenants are most wonderfull, and full of things profound:
my soule therefore doth keepe them sure, when they are tride & found,
130 When men first enter into thy word, they finde a light most cleare:
and very idiots vnderstand, when they it reade or heare.

131 For ioy I haue both gap'd and breathd, to know thy commandement:
that I might guide my life thereby, I sought what thing it ment.
132 With mercy and compassion Lord, behold me from aboue:
as thou art wont to behold such, as thy name feare and loue.

133 Direct

133 Direct my footsteps by thy word, that I thy will may know:
and neuer let iniquity, thy seruant ouerthrow.
134 From slaunderous tongues and deadly harmes, preserue & keep me sure:
thy precepts then will I obserue, and put them eke in vre.

135 Thy countenance which doth surmount, the sunne in his bright hew:
let shine on me, and by thy law, teach me what to eschew.
136 Out of mine eyes great flouds gush out, of dreary teares and fell:
when I behold how wicked men, thy lawes keepe neuer a dell.

ZADE. The 18. part.

IN euery point Lord thou art iust, the wicked though they grudge:
and when thou dost sentence pronounce, thou art a righteous iudge.
138 To render right and flee from gule, are two chiefe points most hie:
and such as thou hast in thy law, commaunded vs straightly.

139 With zeale and wrath I am consumde, and euen pinde away:
to see my foes thy word forget, for ought that I doe may.
140 So sure and perfect is thy word, as any heart can deeme:
and I thy seruant nothing more, do loue or yet esteeme.

141 And though I be nothing set by, as one of base degree:
yet do I not thy hestes forget, nor shrinke away from thee.
142 Thy righteousnesse Lord is most iust, for euer to endure:
also thy law is truth it selfe, most constant and most pure.

143 Trouble and griefe haue seaz'd on me, and brought me wondrous low
yet do I still of thy precepts, delight to heare and know.
144 The righteousnes of thy iudgemenes, doth last for euermore:
then teach thou me, for euen in them, my life lyeth vp in store.

KOPH The 19. part.

WIth feruent heart I cride and cald, now answer me O Lord,
that thy commaundements to obserue, I may fully accord.
146 To thee my God I make my sute, with most humble request:
saue me therefore and I will keepe, thy precepts and thy hest.

147 To thee I cry euen in the morne, before the day waxe light:
because that I haue in thy word, my confidence whole plight.
148 Mine eyes preuent the watch by night, & ere they call I wake:
that by deuising of thy word, I might some comfort take.

149 Incline thine eares to heare my voice, and pitty on me take:
as thou wast wont to iudge me Lord, least life should me forsake
150 My foes draw neare and do procure my death maliciously:
which from thy law haue far gone backe, and straid from it lewdly.

151 Therefore O Lord approch thou neare, for needе doth so require
and all thy precepts true they are, then helpe I thee desire.
152 By thy commaundements I haue learnd, not now, but long ago,
that they remaine for euermore, thou hast them grounded so.

RESH. The 20. part.

My trouble and affliction, consider and behold:
deliuer me for of thy law, I euer take fast hold.
154 Defend my good and righteous cause, with speed me succour send,
from death as thou hast promised, Lord keepe me and defend.

155 As for the wicked farre they are, from hauing health and grace:
whereby they might thy statutes know, they enter not the trace.
156 Great are thy mercies Lord I grant, what tongue can them attaine:
and as thou hast me iudgd ere now, so let me life obtaine.

157 Though many men did trouble me, and persecute me sore:
yet from thy lawes I neuer shronke, nor went away therefore.
158 And truth it is for griefe I dye, when I these traytors see:
because they keepe no whit thy word, nor yet seeke to know thee.

159 Behold for I do loue thy lawes, with heart most glad and faine:
as thou art good and gracious Lord, restore my life againe.
160 What thy word doth decree must be, and so it hath beene euer:
thy righteous iudgements are also, most true, and decay neuer.

SCHIN. The 21. part.

Princes haue sought by cruelty, causelesse to make me couch:
but all in vaine, for of thy word, the feare did my heart touch.
162 And certainly euen of thy word, I was more merry and glad,
then he which of rich spoiles and pray, great store and plenty had.

163 As for all lies and falsitie, I hate most and detest:
for why? thy holy lawes doe I, aboue all things loue best.
164 Seaueu times a day I praise the Lord, singing with heart and voyce:
thy righteous acts and wonderfull, so cause me to reioyce.

165 Great peace and rest shall all such haue, which do thy statutes loue:
no danger shall their quiet state, empaire or once remoue.
166 Mine only health and comfort Lord, I looke for at thy hand:
and therefore haue I done those things, which thou didst me command.

167 Thy lawes haue beene mine exercise, which my soule most desired:
so much my loue to them was bent, that nought else I required.
168 Thy statutes and commandements, I kept thou knowest aright:
for all the things that I haue done, are present in thy sight.

TAV The 22. part.

O Lord let my complaint and cry, before thy face appeare:
and as thou hast me promise made, so teach me thee to feare.
170 Mine humble supplication, toward thee let finde accesse:
and grant me Lord deliuerance, for so is thy promise.

171 Then shall my lips thy praises speake, after most ample sort:
when thou thy statutes hast me taught, wherein stands all comfort.
172 My tongue shall sing and preach thy word, and on this wise say shall,
Gods famous acts and noble lawes, are iust and perfect all.

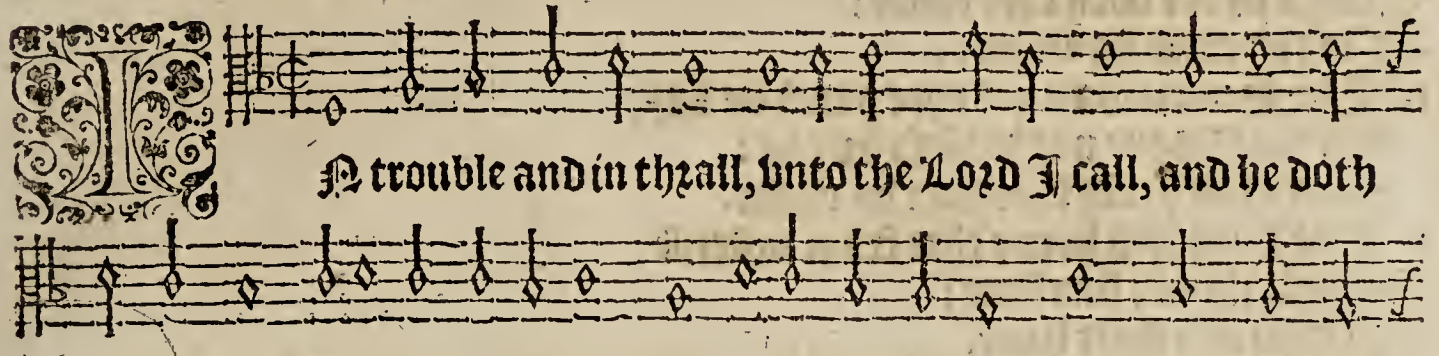
173 Stretc

173 Stretch out thy hand I thee beſeech, and ſpeedily me ſaue:
for thy commaundements to obſerue, choſen O Lord I haue.
174 Of thee alone Lord I craue health, for other I know none:
and in thy law and nothing elſe, I doe delight alone.

175 Graunt me therefore long dayes to liue, thy name to magnifie:
and of thy iudgements mercifull, let me thy fauour trie.
176 For I was loſt and went aſtray, much like a wandring ſheepe:
oh ſeeke me, for I haue not failde, thy commaundements to keepe.

Ad Dominum cum tribularer. pſal. cxx. T. S.

The prayer of Dauid, now baniſhed among the barberous people of Arabia in the falſe reports of enuious flatterers, And therefore he lamenteth his long abode among the Infidels, who were giuen to all kinde of wickednes and contention.



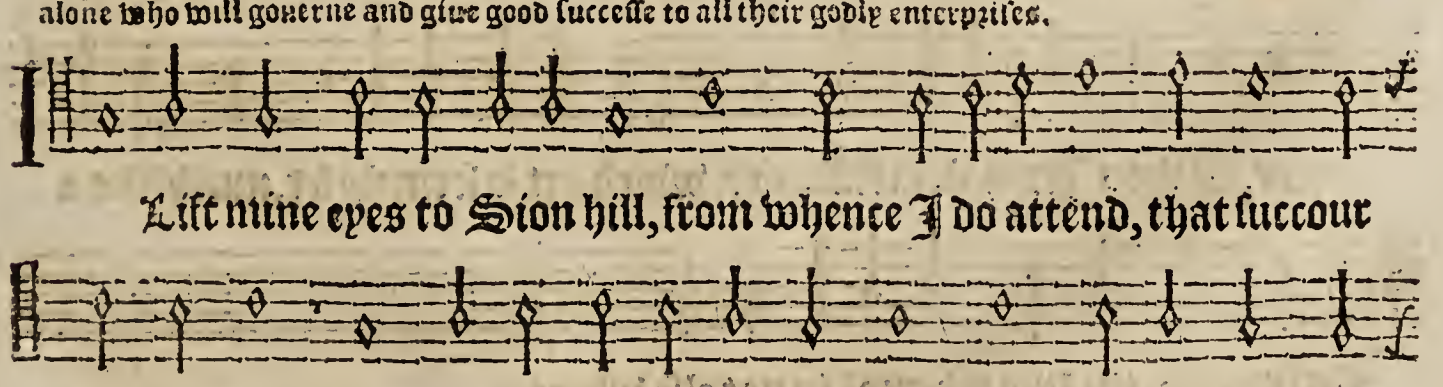
3 What vantage or what thing,
Getſt thou thus for to ſting:
Thou falſe and flattering lyer:
4 Thy tongue doth hurt I weene,
No leſſe then arrowes keene,
Of hot conſuming fire.

5 Alas too long I ſlacke,
Within theſe tents ſo blacke,
Which Kedars are by name,
By whome thy flocke elect,
And all of Iſaackes ſect,
Are put to open ſhame.

6 With them that peace did hate,
I came a peace to make:
And ſet a quiet life:
7 But when my tale was tolde,
Cauſeles I was controlde,
By them that would haue ſtrife.

Leuaui oculus. cxxi. W.W.

The Prophet ſheweth by his owne example, that the faithfull ought to looke for all their ſuccour of God alone who will gouerne and giue good ſucceſſe to all their godly enterpriſes.



framed, and all things therein named.

3 The foote from ſlip he will preſerue,
and will thee ſafely keepe:
For he will neuer ſleepe.
4 Loe he that doth Iſrael conſerue,
no ſleepe at all can him catch,
But his eyes ſhall euer watch.
5 The Lord is thy warrant alway,
The Lord eke doth thee couer:
As at thy right hand euer.
6 The Sunne ſhall not thee parch by day,
nor the Moone not halfe ſo bright:
Shall with cold thee hurt by night.
7 The Lord will keepe thee from diſtreſſe,
And will thy life ſure ſaue:
And thou alſo ſhalt haue,
8 In all thy buſineſſe good ſucceſſe,
Where euer thou goeſt in or out:
God will thy thinges bring about.

Lætatus ſum. Cxxii. W. K.

Dauid reioyceth in the name of the faithfull, that God hath accompliſhed his promiſe and placed his Arke in Sion, for the which he giueth thankes, and prayeth for the proſperity of the Church.

I Did in heart reioyce, to heare the peoples voyce, in offering ſo willingly. For let vs vp ſay they, and in the Lords houſe pray, thus ſpake the folke full louingly: Our feet that wandred wide, ſhall in thy gates abide, O thou Jeruſalem full faire, which art ſo ſeemely ſet, much like a Citty neate, the like whereof is not elſe where.

4 The

3 The tribes with one accord,
The tribes of God the Lord:
Are thither bent their way to take:
So God before did tell,
That there is Iſrael,
their prayers ſhould together make.
5 For there are thrones erect,
And that for this reſpect,
To ſet forth iuſtice orderly,
Which thrones right to maintaine,
To Dauids houſe pertaine,
His folke to iudge accordingly.

6 To pray let vs not ceaſe,
For Jeruſalems peace,
Thy friends God proſper mightily:
7 Peace be thy walls about,
And proſper thee throughout,
Thy places eke continually.
8 I wiſh thy proſperous ſtate,
For my poore brethrens ſake,
That comfort haue by meanes of thee,
9 Gods houſe doth me allure,
Thy wealth for to procure,
So much alwaies as lyeth in me.

Ad te leuaui oculos. Pſal. Cxxiij. T. S.

A prayer of the faithfull, which are afflicted by the wicked worldlings, and contemners of God.

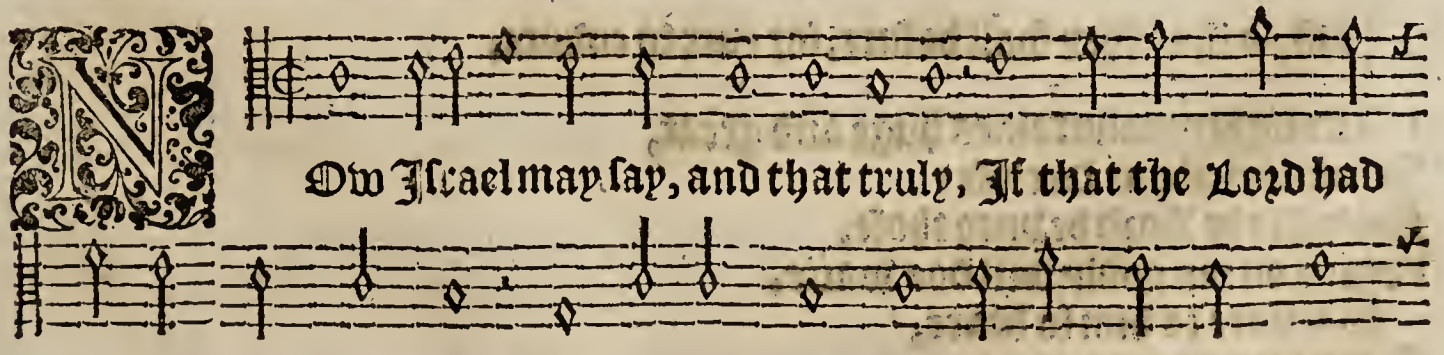
Sing this as the 119. pſalme.

O Lord that heauen doſt poſſeſſe, I lift mine eyes to thee:
euen as the ſeruant lifteth his, his maiſters hands to ſee,
2 As handmaids watch their miſtreſſe hands, ſome grace for to atchiue,
ſo we behold the Lord our God, till he doe vs forgiue.

3 Lord grant vs thy compaſſion, and mercy in thy ſight:
for we are filled and ouercome, with hatred and deſpight.
4 Our mindes be ſtuffed with great rebuke, the rich and worldly wiſe
do make of vs their mocking ſtocke, the proud do vs deſpiſe.

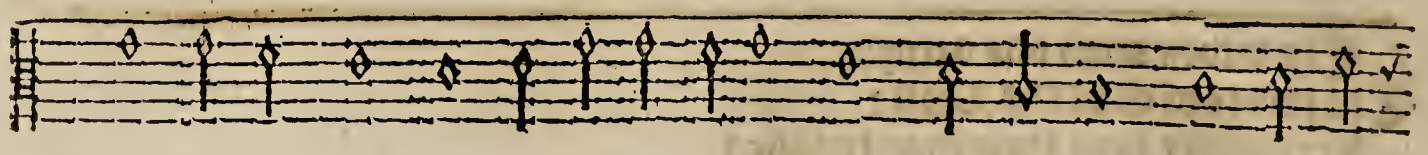
Niſi quia Dominus. Pſal. cxxiiii. W. W.

The people of God being deliuered out of great danger, and knowledge not to haue eſcaped by their owne power, but through the fauour of God, and ſhew in how great perill they were.

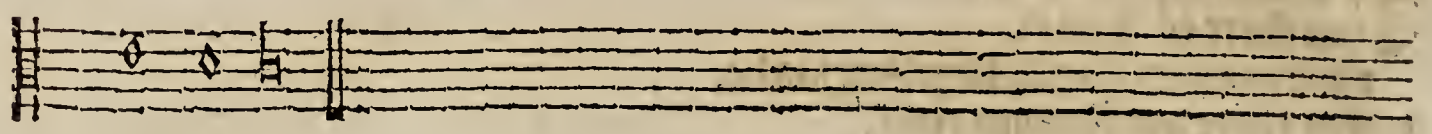


Now Iſrael may ſay, and that truly, If that the Lord had not our cauſe maintaind, If that the Lord had not our right ſuſtained:

When



When all the world against vs furiously, made their vprores, and said we



should all dye.

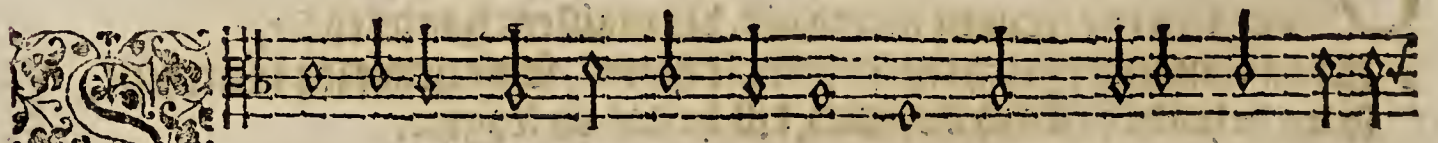
3 Now long ago, they had deuour'd vs all:
And swallowed quicke for ought that we could deeme,
Such was their rage, as we might well esteeme,
4 And as the flouds, with mighty force doe fall:
So had they now our liues euen brought to thrall.

5 The raging streames, most proud in roring noise,
Had long ago ouerwhelmd vs in the deepe:
6 But loued be God, which doth vs safely keepe
From bloody teeth, and their most cruell voice:
Which as a pray to eat vs would reioyce.

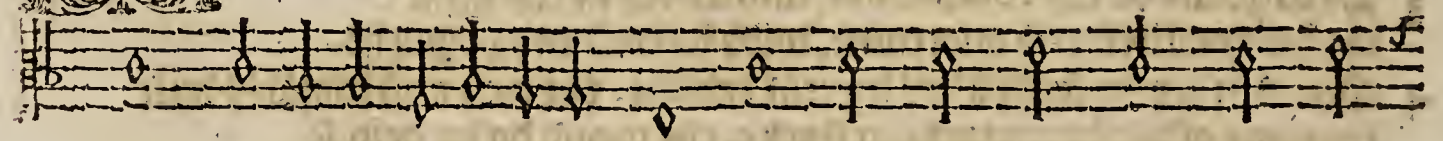
7 Euen as a bird, out of the foulers grin,
Escapth away, right so it fareth with vs:
Broke are their nets, and we haue scaped thus.
8 God that made heauen and earth, is our helpe then:
His name hath saued vs, from these wicked men.

Qui confidunt. psal. Cxxv. W. K.

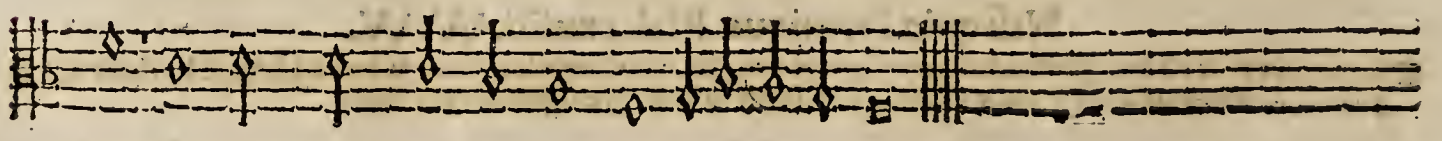
He describeth the assurance of the faithfull in their afflictions. and destreth their wealth, and the destruction of the wicked.



Uch as in God the Lord do trust, as mount Sion shall firmly



stand, and be remoued at no hand, the Lord will count them right and



iust, so that they shall be sure, for euer to endure.

2 As mighty mountaines huge and great,
Jerusalem about do close:
So will the Lord be vnto those,
Which on his godly will doe waite,
Such are to him so deare,
They neuer need to feare.

3 For though the righteous try doth he,
By making wicked men his rod:
Leaſt they through griefe forſake their God,
It ſhall not as their lot ſtill be.
4 Giue Lord to thoſe thy light,
whoſe hearts are true and right.

5 But as for ſuch as turne aſide,
By crooked waies which they out sought:
The Lord will surely bring to nought,
With workes most vile they ſhall abide.
But peace with Iſrael,
For euermore ſhall dwell.

Another of the ſame, R. A.

Sing this as the ten Commandements.

THoſe that do put their confidence, vpon the Lord our God only,
and flye to him for his defence, in all their need and miſerie,
Their faith is ſure, firme to endure, grounded on Chriſt the corner-ſtone:
moued with none ill, but ſtandeth ſtill, ſtedfaſt like to the mount Sion.

And as about Ieruſalem, the mighty hils do it compaſſe,
ſo that no enemies come to them, to hurt the towne in any caſe.
So God indeed in euery need, his faithfull people doth defend:
ſtanding them by aſſuredly, from this time forth world without end.

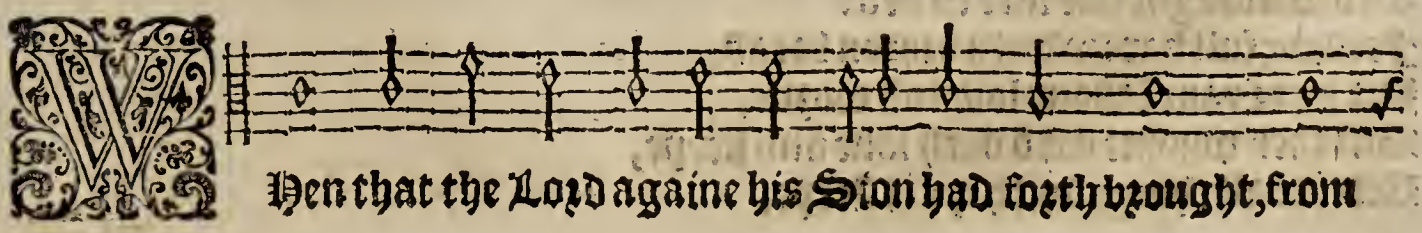
Right wiſe and good is our Lord God, and will not ſuffer certainely,
the ſinners and vngodlies rod, to tarry vpon his family.
Leaſt they alſo from God ſhould goe, falling to ſinne and wickedneſſe,
O Lord defend world without end, thy Chriſtian flocke through thy goodnes.

O Lord do good to Chriſtians all, that ſtedfaſt in thy word abide:
ſuch as willingly from God fall, and to falſe doctrine daily ſlide
Such will the Lord ſcatter abroad, with hypocrites throwne downe to hell:
God will them ſend paines without end, but Lord grant peace to Iſrael.

Glory to God the Father of might, and to the Sonne our Sauiour:
And to the holy Ghoſt whoſe light, ſhine in our hearts and vs ſuccour.
That the right way from day to day, we may walke and him glorifie,
With harts deſire all that are here, worſhip the Lord, and ſay, Amen.

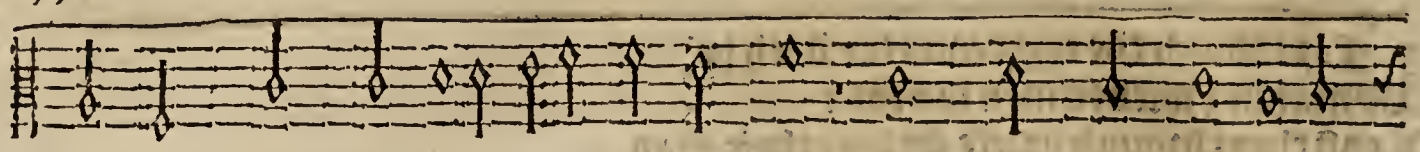
In conuertendo. Pſal. Cxxvi. W. K.

This pſalme was made after the returne of the people from Babilon, & ſheweth that the meane of their deliuerance was wonderfull after the ſeauenty yeares of captiuity, foreſpoken by Ierem. 25. 12. & 29. 10.

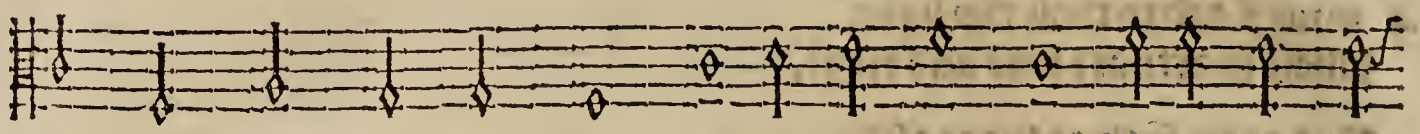


WHen that the Lord againe his Sion had forth brought, from

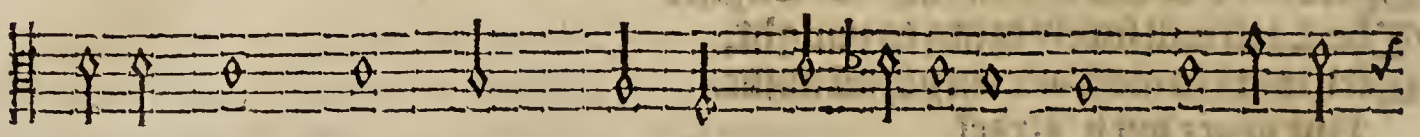
bondage



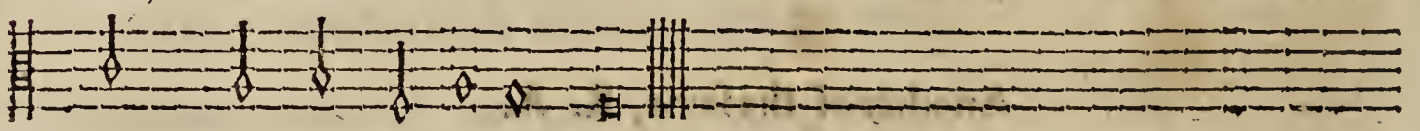
bondage great, and also seruitude extreame, his worke was such as did



surmount mans heart and thought, so that we were much like to them that



vse to dreame, our mouthes were with laughter filled then, and eke our



tongues did shew vs ioyfull men.

2 The heathen folke, were forced then this to confesse,
How that the Lord, for them also great things had done:
3 But much more we, and therefore can confesse no lesse.
Wherefore to ioy, we haue good cause as we begun.
4 O Lord goe forth, thou canst our bondage end:
As to deserts, the flowing riuers send.

5 Full true it is, that they which sowe in teares indeed:
A time will come, when they shall reape in mirth and ioy.
9 They went and wept, in bearing of their precious seede:
For that their foes oft times did them annoy.
But their returne with ioy they shall sure see:
Their sheaues home bring, and not impaired be.

Nisi Dominus Psal. Cxxvii.

It is not mans wit, power, and labour, but the free goodnes of God, that giueth riches, preserueth townes and countries, graunteth nourishment and children.

Sing this as the Lords prayer.

EXcept the Lord the house do make,
And therevnto do set his hand:
What men do build it cannot stand.
Likewise in vaine men vndertake,
Cities and holds to watch and ward,
Except the Lord be their safegard.

2 Though ye rise early in the morne,
And so at night goe late to bed:
Feeding full hardly with brown bread,
Yet were your labour lost and worne.
But they whome God doth loue and keepe,
Receiue all things with quiet sleepe.

3 Therefore marke well when euer yee ſee,
That men haue heires to enioy their land:
It is the gift of Gods owne hand.
For God himſelfe doth multiplie,
Of his great liberalitie,
The bleſſing of poſterity.

5 And when the children come to age,
They grow in ſtrength and actiueneſſe
In perſon and in comelineſſe,
So that a ſhaft ſhot with courage,
Of one that hath a moſt ſtrong arme,
Flieth not ſo ſwift, nor doth like harme.

5 Oh well is him that hath his quiuer,
Furniſhed with ſuch artillery,
For when in perill he ſhall be,
Such one ſhall neuer ſhake nor ſhiuer:
When that he pleadeth before the iudge,
Againſt his foes that beare him grudge.

Beati omnes qui timent. Pſal. Cxxviij. T. S.

He deſcribeth the proſperous eſtate of them that be married in the feare of God, ioyning with all, the promiſes of Gods bleſſings to all them that liue in the honorable eſtate, according to his commaundement.

Sing this as the 137. pſalme.

BLeſſed art thou that feareſt God, and walkeſt in his way,
2 For of thy labour thou ſhalt eate, happy art thou I ſay.
3 Like fruitfull vines on thy houſe ſide, ſo doth thy wife ſpring out:
thy children ſtand like Oliue plants, thy table round about.

4 Thus art thou bleſt that feareſt God, and he ſhall let thee ſee:
5 The promiſed Jeruſalem, and his felicity.
6 Thou ſhalt thy childrens children ſee, to thy great ioyes encreaſe:
and likewiſe grace on Iſrael, proſperity and peace.

Sæpe expugnauerunt. Pſal. Cxxix. N.

He admoniſheth the Church to reioyce, though it had beene afflicted in all ages, for God will deliuer it, and the enemies for all their glorious ſhew, ſhall ſuddenly be deſtroyed.

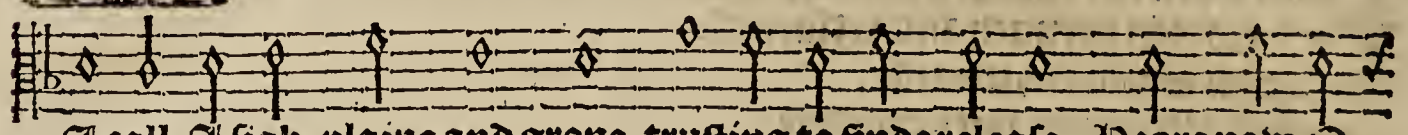
Sing this as the 137. pſalme.

OFt they now Iſrael may ſay, me from my youth aſſailed:
oft they aſſailde me from my youth, yet neuer they preuailed.
3 Upon my backe the plowers plowde, and furrowes long did caſt:
4 The righteous Lord hath cut the cords, of wicked foes at laſt.
5 They that hate me ſhall be aſhamd, and turned backe alſo:
6 And made as graſſe vpon the houſe, which withereth ere it grow.
7 Whereof the mower cannot finde, enough to fill his hand,
nor he can fill his lap that goeth, to gleane vpon the land.
8 Nor paſſers by pray God, on them, to let his bleſſing fall:
nor ſay we bleſſe you in the name of God the Lord at all.

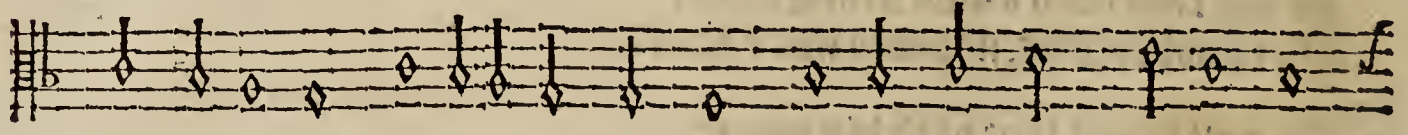
De profundis clamaui. pſal. Cxxx. W. W.

An effectuous prayer for him that for his ſinnes had ſuſtained great afflictions, and notwithſtanding hee fully truſteth and aſſureth himſelfe to obtaine mercy, and forgiuenes of his ſinnes, and at length, deliuerance from all euils.

OVt of the deepe I make my mone, when dangers me oppreſſe:



I call, I ſigh, plaine and grone, truſting to finde releaſe. Heare now O



Lord my requeſt, for it is full due time, and let thine eares aye be preſt,

vnto this prayer mine.

3 O Lord our God if thou way, our ſinnes and them peruſe:
who can then eſcape or ſay, I can my ſelfe excuſe?
4 But Lord thou art mercifull, and turnſt to vs thy grace:
that we with hearts moſt carefull, ſhould feare before thy face.

5 In God I put my whole truſt, my ſoule waites on his will:
for his promiſe is moſt iuſt, and I hope therein ſtill.
6 My ſoule to God hath regard, wiſhing for him alway:
more then they that watch and ward, to ſee the dawning day.

7 Let Iſrael then boldly, in the Lord put his truſt:
he is that God of mercy, that his deliuer muſt,
8 For it is he that muſt ſaue, Iſrael from his ſinne:
and all ſuch as ſurely haue, their confidence in him.

Domine non eſt. pſal. Cxxxi. M.

Dauid charged with ambition, and greedy deſire to raigne, proteſteth his humility and modeſty before God, and teacheth all men what they ſhould do.

Sing this as the Lamentation.

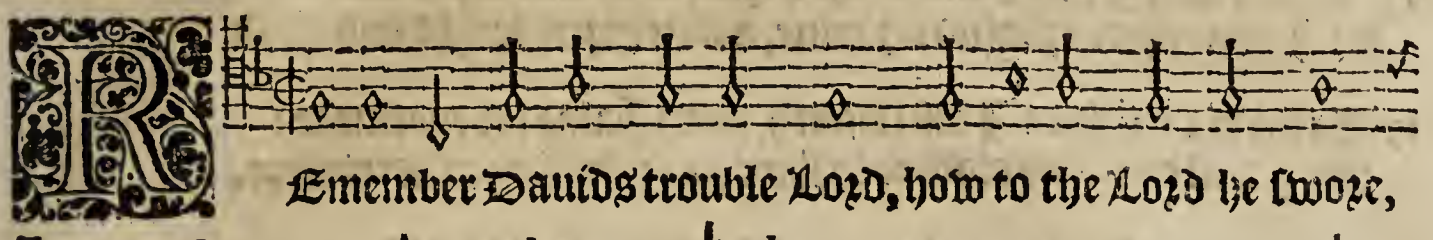
O Lord I am not puft in mind, I haue no ſcornefull eye:
2 I do not exerciſe my ſelfe in things that be too hie.
3 But as the child that wained is, euen from the mothers breaſt:
ſo haue I Lord behaued my ſelfe, in ſilence and in reſt.

4 O Iſrael truſt in the Lord, let him be all thy ſtay:
from this time forth for euermore, from age to age I ſay.

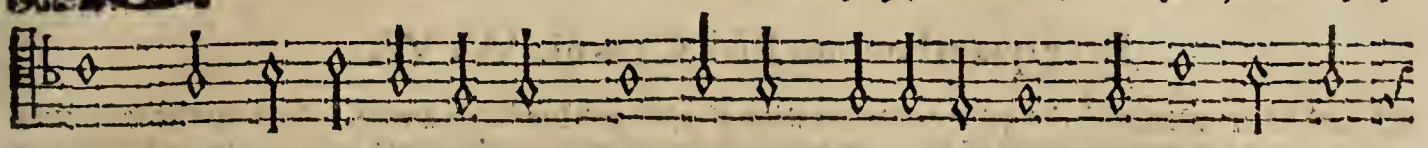
Memento Domine. Pſal. Cxxxij. M.

The faithfull grounding on Gods promiſe made vnto Dauid, deſireth that he would eſtablish the ſame, both as touching poſterity, and the building of the Temple, to pray there as was foreſpoken.

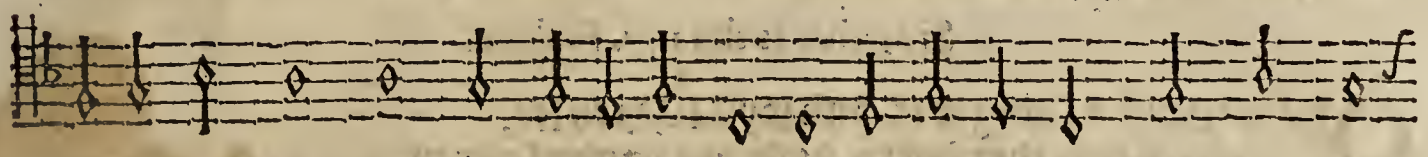
Remember



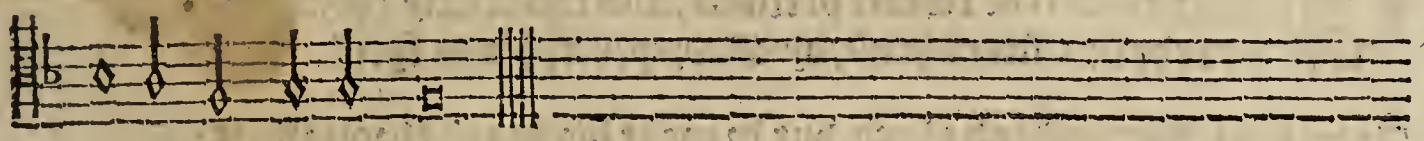
REmember Dauids trouble Lord, how to the Lord he ſwore,



and vowed a vow to Jacobs God, to keepe for euermore. I will not come



within my houſe, nor clime vp to my bed, nor let my temples take their reſt,



or the eyes in my head.

5 Till I haue found out for the Lord, a place to ſit thereon:
an houſe for Jacobs God to be, an habitation.
6 We heard of it at Ephrata, there did we heare this ſound:
and in the fields and forreſts there, theſe voyces firſt were found.

7 We will aſſay, and go in now, his tabernacle there:
before his foote-ſtoole to fall downe vpon our knees in feare.
8 Ariſe O Lord, ariſe I ſay, into thy reſting place:
both thou and the arke of thy ſtrength, the preſence of thy grace.

9 Let all thy Prieſts be clothed Lord, with truth and righteouſneſſe:
let all thy Saints and holy men, ſing all with ioyfulneſſe.
10 And for thy ſeruant Dauids ſake, refuſe not Lord I ſay:
the ſeat of thine annointed Lord, nor turne thy face away.

The ſecond part.

11 The Lord to Dauid ſwore in truth, and will not ſhrinke from it;
ſaying, the fruit of thy body, vpon thy ſeat ſhall ſit.
12 And if thy ſons my couenant keep, that I ſhall learne each one:
then ſhall their ſonnes for euer ſit, vpon thy princely throne.

13 The Lord himſelfe hath choſe Sion, and loues therein to dwell:
14 Saying, this is my reſting place, I loue and like it well.
15 And I will bleſſe with great encreaſe, her victuals euery where:
and I will ſatisfie with bread, the needy that be there.

16 Yea I will decke and cloath her Prieſts, with my ſaluation:
and all her Saints ſhall ſing for ioy, of my protection.

17 There will I ſurely make the horne, of Dauid for to bud:
for I haue there ordaind for mine, a lanthorne bright and good.

18 As for his enemies I will cloath, with ſhame for euermore:
but I will cauſe his crowne to ſhine, more freſh then heretofore.

Ecce quam bonum. Pſal. Cxxxiii. W. W.

This Pſalme containeth the godly commendation of godly and brotherly amity, which for the excellency thereof, is compared to the moſt precious oyle, wherewith the Prieſts onely, and inſtruments of the tabernacle were annointed. Exod. 30.

Sing this as the 137. Pſalme.

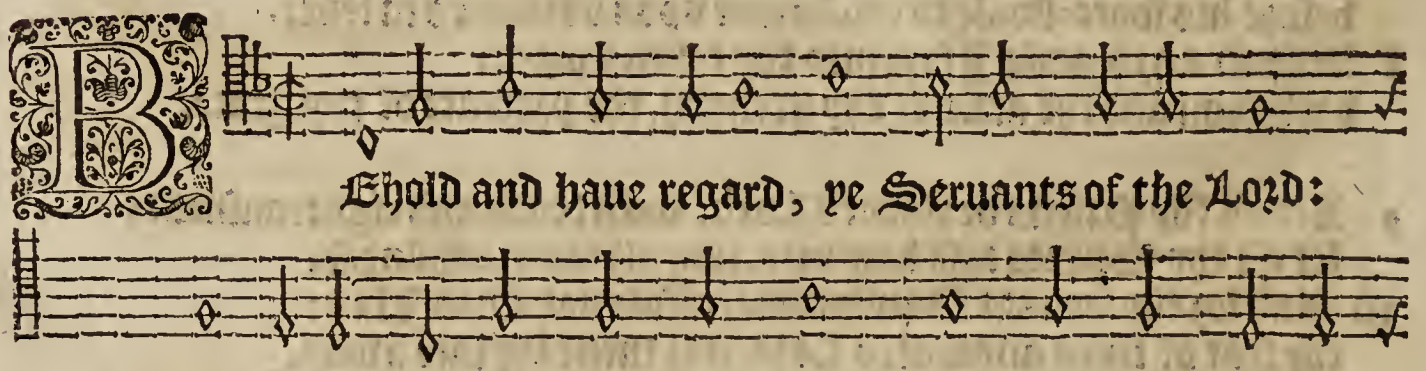
O How happy a thing it is, and ioyfull for to ſee,
brethren together faſt to hold, the band of amity.
2 It calth to mind the ſweete perfume, and that coſtly oyntment:
which on the ſacrificers head, by Gods precept was ſpent.

It wet not Aarons head alone, but drencht his beard throughout:
and finally it did run downe, his rich attire about.
3 And as the lower ground doth drinke, the dew of Hermon hill,
and Sion with his ſiluer drops, the fields with fruit doth fill.

4 Euen ſo the Lord doth poure on them, his bleſſings manifold:
whoſe hearts and minds without all guile, this knot do keepe and hold.

Ecce nunc. pſal. Cxxxiiii. W. K.

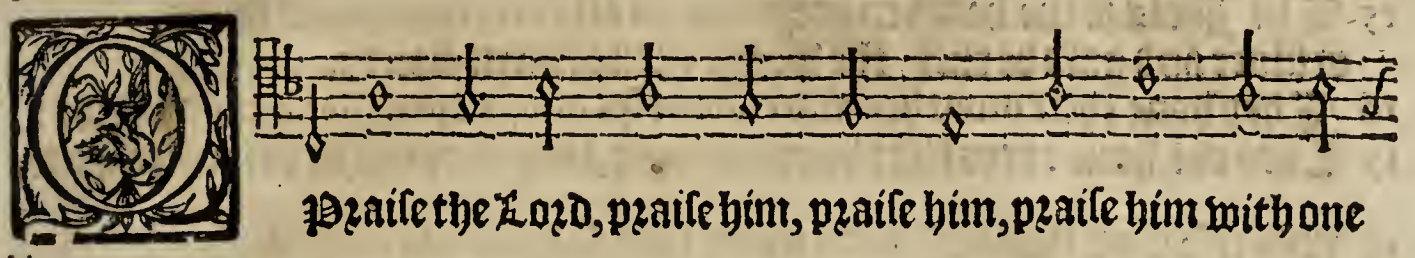
He exhorteth the Leuites that watch in the Temple, to praiſe the Lord.



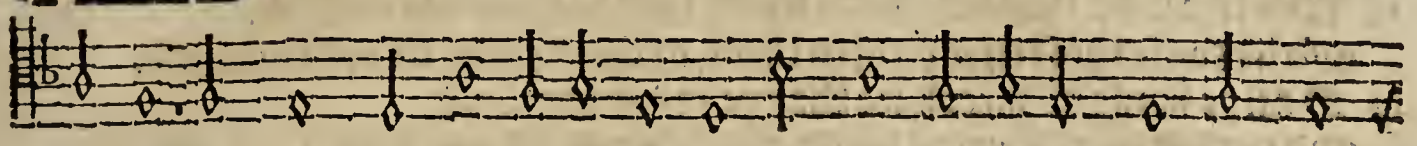
2 Lift vp your hands on hie, vnto his holy place,
and giue the Lord his praiſes due, his benefits embrace.
3 For why: the Lord who did, both earth and heauen frame:
doth Sion bleſſe, and will conſerue, for euermore the ſame.

Laudate nomen. Pſal. cxxxv. M.

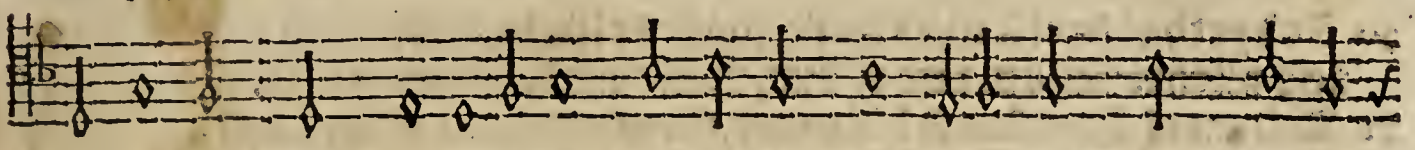
He exhorteth all the faithfull of what eſtate ſoeuer they be, to praiſe God for his maruailous workes, and ſpecially for his graces towards his people, wherein he hath declared his maieſty, to the confuſion of all Idolaters and their Idols.



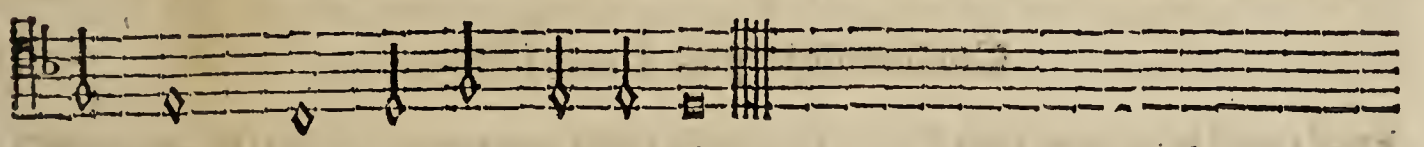
Praise the Lord, praise him, praise him, praise him with one



accord, O praise him still all ye that be, the seruants of the Lord, O praise



him ye that stand and be in the house of the Lord, ye of his Court, and of



his house, praise him with one accord.

3 Praise ye the Lord for he is good, sing praises to his name:
it is a comely and good thing, alwaies to do the same.
4 For why? the Lord hath chose Jacob, his very owne you see:
so hath he chosen Israel, his treasure for to be.

5 For this I know and am right sure, the Lord is very great:
he is indeed aboue all Gods, most easie to entreat.
6 For whatsoeuer pleased him, all that full well he wrought:
in heauen, in earth, and in the sea, which he hath framde of nought.

7 He lifts vp clouds, euen from the earth, he makes lightnings and raine:
he bringeth forth the winds also, he made nothing in vaine.
8 He smote the first borne of each thing, in Egypt that tooke rest:
he spared there no liuing thing, the man nor yet the beast.

9 He hath in thee shewd wonders great, O Egypt void of vaunts:
on Pharao thy cursed king, and his seuere seruants.
10 He smote then many nations, and did great acts and things:
he slew the great and mightiest, and chiefest of their kings.

11 Sehon king of the Amorites, and Og king of Basan:
he slew also the kingdomes all, that were of Canaan.
12 And gaue their land to Israel, an heritage we see,
to Israel his owne people, an heritage to be.

The second part.

13 Thy name O Lord shall still endure, and thy memoriall,
throughout all generations, that are or euer shall.
14 The Lord shall surely now auenge his people all indeed:
and to his seruants he will shew, fauour in time of need.

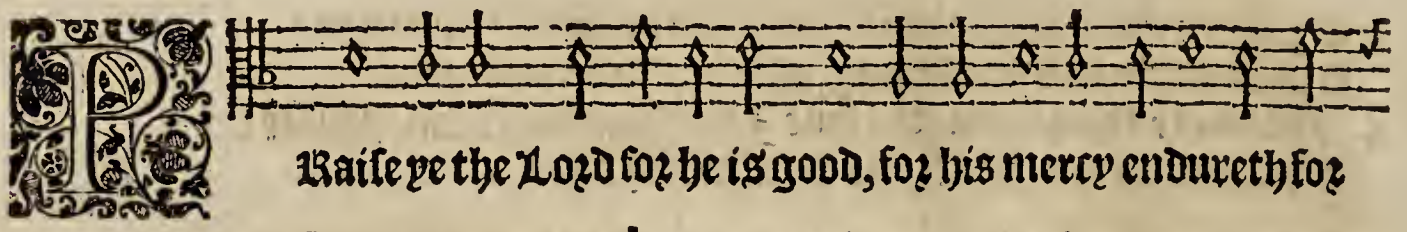
15 The Idols of the heathen are made, in all their coasts and lands,
of siluer and gold be they, the worke euen of mens hands.
16 They haue their mouthes and cannot speake, & eyes that haue no sight:
17 They eke haue eares that heare nothing, their mouths be breathles quite.

18 Wherefore all they are like to them, that so do set them forth,
and likewise those that trust in them, or thinke they be ought worth.
19 O all ye house of Israel, see that ye praise the Lord,
and ye that be of Aarons house, praise him with one accord.

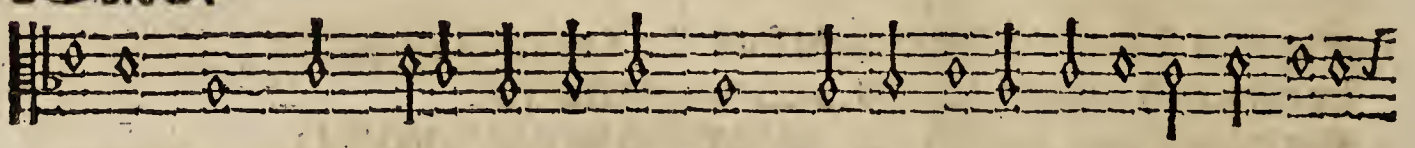
20 And ye that be of Leuies house, praise ye likewise the Lord:
and all that stand in awe of him, praise him with one accord.
21 And out of Sion sound his praise, the great praise of the Lord:
which dwelleth in Jerusalem, praise him with one accord.

Confitemini. psal. Cxxxvi. N.

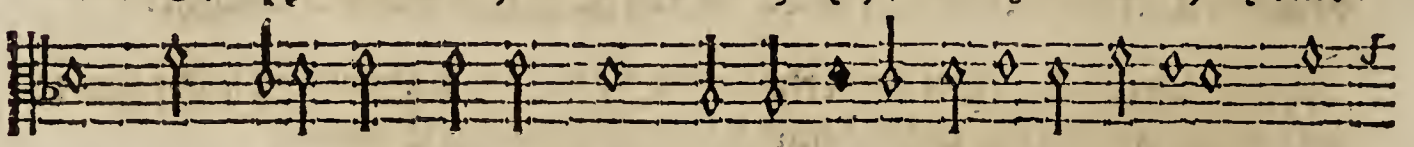
A most earnest exhortation to giue thankes vnto God for the creation and gouernance of all things, which standeth in confessing, that he giueth vs all of his meere liberality.



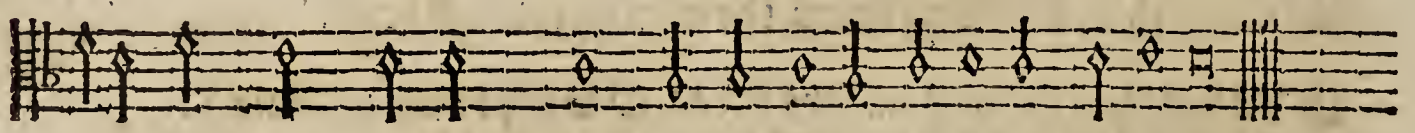
PRaise ye the Lord for he is good, for his mercy endureth for



euer: Giue praise vnto the God of Gods, for his mercy endureth for euer:



Giue praise vnto the Lord of Lords, for his mercy endureth for euer: which



only doth great wonders worke, for his mercy endureth for euer.

5 Which by his wisedome made the heauen, for his mercy endureth for euer.
6 Which on the waters stretch the earth, for his mercy endureth for euer.
7 Which made great lights to shine abroad, for his mercy endureth, &c.
8 As Sunne to rule the lightsome day, for his mercy endureth, &c.

9 The Moone and Stars to guide the night, for his mercy endureth, &c.
10 Which smote Egypt with their first borne, for his mercy endureth, &c.
11 And Israel brought out from them, for his mercy endureth for euer.
12 With mighty hand and stretched arme, for his mercy endureth for euer.

13 Which cut the red sea in two parts, for his mercy endureth for euer.
14 And Israel made passe there through, for his mercy endureth for euer.

15 And drowned Pharao and his host, for his mercy endureth for euer.
16 Through wildernesse his people led, for his mercy endureth for euer.

17 He which did smite great noble kings, for his mercy endureth, &c.
18 And which hath slaine the mighty Kings, for his mercy endureth, &c.
19 As Sehon King of the Amorites, for his mercy endureth, &c.
20 And Og the King of Basan land, for his mercy endureth for euer.

21 And gaue their Land for heritage, for his mercy endureth for euer.
22 Euen to his seruant Israel, for his mercy endureth for euer.
23 Remembred vs in base estate, for his mercy endureth for euer.
24 And from oppressors rescued vs, for his mercy endureth for euer.

25 Which giueth food vnto all flesh, for his mercy endureth for euer.
26 Praise ye the God of heauen aboue, for his mercy endureth for euer.
27 Giue thankes vnto the Lord of Lords, for his mercy endureth for euer.

Another of the same, by T. C.

Sing this as the 148. psalme.

O Laud the Lord benigne,
Whose mercies last for aye:
Giue thankes and praises sing
To God of Gods I say.
For certainely,
His mercies dure:
Both firme and sure,
Eternally.

3 The Lord of Lords praise ye,
Whose mercies aye do dure:
4 Great wonders onely he,
Doth worke by his great power.
For certainly,
His mercies dure:
Both firme and sure,
Eternally.

5 Which God omnipotent,
By his great wisedome hie,
The heauenly firmament,
Did frame as we do see.
For certainely, &c.

6 Yea he the heauy charge,
Of all the earth did stretch,
And on the waters large,
The same he did out-retch.
For certainly, &c.

7 Great lights he made to vs,
For which his loue is aye:
8 Such as the Sunne we see,
To rule the light some day.
For certainly, &c.

9 And eke the Moone so cleare,
Which shineth in our sight:
And stars that do appeare,
To guide the darke some night.
For certainly, &c.

10 With grieuous plagues and sore,
All Egypt smote he then:
The first borne lesse and more,
He slew of beasts and men.
For certainly, &c.

11 And from amidst their land,
His Israel forth brought:
12 Which he with mighty hand,
And stretched arme hath wrought.
For certainly, &c.

13 The same he cut in two,
Which stood vp like a wall:
14 And made through it to goe,
His chosen children all.
For certainly, &c.

15 But there he whelmed then,
The proud king Pharao:
With his huge hoaſt of men,
And charets eke alſo:
For certainly, &c.

16 Who led through wilderneſſe,
His people ſafe and ſound:
And for his loue endleſſe,
17 Great kings he brought to ground.
For certainely, &c.

18 And ſlew with puiſſant hand,
Kings mighty and of fame,
As of the Amorites king,
19 Sehon the king by name,
For certainly, &c.

20 And Og the Giant large,
Of Balan king alſo:
21 Whoſe land and heritage,
He gaue his people tho.
For certainly, &c.

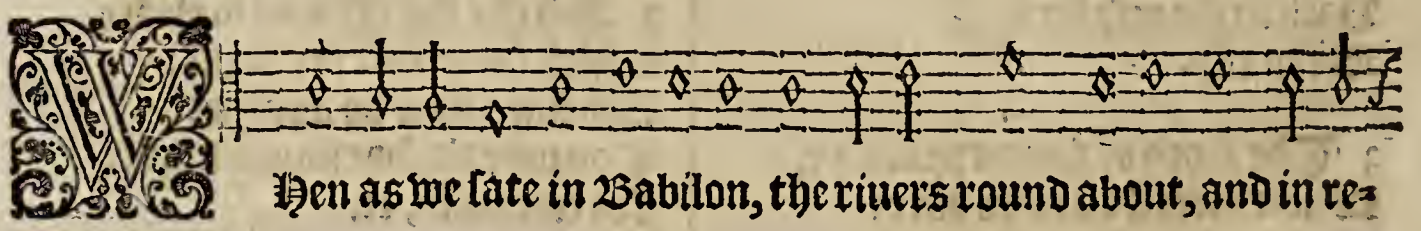
22 Euen vnto Iſrael,
His ſeruant deare I ſay:
He gaue the ſame to dwell,
And there abide for aye.
For certainly, &c.

23 To mind he did vs call,
In our moſt baſe degree:
24 And from oppreſſors all,
In ſafety ſet vs free.
For certainly, &c.

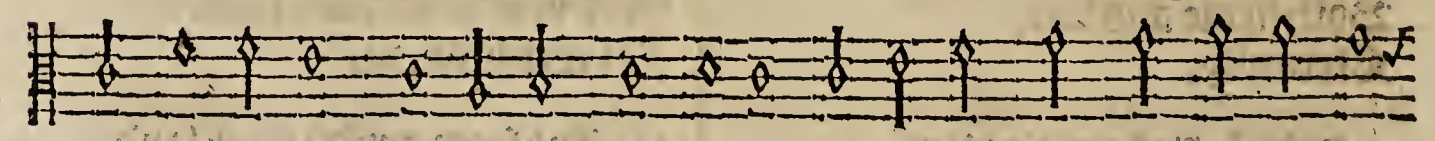
25 All fleſh in earth abroad,
With food he doth fulfill:
26 Wherefore of heauen the God,
To laud be it your will.
For certainly, &c.

Super flumen Babilonis. pſal. Cxxxvii. W. W.

The people of God in their baniſhment, ſeeing Gods true Religion decay, liued in great anguiſh and ſorrow of heart, the which griefe the Caldeans did ſo little pitty, that they rather encreaſed the ſame daily with taunts, reproches, and blaſphemies againſt God: Wherefore the Iſraelites deſired God to puniſh the Edomites, who prouoked the Babilonians againſt him (and moued by the ſpirit of God) prophecieth the deſtruction of Babilon, where they were vſed ſo tyranouſly.



When as we ſate in Babilon, the riuers round about, and in remembrance of Sion, the teares for griefe burſt out, 2. We hangd our harps



and inſtruments, the willow trees vpon, for in that place men for their vſe

had planted many one.

3 Then they to whom we priſoners were, ſaid to vs tauntingly:
now let vs heare your Hebrew ſongs, and pleaſant melody.
4 Alas ſaid we, who can once frame, his ſorrowfull heart to ſing:
the praiſes of our louing God, thus vnder a ſtrange king.

5 But

5 But yet if I Jeruſalem, out of my heart let ſlide,
then let my fingers quite forget, the warbling harp to guide.
6 And let my tongue within my mouth, be tyed for euer faſt,
if that I ioy before I ſee, thy full deliuerance paſt.

7 Therefore O Lord remember now, the curſed noyſe and cry:
that Edoms ſonnes againſt vs made, when they razde our Citty.
8 Remember Lord their cruell words, when as with one accord:
they cried, on, ſack and raze their wals, in deſpight of the Lord.

9 Euen ſo ſhalt thou O Babylon, at length to duſt be brought:
and happy ſhall that man be calde, that our reuenge hath wrought.
10 Yea bleſſed ſhall that man be calde, that takes thy children young:
to daſh their bones againſt hard ſtones, which lie the ſtreets among.

Confitebor tibi. Pſal. Cxxxviij. N.

Dauid with great courage praiſeth the goodneſſe of God toward him, which is ſo great, that it is knowne to forraine Princes, who ſhall praiſe the Lord together with him, and he is aſſured to haue comfort of God in the time following, as he hath had before.

Sing this as the 47. Pſalme.

THee will I praiſe with my whole heart, my Lord my God alwaies:
euen in the preſence of the Gods, I will aduance thy praiſe.
Toward thy holy Temple I, will looke and worſhip thee,
and praiſed in my thankfull mouth, thy holy name ſhall be.

2 Euen for thy louing kindneſſe ſake, and for thy truth withall:
for thou thy name haſt by thy word, aduanced ouer all.
3 When I did call thou heardeſt me, and thou haſt made alſo,
the power of increaſed ſtrength, within my ſoule to grow.

4 Yea all the kings on earth they ſhall, giue praiſe to thee O Lord:
for they of thy moſt holy mouth, haue heard the mighty word.
5 They of the waies of God the Lord, in ſinging ſhall intreat:
becauſe the glory of the Lord, it is exceeding great.

6 The Lord is hie, and yet he doth, behold the lowly ſpryte,
but he contemning knowes a farre, the proud and lofty wight.
7 Although in midſt of trouble I, do walke, yet ſhall I ſtand,
renewed by thee O my God, thou wilt ſtretch out thy hand

8 Upon the wrath of all my foes, and ſaued ſhall I be,
by thy right hand, the Lord God will performe his worke to me,
9 Thy mercy Lord endures for aye, Lord do me not forſake,
forſake me not that am the worke, which thine owne hand did make.

Domine probaſti. Pſal. Cxxxix. N.

Dauid to cleanſe his heart from all hypocriſie, ſheweth that there is nothing ſo hid, which God ſeeth not, which he confirmeth by the creation of man. After declaring his zeale and feare of God, he proteſteth to be an enemy to all that contemne God.

Sing this as the 137. pſalme.

O Lord thou haſt me tride and knowne, my ſitting thou doſt know:
and riſing eke, my thoughts a farre, thou vnderſtandſt alſo.

2 My pathes, yea and my lying downe, thou compaſſeſt alwaies:
3 And by familiar cuſtome art, acquainted with my waies.

4 No word is in my tongue O Lord, but knowne it is to thee:
5 Thou me behind holdſt and before, thou layeſt thy hand on me.
6 Too wonderfull aboue my reach, Lord is thy cunning ſkill:
it is ſo high that I the ſame, cannot attaine vntill.

7 From ſight of thy all-ſeeing ſpirite, Lord whether ſhall I goe?
or whether ſhall I flye away, thy preſence to ſcape fro?
8 To heauen if I amount aloft, loe thou art preſent there:
in hell if I lie downe below, euen there thou doſt appeare.

9 Yea let me take the morning wings, and let me go and hide,
euen there where are the furtheſt parts, where flowing ſea doth ſlide:
10 Yea euen thither alſo ſhall, thy reaching hand me guide,
and thy right hand ſhall hold me faſt, and make me to abide.

11 Yea if I ſay the darkneſſe ſhall, yet ſhroude me from thy ſight:
loe euen alſo the darkeſt night, about me ſhall be light.
12 Yea darkneſſe hideth not from thee, but night doth ſhine as day:
to thee the darknes and the light, are both alike alway.

The ſecond part.

13 For thou poſſeſſed haſt my reines, and thou haſt couered me:
when I within my mothers wombe, encloſed was by thee.
14 Thee will I praiſe, made fearefully, and wondrouſly I am:
thy workes are maruailous, right well my ſoule doth know the ſame.

15 My bones they are not hid from thee, although in ſecret place
I haue beene made, and in the earth beneath I ſhaped was.
16 When I was formeleſſe then thine eye, ſaw me, for in thy book
were written all, nought was before, that after faſhion tooke.

17 The thoughts therefore of thee O God, how deare are they to me?
and of them all how paſſing great, the endleſſe numbers be?
18 If I ſhould count them, loe their ſumme more then the ſand I ſee:
and whenſoeuer I awake, yet am I ſtill with thee.

19 The wicked and the bloudy men, oh that thou wouldeſt ſlay:
euen thoſe O God to whom depart, depart from me I ſay.
20 Euen thoſe of thee O Lord my God, that ſpeake full wickedly,
thoſe that are lifted vp in vaine, being enemies to thee.

21 Hate I not them that hate thee Lord, and that in earneſt wiſe?
contend I not againſt them all, againſt thee that ariſe?
22 I hate them with vnfained hate, euen as my vtter foes:
23 Try me O God and know my heart, my thoughts proue and diſcloſe.

24 Conſider Lord if wickedneſſe, in me there any be:
and in thy way O God me guide, for euer lead thou me.

Dauid complaineth of the cruelty, falſhood, and iniuries of his enemies, againſt which hee prayeth vnto the Lord, and aſſureth himſelfe of his help and ſuccour. Wherefore he prouoketh the iuſt to praiſe him, and to aſſure themſelues of his tuition.

Sing this as the Lamention.

LOrd ſaue me from the euill man, and from the cruell wight
2 Deliuer me, which euill doe imagine in their ſpite.
3 Which make on me continuall war, their tongues loe they haue whet:
like ſerpents vnderneath their lips, is Adders poiſon ſet.

4 Keep me O Lord from wicked hands, preſerue me to abide:
free from the cruell man that meanes, to cauſe my ſteps to ſlide.
5 The proud haue laid a ſnare for me, and they haue ſpread a net:
with cords in my path-way, and gins for me eke haue they ſet.

6 Therefore I ſaid vnto the Lord, thou art my God alone:
heare me O Lord, O heare the voyce, wherewith I pray and mone.
7 O Lord my God thou onely art, the ſtrength that ſaued me:
my head in day of battell hath, beene couered ſtill by thee.

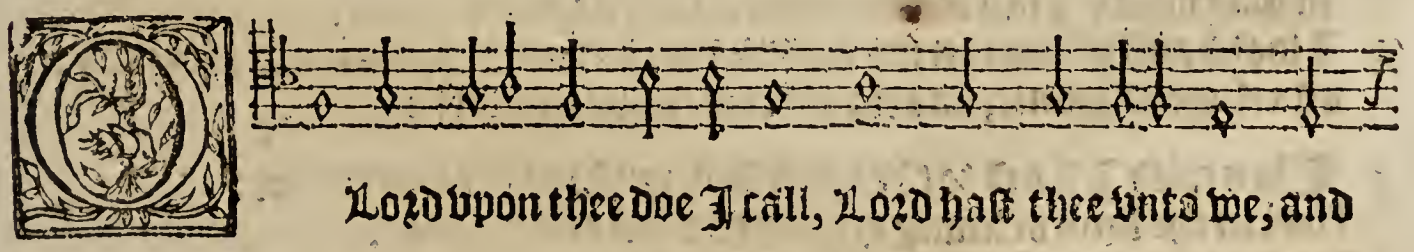
8 Let not O Lord the wicked haue, the end of his deſire:
performe not his ill thoughts leaſt he, with pride be ſet on fire.
9 Of them that compaſſe me about, the chiefeſt of them all:
Lord let the miſchiefe of their lips, vpon themſelues befall.

10 Let coales fall on them, let him caſt them in conſuming flame:
and in deep pits, ſo as they may, not riſe out of the ſame.
11 For no backe-biter ſhall on earth, be ſet in ſtable plight:
and euill to deſtruction ſtill, ſhall haunt the cruell wight.

12 I know the Lord th'afflicted will, reuenge and iudge the poore,
13 The iuſt ſhall praiſe thy name, iuſt ſhall, dwell with thee euermore.

Domine probaſti. Pſal. Cxli.

Dauid being greeuouſly perſecuted vnder Saul, onely flyeth vnto God to haue ſuccour, deſiring him to bridle his affections, that he may patiently abide, till God take vengeance of his enemies.



3 My Lord for guiding of my mouth, ſet thou a watch before:
and alſo of my mouing lips, O Lord keepe thou the doore.
4 That I ſhould wicked workes commit, incline thou not my heart:
with ill men of their delicates, Lord let me eate no part.

5 But let the righteous ſmite me Lord, for that is good for me:
let him reproue me and the ſame, a precious oyle ſhall be.
Such ſmiting ſhall not breake my head, the time ſhall ſhortly fall,
when I ſhall in their miſery, make prayers for them all.

6 Then when in ſtony places downe, their iudges ſhall be caſt:
then ſhall they heare my words, for then they haue a pleaſant taſt.
7 Our bones about the graues mouth, loe ſcattered are they found:
as he that heweth wood, or he that diggeth in the ground.

8 But O my Lord my God, mine eyes doe looke vp vnto thee:
in thee is all my truſt, let not my ſoule forſaken be.
9 Which they haue laid to catch me in, Lord keep me from the ſnare:
and from the ſubtile ſnares of them, that wicked workers are.

10 The wicked into their owne nets, together let them fall:
while I do by thy help eſcape, the danger of them all.

Voce mea ad Dominum. Pſal. Cxlij. N.

Dauid neither aſtonied with feare, nor carried with danger, nor forced by deſperation, would kill Saul, but with a quiet mind directed his earneſt prayer vnto God, who did preſerue him.

Sing this as the 141. pſalme.

BEfore the Lord God with my voyce, I did ſend out my cry:
and with my ſtrained voyce vnto, the Lord God praied I.
2 My meditation in his ſight, to poure I did not ſpare:
and in the preſence of the Lord, my trouble did declare.

3 Although perplexed was my ſpirit, my path was knowne to thee:
in way where I did walke a ſnare, they ſlily laid for me.
4 I lookt and viewed on my right hand, but none there would me know:
all refuge failed me, and for my ſoule none cared tho.

5 Then cried I Lord to thee and ſaid, my hope thou onely art:
thou in the land of liuing art, my portion and my part.
6 Harke to my cry, for I am brought full low, deliuer me:
from them that doe me perſecute for me too ſtrong they be.

7 That I may praiſe thy name my ſoule, from priſon Lord bring out:
when thou art good to me, the iuſt ſhall pleaſe me round about.

Domine exaudi. Pſal. Cxliii. N.

An earneſt prayer for remiſſion of ſinnes: acknowledging the enemies did cruelly perſecute him by Gods iuſt iudgement. He deſireth to be reſtored to grace, to be gouerned by his holy ſpirit, that he may ſpend the reſt of his life, in the true feare and ſeruice of God.

Sing this as the 141. pſalme.

LOrd heare my prayer, harke the plaint, that I do make to thee:
Lord in thy native truth and in, thy iuſtice anſwer me.

2 In iudgement with thy ſeruant Lord, oh enter not at all:
for iuſtified be in thy ſight, no one that liueth ſhall.

3 The enemy hath purſued my ſoule, my life to ground hath throwne,
and laid me in the darke like them, that dead are long agone.
4 Within me in perplexity, was mine accombred ſpyte:
and in me was my troubled heart, amazed and affright.

5 Yet I record time paſt in all, thy workes I meditate,
yea in thy workes I meditate, that thy hands haue create.
6 To thee O Lord my God, loe I, do ſtretch my crauing hands:
my ſoule deſireth after thee, as do the thirſtie lands.

7 Heare me with ſpeed, my ſpirit doth faile, hide not thy face me fro:
elſe ſhall I be like them, that downe into the pit do go.
8 Let me thy louing kindneſſe, in the morning heare and know:
for in thee is my truſt, ſhew me, the way that I ſhall goe.

9 For I lift vp my ſoule to thee, O Lord deliuer mee:
from all mine enemies for I, haue hidden me with thee.
10 Teach me to do thy will for thou, thou art my God I ſay:
let thy good ſpirit into the land of mercy me conuay.

11 For thy names ſake with quickning grace, aliue do thou me make,
and out of trouble bring my ſoule, euen for thy iuſtice ſake.
12 And for thy mercy ſtay my foes, O Lord deſtroy them all,
that do oppreſſe my ſoule, for I thy ſeruant am and ſhall.

Benedictus Dominus. Pſal. Cxliiii. N.

Dauid prayſeth the Lord with great affection and humility, for his kingdome reſtored, and for his kingdome obtained, yet calling for helpe and the deſtruction of the wicked, promiſing to acknowledge the ſame with a ſong of prayſes, and declareth wherein the felicity of any people conſiſteth.

Sing this as the 141. Pſalme.

BLeſt be the Lord my ſtrength doth that, inſtruct my hands to fight,
the Lord that doth my fingers frame, to battell by his might.
2 He is my goodneſſe, fort and tower, deliuerer and ſhield:
in him I truſt, my people he, ſubdues to me to yeeld.

3 O Lord what thing is man, that him thou holdeſt ſo in price?
or ſonne of man that vpon him, thou thinkeſt in this wiſe?
4 Man is but like to vanity, ſo paſſe his daies to end:
5 As fleeting ſhade bow downe O Lord, the heauens and diſcend.

6 The mountaines touch & they ſhall ſmoak, caſt forth thy lightning flame,
and ſcatter them thy arrowes ſhoote, conſume them with the ſame.
7 Send downe thine hand euen from aboue, O Lord deliuer me:
take me from waters great, from hand, of ſtrangers make me free.

8 Whoſe ſubtile mouth of vanitie, and fondneſſe doth entreat:
and their right hand is a right hand, of falſehood and deceit.

9 A new song I will sing O God, and singing will I be,
on Viole and on instrument, ten stringed vnto thee.

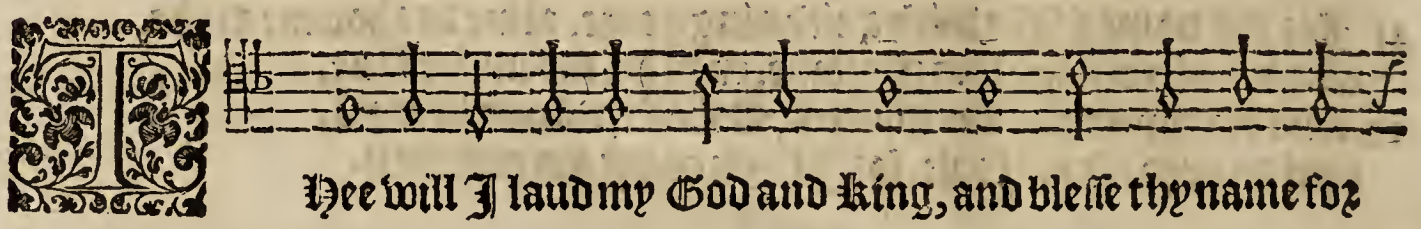
10 Euen he it is that onely giues, deliuerance to kings:
vnto his seruant Dauid helpe, from hurtfull swoord he brings.
11 From strangers hand me saue and shield, whose mouth speakes vanity,
and their right hand is a right hand, of guile and subtilty.

12 That our sonnes may be as the plants, whom growing earth doth reare,
our daughters as carued corner stones, like to a pallace faire.
13 Our garners full and plenty may, with sundry sorts be found:
our sheepe bring thousands in our streets, ten thousands may abound.

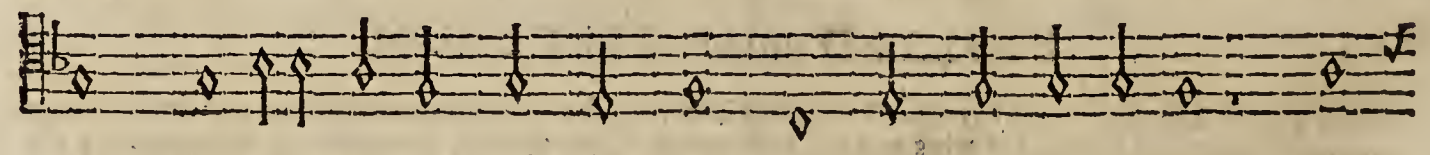
14 Our Oxen be to labour strong, that none do vs inuade:
there be no going out, no cry within our streets be made.
15 Thy people blessed are that with, such blessings are so stord:
yea blessed all the people are, whose God is God the Lord.

Exaltabo te Deus. Psal. Cxlv. N.

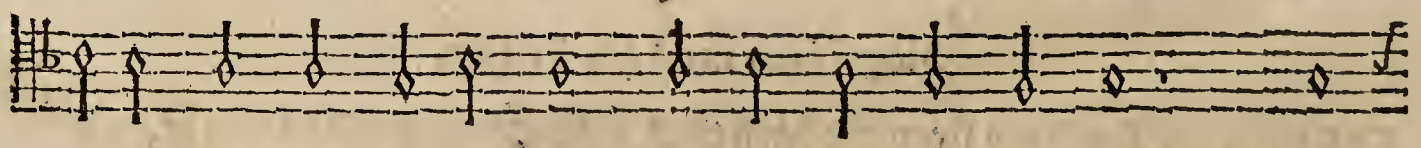
This Psalme was made when the kingdome of Dauid flourished, wherein hee describeth the wonderfull prouidence of God, aswell in gouerning man, as in preseruing the rest of his Creatures. He praiseth God for his iustice and mercy, but specially for his louing kindnesse toward those that call vpon him, that feare him and loue him.



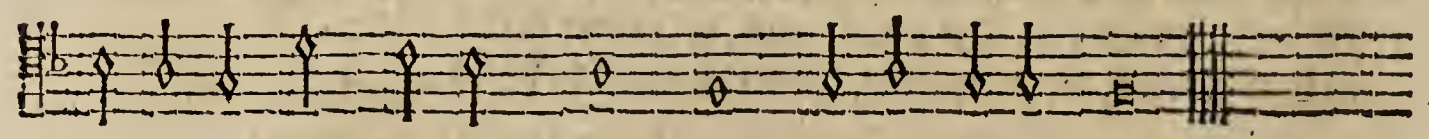
Hee will I laud my God and King, and blesse thy name for



aye: 2. For euer will I praise thy name, and blesse thee day by day. 3. Great



is the Lord most worthy praise, his greatnes none can reach: 4. From



race to race they shall thy workes praise, and thy power preach.

5 I of thy glorious Maiesty, the beauty will record,
and meditate vpon thy workes, most wonderfull O Lord.
6 And they shall of thy power and of, thy fearefull acts declare:
and I to publish all abroad, thy greatnesse will not spare.

7 And they into the mention shall breake, of thy goodnesse great,
and I aloud thy righteousnesse, in singing shall repeate.
8 The Lord our God is gracious, and mercifull also:
of great abounding mercy, and to anger he is slow.

9 Yea good to all, and all his woꝛkes, his mercy doth exceed:
10 Loe all thy woꝛkes do pꝛaiſe thee Loꝛd, and do thy honoꝛ ſpꝛead.
11 Thy Saints do bleſſe thee, and they doe, thy kingdomes gloꝛy ſhow:
12 And blaze thy powꝛer, to cauſe the ſonnes of men thy powꝛer to know.

The ſecond part.

13 And of his mighty kingdome eke, to ſpꝛead the gloꝛious pꝛaiſe:
thy kingdome Loꝛd a kingdome is, that doth endure alwaies.
And thy dominion thꝛough each age, endures without decay:
14 The Loꝛd vpholdeth them that fall, their fliding he doth ſtay.

15 The eyes of all doe wait on thee, thou doſt them all relieue:
and thou to each, ſufficing food in ſeaſon due doſt giue.
16 Thou openeſt thy bounteous hand, and bounteouſly doſt fill:
all things whatſoeuer doe liue, with gifts of thy good will.

17 The Loꝛd is iuſt in all his waies, his woꝛkes are holy all:
18 Neere all he is that call on him, in truth that on him call.
19 He the deſires, which they requiꝛe, that feare him will fulfill:
and he will heare them when they cꝛy, and ſaue them all he will.

20 The Loꝛd pꝛeſerues all thoſe to him, that beare a louing heart:
but he them all that wicked are, will vtterly ſubuert.
21 My thankfull mouth ſhall gladly ſpeak, the pꝛaiſes of the Loꝛd:
all fleſh to pꝛaiſe his holy name, foꝛ euer ſhall accoꝛd.

Lauda anima mea. Pſal. Cxlvi. I. H.

Dauid ſhewing his great deſire he had to pꝛaiſe God, teacheth that none ſhould put their truſt in men, but in God alone, who is almighty, and deliuereth the afflicted, nouriſheth the pooꝛe, ſetteth pꝛiſoners at liberty, comfoꝛteth the fatheꝛleſſe, and raigneth foꝛ euer.

Sing this as the 137. Pſalme.

1 My ſoule pꝛaiſe thou the Loꝛd alwaies, my God I will confeſſe:
2 while bꝛeath and life pꝛolong my daies, my tongue no time ſhal ceaſe.
3 Truſt not in woꝛldly Pꝛinces then, though they abound in wealth:
noꝛ in the ſonnes of moꝛtall men, in whom there is no health.

4 Foꝛ why: their bꝛeath doth ſoone depart, to earth anone they fall:
and then the counſels of their heart, decay and periſh all.
5 O happy is that man I ſay, whom Jacobs God doth aide:
and he whoſe hope doth not decay, but on the Loꝛd is ſtaid.

6 Which made the earth and waters deepe, the heauens hie withall:
which doth his woꝛd and pꝛomiſe keepe, in truth and euer ſhall.
7 With right alwaies doth he pꝛoceed, foꝛ ſuch as ſuffer wꝛong:
the pooꝛe and hungꝛy he doth feed, and looſe the fetters ſtꝛong.

8 The Loꝛd doth ſend the blinde their ſight, the lame to limbs reſtoꝛe:
the Loꝛd I ſay doth loue the right, and iuſt man euermoꝛe.
9 He doth defend the fatheꝛleſſe, and ſtꝛangers ſad in heart,
and quite the widow fꝛom diſtreſſe, and ill mens waies ſubuert.

10 Thy Lord and God eternally, O Sion ſtill ſhall raigne:
in time of all poſterity, for euer to remaine.

Laudate Dominum. Pſalme Cxlvii.

The Prophet praiſeth the bounty, wiſedome, power, iuſtice, and prouidence of God vpon all his Creatures, eſpecially vpon his Church, which hee gathereth together after their diſperſion, declaring his word and iudgement vnto them, as he hath done to no other people.

Sing this as the 137. Pſalme.

PRaiſe ye the Lord for it is good, vnto our God to ſing:
for it is pleaſant, and to praiſe, it is a comely thing.
2 The Lord his owne Jeruſalem, he buildeth vp alone:
and the diſperſt of Iſrael, doth gather into one.

3 He heales the broken in their heart, their ſores vp doth he binde:
4 He counts the number of their ſtars, and names them in their kinde.
5 Great is the Lord, great is his power, his wiſedome infinite:
6 The Lord relieues the meeke, and throwes to ground the wicked wight.

4 Sing vnto God the Lord with praiſe, vnto the Lord reioyce:
and to our God vpon the Harpe, aduance your ſinging voyce.
8 He couers heauen with clouds, and for the earth prepareth raine:
and on the mountaines he doth make, the graſſe to grow againe.

9 He giues to beaſts their food, and to young Rauens when they cry:
10 His pleaſure not in ſtrength of horſe, nor in mans legs doth lye.
11 But in all thoſe that feare the Lord, the Lord hath his delight,
and ſuch as do attend vpon, his mercy ſhining light.

The ſecond part.

12 O praiſe the Lord Jeruſalem, thy God O Sion praiſe:
13 For he the bars hath forged ſtrong, where-with thy gates he ſtaies.
14 Thy children he hath bleſt in thee, and in thy borders he,
doth ſettle peace, and with the flower of wheat he filleth thee.

15 And his commaundement vpon, the earth he ſendeth out:
and eke his word with ſpeedy courſe, doth ſwiftly run about.
16 He giueth ſnow like wooll, hore froſt, like aſhes doth he ſpread:
17 Like morſels caſts his yce thereof, the cold who can abide?

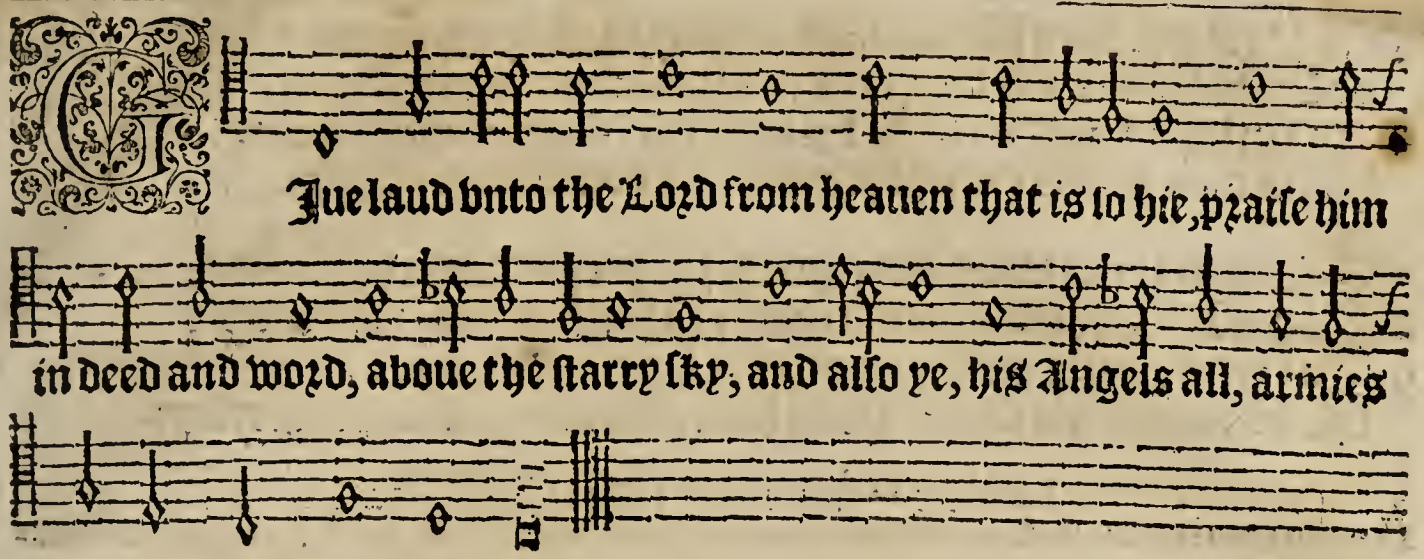
18 He ſendeth forth his mighty word, and melteth them againe:
his wind he makes to blow, and then, the waters flow amaine.
19 The doctrine of his holy word, to Jacob doth he ſhow:
his ſtatutes and his iudgements he, giues Iſrael to know.

20 With euery nation hath he not, ſo dealt, nor they haue knowne,
his ſecret iudgements, ye therefore, praiſe ye the Lord alone.

Laudate Dominum. Pſal. Cxlviii.

He prouoketh all Creatures to praiſe the Lord in heauen, and in all places, eſpecially for the power that he hath giuen to his people Iſrael, whom he hath taken ſo neere vnto him.

Giue



GIue laud vnto the Lord from heauen that is so hie, praiſe him in deed and word, aboue the ſtarry ſky, and alſo ye, his Angels all, armies royall, praiſe him with glee.

3 Praiſe him both Moone and Sun,
Which are ſo cleare and bright:
The ſame of you be done,
Ye gliſtring Stars of light.
4 And eke no leſſe,
Ye heauens faire,
5 And clouds of the ayre,
His laud expreſſe.
6 For at his word they were,
All formed as we ſee,
At his voyce did appeare,
All things in their degree,
Which he ſet faſt,
To them he made a law and trade,
For aye to laſt.
7 Extoll and praiſe Gods name,
In earth ye Dragons fell:
All deepes do ye the ſame,
For it becommeth you well.
8 Him magnifie, fire, haile, yce, ſnow,
And ſtormes that blow, at his decree.
9 The hils and mountaines all,
And trees that fruitfull are:
The Cedars great and tall,
His worthy praiſe declare.
10 Beaſts and Cattell,
Ye birds flying,
And wormes creeping,
That on earth dwell.
12 All kings both more and leſſe,
With all their pompous traine:
Princes and all Judges,
That in the world remaine,
Exalt his name:
12 Young men and maids,
Old men and babes doe ye the ſame.
13 For his name ſhall we proue
To be moſt excellent:
Whoſe praiſe is farre aboue,
The earth and firmament.
14 For ſure he ſhall,
Exalt with bliſſe, the horne of his,
And help them all.
His Saints all ſhall forth tell,
His praiſe and worthineſſe:
The children of Iſrael,
Each one both more and leſſe:
15 And alſo they,
That with good will,
His words fulfill, and them obey.

Cantate Domino. Pſal. clxix. N.

An exhortation to the Church to praiſe the Lord for his victory and conqueſt that he giueth to Saints againſt all mens power.

Sing this as the 145. Pſalme.

SIng ye vnto the Lord our God, a new reioycing ſong:
and let the praiſe of him be heard, his holy Saints among.
2 Let Iſrael reioyce in him, that made him of nothing:
and let the ſeede of Sion eke, be ioyfull in their king.
3 Let them ſound praiſe with voyce of flute, vnto his holy name,
and with the Timbrell and the Harpe, ſing praiſes of the ſame.
4 For why? the Lord his pleaſure all, hath in his people ſet,
and by deliuerance he will raiſe, the meeke to glory great.

With glory and with honour now, let all the Saints reioyce:
and now aloud vpon their beds, aduance their singing voyce,
6 And in their mouthes let be the acts, of God the mighty Lord,
and in their hands eke let them beare, a double edged sword.

7 To plague the heathen and correct, the people with their hands,
8 To binde the stately kings in chaines, their Lords in yron bands.
9 To execute on them the doome, that written is before:
this honour all his Saints shall haue, praise ye the Lord therefore.

Laudate Dominum. Pſalme Cl. N.

An exhortation to praise the Lord without ceasing by all manner of waies, for all his mighty and wonderfull workes.

Sing this as the 137. Pſalme.

YEeld vnto God the mighty Lord, praise in his sanctuarie:
and praise him in the firmament, that shewes his power on hie.
2 Aduance his name and praise him in, his mighty acts alwaies
according to his excellency, of greatnes giue him praise.
3 His praises with a princely noyse, of sounding trumpets blow:
Praise him vpon the Viole, and vpon the Harpe also.
4 Praise him with Timbrel and with Flute, Organs and Virginals:
5 With sounding cimbals praise ye him, praise him with loud cimbals.
6 What euer hath the benefit, of breathing praise the Lord,
to praise the name of God the Lord, agree with one accord.

The end of the pſalmes of Dauid in meeter.

An exhortation to the praise of God, to be sung before Morning prayer. T. B.

Sing this as the 100. pſalme.

PRaise ye the Lord ye Gentiles all, which hath brought you into this light
O praise him all people mortall, as it is most worthy and right,
For he is full determined, on vs to poure out his mercy,
And the Lords truth be ye assured, abideth perpetually.
Glory be to God the father, and Jesus Christ his true Sonne:
with the holy Ghost in like manner, now and at euery season.

An exhortation to be sung before euening prayer. by T. B.

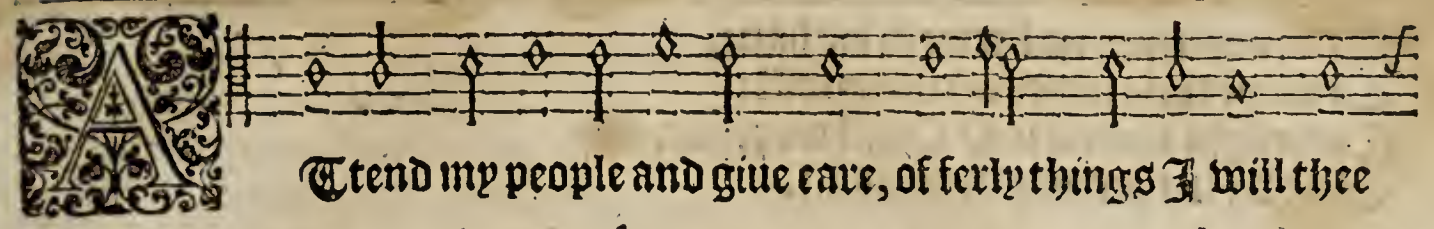
Sing this as the 100 pſalme.

BEhold now giue heed such as be,
The Lords seruants faithfull and true,
Come praise the Lord euery degree, with such songs as to him are due.
O yee that stand in the Lords house, euen in our owne Gods mansion:
Praise ye the Lord so bounteous, which worketh our saluation.
2 Lift vp your hands in his holy place, yea and that in time of night:
Praise ye the Lord which giueth all grace, for he is a Lord of great might.
Then shall the Lord out of Sion, which made heauen & earth by his power:
Giue to you and to your nation, his blessing, mercy, and fauour.

Glory to God the Father, &c.

The ten Commandements of almighty God. Exod. xx. W. W.

Attend



Attend my people and giue eare, of ferly things I will thee tell, See that my wordes in minde thou beare, and to my precepts listen well.

1 I am thy Soueraigne Lord and God,
Which haue thee brought from carefull thrall:
And eke reclaimd from Pharaohs rod,
Make thee no Gods on them to call.

2 Nor fashioned forme of any thing,
In heauen or earth to worship it:
For I thy God by reuenging,
With grieuous plagues this sinne will smite.

3 Take not in vaine his holy name,
Abuse it not after thy will:
For so thou mightst soone purchase blame,
And in his wrath he would thee spill.

4 The Lord from work the seauenth day ceast,
And brought all things to perfect end:
So thou and thine that day take rest,
That to Gods hests ye may attend.

5 Unto thy Parents honour giue,
As Gods commandements do pretend:
That thou long daies and good maist liue:
In earth where God a place doth lend.

6 Beware of murther and cruell hate,
7 All filthy fornication feare:
8 See thou steale not in any rate,
9 False witnesse against no man beare.

10 Thy neighbours house wish not to haue,
His wife or ought that he calth mine:
His field, his oxe, his asse, his slaue,
Or any thing which is not thine.

A prayer.

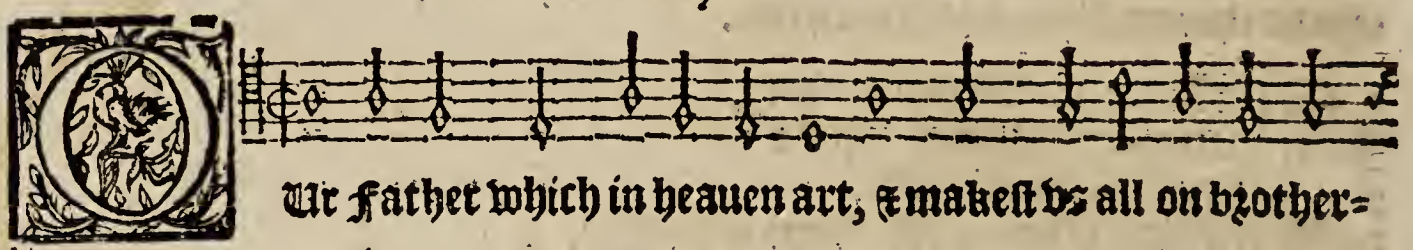
The spirit of grace grant vs O Lord,
To keepe these lawes our hearts restore:
And cause vs all with one accord,
To magnifie thy name therefore.

For of our selues no strength we haue,
To keepe these lawes after thy will:
Thy might therefore O Christ we craue,
That we in thee may them fulfill.

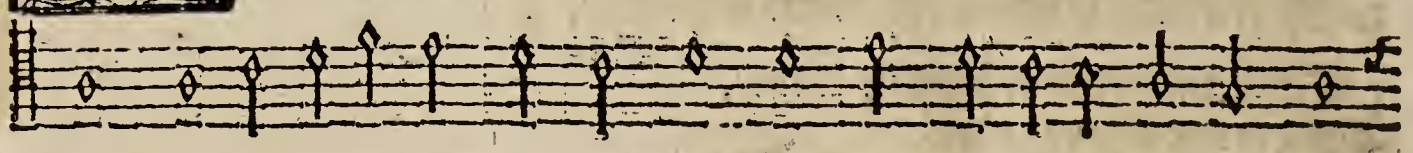
Lord for thy Name sake, grant vs this,
Thou art our strength O Sauiour Christ:
Of thee to speed how should we misse:
In whom our treasure doth consist.

To thee for euermore be praise,
With thy Father in each respect:
And with the holy spirit alwaies,
The comforter of thine elect.

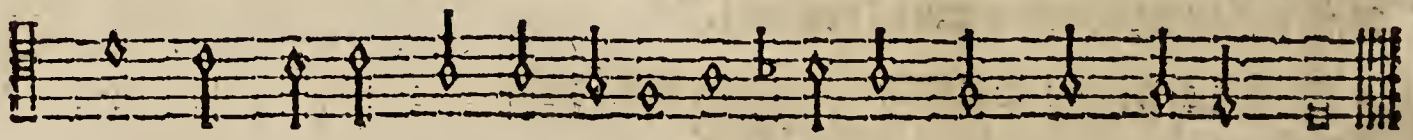
The Lords Prayer.



OUr Father which in heauen art, & makest vs all on brother-



hood, to call vpon thee with one hart, our heauenly father and our God,



grant we pray not with lips alone, but with our harts deep sigh and grone.

Thy blessed name be sanctified,
Thy holy name might vs inflame:
In holy life for to abide,
To magnifie thy holy name.
From all errors defend and keepe,
The little flocke of thy poore sheepe.

Thy kingdome come euen at this houre
And hencefoorth euerlastingly:
Thine holy Ghost into vs poure,
With all his gifts most plenteously,
From Sathans rage and filthy band,
Defend vs with thy mighty hand.

Thy will be done with diligence,
Like as in heauen, in earth also,
In trouble grant vs patience,
Thee to obey in wealth and woe,
Let not flesh, blood, or any ill,
Preuaile against thy holy will.

Giue vs this day our daily bread,
And all other good gifts of thine:
Keepe vs from war and from bloudshed,
Also from sickneſſe, dearth and pine.
That we may liue in quietneſſe,
Without all greedy careleſneſſe.

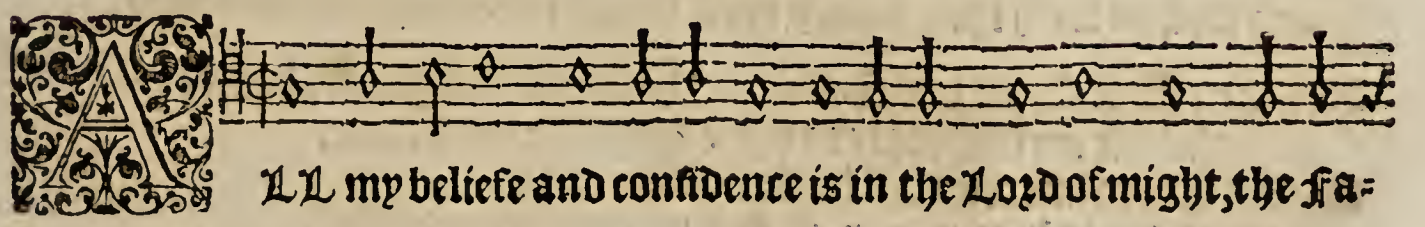
Forgiue vs our offences all,
Relieue our carefull conſcience:
As we forgiue both great and ſmall,
Which vnto vs haue done offence,
Prepare vs Lord for to ſerue thee,
In perfect loue and vnity.

O Lord into temptation,
Lead vs not when the fiend doth rage,
To withſtand his inuaſion,
Giue power and ſtrength to euery age.
Arme and make haſt thy feeble hoaſt:
With faith and with the holy Ghoſt.

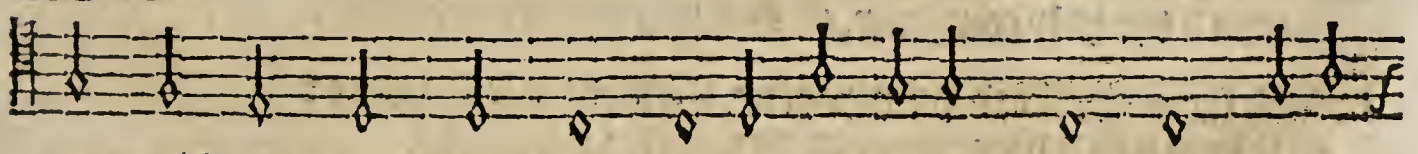
O Lord from euill deliuer vs,
The daies and times are dangerous:
From euerlaſting death ſaue vs,
And in our laſt need comfort vs.
A bleſſed end to vs bequeath,
Into thy hands our ſoules receiue.

For thou O Lord art king of kings,
And thou haſt power ouer all:
Thy glory ſhineth in all things,
In the wide world vniuerſall.
Amen let it be done O Lord,
That we haue praide with one accord.

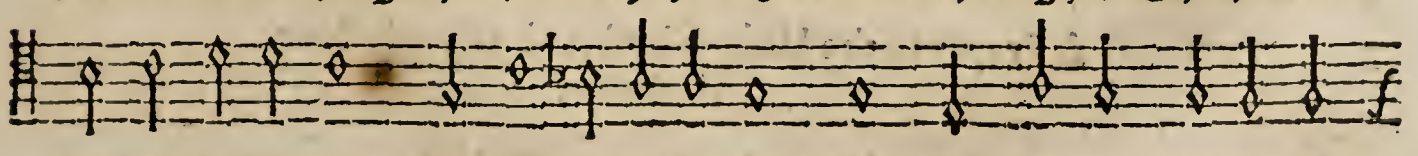
The xii. Articles of the Chriſtian Faith.



ALL my beliefe and confidence is in the Lord of might, the Fa-



ther which all things hath made, the day and eke the night. The heauens



and the firmament, and alſo many a ſtarre, the earth and all that is there-

in,

in, which passe mans reason far.

And in like manner I beleeue, in Christ our Lord his Sonne,
coequall with the deitie, and man in flesh and bone.
Conceiued by the Holy Ghost, his word doth me assure,
and of his mother Mary borne, yet she a Virgin pure.

Because mankinde to Sathan was, for sinne in bond and thrall,
he came and offered vp himselfe, to death to saue vs all.
And suffering most greeuous paine, then Pilate being iudge,
was crucified on the crosse, and thereat did not grudge.

And so he died in the flesh, but quickned in the spright:
his body then was buried, as is our vse and right.
His spirit did after this descend, into the lower parts,
to them that long in darknes were, the true light of their harts.

And in the third day of his death, he rose to life againe,
to the end he might be glorified out of all griefe and paine.
Ascending to the heauens hie, to sit in glorie still:
on Gods right hand his father deare, according to his will.

Untill the day of iudgement come, when he shall come againe,
with Angels power (yet of that day we all be vncertaine)
To iudge all people righteously, whom he hath dearely bought,
the liuing and the dead also, which he hath made of nought.

And in the holy Spirit of God, my faith to satisfie:
the third person in Trinitie, beleeue I stedfastly.
The holy and catholick Church, that Gods word doth maintaine:
and holy Scripture doth alow, which Sathan doth disdaine.

And also I doe trust to haue, by Jesus Christ his death,
release and pardon of my sinnes, and that onely by faith.
What time all flesh shall rise againe, before the Lord of might,
and see him with their bodily eyes, which now doe giue them light.

And then shall Christ our Sauiour, the sheepe and goates deuide:
and giue life euerlastingly to those whom he hath tride.
Within his realme celestiall in glory for to rest:
with all the holy company, of Saints and Angels blest.

Which serue the Lord omnipotent, obediently each houre:
to whom be all dominion, and praise for euermore.

A Prayer to the Holy Ghost, to be sung before *the Sermon.*

Sing this as the the 119. Psalme.

Come

COme holy spirit the God of might, comforter of vs all:
Teach vs to know thy word aright, that we do neuer fall.
O holy Ghost visit our coast, defend vs with thy shield:
Against all sinne and wickednesse, Lord help vs win the field.

Lord keepe our King and his Councell, and giue them will and might:
To perseuere in thy Gospell, which can put sinne to flight.
O Lord that giuest thy holy word, send preachers plenteously:
That in the same we may accord, and therein liue and die.

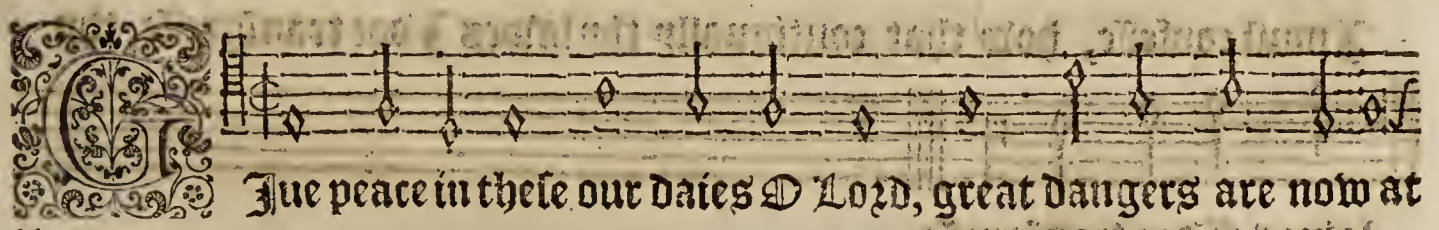
O holy spirit direct aright, the Preachers of thy word:
That thou by them maist cut downe sinne, as it were with a sword.
Depart not from those Pastors pure, but aide them at all need:
which breake to vs the bread of life, whereon our soules do feed.

O blessed spirit of truth keepe vs, in peace and vnity:
keepe vs from sects and errors all, and from all papistrie.
Conuert all those that are our foes, and bring them to the light,
That they and we may all agree, and praise thee day and night.

O Lord increase our faith in vs, and loue so to abound,
That man and wife be void of strife, and neighbours about vs round.
In our time giue thy peace O Lord to nations farre and nie:
And teach them all thy holy word, that we may sing to thee.

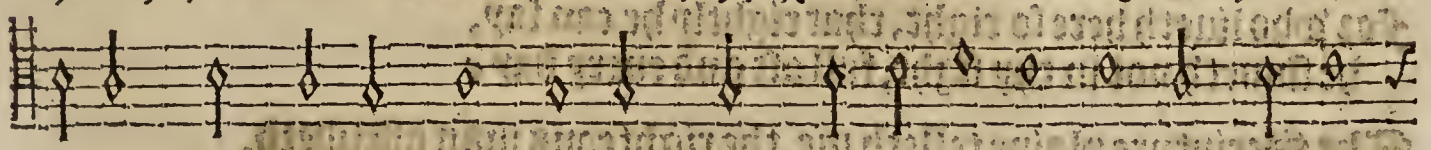
All glorie to the Trinity, that is of mighties most,
The liuing Father and the Sonne, and eke the holy Ghost,
As it hath beene in all the time, that hath beene heretofore,
As it is now and so shall be, henceforth for euermore.

Da pacem Domine.

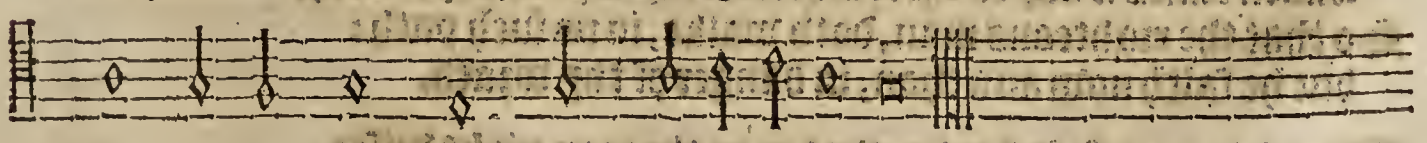


GIue peace in these our daies O Lord, great dangers are now at

hand, thine enemies with one accord, Christs name in euery land, seeke to



deface, roote out and race, thy true right worship indeed, be thou the stay,



Lord we thee pray, thou helpst alone in all need.

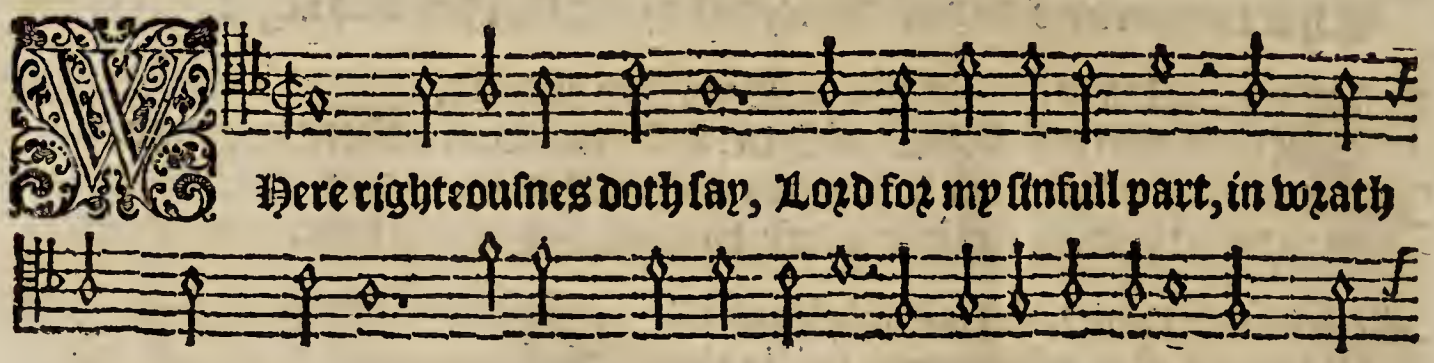
Giue vs that peace which we doe lacke,
Through misbeleefe and ill life:

Thy

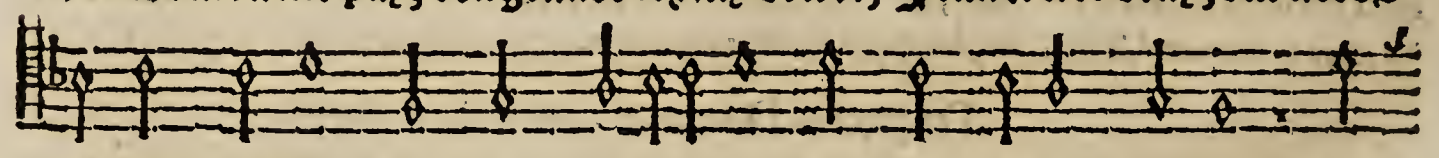
Thy word to offer thou dost not slacke,
Which we vnkindly gaine-striue:
With fire and sword, this healthfull word,
Some persecute and oppresse,
Some with the mouth the truth confesse,
Without sincere godlinesse.

Giue peace, and vs thy spirit downe send,
With greefe and repentance true:
Do pierce our hearts, our liues to amend,
And by faith Christ renue.
That feare and dread, warre and bloudshed,
Through thy sweet mercy and grace.
May from vs slide, thy truth may abide,
And shine in euery place.

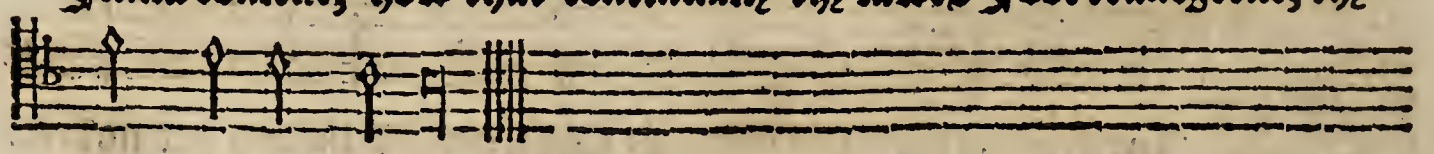
The Complaint of a Sinner, who craueth of Christ to be kept vnder his mercy.



Here righteousnes doth say, Lord for my sinfull part, in wrath thou shouldst me pay, vengeance for my desert, I can it not deny, but needs



I must confesse, how that continually thy lawes I doe transgresse, thy



lawes I doe transgresse.

But if it be thy will, with sinners to contend,
then all thy flocke shall spill, and be lost without end,
For who liueth here so right, that rightly he can say,
he sinneth not in thy sight, full oft and euery day:

The Scripture plaine telleth me, the righteous man offendeth,
seauen times a day to thee, whereon thy wrath dependeth.
So that the righteous man, doth walke, in no such path:
but he falth now and than, in danger of thy wrath.

Then sith the case so stands, that euen the man right wise:
falth oft in sinfull bands, whereby thy wrath may rise:
Lord I that am vniust, and righteousnesse none haue:
whereto then shall I trust, my sinfull soule to saue:

But truly to that poſt, whereto I cleaue and ſhall,
which is thy mercy moſt, Lord let thy mercy fall.
And mittigate thy moode, or elſe we periſh all:
the price of this thy blood, wherein mercy I call.

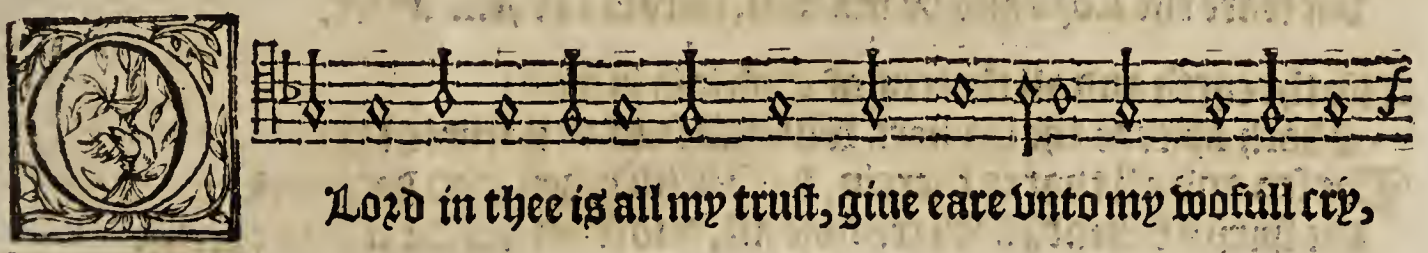
The Scripture doth declare, no drop of blood in thee:
but that thou didſt not ſpare, to ſhed each drop for me:
Now let thoſe drops moſt ſweete, ſo moiſt my heart ſo dry,
that I with ſinne repleat, may liue and ſinne may dye.

That being mortified, this ſinne of mine in me,
I may be ſanctified, by grace of thine in thee.
So that I neuer fall, into ſuch mortall ſinne,
that my foes infernall, reioyce my death therein.

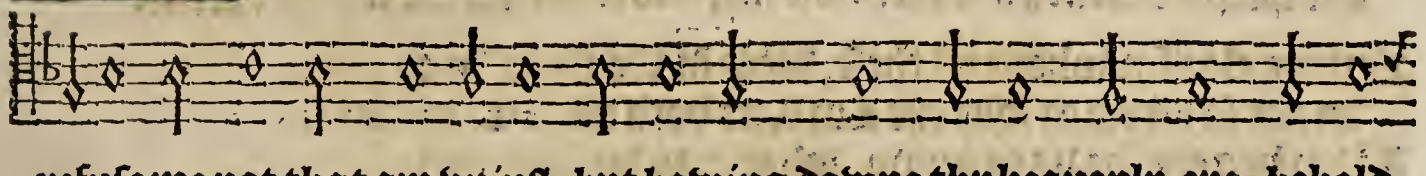
But vouchſafe me to keepe, from thoſe infernall foes,
and from the lake ſo deepe, whereas no mercy growes.
And I ſhall ſing the ſongs, confirmed with the iuſt:
that vnto thee belongs, which art mine only truſt.

The Lamentation.

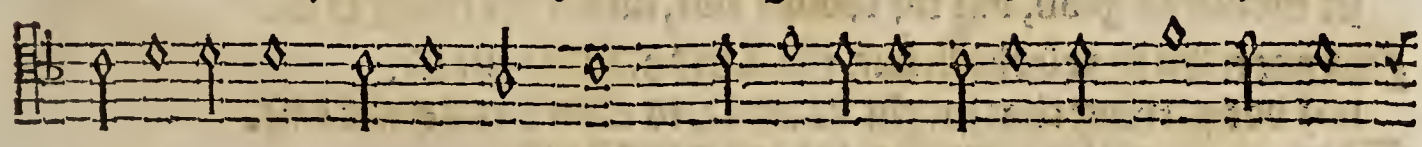
Through perfect repentance, the ſinner hath a ſure truſt in God, that his ſinnes ſhall be waſhed away in Chriſts blood.



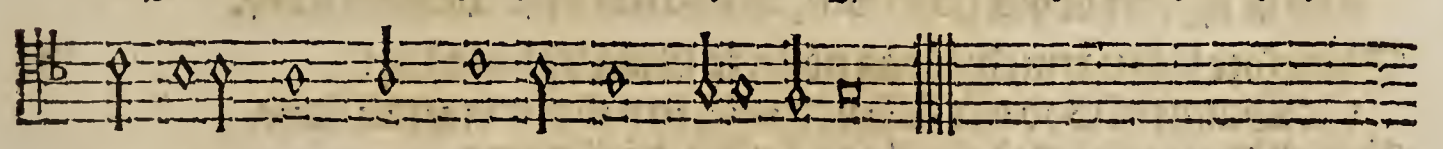
O Lord in thee is all my truſt, giue eare vnto my wofull cry,



refuſe me not that am vniuſt, but bowing downe thy heauenly eye, behold



how I doe ſtill lament, my ſinnes wherein I doe offend, O Lord for them



ſhall I be ſhent, ſith thee to pleaſe I do intend.

No, no, not ſo, thy will is bent, to deale with ſinners in thine ire:
But when in hart they ſhall repent, thou granteſt with ſpeed that they deſire.
To thee therefore ſtill ſhall I cry, to waſh away my ſinfull crime:
Thy blood O Lord is not yet dry, but that it may help me in time.

Haſt thee O Lord, haſt thee I ſay, to poure on me the gifts of grace,
That when this life muſt fleet away, in heauen with thee I may haue place.
Where thou doſt raigne eternally, with God which once did downe thee ſend,
Where Angels ſing continually, to thee be praiſe world without end.

A Thanksgiuing after the receiuing of the Lords Supper.

Sing this as the 137. psalme.

The Lord be thanked for his gifts, and mercies euermore:
that he doth shew vnto his Saints, to him be laud therefore.
Our tongues cannot so praise the Lord, as he doth right deserue:
our hearts cannot of him so thinke, as he doth vs preserue.

His benefits they be so great, to vs that be but sinne:
that at our hands for recompence, there is no hope to winne.
O sinfull flesh that thou shouldst haue, such mercies of the Lord,
thou dost deserue most worthily, of him to be abhord.

Nought else but sinne and wretchednesse, doth rest within our hearts:
and stubbornly against the Lord we daily play our parts.
The Sunne aboue the firmament, that is to vs a light:
doth shew it selfe more cleere and pure, then we be in his sight.

The heauens aboue and all therein, more holy are then we:
they serue the Lord in their estate, each one in his degree.
They did not striue for mastership, nor slack their office set:
but feare the Lord and do his will, hate is to them no let.

Also the earth and all therein, of God it is in awe:
it doth obserue the formers will, and skilfull natures law.
The sea and all that is therein, doth bend when God doth becke:
the spirits beneath doth tremble all, and feare his wrathfull checke.

But we alas for whom all these, were made them for to rule:
do not so know or loue the Lord, as doth the Oxe or Mule.
A law he gaue for vs to know, what was his holy will:
he would vs good, but we would not, auoid the thing is ill.

Not one of vs that seeketh out, the Lord of life to please,
nor do the thing that might vs ioyne, to Christ and quiet ease.
Thus are we all his enemies, we can it not deny,
and he againe of his good will, would not that we should dye.

Therefore when remedie was none, to bring vs vnto life:
the Sunne of God our flesh he tooke, to end our mortall strife.
And all the law of God the Lord, he did it full obey:
and for our sinnes vpon the Crosse, his bloud our debts did pay.

And that we should not yet forget, what good he to vs wrought:
a signe he left our eyes to tell, that he our bodies bought.
In bread and wine heere visible, vnto thine eyes and taste:
his mercies great thou mayest record, if that his spirit thou hast.

As once the corne did liue and grow, and was cut downe with sythe:
and thrashed out with many stripes, out of his huske to driue:
And as the mill with violence, did teare it out so small:
and made it like to earthly dust, not sparing it at all.

And as the Quen with fier hote, did close it vp in heate:
and all this done that I haue said, that it should be our meate.
So was the Lord in his ripe age, cut downe by cruell death,
his soule he gaue in torments great, and yeelded vp his breath.

Because that he to vs might be, an euerlasting bread:
with much reproach and troubles great, on earth his life he led.
And as the Grapes in pleasant time, are prested very sore:
and plucked downe when they be ripe, and let to grow no more.

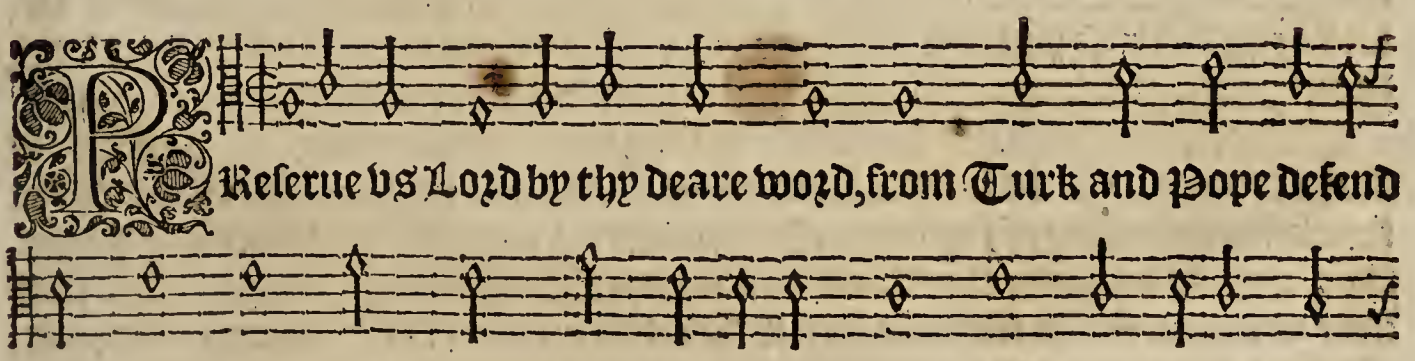
Because the iuyce that in them is, as comfortable drink,
we might receiue and ioyfull be, when sorrowes make vs shrinke.
So Christ his bloud out preased was, with naile and eke with speare:
the iuyce thereof doth saue all those, that rightly do him feare.

And as the cornes by vnity, into one loafe is knit:
so is the Lord and his whole Church, though he in heauen sit.
As many Grapes make but one wine, so should we be but one:
in faith and loue in Christ aboue, and vnto Christ alone.

Leading a life without all strife, in quiet rest and peace,
from enuy and from malice both, our hearts and tongues to cease.
Which if we do, then shall we shew, that we his chosen be:
by faith in him to lead a life, as alwaies willed he.

And that we may so doe indeed, God send vs all his grace:
then after death we shall be sure, with him to haue a place.

R. W.



Lord Iesus Christ shew forth thy might, that thou art Lord of Lords by right
thy poore afflicted flock defend, that we may praise thee without end.
God Holy Ghost our comforter, be our patrone, help and succour:
giue vs one mind and perfect peace, all gifts of grace in vs increase.
Thou liuing God in persons three, thy name be praised in vnity,
in all our need so vs defend, that we may praise thee world without end.

A forme of Prayer to be vſed in priuate houſes euery Morning and *Euening*.

Morning Prayer.

ALmighty God and moſt mercifull Father, we doe not preſent our ſelues here before thy Maieſty, truſting in our own merits or worthineſſe, but in thy manifold mercies, which haſt promiſed to heare our praiers and grant our requeſts, which we ſhall make to thee, in the name of thy beloued Son Jeſus Chriſt our Lord, who alſo hath commaunded vs to aſſemble our ſelues together in his name, with full aſſurance that he will not onely be amongſt vs, but alſo be our mediator and aduocate towards thy maieſty, that we may obtaine all things which ſhall ſeeme expedient to thy bleſſed will, for our neceſſities. Therefore we beſeech thee ſweete Father, to turne thy louing countenance towards vs, and impute not to vs our manifold ſins and offences, wherby we iuſtly deſerue thy wrath and ſharp puniſhment, but rather receiue vs to thy mercy for Jeſus Chriſts ſake, accepting his death and paſſion as a iuſt recompence for all our offences, in whom thou art well pleaſed, and through whom thou canſt not be offended with vs. And ſeeing that of thy great mercies we haue quietly paſſed this night, grant O heauenly Father, that we may beſtow this day wholy in thy ſeruice, ſo that all our thoughts, words and deeds, may redound to the glory of thy name, and good enſample to all men, who ſeeing our good workes, may glorifie thee our heauenly father: and for as much as of thy meere fauour and loue, thou haſt not only created vs to thine own ſimilitude and likenes, but alſo haſt choſen vs to be heires with thy deere ſon Jeſus Chriſt, of that immortal kingdom, which thou preparedſt for vs, from the beginning of the world: we beſeech thee to encreaſe our faith and knowledge, and to lighten our harts with thy holy ſpirit, that we may in the mean time liue in godly converſation and integrety of life, knowing that Idolaters, Adulterers, couetous men, contentious perſons, drunkards, gluttons, and ſuch like ſhall not inherite the kingdome of God.

And becauſe thou haſt cõmanded vs to pray one for another, we do not only make requeſt O Lord for our ſelues, & for them thou haſt already called to the true vnderſtanding of thy heauenly will, but for al people & nations of ỹ world, who as they know by thy wonderful works that thou art God ouer al, ſo they may be inſtructed by thy holy ſpirit, to belieue in thee their ſauior & redeemer. But for as much as they cannot beleeue except they hear, nor cannot hear but by preaching, and none can preach except he be ſent, therfore O Lord raiſe vp faithfull diſtributers of thy myſteries, who ſetting apart all worldly reſpects, may both in their life and doctrine, onely ſeeke thy glory. Contrarily confound Sathan & Antichriſt, with all hirelings, whom thou haſt already caſt off into a reprobate ſence, that they may not by ſects, ſchiſmes, hereſies, and errors, diſquiet thy little flocke. And becauſe O Lord we be fallen into the latter daies & dangerous times wherein ignorance hath gotten the vpper hand, & ſathan by his miniſters ſeeketh by al meanes to quench the light of thy goſpel: we beſeech thee to maintaine thy cauſe againſt thoſe rauening Wolues, and ſtrengthen al thy ſeruants, whom they keep in priſon & bondage: let not thy long ſuffering be an occaſion, either to encreaſe their tyranny, or diſcourage thy children, neither yet let our ſinnes and wickedneſſe be an hinderance to thy mercies, but with

ſpeed

speede (O Lord) consider these great miseries: For the people Israel many times by their sins prouoked thine anger, and thou punishedst them by thy iust iudgement: yet though their sins were neuer so grieuous, if they once returned from their iniquity, thou receiuedst them to mercy. We therfore most wretched sinners bewaile our manifold sins, and earnestly repent vs of our former wickednes, and vngodly behauiour towards thee: and whereas we cannot of our selues purchase pardon, yet we humbly beseech thee for Iesus Christs sake, to shew thy mercies vpon vs, and receiue vs againe to thy fauour. Grant vs dear Father these our requests, and all other things necessary for vs, and thy whole Church, according to thy promise in Iesus Christ our Lord. In whose name we beseech thee, as he hath taught vs, saying. Our Father which art in, &c.

Euening Prayer.

O Lord God Father euerlasting and full of pitty, we acknowledge and confesse that we be not worthy to lift vp our eies to heauen, much lesse to present our selues before thy Maiesty, with confidence that thou wilt heare our praiers, and grant our requests, if we consider our own deseruings: for our consciences do accuse vs, and our sins do witnes against vs, & we know that thou art an vpright iudge, which dost not iustifie the sinners and wicked men, but punishest the faults of all such as transgresse thy commaundements: Yet most mercifull Father, since it hath pleased thee to command vs to call on thee in all our troubles and aduersities, promising euen then to help vs, when we feel our selues (as it were) swallowed vp of death and desperation, we vtterly renounce all worldly confidence and flie to thy soueraigne bounty, as our onely stay and refuge: beseeching thee not to call to remembrance our manifold sins and wickednes, whereby we continually prouoke thy wrath and indignation against vs: neither our negligence and vnkindnes, which haue neither worthily esteemed, nor in our liues sufficiently expressed the sweet comfort of thy Gospell reuealed vnto vs: but rather to accept the obedience and death of thy son Iesus Christ, who by offering vp his body in sacrifice once for all, hath made sufficient recompence for all our sinnes. Haue mercy therefore vpon vs (O Lord) and forgiue vs our offences. Teach vs by thy holy spirit, that wee may rightly weigh them & earnestly repent for the same. And so much the rather (O Lord) because that the reprobate and such as thou hast forsaken cannot praise thee, nor call vpon thy name, but the repenting heart, the sorrowfull mind, the conscience oppressed, hungring and thirsting for thy grace, shall euer set forth thy praise and glory. And albeit we be but wormes and dust, yet thou art our Father, and we thy children, thou art our shepheard, & we thy flock, thou art our Redeemer, and we the people whom thou hast bought, thou art our God, and we thine inheritance: Correct vs not therefore in thine anger (O Lord) neither according to our deserts punish vs, but mercifully chastice vs with a fatherly correction, that all the world may know that at what time soeuer a sinner doth repent him of his sinne from the bottome of his heart, thou wilt put away his wickednesse out of thy remembrance, as thou hast promised by thy holy Prophet.

Finally, forasmuch as it hath pleased thee to make the night for man to rest in, as thou hast ordained him the day to trauell in, grant deare father that we may so take our bodily rest, that our soules may continually watch for the time that our Lord Iesus Christ shal appear for our deliuerance out of this mortal

life, and in the meane season that we not ouercome by any fantasies, dreames, or other temtations, may fully set our minds vpon thee, loue thee, feare thee, and rest in thee. Furthermore, that our sleepe be not excessiue or ouermuch, after the insatiable desires of the flesh, but onely sufficient to content our weake nature, that we may be the better disposed to liue in all godly conuersation, to the glory of thy holy name, and profit of our brethren. So be it.

A godly Prayer to be said at all times.

HOnor and praise be giuen to thee, O Lord God Almighty, most deare Father of heauen, for all thy mercies and louing kindnes shewed vnto vs, in that it hath pleased thy gracious goodnes, freely & of thine own accord, to elect and chuse vs to saluation, before the beginning of the world, & euen like continual thanks be giuen to thee for creating vs after thine own Image, for redeemiug vs with the precious blood of thy deare son, when wee were vtterly lost, for sanctifying vs with thy holy spirit in the reuelation and knowledge of thy holy word, for helping and succouring vs in al our needs & necessities, for sauing vs from all dangers of our body & soule, for comforting vs so fatherly in al our tribulations & persecutions, for sparing vs so long & giuing vs so large a time of repentance. These benefits (O most merciful father) like as we acknowledge to haue receiued them of thy only goodnes, euen so we beseech thee for thy deare son Jesus Christs sake, to grant vs alwaies thy holy spirit, that we may continually grow in thankfulnes towards thee, to be led into all truth & comforted in all our aduersities. O Lord strengthen our faith, kindle it more in feruentnes and loue towards thee and our neighbors for thy sake: Suffer vs not (most deare Father) to receiue thy word any more in vain, but grant vs alwaies the assistãce of thy grace and holy spirit, that in hart, word and deed, we may sanctifie and doe worship to thy name: Help to amplifie and increase thy kingdom, and whatsoeuer thou sendest, we may be heartily well content with thy good pleasure and wil: Let vs not lack the thing O Father, without the which we cannot serue thee, but blesse thou so all the workes of our hands, that we may haue sufficient and not be chargeable, but rather helpfull to others.

Be mercifull (O Lord) to our offences, and seeing our debt is great, which thou hast forgiuen vs in Jesus Christ, make vs to loue thee and our neighbrs so much the more. Be thou our father, our captaine and defender in all temptations, hold thou vs by thy mercifull hand, that we may be deliuered from all inconueniences, and end our liues in the sanctifying and honour of thy holie name, through Jesus Christ our Lord and onely Sauiour, So be it.

Let thy mighty hand and outstretched arme (O Lord) be still our defence, thy mercy & louing kindnes in Jesu Christ thy deare Son our saluation, thy true and holy word our instruction, thy grace and holy spirit our comfort and consolation, vnto the end and in the end. So be it. O Lord increase our faith, &c.

A confession for all estates and times.

O Eternal God and most merciful father, we confesse and acknowledge here before thy diuine maiesty, that we are miserable sinners, conceiued & borne in sin and iniquity, so that in vs there is no goodnes. For the flesh euermore rebelleth against the spirit, wherby we continually transgres thy holy precepts, & commandemẽts, & so purchase to our selues through thy iust iudgement, death and damnation. Notwithstanding (O heauenly Father) for asmuch as we are displea-

displeased with our selues for the sinnes that we haue committed against thee, & do vnfainedly repent vs of the same: we most humbly beseech thee for Jesus Christs sake, to shew thy mercy vpon vs, to forgiue vs all our sins, and encrease thy holy spirit in vs, that we acknowledging from the bottom of our harts our owne vnrighteousnesse, may from henceforth not only mortifie our sinful lusts and affections, but also bring forth such fruits as may be agreeable to thy most blessed will: not for the worthines thereof, but for the merits of thy dearely beloued sonne Jesus Christ our only Sauiour, whom thou hast already giuen an oblation and offering for our sins, and for whose sake, we are certainly perswaded, that thou wilt deny vs nothing that we aske in his name, according to thy wil. For thy spirit doth assure our consciences, that thou art our mercifull father, and so louest vs thy children through him, that nothing is able to remoue thy heauenly grace and fauour from vs. To thee therefore (O Father) with thy sonne and the holy Ghost, be all honor and glory world without end, Amen.

A prayer to be said before a man begin his worke.

O Lord God most mercifull father and Sauior, seeing it hath pleased thee to command vs to trauell, that we may releeue our need, we beseech thee of thy grace so to blesse our labors, that thy blessing may extend vnto vs, without the which we are not able to continue, and that this great fauor may be a witnes vnto vs of thy bountifulnesse and assistance, so that thereby we may know the fatherly care that thou hast ouer vs.

Moreouer (O Lord) we beseech thee, that thou wouldst strengthen vs with thy holy spirit, that we way faithfully trauell in our estate & vocation, without fraud or deceit, and that we may endeauour our selues to follow thy holy ordinances, rather then to seeke to satisfie our greedy affections, or desire to gaine: And if it please thee O Lord, to prosper our labour, giue vs a mind also to help thē that haue need, according to that ability, that thou of thy mercy shalt giue vs: and knowing that al good things come of thee, grant that we may humble our selues to our neighbours, and not by any meanes lift our selues vp aboue them which haue not receiued so liberal a portion as of thy mercy thou hast giuen vnto vs. And if it please thee to try and exercise vs by greater pouerty and need then our flesh would desire, that thou wouldest yet O Lord, graunt vs grace to know that thou wilt nourish vs continually, through thy bountifull liberalitie, that we be not so tempted, that we fal into distrust, but that we may patiently walke till thou fill vs, not only with corporall graces and benefites, but cheefely with thy heauenly and spirituall treasures, to the entent that wee may alwaies haue more ample occasion to giue thee thankes, and so wholy to rest vpon thy mercies. Heare vs O Lord of mercy, through Jesus Christ thy Sonne our Lord, Amen.

A prayer for the whole estate of Christs Church.

Almighty God and most mercifull father we submit our selues, & fall down before thy maiestie, beseeching thee from the bottom of our harts, that the seed of thy word now sowen amongst vs, may take such deep root, that neither the burning heat of persecution, cause it to wither, neither the thorny cares of this life choake it, but that as seed sowne in good ground, it may bring foorth thirty, sixty, and an hundred fold, as thy heauenly wisedome hath appointed. And because we haue need continually to craue many things at thy hands, we humbly beseech thee (O heauēly father) to grant vs thy holy spirit, to direct our

petiti-

petitions, that they may proceed from such a feruent mind, as may be agreeable to thy most blessed will. And seeing that our infirmity is able to doe nothing without thy helpe, and that thou art not ignorant with how many and great temptations, we poore wretches are on euery side enclosed & compassed: Let thy strength O Lord, sustaine our weaknes, that we being defended with the force of thy grace, may be safely preserued against all assaults of Sathan, who goeth about continually like a roaring Lion seeking to deuour vs. Increase our faith O merciful father, that we do not swerue at any time from thy heauenly word, but augment in vs hope and loue, with a carefull keeping of all thy commaundements, that no hardnesse of heart, no hypocrisie, no concupiscence of the eies nor entisements of the world, do draw vs away from thy obedience: and seeing we liue now in these most perilous times, let thy fatherly prouidence defend vs against the violence of our enemies, which do seek by all meanes to oppresse thy truth. Furthermore, for as much as by thy holy Apostle we be taught to make our prayers and supplications for all men, we pray not only for our selues here present, but beseech thee also to reduce all such as be yet ignorant, frō the miserable captiuity of blindnes and error, to the pure vnderstanding & knowledge of thy heauenly truth: that we all with one consent and vnity of minde, may worship thee our only God and Sauiour. And that al pastors, shepheards and ministers, to whom thou hast committed the dispensation of thy holy word and charge of thy chosen people, may both in their life & doctrine be found faithful, setting before their eies thy glory: and that by thē al poor sheep which wander & go astray, may be gathered and brought home to thy fold. Moreouer, because the hearts of all Rulers are in thy hands, we beseech thee to direct & gouerne the harts of all Kings, Princes, and Magistrates to whom thou hast committed the sword, especially O Lord, according to our bounden duty, we beseech thee to maintaine and increase the honorable estate of the Kings Maiesty, and al his noble Counsellers and Magistrates, with all the spiritual Pastors and ministers, and al the whole body of this common-weal. Let thy fatherly fauor so preserue them, and thy holy spirit so gouerne their hearts, that they may in such sort execute their office, that thy religion may be purely maintained, manners reformed, and sin punished, according to the precise rule of thy holy word. And for that we be al members of the mystical body of Jesus Christ, we make our requests vnto thee O heauenly father, for all such as are afflicted with any kind of crosse or tribulation, as war, plague, famine, sickness, pouerty, imprisonment, persecution, banishment, or any other kind of thy Crosse, whether it bee calamity of body, or vexation of mind: that it would please thee to giue them patience and constancy till thou send them ful deliuerance of al their troubles: Root out from hence (O Lord) all rauening Wolues, which to fill their bellies seek to destroy thy flock, And shew thy great mercies vpon those our brethren in other countries, which are persecuted, cast into prison & daily condemned for the testimony of thy truth. And though they be vtterly destitute of all mans aide, yet let thy sweet comfort neuer depart frō them, but so inflame their hearts with thy holy spirit, that they may boldly and chearfully abide such tryall, as thy godly wisedome shall appoint, So that at length as well by their death as by their life, the kingdome of thy dear son Jesus Christ, may increase and shine through all the world. In whose name we make our humble petitiōs vnto thee as he hath taught vs. Our Father which art in heauen, hallowed, &c.

A Table for the number of the whole Psalmes, and also in what page you may finde euery of them.

Psalme		Fol.
	A	
30	ALL laud and prayse	25
49	All people harken	24
78	Attend my people	76
82	Amid the preasse	82
100	All people that	99
	B	
81	Be light and glad	81
119	Blessed are they	119
128	Blessed art thou	134
134	Behold and haue	137
142	Before the Lord	145
145	Blest be the Lord	146
	D	
83	Do not D God	83
	E	
127	Except the Lord	133
	G	
29	Giue to the Lord	24
37	Grudge not to see	33
48	Great is the Lord	44
54	God saue me for	52
105	Giue prayse vnto	105
107	Giue thanks vnto	110
148	Giue laud vnto	150
	H	
12	Help Lord for	9
13	How long wilt	10
51	Haue mercy on	50
56	Haue mercy Lord	54
67	Haue mercy on vs	62
73	How euer it be	70
84	How pleasant	84
91	He that within	92
	I	
5	Incline thine eares	4
11	I trust in God	9
20	In trouble and	16
25	I lift my heart	21
34	I will giue laud	29
39	I said I will	36
40	I waited long	37
43	Judge and reuenge	39
77	I with my voyce	74
92	It is a thing	93
100	In God the Lord	99
101	I mercy will and	99
109	In speechlesse silence	112
116	I loue the Lord	116
120	In trouble and	128

Psalme		Fol.
121	I lift mine eies	128
122	I did in heart	129
	L	
6	Lord in thy wrath	5
16	Lord keep me	11
26	Lord be my Iudge	22
35	Lord plead my cause	30
42	Like as the Hart	39
68	Let God arise	63
72	Lord giue thy	69
86	Lord bow thine	86
88	Lord God of	87
130	Lord to thee.	135
140	Lord saue me	144
143	Lord heare my	145
	M	
23	My shepheard	20
45	My heart doth	45
62	My soule to God	59
71	My Lord my God	68
103	My soule giue	101
104	My soule prayse	148
	N	
115	Not	115
124	Now Israel	130
	O	
3	O Lord how are	3
4	O God that art	3
7	O Lord my God	5
8	O God our Lord	6
15	O Lord within	11
17	O God giue eare	12
18	O God my strength	13
21	O Lord how ioyfull	17
22	O God my God	18
31	O Lord I put	26
44	Our eares haue	40
51	O Lord consider	49
55	O God giue eare	53
60	O Lord thou didst	57
63	O Lord my God	59
64	O Lord vnto my	60
70	O God to me	67
79	O Lord the Gentiles	79
94	O Lord thou doest	94
95	O come let vs	95
98	O sing ye now vnto the Lord	98
102	O heare my prayer	100
		108 O

Psalme		Fol.
108	O God my heart	111
117	O all ye nations	117
118	O giue ye thankes vnto	117
123	O Lord that heauen	130
129	Oft they now	134
131	O Lord I am not puft in	135
133	O how happy a	137
135	O praise the Lord	138
136	O laud the Lord	140
139	O Lord thou hast me	142
141	O Lord vpon thee	144
	P	
38	Put me not to	35
106	Praise ye the Lord	108
136	Praise ye the Lord	139
147	Praise ye the Lord for it is	149
	R	
61	Regard O Lord	58
132	Remember Dauids	136
	S	
59	Send aid and saue	54
69	Saue me O God	65
96	Sing ye with praise	96
225	Such as in God	131
149	Sing ye vnto	150
	T	
1	The man is blest	1
24	There is no God	10
19	The heauens and	16
23	The Lord is onely	19
24	The earth is all	20
27	The Lord is both	23
28	Thou art O Lord	24
32	The man is blest whose	37
41	The man is blest that	38
112	The man is blest	113
36	The wicked with	32
46	The Lord is our	42
50	The mighty God	45
50	The God of Gods	47
53	The foolish man	52
57	Take pitty for thy	55
65	Thy praise alone	60
76	To all that now	74
80	Thou heard that	80
85	Thou hast beene	85
87	That Citty shall	86
89	To sing the	88
90	Thou Lord hast beene	91
93	The Lord as King	94
97	The Lord doth	97
99	The Lord doth raigne.	98

Psalme		Fol.
	T	
110	The Lord did say	112
125	Those that	132
138	Thee will I praise	142
145	Thee will I laud	147
	V	
75	Vnto thee God	73
	W	
2	Why did the Gentiles	2
9	With heart and	7
10	What is the cause	8
52	Why dost thou	51
74	Why art thou	72
111	With heart I doe	113
114	When Israel by	115
126	When that the	132
137	When as we sate	141
	Y	
33	Ye righteous in	28
47	Ye people all	43
58	Ye rulers which	55
66	Ye men on earth	61
113	Ye children which	114
150	Yeeld vnto God	151

These ye shall haue in the beginning *of the Psalmes.*

VEni Creator spiritus
Venite exultemus
Te Deum laudamus
Benidicte
Benedictus Dominus
Magnificat anima
Nunc dimittis
Quicunque vult.
The Lamentation of a sinner.
The humble sute of a sinner
The Pater noster.
The ten Commandements.

These ye shall haue after the Psalmes.

PRaise the Lord O yee
Behold now giue
Attend my people
Our Father which in heauen art
All my beliefe
Come holy spirit
Giue peace in these
Where righteousnes
O Lord in thee is all
The Lord be thanked
Preserue vs Lord
Also certaine godly prayers.

FINIS.